## Theme Sharing

26th Sunday in Ordinary Time Not a Members-Only Club

Until around 1900, bishops in Ireland were chosen only from the ranks of the aristocracy. Of course, there was a good economic reason for this: they had to be self-supporting because the people were too poor to pay them. But it was equally true in wealthy countries like France. There too the first requirement in a bishop was that he be from the ranks of the nobility. The great mass of the lower clergy, parish priests and curates, were excluded from bishoprics. Some of the trappings of aristocracy still survive in the church, titles like "princes of the church," living in "palaces", forms of address like "Your Lordship" and offering a ringed hand to be kissed rather than shaken. One of the last aristocratic appointments in Ireland was appointed Bishop of Cork, where he served for twenty-three years. When his brother, Lord Dunboyne died, he abandoned the Catholic church, became a Protestant and married to ensure an heir to the family. Ironically, he failed to produce an heir. Rome had lost a bishop while the Dunboyne lineage died out.

The beginning of the end of the aristocratic world came when the French Revolution abolished hereditary titles and made all citizens equal before the law. The world of the common man was begun and now what titles remain are largely honorary. But old habits die hard, and not only in the church. A new elite has replaced the old. Aristocrats have given way to plutocrats. The exclusive world of privilege never really dies. It only changes hands. The modern rich have all the trappings of the old nobility, save the titles. They live in security-quarded palatial homes and frequent exclusive clubs, to protect them from contamination from the common herd.

seems imbedded in human nature and has invaded even the sanctuary. The Jews were happy with their exclusivity, excluding not only pagans from God's favour, but even the Samaritans who failed their rigid test of orthodoxy. Jesus was indignant when he told the chief priests and elders, "Prostitutes and tax-collectors are making their way into the kingdom of God before you." From the Jewish elders to

The need for exclusivity and superiority

Calvin's elect, to our own former mantra "outside the church there is no salvation", exclusivity is a temptation to religious people. With the diminishing numbers of church-goers and religion no longer a mass phenomenon, we may be more than ever tempted to circle the wagons. So Jesus' warning to the Jews has a special relevance for us today. And pope Francis has warned against the notion of the church as a "Members-Only" Club.

## Diocese & Other News

## Day Retreat for Men with Most Rev. Frederick Henry, Bishop Emeritus of Calgary

Stand Firm in Faith: Day Retreat for Men will take place at St. Luke's Church (1566 Northmount Dr. NW, Calgary, AB). Parish on Saturday, Oct. 7. For more information and registration please contact Margaret at 403-282-9488, email:

Margaret.Dewald@stlukeschurch.ca or Sr. Katrina at 587-755-1019, email: dmccalgary@gmail.com

## Respect Life Sunday - Calgary Life Chain

A peaceful and prayerful public witness of pro-life standing in honor of 59 million lives lost to abortions on Oct. 1 from 2:30 pm - 4:00 pm on Macleod Trail between Heritage Dr and Southland Dr. Bring your family. For more information contact:

## $\underline{loving the gift of life@gmail.com}.$

#### White Mass

Celebrate the White Mass with Bishop McGrattan on Wednesday, October 18, 2017 at 7 pm, at St. Anthony's Church, (5340 - 4 St. SW, Calgary). White Mass is a celebration of the feast day of St. Luke, patron saint of physicians. Let us gather and pray for those who have dedicated their lives to the sick, to caring for those who are ill in our community: physicians, nurses, technicians, pastoral care ministers and all health care workers. All are welcome, especially those working in medicine and health care.

## **Parish Activities**

Exposition of the Blessed Sacrament on October 7

The October's Exposition of the Blessed Sacrament will be led by Youth Group & Youth Choir on October 7 from 10am to 11am. Parishioners are encouraged to attend.

# Family Rosary during the month of October

October is the month of Holy Rosary dedicated to the Blessed Virgin Mary. Fr. Nguyen, OLPH Parish Pastoral Council members and Sister Chan along with representatives from different church groups, will bring the Statue of the Blessed Virgin Mary on pilgrimage from home to home and pray family rosary in the month of October. Fr Nguyen will also bless the home during the visit upon request by the family. Parishioners are encouraged to invite their godchildren or godparents, friends and relatives to join the family rosary. To participate as a host family in this devotion, please call Sr. Chan or Parish Office.(403-265-7926)

## October is the month dedicated to Holy Rosary of Mary

There will be reciting of Holy Rosary before each Saturday evening and Sunday Morning mass in October.

Please come 20 minutes earlier and join.

### Week day Mass Cancelled

Since Fr. Joseph Nguyen will attend Clergy Fall Study Days, the following Masses will be cancelled:

October 3 (Tuesday ) to October 6 (Friday ) at 9:00a.m.

October 3 (Tuesday)at 7:00p.m.

## OLPH Tuesday Englsih Marian Devotion Mass

Tuesday Marian English Mass will be resumed from October 10.

# OLPH Parish Pastoral Council (PPC) Annual General Meeting

AGM will be held on Sunday, Oct 29, 2017 at 1:00pm at the Upper Hall. All parishioners are welcome to join. A light lunch will be served.

The AGM is an excellent opportunity to meet the PPC members, find out the 2017 activities of all the other Parish Groups, and the upcoming plans in 2018 for Our Lady of Perpetual Help Church.

#### Together in Action 2017

The theme this year is:

"Blessed are the merciful, for they will obtain

MERCY." (Matthew 5:7)"

Our parish's target is \$22,607 as designated by the Diocese. As of September 20, our campaign has received a total of \$41,809.65.

We plead for your ongoing support. Let's give sacrificially, act out our faith, and join Together in Action.

## Weekly Activities

Fri October 6

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon Place: OLPH Church Upper Hall

**OLPH Scout** 

Time: 6:30pm.-8:30pm Place: Upper Hall & Lower Hall

Sat October 7

**Exposition of the Blessed Sacrament** 

Time: 10:00a.m. -11:00 a.m. Place: OLPH Church Legion of Mary ( meeting )

Time: 11:00a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m. Place: OLPH Church Lower Hall

Yoga beginner class

Time: 11:30 a.m. - 12:45p.m. Place: OLPH Church Upper Hall

R. C.I.A (Mandarin)
Time: 3:00 p.m. - 5:00p.m.
Place: K of C Room
Young Adults choir practice
Time: 5:00p.m.-7:00p.m.

Place: OLPH Upper Hall

Sun October 8

R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m. Place: OLPH Church Lower Hall

## Let There Be Light

### A Last Prayer

I worry some of you still have not really met Jesus one-to-one,

you and Jesus alone.

We may spend time in chapel,

but have you seen with the eyes of your soul

how He looks at you with love?

Do you really know the living Jesus, not from books but from being with Him in

your heart?

Have you heard the loving words He speaks to you?

As for the grace: he is longing to give it. Until you can hear Jesus in the silence of your own heart,

you will not be able to hear Him saying "I thirst" in the hearts of the poor.

Never give up this daily intimate contact with Jesus as the real living person,

not just the idea.

How can we last even one day without hearing Jesus say "I love you"? Impossible. Our soul needs that as much as the body needs to breathe the air.

If not, prayer is dead, meditation, only thinking.

Jesus wants you each to hear Him speaking

in the silence of your heart.

Be careful of all that can block that personal contact with the living Jesus. The devil may try to use the hurts of life, and sometimes our own mistakes, to make you feel it is impossible that Jesus

really loves you, is really cleaving to you.

This is a danger for all of us.

And so sad.

because it is completely the opposite of what

Jesus is really wanting, waiting to tell you.

Not only that He loves you, but even more, He longs for you.

He misses you when you don't come close.

He thirsts for you.

He loves you always, even when you don't feel worthy.

When not accepted by others, even by yourself sometimes,

He is the one who always accepts you. Only believe, you are precious to him. Bring all you are suffering to His feet, only open your heart to be loved by Him as you are.

He will do the rest.

## Stories Faith Sharing

#### The Handle's on the Other Side

I remember this painting of Jesus in a garden, and He's knocking on what looks to be a big oak door. Holman Hunt painted it and when he was ready to unveil it, he called his friends and family together. It was quiet as each person stood there. Then, people began to comment on what impressed them. But one friend said hesitantly, "Uh, Holman,

it's a beautiful painting. But, well, didn't you forget something?" "What did I forget?" The friend said, "The handle. There's no handle on the door." To which the artist simply replied, "Oh! No, I didn't forget the handle. When Jesus knocks on the door of your heart, the handle's on the INSIDE." This painting was based on Jesus' own words in Revelation 3:20. It was a statement made originally to believers who had left Jesus out. "Here I am! I stand at the door and knock. If anyone hears My voice and opens the door, I will come in."

#### Friends.

The above story might be a familiar one to some. I know it is a familiar story to me, but it never hurts to be reminded. This story is a true story and really touches my heart every time I see it. Have you reached out lately to take hold of that handle? The Lord presents Himself to you in many ways. Are you listening?

# October is the month dedicated to Holy Rosary of Mary

## Why pray the Rosary today?

Certainly, to grow in holiness and in one's prayer life. The following are a few other reasons why the rosary should be prayed often, even daily:

"Among all the devotions approved by the Church none has been so favored by so many miracles as the devotion of the Most Holy Rosary"

(Pope Pius IX).

"Say the Rosary every day to obtain peace for the world"

(Our Lady of Fátima).

"There is no surer means of calling down God's blessings upon the family . . . than the daily recitation of the Rosary" (Pope Pius XII).

"We do not hesitate to affirm again publicly that we put great confidence in the Holy Rosary for the healing of evils of our times" (Pope Pius XII).

"No one can live continually in sin and continue to say the Rosary: either they will give up sin or they will give up the Rosary" (Bishop Hugh Doyle).

"The Rosary is a magnificent and universal prayer for the needs of the Church, the nations and the entire world" (Pope John XXIII).

"The Rosary is the compendium of the entire Gospel"

(Pope Paul VI quoting Pope Pius XII). "Meditation on the mysteries of the Rosary . . . can be an excellent preparation for the celebration of those same mysteries in the liturgical actions [i.e. the Mass] and can also become a continuing echo thereof" (Pope Paul VI).

"My impression is that the Rosary is of the greatest value not only according to the words of Our Lady at Fátima, but according to the effects of the Rosary one sees throughout history. My impression is that Our Lady wanted to give ordinary people, who might not know how to pray, this simple method of getting closer to God" (Sister Lucia, one of the seers of Fátima). "How beautiful is the family that recites the Rosary every evening" (Pope John Paul II).

Pope John Paul II has called the Rosary his "favorite prayer," after the Mass and the Liturgy of the Hours.

St. Louis de Montfort warns us against both the ignorant and scholars who regard the Rosary as something of little importance..."the Rosary is a priceless treasure inspired by God."

## 主日分享

常年期第廿六主日

祇有承行天父旨意,才能進天國 耶穌喜歡講故事,因為故事是當時傳 遞訊息最佳的工具。今日福音故事的 訊息很簡單:人要承行天父的旨意, 光說不做是沒有用的。當日的對象是 司祭長和民間長老,希望他們聽後會 醒覺。

透過故事本身,耶穌清楚判斷司祭長和民間長老的行為不對。故事中的兩個兒子代表了兩類不同的猶太人;願意悔改的稅吏和娼妓,比不知悔改的司祭長和民間長老更先進入天國。這為後者是一個很大的諷刺,因為稅吏和娼妓破壞了舊約聖潔的法律;司祭

長和民間長老很多是法利塞人,他們 視破壞聖潔法律的人都是罪人,都需 要隔離,免得自己被玷污。但耶穌竟 然說稅吏和娼妓比他們先進天國,為 他們是個很大的侮辱。

我們反省這故事時,可能會想:這些司祭和民間長老是否犯了比貪婪、剝削、奸淫更大的罪,而有這樣的遊界,不可這樣的遊界,不可實可能並非如此。耶穌一類人,不可以一個人,可以一個人,不可以一個人,可以一個人,可以可以一個人。

故事帶出的訊息是:在承行天父的旨意上,稅吏和娼妓比司祭長等人先做到了,故此他們先進入天國,但沒有結論說所有稅吏和娼妓都能進入天國,或他們是最先進入天國;也沒有說所有司祭長和民間長老都不能進入天國。進天國的標准,是看人有沒有按照天父的意思去生活。

司祭長和民間長老是一些公眾人物, 他們以守法在人前保持美好形象,習 慣以義人自居,有傾向批評別人的不 是,很少會注意到悔改的問題。 耶穌 的指斥正好有警醒作用。

我們都喜歡有一個美好的公眾形象; 保持良好公眾形象可能成為自己行事 的標准。我們不去看三級電影,不去 馬場或投注站,因怕被人看見, 有損 自己的公眾形象,但到外國旅遊時便 原形畢露,甚麼都敢做。我們實在像 司祭長及民間長老一樣虛偽,沒有按 天父的意思去生活。

故事亦沒有鼓勵我們像大兒子一樣反 叛,以顯示自己有性格,反正自己比 那些道貌岸然的偽君子好,比他們更 易受耶穌接納,這樣做也錯過了比喻 的意思。

讓我們好好把握比喻的意思,它要我們悔改,實行天父的意思,這決定我們是否先進入天國。故事帶有期待的意義,期待像司祭長和民間長老的罪人,察覺自己的虛偽,耶穌正等候著他們回歸父家。

## 堂區活動

## 顯供聖體 (十月七日)

永援聖母堂十月份的顯供聖體時間為 十月七日上午十時至十一時由青年會 及青年聖詠團帶領。請各位教友盡量 參與!

## 玫瑰聖母月家庭玫瑰經聚會

十月是玫瑰月,為恭敬聖母舉行家庭玫瑰經聚會,阮神父、堂區牧民議會成員、陳修女及堂區善會代表,將於十月帶同聖母像探訪教友庭,誦念家庭致瑰經。如有需要,阮神父會時為教友家庭舉行聖屋儀式。我們並鼓勵主持家庭玫瑰的家庭、邀請其代子女或管學與家庭玫瑰經的教友,聖母到家中誦念家庭玫瑰經的教友,請致電陳修女或堂區辦事處

(403-265-7926)。

#### 十月敬禮聖母玫瑰月

十月份每台主日彌撒(包括星期六下午 五時彌撒)前二十分,本堂將會集體誦 唸玫瑰經。

## 平日彌撒取消

因阮神父參與司鐸進修,10月3日 (星期二)至6日(星期五)之早上九時彌撒及10月3日(星期二)之晚上七時彌撒取消。

星期二永援聖母黃昏彌撒將 10 月 10 日照以往時間舉行

## 永援聖母堂堂區牧民議會週年 大會

堂區牧民議會週年大會將於十月二十 九日下午一時於上禮堂舉行,當天將 有簡便午餐供應,歡迎所有教友參加。

2017 教區公益金,齊來獻愛心 2017 年教區 TIA 籌款的主題為:『憐 憫人的人是有福的,因為他們要受憐 憫。』瑪竇福音:第五章七節 截至 9 月 20 日,捐款已累積至 41,809.65 元。

懇請各位教友繼續支持, 慷慨解囊!

## 活動一週

星期五 10 月6日

#### 永援聖母松柏軒

時間:上午9時至正午12時

地點:永援聖母堂上禮堂

#### 永援聖母堂童軍

時間:晚上6時30分至8時30分

地點:永援聖母堂上禮堂及下禮堂

星期六 10 月 7 日

#### 顯供聖體

時間:上午10時至11時

地點:永援聖母堂

#### 聖母軍

(聖母軍聖母無玷聖心支團)

時間:上午11時(開會)

地點:聖堂二樓騎士會室

楊式太極班

時間: 上午 10 時至 12 時 30 分

地點:永援聖母堂下禮堂

瑜珈初班

時間上午 11 時 30 分至 12 時 45 分

地點:永援聖母堂上禮堂

成人慕道班 (國語)

時間:下午3時至5時

地點:聖堂二樓騎士會室

大專青年團練習聖詩

時間:下午5時至7時

地點:永援聖母堂上禮堂

星期日 10 月 8 日

成人慕道班(粵語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點:永援聖母堂下禮堂

## 心靈小品

#### 在災難和死亡面前

入人類的心靈"。傳道者卻說:"遇亨通 的日子,你當喜樂;遭患難的日子, 你當思想"。

災難是破壞,是對天主創造的破壞, 死亡是仇敵,是掠奪,使生者和死者 隔離。生命是短暫和脆弱的,好像"一 片雲霧,出現少時就不見了",如果沒 有永恆,死亡因生命終止就成為永遠 的隔離,人生因虛空終結於毫無意 義。但是,感謝主,我們的生命有救 贖的盼望,不但祇是在今生今世,保 禄告訴我們:"我們知道一切受造之物 一同嘆息,勞苦,直到如今。不但如 此,就是我們這有[聖] 神初結果子 的,也是在自己心裡嘆息,等候得著 兒子的名分,乃是我們的身體得救贖。" 在災難和死亡面前,人們不禁要問:"為 什麼"?我也日日茶飯不思地"問天". 我必須承認,我不知道。但是,我想 到天主,想到主耶穌的受難,想到那 個人類歷史上最黑暗的時刻,想到十 字架的羞辱,想到主耶穌被剝奪,被 拋棄,被掩面不看。我也想到新天新 地的應許,想到有一天,我們都要站 在主的台前,面對公義的審判,想到 在那裡,不再有死亡,不再有分離, 不再有悲痛,我心中的悲憤被來自天 上的安慰融化。除非從主耶穌的苦難 看人類的苦難,苦難就永遠沒有答 案;除非從主耶穌的死看生,生除了 勞苦愁煩就別無他意;除非從主耶穌 的復活看死,死就完全沒有意義。 災難和死亡可以奪取我們所愛的,卻 無法使我們與愛的源頭隔絕。海嘯使 我們學習捨己,分享,分擔,援助, 愛。我們學習和悲哀的人同哭,學會 體貼和饒恕。人活著不是單靠食物,

唯有愛可以讓人在患難中堅持。我們 該如何度餘下的年日?當有一天,我 們和親人,朋友別離的時候,除了悲 傷,我們是否還有悔恨的淚?我們的 鄰居,我們的同事,每一位和我們相 遇的人,在他們生命的最後一刻,我 們的"不小心"是否會成為他人一生的 傷害?去了的人,天主已讓他們明白 了一切,留下的我們,應在悲痛中學 習看重"愛的關係", 讓我們的生命成為 一份祝福的禮物。死亡不是結束,而 是生命的轉化, "be with the Lord"則是 無比超然的經歷。無論我們在地上的 日子有多久,如果沒有永生,我們所 有的年日都是虚空,都是捕風:"若死人 不復活,我們就吃吃喝喝吧!因為明 天要死了"(林前 15:32)感謝天主, 天主不但賜我們生命的氣息.還賜我 們不朽壞的,榮耀的,聖潔的,強壯 的,永遠的,復活的生命。每當想到 這莫大的恩典和應許,我的心就眼淚 不再,恐懼不再。

願復活的主安慰在苦難中的人,願復 活的盼望激勵痛苦中的人。

## 靈修小故事

#### 一個雜耍修士的故事

在一間修士眾多的修道院裡,有一位修士。

這位修士,在進修道院前,祇是個雜 耍的街頭藝人,大字也不認得幾個。 快到慶祝聖母瑪利亞的節日了。

全修道院的修士,都在準備禮物,到 時要獻給聖母瑪利亞。

A 修士打算寫一首詩, 獻上他的敬意。 A 修士是超級有文采的人, 他的詩詞, 常會令人傾倒。

B 修士計劃譜首樂曲,獻給瑪利亞。 他的樂曲,真是動人,很難想像,上 天竟將這麼好的恩賜,賜給他,讓他 能用音樂,榮耀讚美天主。

C 修士已經決定好了,他要和 B 修士 連手,等 B 修士寫好,他就會在當天 演唱。C 修士的聲音,真是美妙,那 是天堂的聲音,再怎麼不好聽的歌 曲,一旦被他演唱出來,都成為美好 的樂曲。更何況,他又是要演唱 B 修士的好樂曲,到時更是令人如痴如醉。 D 修士是天生的陶藝家。他要為瑪利亞,雕一個新的作品。

想都別想也知道,那會是一件多麼令 人感動的作品啊。

E 修士知識最豐富了。他計劃寫一篇 嚴謹的論文,詳細介紹教會對聖母瑪 利亞尊崇的歷史。

那一定又是一篇深具教育意義的論 文,而且,還會列入神學院教科書中 的。

『可是,我,是這麼低賤的雜耍藝人 出身,我,什麼都不會。

我能為瑪利亞獻上什麼呢?』這位憂 傷的 F 修士,在心中想著。

『對了,我可以去問院長修士,他人 最好了,什麼問題都難不倒他』

F 修士, 又燃起希望, 急忙跑去請教院 長。

院長用慈愛的眼神,看著這位眼中充 滿急切眼神的修士。

『很對不起,我也不知道您能為聖母 瑪利亞獻上什麼。』院長很抱歉的回答 F 修士的疑問。

『可是,祇要你盡力就好。聖母瑪利 亞一定會很高興的』院長又補上了一 句。他不希望這軟弱的修士失望,喪 失信心。

『真的嗎?』F 修士原本黯淡下來的眼神,又開始燃起希望。

『真的。願天主賜福您』院長說。

每個人,都要報備要表演的節目或作 品,以便在節慶當日安排表演程序與 作品展示。

大家都交了。祇有 F 修士,一直沒有 回報。

『也真是難為他了,畢竟,在我們這間人才濟濟的修道院中,像他這樣毫無技能的修士,也確實很難找到可展現的地方。唉!他能有心要獻上,已經難能可貴了,雖然,他也實在沒什麼可以獻的。』

院長看著辦公桌上的程序表,心中如此想著。

這是節慶的前一晚。

院長照例,在他睡前,會巡視整個修 道院一次。

當他巡視到教堂時,他發現,在微弱的燈光下,在瑪利亞雕像前,有人在那裡。

『不太可能是小偷吧?』院長警覺起來,擔心的想著。

他不動聲色,小心翼翼的躲在教堂後看。

接下來,他看到的景象,讓他感動地 流下淚來:

一個瘦弱的修士,正汗流浹背,很拼命的在瑪利亞雕像前,表演著雜耍。 沒有喝採,沒有掌聲,沒有觀眾, 祇有 F 修士他自己一人,和瑪利亞的 雕像。另外,就是 F 修士自己也不知 道正在偷看的院長。 而在修士的身旁,瑪利亞正顯靈,溫 柔的擦拭 F 修士額頭上的汗水呢。

## 十月敬禮聖母玫瑰月

## 聖母玫瑰月

玫瑰經默想與懇求為一體。天主之母 之所以恆心不斷地懇求,乃基於她深 信以母愛來轉求,必能感動她聖子的 心。正如真福巴爾托洛·隆哥(BI. Bartolo Longo) 在他所作的'懇求玫瑰 經之后'禱文中大膽獨特所說的、瑪利 亞「因天主的聖寵而無所不能」。這樣 的信念,從福音為起點,並因著經驗, 逐漸在基督信徒中鞏固起來。詩聖但 丁根據聖伯爾納多的思想,描寫得真 好:「女人,妳真偉大真能幹,誰渴望 聖寵卻不求妳代禱,無異妄想無翅飛 行1。在玫瑰經祈禱中1身為聖神之寶 殿的瑪利亞(參見路一:35)聽到我 們的懇求時,即驅赴使她滿被聖寵的 天父和她所懷生的聖子台前, 和我們 一起、並為我們祈禱。

#### 與瑪利亞宣講基督

 保有它全部的力量,它仍然是每位良 好的傳播福音者牧靈工作上不可忽略 的資源。

花地瑪聖母在十月十三日最後這一次 顯現中,大約十萬人在場。路濟亞受 到治安當局的授意,向顯現者提出如 下的問題:「妳是誰?妳要我做甚 麼?」

聖母答道:「我是玫瑰之后,我來告訴世人,回頭改過,趕快為他們的罪過做補贖求寬赦,不要再得罪上主天主了!因為他們得罪上主天主太多了!他們一定要好好念玫瑰經。」教宗派出調查團進行調查,一九三〇年做出了調查報告,認為顯現是「值得相信」的。聖教會制定了對花地瑪聖母的敬禮,宣佈聖母為「至聖玫瑰之后」。修建了花地瑪聖母大殿,朝聖者絡繹不絕,有增無減,神蹟不斷發生。

聖母還囑咐:「在每端玫瑰經後加念: 吾主耶穌,請寬恕我們的罪過,救我 們於永火之中,求你把眾人的靈魂, 特別是那些需要你憐憫的靈魂,領到 天國裡去。」

綜上所述,明白顯示,天主之母瑪利 亞多麼喜歡玫瑰經。玫瑰經可以使我 們得寵、得助、得赦、得勝、得救! 何不熱心誦念玫瑰經!

#### 怎樣念玫瑰經

玫瑰經是隨時隨地可以誦念的經文, 乘車、旅行、散步、室內、室外、堂 內、聖體前都可,而且個人、家庭、 集體、千萬人的聚會都可以誦念。 誦念開始,先親苦像,表示敬愛,然 後握苦像畫十字聖號;念信經,表示 堅信聖教道理,念《天主經》和三遍 《聖母經》讚美、**感謝天主聖三。**