



We should attend:

The Triduum will be celebrated and live streamed on www.calgarydiocese.ca from St. Mary's cathedral as follows:

Holy Thursday April 9, 2020 (7:00 PM)

Good Friday April 10, 2020 (3:00 PM)

Easter Vigil April 11, 2020 (9:30 PM)

Easter Sunday Mass April 12, 2020 (10:00 AM)

Yesterday we were received the bulletin of diocese which would like the staffs share these with parishioners. Fr. Joseph Nguyen said that **All is optional**, you can make a decision for yourself.

1/ These prayers are not intended to replace the liturgies of Holy Week. Rather, they are a sincere effort to cultivate some of the rituals and spirit of Holy week in our homes when public celebration might not be possible

2/ Please find below **some resources** for celebrating Triduum & Easter at home. For more Triduum & Easter prayers and activities, visit prayer and spiritual resources here.

Celebrating Triduum & Easter at home

Please find below some resources for celebrating Triduum & Easter at home. For more Triduum & Easter prayers and activities, visit [prayer and spiritual resources here](#).

Holy Thursday

- [Chrism Mass - Livestream Mass with the Bishop at 10 am](#) | [Facebook Live](#)
 - [Mass readings - Novalis](#) | [Living With Christ Missal](#)
- [Holy Thursday - Livestreamed Mass with the Bishop at 7 pm](#) | [Facebook Live](#)
- [Holy Thursday Domestic Prayer \(PDF\)](#) - Diocese of Calgary
- [Holy Thursday Rituals at Home \(PDF\)](#) - Liturgical Press
- [Holy Thursday Sacred Music Playlist](#) - Diocese of Calgary (playlist, video & music sheet)
- Pray the Liturgy of the Hours - [Universalis](#) | [EBreviary](#) (printable)
- [Holy Week @Home Experience on Holy Thursday](#)

Good Friday

- [Good Friday - Livestreamed liturgy with the Bishop at 3 pm](#) | [Facebook Live](#)
 - [Mass readings - Novalis](#) | [Living With Christ Missal](#)
- [Good Friday Domestic Prayer \(PDF\)](#) - Diocese of Calgary
- [Good Friday Rituals at Home \(PDF\)](#) - Liturgical Press
- [Good Friday Sacred Music Playlist](#) - Diocese of Calgary (playlist, video & music sheet)
- Pray the Liturgy of the Hours - [Universalis](#) | [EBreviary](#) (printable)
- [The Way of the Cross with Pope Francis - Reflection & Prayer](#)
- [Stations of the Cross](#) - with your children
- [Holy Week @Home Experience on Good Friday](#)
- [Begin the Divine Mercy Novena](#)

Holy Saturday

- [Easter Vigil - Livestreamed Mass with the Bishop at 9:30 pm](#) | [Facebook Live](#)
 - [Mass readings - Novalis](#) | [Living With Christ Missal](#)

- [Holy Saturday Domestic Prayer \(PDF\)](#) - *Diocese of Calgary*
- [Holy Saturday Rituals at Home \(PDF\)](#) - *Liturgical Press*
- [Holy Saturday Sacred Music Playlist](#) - *Diocese of Calgary* (playlist, video & music sheet)
- Pray the Liturgy of the Hours - [Universalis](#) | [EBreviary](#) (printable)

Easter Day

- [Easter Sunday - Livestreamed Mass with the Bishop at 10 am](#) | [Facebook Live](#)
 - [Mass readings - Novalis](#) | [Living With Christ Missal](#)
- [Easter Day Domestic Prayer \(PDF\)](#) - *Diocese of Calgary*
- [Easter Day Rituals at Home \(PDF\)](#) - *Liturgical Press*
- [Easter Sunday Morning & Evening Prayers at home](#) | *Liturgy.Life*
- [Easter Sacred Music Playlist](#) - *Diocese of Calgary* (playlist, video & music sheet)
- Pray the Liturgy of the Hours - [Universalis](#) | [EBreviary](#) | [Keep the Lord's Day](#) (printable)
- [Holy Week @Home Experience on Easter Day](#)

NEW: TRIDUUM & EASTER MASSES WILL BE TELEVISED

Please note that we are exploring the opportunity to televise all the Triduum and Easter Triduum Mass on TELUS Optik. TELUS will have a channel for religious services, showing at least 10 participating denominations including Roman Catholic Diocese of Calgary. More details will be shared with you on Thursday.

Video Message from Bishop McGrattan

Please see the message from Bishop McGrattan:

- Holy Week Message | [Download](#) | [Facebook](#)
 - Good Friday Message | [Download](#)
- Video will be released on social media on Holy Wednesday, via social media.

Easter Pastoral Letter from the Bishop will be sent to you via e-mail.