# 堂區通訊

**卡城汞援聖母堂** 整幕人天主教牧民中心

電話 403-265-7926 傳真 403-234-8480

olph@telus.net 電子郵箱

> 堂區辦事處時間 星期二至星期五 上午 10 時至下午 4 時

> > 主任司鐸 阮明聰神父

鄔維揚執事

林偉良執事

堂區牧民議會主席 何漢輝

Website 網址 www.myolph.org **December 16, 2018 二零一**八年十二月十六日

將臨期第三主日

Last Sunday Collection 7/2 上主日奉獻

\$4,302.00

3rd Sunday of Advent



### Bulletin

Our Lady of Perpetual Help

400 Edmonton Trail N.E. Calgary, Alberta Canada T2E 3S4

Tel 403-265-7926 Fax 403-234-8480

Email olph@telus.net

**Parish Office Hours** Tuesday - Friday 10:00 am - 4:00 pm

**Pastor** Fr. Joseph Nguyen

Deacon John Wu

Deacon Edward Lam

Parish Pastoral Council Chairman **Arthur Ho** 





主日彌撒

星期六 下午五時 國語主日提前彌撒

星期日上午八時三十分英語彌撒

上午十時英/粵語彌撒

上午十一時三十分中文彌撒 平日彌撒

星期一至星期六上午九時

公唸玫瑰經及敬禮聖母英語彌撒

星期二晚上6時30分

#### **Mass Schedule**

**Sunday Mass** 

Saturday: 5:00 pm Mandarin mass

Sunday: 8:30 a.m. English Mass 10:00 a.m. Bi-lingual Mass (English and Chinese)

11:30 am Cantonese mass

Weekday Mass

Monday to Saturday 9:00 a.m.

Tuesday 6:30 p.m.

**Rosary and English Marian Devotion mass** 

**Exposition of the Blessed Sacrament** 1st Saturday of each month 10:00 a.m.

顯供聖體 每月首個星期六 上午十時





### **Theme Sharing**



### Third Sunday of Advent



#### Rejoice in the Lord

Rejoice in the Lord always! This is the message of today's Liturgy of the Word. Who else can we turn to for unfailing love and mercy but to our Lord Jesus Christ? Let our hearts be filled with joy in this season of advent as we prepare for Our Lord's coming.

The first reading begins with: "Rejoice, O daughter Zion; shout, O Israel!" The message is similar to that delivered by archangel Gabriel to Mary: "Hail, full of grace!" This is the joy of salvation and so let Mary's joy echo in our hearts as well.

### "Rejoice in the Lord always! The Lord is near!"

Nothing can keep us apart from sinfulness. Christ except our However, even when we have sinned against him, our merciful lord is still at hand, hoping and waiting for us to turn back to him. In his letter to the Philippines, Paul imparts to them the peace of the Lord, which surpasses all understanding and which will guard their hearts and minds in Christ Jesus.

#### baptize you with water; but one who is more powerful than I is coming. He will baptize you with the Holy Spirit and fire."

In today's gospel, John proclaims that the Lord is near. We need not fear him coming. Instead, we should prepare for his coming with joy and eager anticipation.

### 2018 年慶祝基督聖誕及新年彌撒時間表 2018 Christmas and New Year Mass Schedule

12 月 23 日 December 23	星期日 Sunday	早上彌撒照常	Morning Mass as usual
12月24日 (聖誕夜) December 24 (Christmas Eve)	星期一 Monday	晚上 7 時 晚上 9 時 7:00 p.m. 9:00 p.m.	聖誕劇 中英文彌撒 Christmas Play English / Chinese Mass
12月25日 (聖誕日) December 25 (Christmas Day)	星期二 Tuesday	早上 9 時 30 分 早上 11 時 9:30 a.m. 11:00 a.m.	英文彌撒 中文彌撒 English Mass Chinese Mass
12月30日 December 30	星期日 Sunday	早上彌撒照常	Morning Mass as usual
12月31日 (除夕)	星期一	早上9時 晚上5時	英語謝主彌撒 中文謝主彌撒
December 31 (New Year's Eve)	Monday	9:00 a.m. 5:00 p.m.	English Chinese (New Year's Eve Thanksgiving Mass)
1月1日 (元旦求恩彌撒) January 1 (New Year's Mass)	星期二 Tuesday	早上 9 時 30 分 早上 11 時 9:30 a.m. 11:00 a.m.	英文彌撒 中文彌撒 English Mass Chinese Mass

Rejoice in the Lord!" "The Lord is near!" "The Lord your God in your midst is a mighty Savior!" These from today's three statements readings deliver a clear message to us. That God wishes to fill our hearts with joy so that we can always sing glory and praise to him in all things.

### **Diocese & Other News**



#### ADVENT **PENITENTIAL SERVICES**

Find a list of Advent Penitential Services throughout the Diocese of Calgary here:

http://news.calgarydiocese.ca

### CHRISTMAS MASS TIMES

Find Christmas and Solemnity of Mary (New Year) Mass Schedule in parishes throughout the Diocese of Calgary:

http://news.calgarydiocese.ca

### THEOLOGY OF THE BODY CONFERENCE - SAVE THE DATE

Theology of the Body expert speakers will gather for one amazing conference in Calgary! Save the date: Fri & Sat. March 8 & 9, 2019 at St. Michael Catholic Community in Calgary. Guest speakers: Christopher West, Mike Mangione. Sr. Helena Burns and many others! This is a two day conference exploring theology and practical applications of human sexuality. For more info:

http://news.calgarydiocese.ca

### **Parish Activities**



### 2019 - Catechesis for the Baptized

Starting 2019 there will be weekly Catechesis for the Baptized, who would like to renew their Faith, Hope and Love.

It will be weekly in English or Cantonese on Saturday and Sunday. For further details, please contact Deacon John Wu.

At least 5 members are required for each class. We encourage your participation and look forward to seeing you.

English: Saturday 3:30pm – 4:30pm Cantonese: Sunday1:00pm- 2:00pm

Please fill in the form on page 4.

### Christmas Play 2018 "A New Star" by Sunday School

Come and watch the Christmas Play performance this year on December 24th at 7 PM To 8 PM in the Upper Hall. Our play this year is called "New Star" which will be hosted and performed by Sunday School. Let us all be reminded about the true meaning of Christmas! ΑII parishioners and friends are welcome!

#### TIA 2018

"For where your treasure is. there your

heart will be also."

Luke 12,34

This is the slogan for 2018 TOGETHER IN ACTION. At the start of Lent, the 2018 TIA starts. This year our target is \$23,480. We

have always been blessed. As of September 1, 2018, our campaign has received a total of \$31,050.00. We plead for your ongoing support

### **Weekly Activities**



Wed, Fri Dec 19, 21

**OLPH Senior Centre** 

Time: 9:00 am -12:00 noon Place: OLPH Church Upper Hall

Fri Dec 21

At. Angela School Advent Mass

Time: 9:00 am

Place: OLPH Church

**OLPH Scout** No Meeting.

Resume on Jan 4,2019

Sat Dec 22

Legion of Mary (meeting)

Time: 9:45 a.m.

Place: OLPH Church K of C room

R.C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00 p.m. Place: OLPH Lower Hall Young Adults Band practice Time: 4:00 p.m.-6:00 p.m. Place: OLPH Lower Hall Young Adults Choir practice Time: 6:00 p.m. - 8:00 p.m. Place: OLPH Lower Hall

#### Sun Dec 23

R.C.I.A (Cantonese and English) Time: 9:30 a.m. - 12:30 p.m. Place: OLPH Church Lower Hall

Sunday School

No Sunday School. Resume on

Jan 6, 2019

<u>Youth Group – Birthday Party</u> Time: 11:00 a.m.-1:00 p.m.

Place: OLPH Lower Hall



### 'Sand Nativity" and Christmas tree of St. Peter's Square unveiled

The Nativity scene in sand and the Christmas tree in the middle of St. Peter's Square in Rome were inaugurated during a ceremony in the evening of November 7.

This year's Sand Nativity scene and the Christmas tree of Rome's St. Peter's Square was inaugurated Friday evening during an impressive ceremony that included Christmas carols, folk dances and band music.

Hundreds of people, includina Church dignitaries applauded as curtains were pulled down revealing the 16-meter wide depiction of the birth of Jesus made entirely of sand and dubbed the "Sand Nativity."

The bas-relief sand sculpture of the Nativity scene is a gift of the Italian seaside resort town of Jesolo, north of Venice, and the Patriarchate of Venice. Over 700 tons of sand from the beach of Jesolo was compacted to create the 16-meter wide and 5meter tall Nativity sculpture covering 25 square meters.

The some 23-meter tall red fir Christmas tree next to the crib, that was illuminated during the ceremony, is a gift of Italy's Friuli-Venezia Giulia region and the diocese Concordia-Pordenone.

Among those the present at inauguration ceremony were Cardinal Giuseppe Bertello, president of the commission governing Vatican City State, Archbishop Francesco Moraglia, Patriarch of Venice and Bishop Giuseppe Pellegrini of Concordia-Pordenone.

The Nativity scene and the Christmas tree will remain on display until the feast of the Baptism of Jesus, January 13, 2019, that marks the end of the Christmas season.

Vatican news

https://www.vaticannews.va/en/vatic an-city/news/2018-12/vaticanchristmas-nativity-scene-treeinauguration.html#play

Mass Time on January 1, 2019 There's a typing error in our Christmas letter. English Mass should be at 9:30 am.

2019年1月1日的新年彌撒時間 聖誕節信中錯寫彌撒時間 英語彌撒應是在早上9時30分

At this Christmas when Christ comes, will He find a warm heart?

Mark the season of Advent by loving and serving the others with God's own love and concern.

-Mother Teresa

2019 - Catechesis for the Baptized重慕道班			
NAME :			
EMAIL :			
PHONE :			
English : Saturday 3:30pm – 4:30pm			
■ 粵語班 :星期日下午一時至二時			

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**5** 

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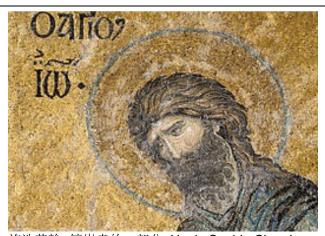


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# 施洗若翰 - 為耶穌作證的人

施洗若翰的出生記載在路加福音第一章。首先,他的父母親兩人都上了年紀,要生孩子簡直是不可能的事。即使有天使向他父親匝加利亞顯現,告訴他將有一個兒子,但他還是不相信。但這實在是一個令人難已想像的事情,像亞巴郎與撒辣會年老生了一個兒子一樣(創世紀 21:1-7),都是天主奇妙的奧蹟。

他的名字是天使給予的,不像猶太人的習俗,按父親的名字傳承下去。可是他不相信天使的話---他將得到一個兒子,他因此而暫時變成啞吧。及至孩子生下來,他獨排眾議,按照天使的指示,將孩子取名為若翰,這時他的口就開了。在這九個多月當中,他都不能說話,而他一開口說話就讚美上帝,又充滿了聖神,說出預言來。在他的預言裡提到這個孩子的使命,也提到上主為他預備道路,使他的百姓認識救恩。



施洗若翰 -鑲嵌畫的一部分, Hagia Sophia Church

從耶穌的母親瑪利亞來訪開始,一直到她們同住三個月,依撒伯爾一定深受感動。當她見到瑪利亞,腹中胎兒跳動時,她受聖神感動,認出瑪利亞所要懷的胎是「主」,她又稱讚瑪利亞,說她是有福的(路 1:39-45)。

最後,施洗若翰的出生可以說給耶穌的母親瑪利亞一個印證。天使加俾額爾告訴瑪利亞她將要生一個孩子,她不明白她沒有結婚怎麼會有這樣的事。天使用依撒伯爾年老懷孕為例來說明,上主的能力能夠成就那不可能的事。

施洗若翰有一個特殊的使命,他還沒出生,天使就已經告訴他父親,他要使以色列子民回轉歸向上主,又有以厄里亞的精神和能力,行在主面前(路 1:16-17),為主預備道路、預備合用的百姓。這就像舊約先知瑪拉基亞與依撒意亞所預言的(瑪拉基亞 3:24、依撒意亞 40:3)。

施洗若翰開始出來傳道是在羅馬皇帝凱撒提庇留在位第十五年,約在公元 26 年,那時,管理巴勒斯坦附近各地的王是誰,路加福音 3:1-2 記得非常清楚。施洗若翰最主要的信息是要百姓悔改,而且在行為上要有所改變,要結出果子來與悔改的心相稱(路加福音 3:7-14)。

其次,若翰也提到耶穌的身份和工作。他說:「天主的羔羊,除免世罪者」(若望福音 1:29)。若望福音提到施洗約翰時這樣說:「曾有一人,是由天主派遣來的,名叫若翰。這人來,是為作證,為給光作證,為使眾人藉他而信。」(若望福音 1:6-7)

施洗若翰曾經向那些前來受洗的百姓說,有一位比他偉大的要來,這人要用聖神施洗。不過,當他作這樣的見證時,他也不曾認識他。後來耶穌請求施洗若翰為他施洗,施洗者聖若望看見聖神彷彿鴿子從天降下,停在他身上,他才知道,原來他自己所講的那一位就是耶穌(若望福音 1:29-34)。

### 主日分享



常常喜樂 (將臨期第三主日)



在這將臨期的第三主日教會邀請我們 常常喜樂。誰能比得上耶穌基督更使 人心愛呢? 更寬宏大量呢? 所以在將 臨期,讓喜樂進入我們的心中是理所 當然的事。

讀經一這樣開始說: "熙雍女子, 你 應歡樂!以色列,你應歡呼!"這句 話很相似聖母領報中天使所說的: "萬福,充滿恩寵者"讓我們把瑪利亞 的喜樂接受到我們心中吧! 這是得救 的喜樂。

### "你們在主內應當常常喜 樂!因爲上主臨近了!"

在第二篇讀經裡保祿說"你們在主內 應當常當藥!因為上主臨近了!" 除了罪惡,沒有任何情況能使我們遠 離祂。即使是當我們犯了罪, 祂仍舊 繼續以祂的慈悲接近我們,等候我們 求祂寬恕。最後保祿祝望斐理伯人, 願天主那超乎各種意想的平安, 必要 在基督耶穌內固守你們的心思念慮。

### 「我固然以水洗你們,但 是比我強的一位要來○他 要以聖神和火洗你們○ 」

今天的福音邀請我們繼續以喜樂的心 情準備祂的來臨。最後若翰宣報耶穌 基督的來臨。為此我們以莫大希望, 而不是以恐懼害怕的心情, 等待耶穌 的來臨。

讓我們將福音與本主日其它兩篇讀經 的主題聯係起來:"你們在主內喜樂 吧!":"上主臨近了!":"上主你的 天主在你中間是一位大能的救世 主"。衪願意我們的心充滿喜樂。如 此我們能以美妙的方式光榮天主。

錄自梵蒂岡電台

### 堂區活動



#### 2019 重慕道班

2019年開始,本堂於每週將增開粵 語及英語重慕道班, 為已領洗教友更 新他們的信仰,希望及愛德。詳情請 與鄔執事聯絡。

每班需要至少五位學員,希望各教友 踴躍參加。

英文班:星期六下午三時半至四時半於 國語感恩祭之前

粵語班:星期日下午一時至二時

報名表格刊於本期通訊第四頁。

2018 聖誕話劇: 《閃亮的星星》 今年由主日學學生主演的聖誕話劇 《閃亮的星星》將於12月24日晚 上七時至八時在上禮堂舉行。 歡迎堂區所有教友及朋友一同來支 持。讓我們再次重溫聖誕的真正意義 吧!

### 教區公益金 2018

主說:「你 們的寶藏在 那裡,你們的 心也必在那 裡」這是本



年度教區公益金的口號。關愛貧窮弱 少的社群是我們教徒一貫的使命,亦是 見證分享我們的寶藏。

今年教區公益金本堂分擔的數目為 \$23,480。截至 9 月 1 日,捐款已累 積至 31,050.00 元。

懇請各位教友繼續支持, 慷慨解囊!

### 活動一週



星期三、五 12 月 19,21 日

永援聖母松柏軒

時間: 上午9時至正午12時 地點: 永援聖母堂上禮堂

#### 星期四 12 月 20 日

聖保祿幼兒園聖誕聯歡會 時間: 上午9時至下午1時 地點: 永援聖母堂上禮堂 星期四 12 月 20 日

#### 星期五 12 月 21 日

St. Angela School 將臨期彌撒

時間: 上午9時 地點: 永援聖母堂 永援聖母堂童軍

暫停活動,一月四日重開

#### 星期六 12 月 22 日

聖母軍(聖母軍聖母無玷聖心支團)

時間: 上午9時45分(開會) 地點: 聖堂二樓騎士會室 成人慕道班 (國語)

時間:下午3時至5時 地點: 永援聖母堂下禮堂 大專青年團樂隊練習

時間:下午4時至6時 地點: 永援聖母堂下禮堂 大專青年團練習聖詩

時間:下午6時至8時 地點: 永援聖母堂上禮堂

### 星期日 12月 23日

成人慕道班(粵語及英語)

時間上午9時30分至12時30分 地點: 永援聖母堂下禮堂 主日學

暫停兩星期, 一月六日復課 青年生日派對

時間: 上午 11 時至下午 12 時 地點: 永援聖母堂上禮堂

#### Thank you for your sponsorship! 謝謝你的贊助!



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松柏軒 Senior Centre

牧靈關愛組 Pastoral Care Team

Queen of China Club 聖母會

Legion of Mary

公教家庭協會 Catholic Family Fellowship

信仰小團體 Faith Sharing Group

利瑪竇騎士會 Knights of Columbus

鮑思高同學會 Don Bosco

成人慕道班 Adult Catechism Class

主日學 Sunday School 青少年團 Youth Group

永援聖母青年團 Young Adult Group

國語基信團 Mandarin Group

**English Choir** 英文聖詠團

佳播聖詠團 St. Gabriel Choir

任何查詢,請聯絡堂區辦事處。

Please contact Parish office for details

403-265-7926 olph@telus.net



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For appointment 預約 403-275-5300

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本校是唯一與卡城公立教育局合作,提供中文International Baccalaureate (I.B.) Program課程 John G. Diefenbaker, Sir Winston Churchill, Henry Wise Wood, Western Canada, Lester B. Pearson 上列高中學生考畢LB試合格者可於當年內申請退回學費,多間大學接受中文IB學分作為該大學學分

- 亞省教育部認可國語 (繁體字/簡體字班) 粵語課程:設幼稚園、小學、初中各級、高中G10至G12 (即 CH10, CH20, CH30) 及高中(老師指導獨立研習)課程,每級5個學分,共可獲十五學分,幫助學生 申請入讀大學及申請獎學金
- 初學中文班 Chinese for Beginners:初學粵語或國語中、小學班及學分班
- 興趣小組(非學分班):G12英文提高班、英文強化班、數學補習班、高中物理、化學及初中理科班、國語口才 訓練班、英文演講口才班、雅思培訓課程、日語文化班、韓語文化班、中學數學強化班、美術班、空手道班、 武術班、羽毛球班、乒乓球班、兒童舞蹈班、歌唱技巧班/兒童合唱團、棋藝班、國語親子班及中國繩結班
- •成人班:普通話會話、粵語會話、韓語文化班、健康舞、交誼舞班及武式太極拳健身班、瑜伽
- International Certificate: 學生可在英文或中文學校修讀三班中文課加Project(項目),可得卡城公立教育局國際證書 ,可申請獎學金及幫助入大學
- 校舍 Campuses: John G. Diefenbaker High School 6620 4 Street NW Calgary 星期六Saturday 9 am - 4 pm Sir John A. Macdonald School 6600 - 4 Street NW Calgary 星期六Saturday 9 am - 4 pm

校務處及通訊地址Office & Mailing Address:

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# Roman Catholic Diocese of Calgary

Announcements from the Catholic Pastoral Centre Dec. 16, 2018 | Third Sunday of Advent

FAITH. LIVED. FULLY.

# INSIGHTS OF DISCIPLESHIP IN THE DIOCESE OF CALGARY

Faithfully gives a snapshot of faith at work in the lives of everyday people. It features stories, news and events happening in the world, in relationships with our neighbours, families and with God.

The online publication will be sent by email to all subscribers.



#### **ADVENT PENITENTIAL SERVICES**

Find a list of Advent Penitential Services throughout the Diocese of Calgary here: <a href="http://news.calgarydiocese.ca">http://news.calgarydiocese.ca</a>

#### **CHRISTMAS MASS TIMES**

Find Christmas and Solemnity of Mary (New Year) Mass Schedule in parishes throughout the Diocese of Calgary: <a href="http://news.calgarydiocese.ca">http://news.calgarydiocese.ca</a>

#### ADVENT RENEWAL CHALLENGE

St. Paul's Church in Airdrie (1305 Main Street) welcomes everyone to prepare during Advent to celebrate the birth of our saviour, Jesus. Let's put Christ back into Christmas! When:

**Mon., Dec 17** at 7 pm – "Emmanuel: What is That?" Refreshments will be provided.

#### THEOLOGY OF THE BODY CONFERENCE - SAVE

**THE DATE** | Theology of the Body expert speakers will gather for one amazing conference in Calgary! Save the date: **Fri & Sat, March 8 & 9, 2019 at St. Michael Catholic Community in Calgary**. Guest speakers: Christopher West, Mike Mangione, Sr. Helena Burns and many others! This is a two day conference exploring theology and practical applications of human sexuality. For more info: http://news.calgarydiocese.ca

#### ALBERTA BISHOPS RELEASE FUNDS TO D&P

The Bishops of Alberta will release funds to Canadian Catholic Organization for Development and Peace by the end of this year. They have requested a full accounting of how the 2018 funds are eventually distributed. In addition, the Bishops of Alberta will allow the 2019 collection to take place in their Dioceses during the Lenten season. Read the full letter from the Bishops of Alberta at <a href="http://news.calgarydiocese.ca">http://news.calgarydiocese.ca</a>

### YEAR END GIVING GUIDELINES:

Your gift to the Catholic Pastoral Centre helps the Diocese in its mission to seek the welfare of others. We grow in our Christian faith when we show the love of Christ to people through building of parish communities and offering of programs to nurture our faith. On behalf of the Bishop, and all who will benefit from your gift, thank you. We commit to using your gift as designated. For 2018 tax receipts, gifts must be made online or be post marked no later than **Dec. 31**, **2018**. Visit our website for more info:

http://news.calgarydiocese.ca

#### **GET DISCOUNTED FLAMES TICKET**

The Diocese of Calgary has partnered with the Calgary Flames to get discounted tickets for the game on **Friday, Feb. 22, 2019,** between the Flames and archrival Anaheim Ducks. Discounted tickets are \$39. Each ticket purchased will help fundraise for Elizabeth House, which provides a home for at risk pregnant or parenting youth and their babies. In addition, the first 100 people to purchase tickets will be receive a voucher to an exclusive pre-game event in the Alumni Lounge and have a Meet and Greet with Bishop McGrattan. To purchase your tickets at the special price, visit <a href="http://news.calgarydiocese.ca">http://news.calgarydiocese.ca</a>

#### **COLDEST NIGHT OF THE YEAR - SAVE THE DATE**

When: **Saturday, Feb. 23, 2019 at 4 pm**. Where: Eau Claire Market. If you are looking for something meaningful to do as a whole family, this is your event! Join us for a walk along the Bow River Pathways, a chance to experience the cold as our less fortunate neighbours do, and the camaraderie of sharing a cause with your fellow participants in more than 100 locations across Canada. End the night with a warm meal and share your experiences with those around your table.

#### **EMPLOYMENT OPPORTUNITIES**

- ASSISTANT COORDINATOR | FEED THE HUNGRY. Feed the Hungry is a Diocesan program, which serves a weekly nutritious Sunday dinner at St. Mary's Cathedral Hall to approximately 500 men, women, children, seniors and people with disabilities living in poverty.
- COLLEGIAL JUDGE & CANONICAL SERVICES
   ASSOCIATE | CATHOLIC PASTORAL CENTRE.
   The individual will participate with a college of
   Judges in the diocesan ecclesiastical court,
   adjudicating petitions for declaration of marriage
   nullity and other matters brought before the
   tribunal according to canonical laws.
- **CASEWORKER** | **ELIZABETH HOUSE**. Elizabeth House is a life-skills program and family-oriented home, which welcomes at-risk pregnant and parenting women who need a safe place to live.
- PART TIME SACRAMENT COORDINATOR | HOLY NAME. The individual will share in the Church's teaching on the Sacraments by preparing for the gathering, leading the preparation sessions and providing a hospitable and welcoming environment.

For more information about these positions, qualifications and application details, visit: <a href="http://careers.calgarydiocese.ca">http://careers.calgarydiocese.ca</a>

#### ATTEND TRANSITIONS PROGRAM

This is a 15-week peer support program for those recently separated or divorced. The next program will begin on **Wednesday**, **Feb. 20, 2019**. Call 403-218-5505 | <u>lifeandfamily@calgarydiocese.ca</u>

**NEWS.***CalgaryDiocese.ca* | WHAT'S HAPPENING *in the* DIOCESE. Contact: 403-218-5500 or E-mail: <a href="mailto:communications@calgarydiocese.ca">communications@calgarydiocese.ca</a>

## RISE UP 2018 - NATIONAL CATHOLIC YOUNG ADULT CONFERENCE

Rise Up is a conference for young adults (aged 18-35) hosted by Catholic Christian Outreach. Ignite your faith over the Christmas break. This is CCO's 30th anniversary in Calgary. When: **Dec. 28, 2018 to Jan. 1, 2019**. Where: Hyatt Regency, Calgary. For questions regarding registration, contact the event team | riseup@cco.ca

#### **EFFECTIVE CO-PARENTING: PUTTING KIDS FIRST**

This is an educational five-week program for separated or divorced parents that teaches helpful communication skills to help raise children. Next session: **Spring 2019.** Call 403-218-5505 | <a href="mailto:lifeandfamily@calgarydiocese.ca">lifeandfamily@calgarydiocese.ca</a>

**PASTORAL CHANT CONFERENCE AT ST. MEINRAD ARCHABBEY** | Come and learn English Chant for the Novus Ordo parish liturgy. This conference is for the parish choirmaster, cantor and singer. Experience chant as full, conscious, and active participation in the sacred liturgy, and learn how to integrate it into your parish's liturgical life. When: **Feb. 4 – 9, 2019**. Where: St. Meinrad Archabbey, a Benedictine monastery, in St. Meinrad Indiana. <a href="http://chantschool.org/wcc19/">http://chantschool.org/wcc19/</a>

#### **IESUS YOUTH CHRISTMAS CELEBRATION**

Jesus Youth invites young adults who are passionate about their faith to attend their Christmas Celebration. The event includes games, worship, a talk by Fr. Shibu Kallarakkal and a meal. When: **Saturday**, **Jan. 5, 2019 at 6 to 9 pm.** Where: Mary, Mother of the Redeemer Church (1714 14 Ave NE, Calgary, AB).

**TEAM LEADS WANTED FOR 2019 OUTDOOR WAY OF THE CROSS** | Save the date for the 36th Outdoor
Way of the Cross, **April 19, 2019** at St Mary's
Cathedral. We are currently looking for Team Leads
for the various volunteer positions. Contact Marilou at
403-218-5519 | marilou.legeyt@calgarydiocese.ca

# 22<sup>ND</sup> ANNUAL GOD SQUAD MEN'S CONFERENCE – SAVE THE DATE

God Squad Canada invites all Catholic men (14 and up) to attend the upcoming Men's Conference on **March 15 & 16, 2019**. Theme: Be Not Afraid...To Be A Saint. Keynote speakers: Bishop Scott McCaig, Jeff Cavins and Deacon Troy Nguyen. Where: St. Peter's Catholic Church. More info at <a href="https://godsquad.ca">https://godsquad.ca</a>



