

## Theme Sharing

### Second Sunday in Ordinary Time

#### 1st Reading: Isaiah 49:3, 5-6

God is preparing his people Israel to become a light for all nations

The Lord said to me, "You are my servant, Israel, in whom I will be glorified."

And now the Lord says, who formed me in the womb to be his servant, to bring Jacob back to him, and that Israel might be gathered to him, for I am honored in the sight of the Lord, and my God has become my strength; he says,

"It is too light a thing that you should be my servant to raise up the tribes of Jacob and to restore the survivors of Israel; I will give you as a light to the nations, that my salvation may reach to the end of the earth."

#### 2nd Reading: 1 Corinthians 1:1-3

Paul greets his converts in Corinth, who are called to be saints

Paul, called by the will of God to be an apostle of Christ Jesus, and our brother Sos'thenes, to the church of God which is at Corinth, to those sanctified in Christ Jesus, called to be saints together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours: Grace to you and peace from God our Father and the Lord Jesus Christ.

#### Gospel: John 1:29-34

John the Baptist announces the One who will baptize us with the Holy Spirit  
John saw Jesus coming toward him and declared, "Here is the Lamb of God who takes away the sin of the world! This is he of whom I said, 'After me comes a man who ranks ahead of me because he was before me.' I myself did not know him; but I came baptizing with water for this reason, that he might be revealed to Israel." John also testified, "I saw the Spirit descending from heaven like a dove, and it remained on him. I myself did not know him, but the one who sent me to baptize with water said to me, 'He on whom you see the Spirit descend and remain is the one who baptizes with the Holy Spirit.' And I myself have seen and have testified that this is the Son of God."

#### Taking stock of ourselves

Two thoughts dominate the readings: first, John's dramatic call to behold the Lamb of God; second, that we do a good personal stock-taking during this first month of the new year, look where we are going, and make the practical resolutions that might

raise the quality of our lives. The Baptist urges us to ask what are we fundamentally about and then seek to reset our lives. And St Paul reminds us that we are "called to be saints together with all those who in every place call on the name of our Lord Jesus Christ."

An honest stock-taking of our spirituality may unveil the selfish, ego-centric motives that often direct our lives. To rise above these we need to recognise something outside of and larger than ourselves, the God who cares for us and for the whole human community. Can we listen to John's call to restore what is broken, and Jesus' call, to bring light to the world? Do we see that it is with our cooperation that the Lamb can remove the "sin of the world?"

Facing such truths is always difficult; it calls us to not just drift along with this world's evil, always taking the line of least resistance. Discipleship is urgent and costly, but it is also possible and is the way towards the deeper joy and fulfillment that our soul is longing for. If we properly hear the Baptist as he witnesses to Christ, our response will be a stock-taking that goes to the root of our being. It may even reveal to us the truth that sets us free.

### 'Misericordia et Miseria' Apostolic Letter

#### Pope Francis' Apostolic Letter

#### 'Misericordia et Miseria'

#### Pope Francis: To All Who Read This Apostolic Letter-Mercy and Peace

In the sacramental life, mercy is granted us in abundance. It is not without significance that the Church mentions mercy explicitly in the formulae of the two "sacraments of healing", namely, the sacrament of Penance and Reconciliation and the sacrament of the Anointing of the Sick. In the first, the formula of absolution reads: "God, the Father of mercies, through the death and resurrection of his Son has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sins; through the ministry of the Church may God give you pardon and peace".[8] In the second, the formula of anointing reads: "Through this holy anointing may the Lord in his love and mercy help you with the grace of the Holy Spirit".[9] In the Church's prayer, then, references to mercy, far from being merely exhortative, are highly performative, which is to say that as we

invoke mercy with faith, it is granted to us, and as we confess it to be vital and real, it transforms us. This is a fundamental element of our faith, and we must keep it constantly in mind. Even before the revelation of sin, there is the revelation of the love by which God created the world and human beings. Love is the first act whereby God reveals himself and turns towards us. So let us open our hearts and trust in God's love for us. His love always precedes us, accompanies us and remains with us, despite our sin. To Be Continued.

## Saints Quotes

### January 16- Monday

You must believe in truth that whatever God gives or permits is for your salvation. - St. Catherine of Siena

### January 17- Tuesday

I no longer fear God, but I love him. For love casts out fear.-St. Anthony the Great

### January 18- Wednesday

Some people come in your life as blessings. Some come in your life as lessons. -St. Teresa of Calcutta

### January 19- Thursday

If you do not hope, you will not find what is beyond your hopes. -St. Clement of Alexandria

### January 20- Friday

The gift of grace increases as the struggle increases.- St. Rose of Lima

### January 21 - Saturday

The Rosary is long chain that links heaven and earth. One end of it is in our hands and the other end is in the hands of the holy Virgin...the Rosary prayer rises like incense to the feet of the Almighty. St. Therese of Lisieux

## Diocese & Other News

### Week of Prayer for Christian Unity

#### January 15-22, 2017

#### Sunday, January 15- 7:00-7:50pm

Chapel-Grace Presbyterian Church

#### Wednesday, January

#### 18-12:00noon-12:50pm

University of Calgary, Vitruvian Space ( Dining Centre-1st Floor)

#### Wednesday, January 18- 4:30-5:15pm

Ambrose University, Clare Kirk Room ( G2195). Rev. Paul Verhoef, preacher.

#### Thursday, January 19- 7:30-8:30pm

Lutheran Church of the Cross, Bishop Henry, preacher.

Friday, January 20- 7:00-8:00pm.  
St. Joseph Catholic Church.  
Details: [www.prayeryc.com](http://www.prayeryc.com)

## Parish Activities

### Prayer For Christian Unity

Bishop Henry and Clergy of the Evangelical Lutheran Synod of Alberta will host a prayer service during the Week of Prayer for Christian Unity on January 19th from 7:30-8:30pm at Lutheran Church of the Cross, 10620 Elbow Dr SW, Calgary, with a reception to follow. Hear and pray with Christians of other denominations about this year's Week of Prayer for Christian Unity theme which is "Reconciliation – the love of Christ compels us".

### Chinese New Year Thanksgiving

#### Mass

January 28 is Chinese New Year's Day. There will be a Chinese New Year Mass at 9:00am. After Mass, A New Year gathering will be held at Upper Hall. Parishioners are encouraged to bring snacks to share with others.

We sincerely invite all parishioners to join with us. For details please contact Sr. Chan.

### Young Adults Group New Year Party

YAG will be hosting a New Year party on January 22 (Sunday) from 5:00pm to 9:00pm at the OLPH Upper Hall.

There will be fun games like minute to win it and Hot pot Dinner. Please visit YAG's website or contact Joyce Lam for more details

### Together in Action 2016

The 2016 "Together in Action" The theme this year is: "Blessed are the merciful, for they will be shown Mercy."

As of October 14, our campaign has received a total of \$37,140.95. We plead for your ongoing support.

## Weekly Activities

Wed, Fri Jan 18, 20

### OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri Jan 20

### OLPH Scout

Time: 6:30pm.-8:30pm

Place: Upper Hall & Lower Hall

### Faith Sharing Group ( Sacred Heart)

Time: 7:30p.m.-10:00p.m.

Contact: Doris Ho 403-271-6884

Sat Jan 21

### Legion of Mary ( meeting )

Time: 9:45a.m.

Place: K of C Room at OLPH Church

### Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

### Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.

Place: OLPH Church Upper Hall

### R. C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00p.m.

Place: K of C Room

### Young Adults choir practice

Time: 5:00p.m.-7:00p.m.

Place: OLPH Upper Hall

Sun Jan 22

### R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

### Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building

### Young Adults visit Masion Senior

#### Living

Time: 2:00pm-3:00pm

### Young Adult New Year Party

Time: 5:00p.m.-9:00pm

Place: OLPH Upper Hall

## Stories Faith Sharing

### Before And After

What changes take place in a life of faith after severe testing? I thought of this as I read the tragic story of a Jamaican dad who accidentally shot and killed his 18-year-old daughter while trying to protect his family from intruders.

News reports said he went to church (as was his habit) the next day—distracted but still seeking God's help. Faith in God guided him before, and he knew God could sustain him after.

I thought about this in regard to my own life—having also lost a teenage daughter. To review how I viewed life and faith before Melissa's death, I dug into my computer archives to read the last article I had written before we lost her in June 2002. How would what I said then correspond to what I know now? Had severe testing changed my view of faith in God? In May of that year, I had

written this: "David was not afraid to go boldly to God and tell Him what was on his heart. . . . We don't have to be afraid to tell God what is on our heart."

Before I went through tough times, I went to God and He listened to me. After, I discovered that He still listens and comforts and sustains. So I continue to pray in faith. Our faith remains intact and is strengthened because He is the God of the before and the after.

God is still on the throne,  
He never forsaketh His own;  
His promise is true, He will not forget you,  
God is still on the throne. —Suffield  
What we know of God encourages us to trust Him in all we do not know.

## Prayer for Christian Unity 2017

### Eight Days Biblical Reflections And Prayers

Reconciliation – The Love of Christ Compels Us (cf. 2 Corinthians 5:14-20)

Day 1: One has died for all (2 Corinthians 5:14) Isaiah 53:4-12; Psalm 118: 1, 14-29; 1 John 2:1-2; John 15:13-17

#### Prayer

Loving God, in Jesus you gave us the one who died for all. He lived our life and died our death. You accepted his sacrifice and raised him to new life with you. Grant that we, who have died with him, may be made one by the Holy Spirit and live in the abundance of your divine presence now and forever.

Amen.

Day 2: Live no longer for themselves (2 Corinthians 5:15) Micah 6:6-8; Psalm 25:1-5; 1 John 4:19-21; Matthew 16:24-26

#### Prayer

Merciful God, in Jesus Christ you have freed us for a life that goes beyond ourselves. Guide us with your Spirit and help us to orient our lives as sisters and brothers in Christ, who lived, suffered, died and rose again for us, and who lives and reigns forever and ever. Amen.

Day 3: We regard no one from a human point of view (2 Corinthians 5:16)

1 Samuel 16:1, 6-7; Psalm 19:7-13; Acts 9:1-19; Matthew 5:1-12

#### Prayer

Everlasting God, you are the origin and goal of all living things.

Forgive us when we think only of ourselves and are blinded by our own standards. Open our hearts and our eyes. Teach us to be loving, accepting and gracious, so that we may grow in the unity which is your gift. To you be honour and praise, now and forever. Amen.

Day 4: Everything old has passed away (2 Corinthians 5:17) Genesis 19:15-26; Psalm 77:5-15; Philipians 3:7-14; Luke 9:57-62  
Prayer

Faithful God, the same yesterday, today and forever. Heal the wounds of our past, bless our pilgrimage towards unity today and guide us into your future, when you will be all in all, God, Son, and Holy Spirit, forever and ever. Amen.

Day 5: Everything has become new (2 Corinthians 5:17) Ezekiel 36:25-27; Psalm 126; Colossians 3:9-17; John 3:1-8  
Prayer

O God, you reveal yourself to us as Creator, as Son and Saviour, and as Spirit and giver of life, and yet you are one. You break down our human boundaries and renew us. Give us a new heart to overcome all that endangers our unity in you. We pray in the name of Christ Jesus, by the power of the Holy Spirit. Amen.

Day 6: We are reconciled to God (2 Corinthians 5:18) Genesis 17:1-8; Psalm 98; Romans 5:6-11; Luke 2:8-14  
Prayer

Merciful God, out of love you made a covenant with your people. Empower us to resist all forms of discrimination. Let the gift of your loving covenant fill us with joy and inspire us to greater unity. Through Jesus Christ, our risen Lord, who lives and reigns with you and the Holy Spirit now and forever. Amen.

Day 7: The ministry of reconciliation (2 Corinthians 5:18-19) Genesis 50:15-21; Psalm 72; 1 John 3:16b-21; John 17:20-26  
Prayer

God of all goodness, we give you thanks for reconciling us and the whole world to yourself in Christ. Empower us, our congregations and our churches in ministries of reconciliation. "Where there is hatred, let us sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy." We pray in the name of Christ Jesus, by the power of the Holy Spirit. Amen.

Day 8: Reconciled to God(2 Corinthians 5:20) Micah 4:1-5; Psalm 87; Revelation 21:1-5a; John 20:11-18

Prayer

Loving God, we thank you for this Week of Prayer for Christian Unity, for being together as Christians and for the different ways we have experienced your presence. Let us always praise your holy name together so that we may continue to grow in unity and reconciliation. Amen.

## 主日分享

### 常年期第二主日

#### 信仰的歷程

今日福音記載：若翰洗者看見聖神像鴿子從天降下，在耶穌上面停著，他本來不認識耶穌，但派他來用水施洗的那一位對他說：“你看見聖神降下，停在誰上面，誰就是那要用聖神施洗的人”。這是若翰所看見的，於是他作証，耶穌就是天主子。以上是若翰信仰歷程的三步曲：他看見、他認識、他作証。

若翰“看見”聖神像鴿子降在耶穌身上，這是聖神給他的啓示，喚起他的注意。聖神像鴿子降在耶穌身上，大概到場的人也看見，但光是看見是不足夠的，還需有天主恩寵的啓示。天主恩寵臨到若翰身上，光照他內心，他內心的經驗使他“認識”在他面前的，就是默西亞、天主子。他不能不為他“作証”，指出他就是帶走世界罪惡的天主羔羊。這位有震撼力的先知的作証，的確使人走到耶穌的面前。若翰洗者的信仰歷程，是我們反省的好材料：

( I ) 看見。當天在約但河旁，耶穌是夾雜在人叢中，祂並沒有以奇特的姿態出現。今天，耶穌的臨在更平常。瑪竇福音中有關最後審判的比喻是這樣的：耶穌就在兄弟中最小的一個身上出現。最小的就是指那些生病的、飢餓的、寒冷的、坐牢的人。現實點來說，在日常生活中，我們有探望生病的親友嗎？有關心年老的、弱智的、傷殘的、孤苦無依的人嗎？有幫助失業的朋友嗎？有歡迎新移民嗎？在有需要的人中間就有耶穌的臨在。可是，我們是否視耶穌而不見呢？可能那些人太普通了，所以我們摒棄了

他們，卻不知道也同時摒棄了耶穌，就像當日耶穌的出現太普通了，所以受猶太人摒棄一樣。今日耶穌仍在人群中，直至有人“看見”祂。

( II ) 認識。看見是外在的見到，認識是內在的經驗，兩者可以同時發生。那內在的經驗，需要天主的恩寵，我們才認識耶穌。試想一想，我們從來沒有親眼看見耶穌顯奇跡，祇聽過別人的宣講，看到別人的作証，但為甚麼會信？是否因為內心經驗的驅使？是否因為耶穌的確解答了我們一些生活上的基本問題？是否因為他使我們內心喜樂、平安、感到被愛？假如我們從來沒有任何對耶穌的內在經驗，那很難在信仰上有基礎，很難說“認識”祂

( III ) 作証。如果內在的信仰經驗是那麼真實，那麼為耶穌作証是必然的事，就像若翰洗者一樣把耶穌介紹給人。若是我們從未想過把耶穌介紹給人，羞於在人前談耶穌，那信仰在我們身上所佔的重要性很有限。作証是信仰的試金石。那些為耶穌作証的人，他們的信仰肯定沒問題，這是教會的經驗。

讓我們記得信仰歷程的三步曲：看見、認識、作証。時刻自問：我在人叢中看見耶穌嗎？我對祂有內在的經驗嗎？我在生活上有為祂作証嗎？

## 《慈悲與憐憫》宗座牧函

教宗方濟各《慈悲與憐憫》宗座牧函：

聖庇護十世團體：有效的告解聖事在慈悲禧年結束後，“那些因各種原因常去聖庇護十世團體的教堂參加禮儀的信徒，也能通過聖事有效且合法地獲得罪赦”。為了這些信徒的牧靈益處，教宗“信賴他們的司鐸的善意，希望能在天主的助佑下恢復天主教會內的圓滿共融。” 待續

## 堂區活動

基督徒合一祈禱週 2017

1月18日至1月25日

主題：修和：基督的愛激勵我們（林後/格後 5:14)

在基督徒合一祈禱週，請各位教友在這週內能盡量付出時間，為全世界的基督徒合一祈禱，並盡量參與在各教堂舉行的祈禱禮儀，以盡我們基督徒的本份！亨利主教將於1月19日晚上7時30分至8時30分在 Lutheran Church of the Cross, 10620 Elbow Dr SW, Calgary 為基督徒合一祈禱。

### 農曆新年求恩彌撒

一月廿八日大年初一，本堂將會在早上九時舉行農曆新年中文求恩彌撒。彌撒後在上禮堂有新春團拜茶聚，歡迎各位教友攜帶糕點小食，蒞臨參加。詳情可與陳修女聯絡。

### 大專青年團新年派對

大專青年團將於一月二十二日（星期日）舉行新年派對。

時間：晚上五時至晚上九時  
地點：卡城永援聖母堂上禮堂  
當晚會有很多遊戲例如《決戰一分鐘》及火鍋晚餐。如有興趣參加請到大專青年團的網站瀏覽或與 Joyce Lam 聯絡。

### 2016 教區公益金，齊來獻愛心

2016 年教區 TIA 籌款的主題為：「憐憫的人是有福的。截至 10 月 14 日，捐款已累積至 37,140.95 元。捐款信封可在聖堂入口處拿取。

## 活動一週

星期三、五 1月 18, 20日

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期五 1月 20日

永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 30 分

地點：永援聖母堂上禮堂及下禮堂

信仰小團體 (Sacred Heart)

時間：晚上 7 時 30 分至 10 時

聯絡：Doris Ho 403-271-6884

星期六 1月 21日

聖母軍

(聖母軍聖母無玷聖心支團)

時間：上午 9 時 45 分(開會)

地點：聖堂二樓騎士會室

### 楊式太極班

時間：上午 10 時至 12 時 30 分

地點：永援聖母堂下禮堂

### 瑜珈初班

時間上午 11 時 30 分至 12 時 45 分

地點：永援聖母堂上禮堂

### 成人慕道班 (國語)

時間：下午 3 時至 5 時

地點：聖堂二樓騎士會室

### 大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

星期日 1月 22日

### 成人慕道班(粵語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點：永援聖母堂下禮堂

### 主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

### 大專青年團探訪 Mission Senior

Living

時間：下午 2 時至 3 時

### 大專青年團新年派對

時間：晚上 5 時至晚上 9 時

地點：永援聖母堂上禮堂

## 靈修小故事

### 心燈長明

沒有燈光的夜晚是漆黑的夜晚，沒有心燈的人生是黑暗的人生。物質世界中的燈光需要能源支撐，不管是煤油燈、蠟燭還是電燈，如果能源用盡了總是有熄滅的時候。唯獨對宇宙真理的信仰所形成的心燈，可以永久的照亮人們的心靈，猶如太陽一樣，與天地同存，與生命同在，長明不熄。我的童年時代生活在中國偏僻的鄉村，那時的鄉村還沒有發電設備。黑夜來臨之時，家家戶戶都在家裡點起小小的煤油燈。雖然煤油燈的燈光非常微弱，它卻給無數懼怕黑夜的人帶來了無限的溫馨與勇氣。村外的鄉間小道沒有月光時總是漆黑一片，令人產生一種莫名的恐懼感，此時一個小小的手電筒的微弱光亮也能給人帶來無限的喜悅。

會幾何時，在世風日下、道德淪喪的社會洪流中，我曾像一隻迷途的羔羊一樣無所適從，在爾虞我詐、弱肉強

食的苦難人生中隨波逐流。身陷在名利色情的紅塵誘惑之中，眼前的路猶如沒有月光的鄉間小道，祇有無奈的在黑暗中徘徊，人生之旅猶如漫長的黑夜一樣看不到一絲的光亮。那時的我不知道怎樣做人，不知道什麼是真正的高尚，不知道怎樣提高自己的精神境界，不知道怎樣使自己的靈魂升華。一直到喜得真法、走上了修煉的道路之後，我才明白了古今中外聖賢們的鎮定自若、臨危不懼、視死如歸，都不是一朝一夕所形成的。那些人們的心中都長明著一盞永不熄滅的心燈，照亮著他們的心扉。在污濁的環境中還能心存美好，需要有非常堅定的正信、慈悲的心懷和堅貞不屈的意志。這盞長明的心燈能使他們在受到挫折之後依然心存感激，心懷善良，在危險困苦中依然能堅守心靈深處的高貴，堅忍不拔，樂觀豁達。

點亮心燈，心靈才能找到真正的歸宿。才能坦然走過坎坷的人生道路，輕輕抹去心中的塵世陰雲，讓自己的生命化蛹為蝶在返本歸真之路上翩然起舞，讓善良的本性在光明的精神世界中自在逍遙。修煉前後的我判若兩人：從多言善變、見風使舵變得表裡如一、真誠待人，因為修真使我感受到謊言的可恥，感悟到了人世間真誠的可貴；從自私自利、損人利己變得先他後我、無私無我，因為修善使我感受到慈悲的博大胸懷，逐漸的放棄了自私的人生觀念；從心浮氣躁、脾氣暴烈變得心胸寬闊、寬宏大量，因為修忍使我學會了寬容待人，忍辱負重升華了自己的思想境界。因為心有正信，即使是在茫茫的黑夜中一人行走，我也感到自己無所畏懼，明亮的心靈在自己的世界中翩翩飛翔，自由自在，獨享著一方的寧靜。

心中有燈的人，永遠不會懼怕黑夜。心燈長明的人，不會感到孤獨。他們對度過的每一天都會感到滿足、充實、快樂和幸福。因此，祇有點亮心中的那盞明燈，才能在人生的旅途上披荆斬棘，驅散黑暗，照亮漫漫長路。以信仰為燈芯，以慈悲為燃料點亮那盞獨特的心燈，既能照亮自己，也能照亮大千世界中的芸芸眾生。

## 靈修小故事

### 基督徒合一八天祈禱

#### 第一天主題：一個人替眾人死了

(格林多後書 5:14)

##### 祈禱詞

我們的天父，耶穌，是祢賜給我們替眾人死的那一位。祢為我們而活，也為我們而死。祢接受了祢的犧牲，並使祢復活，與祢同在的新生命。求祢賜予我們，這群與祢同死了的人們，可以藉由聖神合而為一並活在你神聖同在的豐盛裡，從今世直到永遠。阿們。

#### 第二天主題：活著的人不再為自己生活

##### 祈禱詞

我們的天父，藉著耶穌基督，祢釋放了我們，讓我們能有超越自己的生命。求祢以祢的聖神引導我們並幫助我們以基督內兄弟姐妹的身分來調整生活，基督為我們生活、受苦、死亡和復活，祢是天主永生永王。阿們。

#### 第三天主題：我們從今以後，不再按人的看法認識誰了 (格林多後書 5:16)

##### 祈禱詞

三位一體的主，祢是所有生命的起源和目的。求祢寬恕我們只想到自己而被自己的標準蒙蔽。求祢打開我們的心和眼。教我們愛，接納和感恩，使我們可以在祢的恩寵裡合一成長。願所有榮耀和讚美都歸於祢直到永遠。阿們。

#### 第四天主題：舊的已成過去 (格林多後書 5:17)

##### 祈禱詞

主耶穌基督，祢是昨天、今天、直到永遠，不變的。求祢治癒我們過去的傷痛，降福我們今天走向團結並引領我們進入祢萬有之有的未來，與聖父和聖神，直到永遠。阿們。

#### 第五天主題：都成了新的 (格林多後書 5:17)

##### 祈禱詞

三位一體的主，祢向我們顯示祢自己是天父和創造者，是聖子和救主，是聖神和賦予生命者，祢破除我們人的

界限並更新我們。求祢給我們一顆新的心來克服所有這一切阻礙我們在祢內團結的阻力。藉著聖神的力量因基督耶穌的名祈禱。阿們。

#### 第六天主題：天主藉基督使我們與祢自己和好 (格林多後書 5:18)

##### 祈禱詞

仁慈的上主，出於愛，祢與祢的子民立了盟約。

求祢讓我們有能力，去抗拒所有形式的歧視。讓祢愛的盟約的恩寵，以喜樂充滿我們，激勵我們更大的團結合一。藉著耶穌基督，我們復活的主，與祢及聖神永生永王。阿們。

#### 第七天主題：和好的職務 (格林多後書 5:18-19)

##### 祈禱詞

美善的天主，我們感謝祢在基督內使我們和整個世界與祢和好。求祢將和好使命的力量賜給我們，我們的教友和我們的教會。求祢治癒我們的心，幫助我們去傳播祢的和平。那裡有仇恨，讓我去廣施友愛，那裡有侮辱，讓我去散播寬赦；讓我將信心給疑慮的人，把希望給沮喪的人；讓我成為驅逐黑暗的光明，化除痛苦的喜樂。」因基督耶穌的名，以及聖神的力量祈禱。阿們。

#### 第八天主題：與天主和好

##### 祈禱詞

三位一體的主，聖父，聖子和聖神，我們為這週的祈禱會感謝祢，以基督徒的身分聚在一起感謝祢，並為我們能以各種不同方式經歷祢的臨在，感謝祢。讓我們常能一起讚美祢的聖名，好使我們繼續在合一與和好裡成長。普世向上主羔羊獻上至高崇敬，世人天使同獻讚美歌頌，樂韻頌揚，優美雅逸。我們滿懷驚奇地站在珍珠門口，聽聞歌聲如雷，澎湃洶湧，在光明寶座前，頌讚如洪水傾覆，浩闊嘹亮。人的眼目未曾看見，耳朵不會聽聞這般喜樂榮耀；我們向上主高唱歡樂頌讚，直到永恆。