

Theme Sharing

27th Sunday in Ordinary Time

I've often found myself wondering what my parents or friends would think of me if they were present at this or that encounter, whether generous or mean. Many feel this need to be seen by others – especially for appreciation or praise. It can reach the stage when no worthy action is done for its own sake; unless there's an audience of some kind to give us credit, we hardly think it worthwhile. How easy it is to dress up things with a superficial cosmetic of virtue, "in order to be seen by men?" Yet only God sees the heart and knows the motive.

Certainly the opinions of others matter. But what counts in the long run is how our God sees us – not mere "opinion," but God's unerring vision, compassionate yet total. Nothing compares with that judgment. The basic question is this: have you been faithful in serving? Because of fidelity, the righteous will live. Life in God's friendship, the state of grace, does not depend on social stature or reputation, but on a secret, inner quality. As St. Paul says, one cannot even fully judge oneself. Upon this profound question of righteousness, we can only trust in God's mercy, while making an honest effort to serve Him. Then the principle will apply: for the one who loves God, all things work together unto good.

Unprofitable servants? A better word might be ordinary. The servants had done their duty, which was what could be expected of them. Too often we Christians take a casual attitude towards the service of God. We treat prayer as a casual option, the commandments as a burden and restriction to be periodically neglected, and works of charity as a rare event for which we should expect congratulations. But if we take the words of Christ to heart, we would regard all these things as normal service. The standards he sets are much higher than those we habitually live by. What a new complexion things would have if we all became willing servants towards God, doing each ordinary thing according to His will. But who will get us started? If I decided to do things simply for God's approval, would I not be exploited and despised by others? So, while I'm taken by the ideal, I won't commit until others adopt the same spirit of social responsibility. The rat-race is nobody's fault, and yet it's everybody's. The change to a

new spirit of mutual service can only begin when individuals embrace this ideal for its own sake. "Ask not what your country can do for you..."

Ultimately, this is the way to salvation. The just person shall live by fidelity. When all of life's days have been lived, and the Master comes to judge our individual performance, only those who have given generous service will feel at home in his company. And then we will realize that this was the right way to live in God's sight "Well done good and faithful servant," God will say; and we will answer simply "it was no more than our duty."

Saints Quotes

October 3 – Monday

Here is a rule for everyday life: Do not do anything which you cannot offer to God.

-St. John Vianney

October 4– Tuesday

I should be accounted a thief by the great Almsgiver were I to withhold that which I wear from him who has greater need of it than I. - St. Francis of Assisi

October 5– Wednesday

During painful times, when you feel a terrible void, think how God is enlarging the capacity of your soul so that it can receive him-making it, as it were, infinite as he is infinite. Look upon each pain as a love token coming to you directly from God in order to unite you to him.

-St. Elizabeth of the Trinity

October 6 – Thursday

No act is charitable if it is not just.

-St. Bruno

October 7 – Friday

There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the Holy Rosary.

-Sr. Lucia dos Santos of Fatima

October 8 – Saturday

I have what God wished me to have, and I want no more. -St. Germaine Cousin

2016 Jubilee of Mercy

The Mercy of Jesus

Gospel of Luke 7: 11-17 One day Jesus and his friends went to the town of Nain. Just as they were entering the town a dead man was being carried out for burial, his mother's only son, and she was a widow. When Jesus saw her, his heart went out to her. "Do not cry," he said to her. Then he stopped the

procession and said to the dead body "Young man, I tell you, get up!" The dead man sat up and began talking, and Jesus gave him back to his mother.

Diocese & Other News

White Mass

Celebration of the feast day of St. Luke, the physician, will be held at 7:00 pm on Friday, Oct. 14, at St. Mary's Cathedral, 219 18 Ave SW, Calgary. Reception to follow. All welcome.

Bereavement Care Education Program

Part 1 will be on Oct. 21 & 22, 2016, and will conclude with Part 2 on Oct. 28 & 29, 2016. The program will run both Friday evenings from 6:30pm - 9:00pm, and all day both Saturdays from 9:00am - 4:00pm at the Catholic Pastoral Centre, 120 - 17 Ave. SW, Calgary. You will learn the skills you need to offer your presence and support in a caring way. Registration fee: \$50. For more info & registration, visit News & Events page at www.calgarydiocese.ca, or call: 403-218-5501, Email:

healthcareprograms@calgarydiocese.ca

Parish Activities

OLPH Expansion Project

The long awaited OLPH Expansion Project is finally underway. The Church received the final approval for the Development and Building permits in the middle of August, almost four years since the initial application for such permits.

The construction of the expansion will commence starting the middle of September 2016. It is expected to complete (weather permitting) by the middle of January ,2017. During the construction phase, the side entrance will be blocked off. All entry and exit to the church will be via the entrance close to Edmonton Trail. The doorway to the office will be accessible for emergency purposes.

The OLPH Expansion Project encompasses the followings:

- The addition of two washrooms that are wheelchair accessible. That is, no more climbing up or down the stairs to gain access to the washrooms. The washrooms will also be equipped with fold down changing tables for infants. These washrooms will be

designated as unisex washrooms.

-The new structure will also encompass an expanded lobby area (about 400 square feet) that are protected from the elements of the weather.

-The project will include an access ramp to the new extension. This will enable parishioners with mobility limitations to easily gain access to the church.

During the construction, some of the parking stalls will be blocked off. All effort will be made to keep the church parking lot free of debris and obstruction. Parishioners are advised to exercise caution with the new traffic arrangement. Your patience and cooperation are much appreciated.

OLPH Parish Pastoral Council Annual General Meeting

"The Annual General Meeting (AGM) of the Parish Pastoral Council will be held on November 13, 2016 at 1:00pm at the Upper Hall. All parishioners are welcome to join the meeting. A light lunch will be served before the meeting.

The AGM will be a great opportunity to meet the PPC members, get an update on every parish groups, and find out what is going on at OLPH.

Please show your support by attending this AGM"

Week day Mass Cancelled

Since Fr. Joseph Nguyen will attend Clergy Fall Study Days, the following Masses will be cancelled:

October 4 (Tuesday) to October 8 (Saturday) at 9:00a.m.,
October 4 (Tuesday) at 7:00p.m.

Youth Night October 8th, 2016

Youth Night will be held on Saturday October 8th, 2016 from 6pm -10pm at Upper Hall. Complimentary dinner will begin at 6pm and a spiritual talk from Simon Har will follow at 7pm. Afterwards, we will be going to IlluminAsia, the Chinese lantern exhibit at the Calgary Zoo. The fee will be \$10 per youth and \$20 per adult. All youths, young adults and families are welcome to attend this event.

Together in Action 2016

The 2016 "Together in Action" The theme this year is: "Blessed are the merciful, for they will be shown Mercy."

Our parish's target is \$22,133, as designated

by the Diocese. As of August 15, our campaign has received a total of \$26,110.95. We plead for your ongoing support. Parishioners can pick up the donation envelopes at the entrances.

Weekly Activities

Wed, Fri Oct 5, 7

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri Oct 7

OLPH Scout

Time: 6:30pm.-8:30pm

Place: Upper Hall & Lower Hall

Sat Oct 8

Legion of Mary (meeting)

Time: 9:30a.m.

Place: K of C Room at OLPH Church

Faith Sharing Group (N.E)

Time: 10:30a.m.-12:00noon.

Contact: Sr. Sze 403-230-3801

Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.

Place: OLPH Church Upper Hall

Youth night

Time: 6:00p.m.-10:00p.m.

Place: OLPH Upper Hall, Calgary Zoo

Young Adults choir practice

Time: 5:00p.m.-7:00p.m.

Place: OLPH Upper Hall

Faith Sharing Group (N.W.)

Time: 7:30p.m.-10:00p.m.

Contact: Anna Tam 403-285-5023

Let There Be Light

Feel Him

God is around us everyday,
you can see him in the sky,
in the flowers,
in the water,
and you can feel him
in the wind,
in the warmth of the sun.

Always remember
you are never alone,
He is always with you.
"Frequently remind yourself
that God is with you,
that He will never fail you,
that you can count upon him."

Stories Faith Sharing

Waiting for an Answer

Those who know your name trust in you, for you, Lord, have never forsaken those who seek you. Psalm 9:10

When our daughter was 15, she ran away. She was gone more than 3 weeks. Those were the longest 3 weeks of our lives. We looked everywhere for her and sought help from law enforcement and friends. During those desperate days, my wife and I learned the importance of waiting on God in prayer. We had come to the end of our strength and resources. We had to rely on God.

It was on a Father's Day that we found her. We were in a restaurant parking lot, on our way to dinner, when the phone rang. A waitress at another restaurant had spotted her. Our daughter was only three blocks away. We soon had her home, safe and sound.

Waiting on God is never easy, but no matter the end result, it is always worth it.

We have to wait on God when we pray. We may not know how or when He will answer, but we can put our hearts constantly before Him in prayer. Sometimes the answers to our prayers don't come when we would hope. Things may even go from bad to worse. But we have to persevere, keep believing, and keep asking.

Waiting is never easy, but the end result, whatever it is, will be worth it. David put it this way: "Those who know your name trust in you, for you, Lord, have never forsaken those who seek you" (Ps. 9:10). Keep seeking. Keep trusting. Keep asking. Keep praying.

What's on your heart that you need to talk to God about today? Will you trust Him and keep praying?

Time spent in prayer is always time well spent.

Read More Know More

Vatican Updates Regulations for Doctors Who Examine Alleged Miracles in Sainthood Cases

In a brief introduction it is explained that the miracle required for the beatification of Venerable Servants of God and for the canonization of Blesseds has always been examined with the utmost rigor. Already in medieval times consultation was sought from medical experts for whom, on 17 September 1743, a specific Order was created by Benedict XIV. More recently, Pious XII instituted, at the Congregation of Sacred

Rites, on 20 October 1948, a Commission of Doctors to which he added, on 15 December 1948 a special Medical Council.

On 10 July 1959 John XXIII unified these two bodies to form a Medical Board, approved by the Regulation. In the light of new demands and on the basis of the Apostolic Consultation Sacra Rituum Congregatio of 8 May 1969, a further revision of the provisions of the Regulation was undertaken, and approved by Paul VI on 23 April 1976.

The promulgation of John Paul II's Apostolic Constitution Divinus perfectionis Magister on 25 January 1983 and the experience of recent years on the part of this Congregation have demonstrated the need to further update the Regulation of the Medical Board. To this end, revised provisions of the Regulation of the Medical Board of the Congregation for the Causes of Series have been drafted.

The current text, explains Archbishop Bartolucci, "is inspired by the previous Regulation approved by Paul VI on 23 April 1976 and, aside from the linguistic and procedural updating, introduces some new elements, such as: the qualified majority, to proceed ad ulteriora to the examination of a presumed miracle, is at least 5/7 or 4/6; the case cannot be re-examined more than three times; for the re-examination of the presumed miracle a Board of nine members is required; the mandate of the president of the Board can be renewed only once (five years, plus another five year term); all those who are occupied with a presumed miracle (promoters of the cause, tribunal, postulators, experts, officials of the Dicastery) are held to secrecy; remuneration for experts shall be paid only via bank transfer; and the under-secretary shall perform for miracles the functions that the Apostolic Constitution Divinus perfectionis Magister attributes to the Relator".

"The purpose of the Regulation can be none other than the good of the Causes, which can never neglect the historical and scientific truth of the alleged miracles. Just as it is necessary for the legal checks to be complete, convergent and reliable, it is also necessary that their study be performed with serenity, objectivity and sure competence by highly specialized medical experts and then, at a different level, by the Congress of theological consultants and by the Session of cardinals and bishops, eventually reaching

the decisive approval of the Holy Father, who has the exclusive competence of acknowledging an extraordinary event as a true miracle. This Regulation obviously concerns only the good functioning of the Medical Board, whose task appears increasingly delicate, demanding and, thanks be to God, appreciated both inside and outside the Church".

主日分享

常年期第二十七主日

記得小的時候，很是害怕晚上一個人出門，媽媽便告訴我，當害怕的時候，念天主經，聖母經就不害怕了。相信我們都有相似的經驗。當我們心裡害怕或有事情的時候，我們都希望能抓住點東西來填補我們內心的焦慮或害怕。從信仰角度來看，我們都希望天主能幫助，降福我們，我們先不關心這是不是信德，起碼這是我們內心對天主一份信仰。

今天的讀經就是提到了信德的問題。福音中提到宗徒向耶穌說：主，請增加我們的信德吧。若我們留心細聽，在我們的信仰中，我們時常都會聽到「信德」一詞，這一個詞重複地在我們耳中迴響，所以，天主邀請我們趨向信德、感受信德、和回應信德。

甚麼是信德呢？我們很多時候並不去思考這一個基本的問題。若有人問我們信德是甚麼，我們馬上會說信德就是相信，信德就是信仰，信德就是信任、信心、信奉、信從、信賴、信服等等。可是，用了這麼多的詞彙來解釋信德。我們會把信德放在一個人的身上，可是今天我們卻把我們的信德放在天主，耶穌基督身上，無論我們當下的境遇多麼嚴峻，也無論我們當下的問題是否得以解決，我們都將堅守我們的信仰，將自己的一切交託在天主的手中，因為我們知道天主一定會照顧我們，眷顧我們，關愛我們。這就是我們對天主的信德。

今天我們所面臨的最大的問題就是信仰和信任缺失。我們不說信任的問題，我們可以看到，聽到，體驗到人與人之間的信任程度下降了很多。我們今天所要問的是，我們對天主的信任程度怎樣呢？主，請增加我們的

信德吧。很多時候，我們都有信德軟弱的時候，甚至有的時候我們會丟失了我們的信德，這就是信仰的危機，很多時候，我們懷疑天主的存在，我們懷疑天主不降福我們，因為我們有很多的困難和問題，因此我們需要不斷的祈求天主的保佑。

如果我們真正擁有成熟的信仰，就應當將天主的心意，天主的喜悅，天主的開心，天主的旨意放在自己整個生命中的首位，無論在任何時候都應該如此。如果我們對天主有真正的信仰，我們就不會抱怨為天主為教會日夜勞碌，我們就不會因為天主而為教會付出而滿腹牢騷：我已經盡疲力竭了，我累死了，天主，你來料理我們的需要吧！相反，我們將忘記自我，為服侍天主為天國的事業，鞠躬盡瘁，死而後已，因為我們知道天主一定會在適當的時候出現，幫助我們，提攜我們，滿足我們最實際的需要。我們每個主日都會公開表白自己對天主的信仰，我們經常向天主祈禱。當我們面對困難，面臨危難及不願意放棄自己的時候，我們會尋找其他的幫助，包括優先選擇天主。

聖人語錄

— 希望吧！我的靈魂啊，希望吧！你不知那日子和那時間。你要悉心注意，一切會很快地過去，雖然你的不耐把確實的認為可疑，把短促的當作長久。請想一想，你越戰鬥，越能對你的天主証實你的愛，有一天你就越能與你的「至愛」，生活在幸福中，在欣喜若狂中，永無盡期。（聖德肋撒·亞維拉）

— 我們朝拜基督，因為祂是天主之子；但我們敬愛殉道烈士，因為他們是主的門徒；他們曾以出類拔萃的愛，效法主，奉他為君王，為師傅。願我們能成為他們的伴侶和他們的同道。（聖玻裡加）

2016 慈悲禧年

主耶穌基督的慈悲

路加福音 7:11-17 一天，耶穌和祂的朋友往納因城去。正當他們進入城，一個死人被抬去埋葬，他是母親的獨

生子，而她是一個寡婦。當耶穌看見她，就動了憐憫的心。「不要哭，」

祂對她說。然後，祂停止隊伍，和對屍體說：「年輕人，我告訴你，起來！」那死人坐起來，並開始說話，而耶穌把他交給他的母親。

堂區活動

永援聖母堂擴充設施工程通告

期待已久的永援聖母堂的擴充設施計劃終於獲得進行，在8月中堂區接獲有關當局的工程許可證，當中申請過程歷時四年。

擴充工程在2016年9月中開始，估計2017年1月中完成（天氣許可情況下）。在施工期間，聖堂的側門入口將會關閉，大家須要從靠近Edmonton Trail的正門出入聖堂。堂區辦公室的入口只可在緊急時使用。

這次永援聖母堂的擴充設施計劃包括下列工程項目：

- 加設兩洗手間，適宜輪椅進出，不用上落梯級，洗手間有摺 便於照料嬰兒，都是男女皆宜的洗手間。
- 新建設有接待處大堂擴充約400平方呎，室內不受天氣影響。
- 建設有斜道讓行動不便人士和教友易於進出聖堂。

在施工期間，有部分泊車位封閉。教友們務請小心注意重新安排的泊車和行車路線和速度。須要大家的忍耐和合作。

平日彌撒取消

因阮神父參與司鐸進修，10月4日(星期二)至8日(星期六)之早上九時彌撒及10月4日(星期二)之晚上七時彌撒取消。

永援聖母堂堂區牧民議會週年大會

堂區牧民議會週年大會將於十一月十三日下午一時於上禮堂舉行，歡迎所有教友參加。在會議前將有簡便午餐供應。堂區牧民議會週年大會是一個牧民議會成員及堂區善會向教友展示堂區每個團體及堂區最新情況的最好機會。請各位教友擁躍支持。

青年晚會

青年晚會將於10月8日(星期六)6時至10時舉行。6時於上禮堂開始晚餐，7時是靈修講座。講座後往卡城動物園“*IlluminAsia*”燈籠節。青年人入場費是10元，成年人入場費是20元。歡迎堂區所有青年及兄弟姊妹參加。

2016 教區公益金，齊來獻愛心

2016年教區TIA籌款的主題為：『憐憫的人是有福的，因為他們會獲得憐憫。』本堂所須籌募的數目為教區指定的22,133元。

截至8月15日，捐款已累積至26,110.95元。捐款信封可在聖堂入口處索取。

活動一週

星期三、五 10月5,7日

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期五 10月7日

永援聖母堂童軍

時間：晚上6時30分至8時30分

地點：永援聖母堂上禮堂及下禮堂

星期六 10月8日

聖母軍

時間：上午9時30分(開會)

地點：聖堂二樓騎士會室

東北區信仰小團體聚會

時間：早上10時30分至12時

聯絡：施修女 403-230-3801

瑜珈初班

時間上午11時30分至12時45分

地點：永援聖母堂上禮堂

青年晚會

時間：下午6時至10時

地點：永援聖母堂上禮堂

卡城動物園

大專青年團練習聖詩

時間：下午5時至7時

地點：永援聖母堂上禮堂

信仰小團體 (西北區)

時間：晚上7時30分至10時

聯絡：Anna Tam 403-285-5023

心靈小品

主啊，我們人真是可笑

主啊，我們人真是可笑，
我們剛剛立志自己不再犯罪，
就急於宣佈自己的公義；
剛剛走出污穢的泥沼，
便立即投入讚賞自己的聖潔；
剛剛收手沒有偷竊，
就標榜我們的清白；
剛剛停止彎曲的脚步，
便揚聲表白自己的正直。
主啊，我們人總是誇獎自己，
不過說了當說的一句話，
卻仿佛我們久已主持公理，
哪知我們的一句話之外，
是無數乏味的對你旨意的偏離；
我們不過行了當行的一件事，
卻仿佛久應寫進歷史，
哪知我們那無數不當行的，
會引起衆天使多少的詫異；
我們不過將真理思想片時，
卻仿佛久已毫無瑕疵，
哪知離你完美標準的距離，
其路程還有千里萬里。
主啊，我們人又總是容易泄氣，
早晨的太陽方才在我們心頭升起，
憂慮的烏雲便欲將之遮蔽；
久旱的沙漠方才飄揚愛旗，
畏難的冰雨便欲將之卷襲；
信心的寒枝方才綻出綠意，
猶疑的霧氣便欲將之封閉。
我們常如飄擺的柳絲，
又如那膽怯的花蕾，
徘徊在早春朦朧的晨日。
主啊，我們常以為我們在等你，
卻不知道你正等著我們邁步朝你；
我們常以為是我們選你，
卻不知道你的呼喚一日千次；
我們常以為美在我們自己，
卻不知道你托著我們的呼吸；
我們常以為我們已經盡力，
卻不知道你的能力還藏在信心的種籽；
我主，我們常如那鏡子需要擦拭，
直到有一天在我裡見你，
映出你那十架羔羊的美麗！

靈修小故事

人生如客旅

小時候在家鄉，我拼命地想向外跑，認為外面的世界是那樣豐富多彩。當我終於在城市找到一份糊口的工作，我時常想回到寧靜富饒的家鄉。我以為這是剪不斷的鄉愁，然而靈魂在時常尋找它的家鄉。靈魂的家不在老家，也不在這個城市，而是在天上。

我在讀聖經時，我時常被 1000 多年前的人寫的話而驚訝，為什麼時隔這麼多年，會有相同的疑問和想法？

直到目前為止，君王撒羅滿是世上最富有的，他在位時光金就有三千噸，銀有七千噸。然而他寫道：我們在你面前是客旅、寄居的，與我們列祖一樣。我們在世的日子如影兒，不能長存。

達味王也寫道：至於世人，他的年日如草一樣，他發旺如野地的花，經風一吹，便歸無有；他的原處，也不再認識他。

“凡有血氣的，盡都如草，他的美榮都像草上的花。草必枯乾，花必凋謝；”

伯多祿也寫道：親愛的弟兄啊，你們是客旅，是寄居。我勸你們要禁戒肉體的私慾，這私慾是與靈魂爭戰的。正因為我們在今世是客旅，是寄居，那麼我們可以不必太在意我們得到了什麼，失去了什麼；

那麼我們可以忍受環境的惡劣；

那麼我們可以忍受別人的中傷；

那麼我們不再為暫時的愛而過份的傷悲；

那麼我們也不必充當主人，改天換地，那原不是我們的份；

那麼我們更要小心警醒，謹慎，謙虛。這世界本不是我們的，我們赤身而來，終將赤身而去。

基督復活的好消息已經傳來，跟隨祂，我們必將回到靈魂的家鄉。

我們這至暫至輕的苦楚，要為我們成就極重無比永遠的榮耀。原來我們不是顧念所見的，乃是顧念所不見的，因為所見的是暫時的，所不見的是永遠的。

知多一點點

聖座封聖部公佈審核聖品奇蹟新規則（梵蒂岡電台訊）

聖座國務卿帕羅林樞機遵照教宗方濟各的委託，於 8 月 24 日批准了聖座封聖部醫學評議會關於審核聖品奇蹟的新規則。該部會秘書長巴爾托盧奇

（Marcello Bartolucci）總主教透過《羅馬觀察報》解釋了其中的幾項新意。在識別奇蹟的用語和程序上包括至少需要得到三分之二的讚成票才能繼續審核一宗假定奇蹟案；一件案例的重審不得超過 3 次；若需要重審一件假定奇蹟案，評議會應在更換成員後再繼續這項工作；評議會主席任期 5 年，且只能連任一次；所有參與審核假定奇蹟案的人員都應保守機密，他們是：聖品案提案人、法院人員、聖品案申請人、鑑定人和封聖部職員。

巴爾托盧奇總主教解釋道：“制定《規則》的目的只是為了聖品案的益處，而聖品案絕不可撇開與奇蹟相關的歷史和科學真理。在審核工作的法律程序上，法律證據必須完整、一致及可靠；同樣，對奇蹟案的醫學鑑定也需要抱持平靜、客觀和高超的專業能力。在作出鑑定後，其結果應呈交給不同的領域，供神學顧問和樞機及主教們開會予以討論，最後將奇蹟案呈交給教宗批准；只有教宗才能宣佈一個非凡事件為真正奇蹟。”

總主教表示，新《規則》顯然只針對醫學評議會良好運作的情況；評議會的任務似乎越來越細緻入微並需要花費很大功夫。感謝天主，它的工作總是受到教會內外人士的稱讚。

巴爾托盧奇總主教最後解釋說：“奇蹟在福音中重要，在封聖案件中也很重要。聖賢們以他們的代禱獲得了奇蹟，這是天主臨在於人類歷史的標記；天主同時也認可了這些崇高的聖德，無論他們生前度的是聖善生活，還是因信仰殉道。教會始終堅信，'天主的手指'介入了聖人的奇蹟；天主藉此核准世人對這些聖德的評價。”