

Theme Sharing

Fifth Sunday of Easter

The New Order in a New World

Jesus tells us in today's scriptures that he is making all things new, that there will be a new world. In the Old Testament, Prophet Isaiah has spoken about "a new heaven and new earth", referring to the peace and harmony envisaged in the times of the Messiah. He foretells that, at the fullest of time, God will make a happy Jerusalem and a joyous people.

In today's second reading, John portrays Isaiah's image of the end of times when "the holy city of the new Jerusalem would come down from God out of heaven, as beautiful as a bride all dressed for her husband". In the New Testament, the "new Jerusalem" is generally taken to mean the Church, the spotless spouse of Christ. Paul also speaks of the Church as "our mother". In his letter to the Hebrews, Paul exhorts us to set our eyes on the heavenly Jerusalem "where millions of angels have gathered for the festival, and with the whole Church in which everyone is a first-born son and citizen of heaven." In the Vatican II document "Lumen Gentium" (Dogmatic Constitution on the Church), the relationship between the Church and the heavenly Jerusalem is explained thus: "the Church is that Jerusalem which is above. The Church, while on earth it journeys in a foreign land away from the Lord, is life in exile. It seeks and experiences those things which are above, where Christ is seated at the right-hand of God."

At the Last Supper, Jesus says to his apostles: "If the world hates you, remember that it hated me before you. If you belonged to this world, it would love you as its own; but because you do not belong to the world, and I have chosen you out of the world, the world hates you." (John 15:18-19) Realizing that they do not belong to this world, John reminds all Christians in the second reading that they must be prepared to face persecution for the sake of their faith in this life. And it will be comforting for them to know that God will console them at the end of their earthly sojourn, when God "will wipe away all tears from their eyes; and there will be no more death, and no more mourning, weeping or pain."

The new heaven and new earth described by John in the second reading will appear at

the end of times; and in a way it began to unfold to us when the Word was made flesh and dwelled among us. Jesus founded the Church which has now become a visible sign of the future new world. In today's gospel, Jesus gave us a new commandment: "Love one another, as I have loved you." This sets in motion a new order for all people in the new world. We must bear in mind that "the end of the world" is a surpassing notion in the language of the bible. We have not yet reached the end of times, but the end has begun, and surely the countdown clock is ticking. While we are anticipating the end of times, we must also be prepared for any trials or persecution that may befall on us for the sake of our faith; and we have to wait patiently for such time when God will wipe away our tears. Now that the end has begun, we should bear witness to this new heaven and earth by following Christ's new commandment to love one another. By loving one another, we can truly become the most forceful witnesses to Christ and the new world envisaged in today's scriptures.

Pope's Monthly Prayers Intention

May General and Missionary Intention

Universal: Respect for Women

That in every country of the world, women may be honored and respected and that their essential contribution to society may be highly esteemed.

Evangelization: Holy Rosary

That families, communities, and groups may pray the Holy Rosary for evangelization and peace.

Misericordiae Vultus

Extraordinary Jubilee of Mercy

Francis, Bishop of Rome, Servant of The Servants of God, to all who read this letter Grace, Mercy, and Peace.

There is an aspect of mercy that goes beyond the confines of the Church. It relates us to Judaism and Islam, both of which consider mercy to be one of God's most important attributes. Israel was the first to receive this revelation which continues in history as the source of an inexhaustible richness meant to be shared with all mankind. As we have seen, the pages of the Old Testament are steeped in mercy, because they narrate the works that the Lord

performed in favour of his people at the most trying moments of their history. Among the privileged names that Islam attributes to the Creator are "Merciful and Kind". This invocation is often on the lips of faithful Muslims who feel themselves accompanied and sustained by mercy in their daily weakness. They too believe that no one can place a limit on divine mercy because its doors are always open.

I trust that this Jubilee year celebrating the mercy of God will foster an encounter with these religions and with other noble religious traditions; may it open us to even more fervent dialogue so that we might know and understand one another better; may it eliminate every form of closed-mindedness and disrespect, and drive out every form of violence and discrimination. To Be Continued.

Diocese & Other News

Praying For Christian Unity Series: Choral Evensong Christian Unity Service For Pentecost

Join Bishop Henry as he speaks at a service of evening prayer at the Anglican Cathedral, led by Bishop Kerr-Wilson (Anglican Bishop) and other Christian leaders. Encounter the beauty of the Anglican Christian Choral tradition, as we meditate on the theme of Pentecost, May 15th from 4:30-6:00 pm at the Cathedral Church of the Redeemer, 604 1 St SE, Calgary, AB, T2G-5H8. This is a part of a series of services to join our Christian brothers and sisters in prayer for unity of purpose and witness. Please RSVP to 403-218-5528, or chancellor@calgarydiocese.ca

12 Hours of Prayer For Palliative Care, Wednesday May 4, 2016

Across Canada, the Catholic Women's League has set up an incentive to pray for Hospice Palliative Care as a profound witness to the sanctity of human life. More information is available online at www.cwl.ca

Employment Opportunity Case Instructor/Auditor, Ecclesiastical Tribunal

The RC Diocese of Calgary invites applications for a full time Case Instructor-Auditor for the Ecclesiastical Tribunal. The Ecclesiastical Tribunal adjudicates requests for the nullity of

marriage. The Case Instructor/Auditor works with the Judicial Vicar and other members of the Tribunal to instruct and complete matrimonial cases in a timely manner. For more information & application procedures, for the full Employment Opportunity Posting, working conditions, screening requirements and application procedures see the Human Resources section of the Diocesan website at

<http://www.calgarydiocese.ca/articles/employment-opportunities.html>

Parish Activities

The World Day of Prayer For Vocation

On The World Day of Prayer For Vocation, we collected a total amount of \$3,470.35 in donation. This sum will be sent to our Diocese' Seminary Fund in support of our Diocese' future priesthood. Thanks for your generous support!

Exposition of the Blessed Sacrament on May 7

The May's Exposition of the Blessed Sacrament will be led by Queen of China on May 7 from 10am to 11am. Fr. Nguyen will listen to Confession. Parishioners are encouraged to attend

Movie Night –

"Mary, the Mother of God"

Date: May 7 (Saturday) - Marian Month
Sponsor: Don Bosco Alumni Association of Calgary

Time: 6:00 pm – Light Dinner will be provided

6:45 pm – Movie and Sharing

Place: OLPH Upper Hall

(I) Sister Maria Ko tells about Mary from the Gospel of John. John 16:28 Jesus said, "I came from the Father and have come into the world. Now I am leaving the world and going back to the Father." And this is done through humble Mary.

(II) Father Barron journeys to the humble remains of Mary's house in Nazareth, to the ruins of the ancient city of Ephesus and to the great Marian shrines of Lourdes and Guadalupe to explain the Church's teachings about Mary as the Mother of God, the Immaculate Conception and the dogma of the Assumption.

The Pentecost Novena

Jesus Christ and the Father gave us the Holy Spirit so we may be sanctified. Our sanctification is achieved through our daily personal communion with God and the Church. As we spiritually grow in Christ, God is pleased and the Holy Catholic Church benefits. If we receive gifts as the disciples received gifts on Pentecost, it is for the benefit of the whole Body of Christ. Through the growth of the Body of Christ, we grow alongside the other faithful members of the Church. If the Body of Christ suffers because of the neglect of some, we all suffer.

The feast day of Pentecost will be coming soon. To prepare ourselves to receive the gifts of the Holy Spirit, our parish encourages parishioners to pray The Pentecost novena at home. Honoring the Holy Spirit is the oldest of all novenas, and it is still the only novena officially prescribed by the Church. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

The Novena begins on May 6 (Friday) and ends on May 14 (Saturday). Parishioners can pick up the Pentecost Novena booklet at the Church main and side entrances.

Together in Action 2016

The 2016 "Together in Action" The theme this year is: "Blessed are the merciful, for they will be shown Mercy." Our parish's target is \$22,133, as designated by the Diocese. As of April 4, our campaign has received a total of \$14,630. We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Let's give sacrificially, act out our faith, and join Together in Action Parishioners can pick up the donation envelopes at the entrances. Let's take action now!

Weekly Activities

Fri April 29

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

OLPH Scout

Time: 6:30pm.-8:30pm

Place: OLPH Upper & Lower Hall

Saturday April 30

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.

Place: OLPH Church Upper Hall

R. C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00p.m.

Place: K of C Room

Sunday May 1

R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-1:00p.m.

Place: OLPH Church Office Building

K of C Matteo Ricci 10119 meeting

Time: 12 :30p.m.-3:00p.m

Place: OLPH Church K of C room

Queen of China meeting

Time:12:30p.m.-2:30p.m

Let There Be Light

love, suffering

– "At the hour of death when we come face-to-face with God, we are going to be judged on love; not how much we have done, but how much love we put into the doing."

– "When a poor person dies of hunger it has not happened because God did not take care of him or her. It has happened because neither you nor I wanted to give that person what he or she needed."

– "If we accept that a mother can kill her own child, how can we tell other people not to kill each other? Any country that accepts abortion is not teaching its people to love, rather, to use violence to get what they want."

– "Yesterday is gone and tomorrow has not yet come; we must live each day as if it were our last so that when God calls us we are all ready, and prepared, to die with a clean heart." Mother Teresa

Stories Faith Sharing

Devil's Plan for Destruction

The chief devil calls together every possible evil entity that is in range of his magnetic voice and says, "How can we interfere up there in the world that dwells between ours and the Light we despise? What can we do

to further deceive human beings? We must keep them living in the dark, unaware of the Light that wants to release them from our influence. I want something so evil, so sinister, that no one will know what happened. Who's got a good idea?" That instant the flames of all the little imps gathered there in the smoldering dark go dim; they're afraid of their leader, who will fry them for failing. A day later, as planned, they all return with a few ideas, although nothing spectacular. Then, out of nowhere, one tiny imp hops on the shoulder of the chief devil and whispers something in his ear. A second later, and--kaboom!--flames shoot out of every pore of the chief devil as he shouts, "Ah! I have the plan in hand!" He looks around at all of his lieutenants, each of whom is assigned to certain individuals on Earth, and gleefully instructs them: "I want you to go up there and slowly spread among the sleeping masses the idea of 'tolerance.' Do whatever it takes to succeed. Convince them that this idea is their own, and that they should start teaching that learning to tolerate each other is the same as loving one another. Oh yes! This is my best deception yet! It's a real killer!"

Read More Know More

The Rosary

Why does God wish us to pray to Mary? We pray to Mary because she is the Mother of God and her prayers are very powerful (Jn.2: 1-11). When we pray the Hail Mary we combine worship of God and honor of Mary. We combine both our prayers to God and her prayers to God. We do not worship Mary; we only worship God. When we pray to Mary we honor her as the Mother of God, and as our Spiritual Mother (Rev.12: 17, Jn.19: 26,27). When we need help the most, we not only go directly to God by ourselves, we ask others to pray for us and with us. When we pray the Rosary, we have Mary, the Holy Mother of God, pray to God for us and with us. God wishes us to honor Mary because of her special role in God's plan of salvation. He wished her to contribute to the redemption of man, just as much as Eve contributed to the fall of man. As a father is filled with joy at the love and respect others give to his children, so too is God the Father overjoyed and seeks for us to honor His daughter Mary, the mother of His Son Jesus.

Why should we pray the Rosary? Because it has been used and encouraged for centuries by the greatest saints and Popes, and because of its good effects - like a good tree it bears good fruit (Mt.7: 17). Also, because she appeared at Lourdes and Fatima to ask us to pray the Rosary. The Rosary has helped and changed thousands of lives, why not give it a chance to help yours.

主日分享

復活期第五主日

新世界的新秩序

彌撒禮儀講到耶穌帶給人類新的事物：一個「新天新地」。「新天新地」是依撒意亞先知提出的一句話，原來指默西亞時代的太平景象。依撒意亞先知說，在新天新地出現的同時，天主要造一座令人喜悅的耶路撒冷，和一個令人歡樂的百姓。

在本主日彌撒中的讀經二裡，聖若望宗徒援引依撒意亞先知的話，來描寫世界末日的情景，說那時有「新的耶路撒冷，來自天主，從天而降，像打扮好的新娘，前來迎接她的丈夫。」「新耶路撒冷聖城」，在新約聖經裡，是指基督的淨配聖教會。聖保祿宗徒稱她為「我們的母親」。致希伯來人書指她為人生的目的，說在她那邊有「千萬天使的盛會和那些已被登錄在天上的首生者的集會」。梵二大公會議的《教會憲章》解釋今日的教會與天上的耶路撒冷之間的關係說：「教會又稱作天上的耶路撒冷。但是今世的教會，仍在距離天主甚遠的旅途中，好像充軍者，只渴求天上的事物，向往坐在天主之右的基督。」

聖若望宗徒對現今世界持比較消極的態度。他記得耶穌說過：「世界若恨你們，你們該知道，在你們以前，它已恨了我。若是你們屬於世界，世界必喜愛你們，但因你們不屬於世界，而是我從世界中揀選了你們，為此，世界才恨你們。」所以他特別強調，忠貞的基督信徒要在今世遭受迫害，但在將來末世時，將獲得天主的親自安慰。他說：天主要擦乾他們的一切眼淚，他們不再有死亡，也不再有悲傷、哭泣和痛苦。

據聖若望宗徒在讀經二裡所描述的，

那「新天新地」是要在世界末日才出現。但是，由於天主聖子的降生成人，世界的末日事實上已經開始。今世的教會，就是世界末日已經開始的有形標記。

本主日的彌撒福音記載耶穌在最後晚餐中的講話。在這講話中，耶穌給祂的門徒們頒佈了一條新命令，「你們要彼此相愛」。這條新命令就是耶穌給人類帶來的新世界中的新秩序。

要明白本主日彌撒的教訓，我們要記得，在我們基督教會的聖經語言中，

「世界末日」是一個超越的觀念。世界末日還沒有到，同時卻已經開始實現了。因為它還沒有到，所以我們應該期待，應該甘心接受作基督門徒不可避免的迫害，耐心等待天主親自擦乾我們的眼淚。因為帶來新天新地的世界末日已開始實現了，我們應該歡欣地為這要來的新天新地作見證，那就是應該遵守耶穌留給我們的新命令：「要彼此相愛」。

基督信徒們的彼此相愛，是我們給耶穌及其帶來的新事物所能作出的最有力見證。 節錄自梵蒂岡電台

教宗及福傳祈禱意向

五月祈禱及傳教意向

總意向：為尊重婦女

願婦女在世界各國中受到尊敬與尊重，願她們對社會的貢獻獲得崇高的評價。

福傳意向：為誦唸玫瑰經

願家庭、修會及信友團體為福傳及世界和平誦念玫瑰經。

慈悲面容

慈悲特殊禧年詔書

慈悲的另一方面，是要超越教會的範圍。慈悲使我們與猶太信仰和伊斯蘭教聯繫；兩者都同樣認為慈悲是天主最重要的屬性之一。以色列是最先接受這啓示；這啓示在歷史中延續，成為永不枯竭的豐盛泉源，與整個人類共享。眾所周知，舊約滿溢慈悲，因為舊約述說著上主為愛祂的子民，在他們的歷史充滿挑戰時，為他們所做的工程。伊斯蘭教對造物主的眾多尊

稱中，也尊稱造物主是「慈悲良善」的；這呼求常掛在忠誠的穆斯林口邊，因為他們在日常生活的軟弱中，常感受到慈悲的陪伴及支持。他們也相信不可能給天主的慈悲設限，因為慈悲之門常是敞開的。

我相信慶祝天主慈悲的禧年，將促進我們與這些宗教及其他高尚的宗教傳統相遇；願這禧年給我們開啓更熱切的交談，好使我們更能知己知彼；願這禧年消弭各種方式的自我封閉和不尊重，並驅除各種暴力和歧視。待續

堂區活動

聖神九日敬禮

聖神降臨節將至，本堂藉此鼓勵堂區內所有的教友，能夠在聖神降臨節將至的時刻，在家中誦念聖神九日敬禮禱文，讓聖神更新我們的心思慮，獲得所預許的豐富生命，充滿聖神的德能，結出常存的果實，並歸光榮於天父。

聖神九日敬禮小冊子將擺放在教堂正門及側門入口處，希望大家能夠透過這小冊子的禱文，藉著基督，偕同聖母瑪利亞，向天父懇禱，祈求祂把聖神傾注到我們每個人身上，澆灌整個教會，使萬象更新，眾人歸依！“你們縱然不善，尚且知道把好東西給你們的兒女，何況在天之父，有不更將聖神賜與求祂的人嗎？”（路 11：13）

「聖神九日敬禮」就是在聖神降臨前做九日敬禮，即由5月6日(星期五)開始至5月14日(星期六)結束。

顯供聖體 (五月七日)

永援聖母堂五月份的顯供聖體由聖母會帶領，時間為五月七日上午十時至十一時，當天除了朝拜聖體外，阮神父將為教友聽告解。請各位教友盡量參與！

世界聖召祈禱日奉獻

世界聖召祈禱日所收得的奉獻為\$3,470.35，本堂將全數交給教區，作為資助我們的教區培育更多的善牧之用。並願主降福您們！

電影晚會 - “天主之母瑪利亞”

日期: 5月7日 (星期六) - 響應五月聖母月

贊助善會: 鮑思高同學會

時間: 6時 - 供應輕便晚餐

6時45分 - 電影及分享

地點: 永援聖母堂上禮堂

(I) 高夏芳修女- 從若望福音中看瑪利亞的精深。若望福音 16:28 耶穌說: 「我出自父, 來到了世界上, 我又離開世界, 往父那裡去。」聖母以謙卑的身份完成天主的話: 「上主的婢女, 願照你的話成就於我吧!」

(II) 巴倫神父拍攝旅程帶領我們到達納匝肋瑪利亞的故居、厄弗所古城、露德、瓜達盧佩和巴黎聖母院等處, 以講解瑪利亞是天主之母和始胎無染原罪奧秘的教理。

2016 教區公益金, 齊來獻愛心

2016 年教區 TIA 籌款的主題為: 『憐憫的人是有福的, 因為他們會獲得憐憫。』本堂所須籌募的數目為教區指定的 22,133 元。

截至 4 月 4 日, 捐款已累積至 14,630 元。懇請各位教友繼續支持, 合力幫助本土社區及國外成千上萬的勞苦大眾。讓我們無私奉獻, 活出信仰, 攜手一起行動, 慷慨解囊!

捐款信封可在聖堂入口處拿取。

活動一週

星期五 4月29日

永援聖母松柏軒

時間: 上午 9 時至正午 12 時

地點: 永援聖母堂上禮堂

永援聖母堂童軍

時間: 晚上 6 時 30 分至 8 時 30 分

地點: 永援聖母堂上禮堂及下禮堂

星期六 4月30日

聖母軍

時間: 上午 9 時 45 分(開會)

地點: 聖堂二樓騎士會室

楊式太極班

時間: 上午 10 時至 12 時 30 分

地點: 永援聖母堂下禮堂

瑜珈初班

時間: 上午 11 時 30 分至 12 時 45 分

地點: 永援聖母堂上禮堂

成人慕道班 (國語)

時間: 下午 3 時至 5 時

地點: 聖堂二樓騎士會室

星期日 5月1日

成人慕道班(粵語及英語)

時間: 上午 9 時 30 分至 12 時 30 分

地點: 永援聖母堂下禮堂

主日學

時間: 上午 10 時至 1 時

地點: 寫字樓大廈, 聖堂騎士會室

利瑪竇騎士會 10119 開會

時間: 下午 12 時 30 分至 3 時

地點: 聖堂騎士會室

聖母會開會

時間: 下午 12 時 30 分至 2 時 30 分

心靈小品

長壽的秘訣

金句: “求你指教我們怎樣數算自己的日子, 好叫我們得著智慧的心。”不久以前, 我在報上看到關於一位名叫利特·阿瑟的美國人的記載, 他當時是 123 歲。關於他的事, 真令人咋舌稱奇: 他在 92 歲時, 第三次結婚; 100 歲的時候, 可以步行 5 英里; 在 110 歲時, 還能騎自行車; 他一直工作到 116 歲。當人們問他長壽的秘訣是什麼時, 他答道: “天主在造我時, 用的是好泥土。”

人活到七十以上, 就是人生的例外了。不管那造我們的“泥土”是多麼的好, 我們這肉體總是迅速凋謝的花草; 就像飄過的晨霧, 又像清澈的浮雲。甚至最長的生命在永生天主看來, 也不過是已過的昨日(詩 90:4)。詩人是要讀者了解我們在世的時間, 和永恆相比是那樣的短暫。這是要提醒我們, 讓我們思想屬天的永恆生命——那才真是“長壽”的奧秘。

讓我們數算自己的日子, 確信我們是靠著信基督耶穌而得救的; 讓我們每一天都為天主而活。

不要認為你還有很長的壽命或富裕的時間來花費, 而白白錯過了永生的生命, 今天就該是你得救的日子!

哦! 當你還可以的時候, 就應當回轉; 否則, 怕的是時間太晚。

你要知道, 有了永生, 你可以獲得榮耀的生命。

靈修小故事

天主經的故事

有一弟兄某天遇見天使，問：「天使先生，我勤返教會，常讀聖經，準時奉獻，算是基督徒的模範吧？」

天使回答說：「你懂不懂天主經？」

他洋洋得意地說：「我自小便開始上主日學，這篇《天主經》怎會不懂？我甚至從尾到頭背誦一次也可以！」

天使微笑著說：「在念到『我們的』時，你是否真的跟弟兄姊妹們有真摯的相交？」

在念到『天父』時，你是否真的跟天父保持有親密的關係？」

在念到『願 的名受顯揚』時，你本身是否過著光明、聖潔的生活？」

在念到『願 的國來臨』時，你有否盡力在地上實踐天國的公義？」

在念到『願 的旨意奉行在人間，如同在天上』時，你有否盡力透過讀經和靈修來了解天主的旨意？」

在念到『求 今天賞給我們日用的食糧』時，你有否存心不勞而獲、甚至巧取豪奪本不屬於自己的財物？」

在念到『求 寬恕我們的罪過，如同我們寬恕別人一樣』時，你是否還在怨恨著某個人，沒有與他/她和好？」

在念到『不要讓我們陷於誘惑』時，你有否容忍自己跟壞人、壞事為伍，容忍自己陷入試探的羅網中？」

在念到『但救我們免於兇惡』時，你有否恆常祈禱，尋求聖神時刻的幫助？」

在念到『願光榮歸於父，及子，及聖神』時，你在平日的工作或生活中，是否只願追求自己的名譽、地位、金錢、權力？」

在念到『起初如何，今日亦然，直到永遠』時，你是否滿腦子都充滿著屬世的眼前事物？」

在念到『阿門』時，撫心自問：之前的禱告，真的是你誠心所願嗎？」

最後，他滿面羞愧地離去……

現在，我們再去背誦一次天主經，讓我們有更新的領受！

生活甘泉

耶穌打開了天門

不是領了洗就沒事了，領了洗之後要

在職進修，神父是講師，聖經是一本必須終身閱讀的教科書，彌撒則一定要參與。領洗是把人領進門，能不能畢業，能不能進天國，這是一條漫長的路，需要一點一點灌溉。領洗之後是告訴我們，心裡沒有罪了，可以跟著耶穌一起走了。

知多一點點

玫瑰經

教宗保祿六世所發表的「敬禮聖母瑪利亞」的勸諭中曾經申明：「玫瑰經是『全部福音大綱』的熱心神工。它所提供的各項奧跡及主要的格式都是來自福音。…在玫瑰經中我們可以和諧地繼續看出在基督身上完成的主要救世事跡，從童貞懷孕及童年期的奧跡，直到逾越期的最高峰，神聖的受難及光榮的復活，以及五旬期節對初生教會的效力，及在聖母結束塵世生活、靈魂肉身被舉升天時，對於聖母的效力。」

而聖母瑪利亞在法地瑪六次顯現中，更吩咐三小童天天唸、不斷唸玫瑰經，為求得世界平安和戰爭的結束。相信，很多教友還沒有知道玫瑰經的重要。此外，當三小童之一的露濟亞進入了聖母聖衣隱修會後，聖母也曾經給她顯現。其中有一次，就是聖母向她頒下首瞻禮七的敬禮那一次，聖母盼望在每月首週六的敬禮中，用十五分鐘時間陪伴她，用什麼方法呢？就是默想十五端玫瑰奧跡。我們除了勤唸玫瑰經外，更應該重視這一點，默想經中的奧跡。

聖母瑪利亞代表著一切受造，謙遜地與天主合作，參與了這項偉大的救贖工程，所以當我們默想奧跡的意義時，不但在讚美聖母這位至聖貞女，也在默念福音中處處動人的奧跡。