

Theme Sharing

30th Sunday in Ordinary Time

Son of David, have mercy on me!

Today's gospel is on Jesus' miracle of healing the blind man in Jericho. It is a story on prayers, on trust in God and on following Christ. On hearing that Jesus of Nazareth was passing by, a blind beggar Bartimaeus cried out repeatedly: "Jesus, Son of David, have mercy on me!" He was right to plead for mercy as Jesus is our merciful Messiah. Jesus had compassion on him and said to the people, "Call him to come over here." Bartimaeus then regained his sight and followed Jesus on the way.

The first reading truly reminds us that the Lord has saved his own people, the remnants of Israel. Thus says the Lord: I will bring them from the land of the north, and gather them from the farthest parts of the earth, among them the blind and the lame, those with child and those in labour." And the second reading speaks about our high priest who is able to deal gently with the ignorant and wayward. The blind in today's gospel no doubt represents the ignorant and those who have gone astray. These people are dwelling in darkness, unable to see the light; but they can always count on God's mercy and be saved.

Pope's Monthly Prayers Intention

November General and Missionary Intention

Universal: That we may be open to personal encounter and dialogue with all, even those whose convictions differ from our own.

For Evangelization: That pastors of the Church, with profound love for their flocks, may accompany them and enliven their hope.

2015 Year Of Consecrated Life

Apostolic Letter From His Holiness,

Pope Francis

Expectations for

The Year of Consecrated Life

What in particular do I expect from this Year of grace for consecrated life?

1. That the old saying will always be true:

"Where there are religious, there is joy". We are called to know and show that God is able to fill our hearts to the brim with happiness; that we need not seek our happiness elsewhere; that the authentic fraternity found in our communities increases our joy; and that our total self-giving in service to the Church, to families and young people, to the elderly and the poor, brings us life-long personal fulfilment.

None of us should be dour, discontented and dissatisfied, for "a gloomy disciple is a disciple of gloom". Like everyone else, we have our troubles, our dark nights of the soul, our disappointments and infirmities, our experience of slowing down as we grow older. But in all these things we should be able to discover "perfect joy". For it is here that we learn to recognize the face of Christ, who became like us in all things, and to rejoice in the knowledge that we are being conformed to him who, out of love of us, did not refuse the sufferings of the cross. In a society which exalts the cult of efficiency, fitness and success, one which ignores the poor and dismisses "losers", we can witness by our lives to the truth of the words of Scripture: "When I am weak, then I am strong" (2 Cor 12:10). To Be Continued

Misericordiae Vultus

Extraordinary Jubilee of Mercy

Francis, Bishop of Rome, Servant of The Servants of God, to all who read this letter Grace, Mercy, and Peace.

Jesus, seeing the crowds of people who followed him, realized that they were tired and exhausted, lost and without a guide, and he felt deep compassion for them (cf. Mt 9:36). On the basis of this compassionate love he healed the sick who were presented to him (cf. Mt 14:14), and with just a few loaves of bread and fish he satisfied the enormous crowd (cf. Mt 15:37). What moved Jesus in all of these situations was nothing other than mercy, with which he read the hearts of those he encountered and responded to their deepest need. When he came upon the widow of Nain taking her son out for burial, he felt great compassion for the immense suffering of this grieving mother, and he gave back her son by raising him from the dead (cf. Lk 7:15). After freeing the demoniac in the country of the Gerasenes, Jesus entrusted him with this mission: "Go

home to your friends, and tell them how much the Lord has done for you, and how he has had mercy on you" (Mk 5:19). The calling of Matthew is also presented within the context of mercy. Passing by the tax collector's booth, Jesus looked intently at Matthew. It was a look full of mercy that forgave the sins of that man, a sinner and a tax collector, whom Jesus chose – against the hesitation of the disciples – to become one of the Twelve. Saint Bede the Venerable, commenting on this Gospel passage, wrote that Jesus looked upon Matthew with merciful love and chose him: miserando atque eligendo. This expression impressed me so much that I chose it for my episcopal motto.

To Be Continued.

Parish Activities

World Mission Sunday

Thank you! Our Church is missionary throughout the year and it is every day that we are missionaries. Once again, we have proof that our people are generous. The Pontifical Society for the Propagation of the Faith thanks you for your great generosity. This year, we managed to raise \$3,317.45, and we will pay in full the donations collected on World Mission Sunday of October 18 to the sister churches in Africa, Asia, Oceania, South America and Eastern Europe. Once again, your generosity is constant from one year to another. Thank you!

Second Donation in November

On Sunday November 1st Catholics in Alberta will once again celebrate Catholic Education Sunday. Bishop Henry has invited all parishes within our diocese to participate in an annual fund-raising on Catholic Education Sunday. Each parish will be asked to have a second collection at their weekend Masses. Thank you for your support and God bless you for your generosity in helping to sustain Catholic Education in our province!

Flu Vaccination

Flu shot immunization will be available to parishioners - thanks to Dr. John Poon.

Date: November 1

Time: 9:15 a.m. and 11:15 a.m.

Place: Parish office

Price: Free for those who are Albertans

aged 9 years and up.
Alberta Health Card is needed.

Movie Night – “CATHOLICISM – Journey to the Heart of Faith”

Date: November 7 (Saturday)

Time: 6 pm Potluck, 6:30 pm Movie

Place: OLPH Upper Hall

Journey with Fr. Robert Barron to more than 50 locations of the world's culture and treasures, we learn what Catholics believe, and discover the full meaning of the faith. First 2 Episodes of the series: "The Revelation of God Become Man"; "The Teachings of Jesus"

Exposition of the Blessed Sacrament on November 7

The November's Exposition of the Blessed Sacrament will be led by Sunday School & Young Adults Group on

November 7 from 10am to 11am.

Fr. Nguyen will listen to Confession.

Parishioners are encouraged to attend

November is the month for all souls:

All Souls Day is on November 2

"Comfort my people" Is.40:1

Remembering our loved ones and those who feel their loss.

Fr. Nguyen will pray for the deceased during Masses in November.

A Registration Book will be placed at the side entrance of the church. Parishioners who wish to pray for their ancestors are invited to write down the names of their deceased ancestors.

Plenary Indulgence

To obtain the plenary indulgence on November 1-November 8, we must receive Communion and sacramental Confession (and have no attachment to sin, even venial). Communion must be received each day we wish to gain the indulgence, but we only need to go to Confession once during the period. And, as with all plenary indulgences, we must pray for the intentions of the Holy Father (one Our Father and one Hail Mary) each day we perform the work of the indulgence.

Father Joseph Nguyen and Pastoral Care Team member will visit cemeteries to pray for all departed parishioners on:

November 7, Saturday to Queen's Park

cemetery after adoration at 11 a.m. If anyone would like to join with us, please go to the Queen's Park cemetery Columbarium chapel to meet us at

11:30 a.m. In the afternoon, we will go to Mountain View Memorial Gardens .

If anyone would like to join with us, please contact Sr. Magdalena Chan (403-690-2973) and give her the Lot number.

Sunday Missal

2016 Sunday Missals will be on sale today at the church side entrance for \$4.00.

Together in Action 2015

Theme: "Let us hold fast to the confession of our hope without wavering for he who has promised is faithful." (Hebrews 10:23)

As of August 28, our campaign has received a total of \$22,570.

Parishioners can pick up the donation envelopes at the entrances. Let's take action now!

Weekly Activities

Wed, Fri 28, 30

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Friday 30

OLPH Scout

Time: 6:30pm.-8:45 pm

Place: Upper Hall & Lower Hall

Saturday 31

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:30pm

Place: OLPH Church Lower Hall

R. C.I.A (Mandarin)

Time: 3:00 p.m. - 5:00p.m.

Place: Office Building

Young Adults choir practice

Time: 5:00 p.m. - 7:00p.m.

Place: OLPH Upper Hall

Sunday Nov.1

Parish Pastoral Council Annual

General Meeting

Time: 12:30 p.m.

Place: OLPH Upper Hall

R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-1:00p.m.

Place: OLPH Church Office Building

Youth Choir-choir practice

Time: 11:00a.m.-12:30p.m

Place: Office Building

Queen of China meeting

Time:12:30p.m.-2:30p.m

Place: OLPH boardroom

Words of Life Reflection

Let loyalty and kindness never leave you; tie them around your neck, write them on the tablet of your heart, that you may find favor and a good name in the eyes of God and people.(Proverbs 3:3 - 4)

Stories Faith Sharing

In The Hands of God

One day, the caliph Omar met a group of people who were sitting around doing nothing. He asked them who they were. "We are of those who put their affairs in the hands of God, and we trust in God," they replied. "Indeed you do not!" he retorted. "You are nothing but freeloaders, parasites upon other people's efforts! Someone who truly trusts in God first plants seed in the belly of this earth, then puts his affairs in the hand of God, the Sustainer."

Read More Know More

What Catholics believe: 10 truths about purgatory

1. Purgatory exists: The Catechism of the Catholic Church states there are three states of the church, those who are living on earth, those who are in purgatory and those who are in heaven with God.
2. It is not a second chance: The soul is already saved. Purgatory is a place to pay off debts for sins that were forgiven but for which sufficient penance had not been done on earth.
3. It is not an actual place: Blessed John Paul II said in an Aug.4, 1999 general audience that purgatory was a state of being: "The term does not indicate a place, but a condition of existence." Pope Benedict XVI said in a Jan. 12, 2011 general audience, "This is purgatory, an interior fire."
4. Purgatory is not punishment but God's mercy: "Few people can say they are prepared to stand before God," says Susan Tassone, author of "Prayers, Promises, and

Devotions for the Holy Souls in Purgatory". "If we didn't have purgatory there would be very few people in heaven, because it would be heaven or hell. It is his mercy that allows us to prepare to be with him in heaven."

5. Our prayers for the souls in purgatory help them achieve heaven: "The doctrine of purgatory recalls how radically we take love of neighbor," says Sulpician Father Gladstone Stevens, vice rector and dean of men at St. Patrick's Seminary & University, Menlo Park. "The obligation to pray for each other does not cease when biological life ends. God wants us to always pray for each other, work for each other's redemption."

6. The souls in purgatory can intercede for those on earth but cannot pray for themselves: The Catechism of the Catholic Church (958) states: "... the church in its pilgrim members, from the very earliest days of the Christian religion, has honored with great respect the memory of the dead; ... Our prayer for them is capable not only of helping them, but also of making their intercession for us effective."

7. God does not send souls to purgatory – each soul sends itself to purgatory: Once a soul sees itself with the light of God, it realizes it cannot stay in his presence until all imperfections are wiped away. "The soul chooses," Tassone says.

8. There is no fire in purgatory: But each soul is aflame with the pain of being separated from God and with the desire to be purified so it can be in the beatific vision. Each soul also feels joy knowing it will one day be with God, Father Stevens and Tassone say.

9. There is a special day and month to pray for the souls in purgatory: Nov. 2 or All Souls' Day is the day set aside and November is the month in the liturgical calendar to pray especially for all the souls who are in purgatory. Nov. 2 is called "The Commemoration of All the Faithful Departed," but the church asks us to pray always for each other, including for the souls in purgatory.

10. Prayers for souls in purgatory always count: Pope Benedict says in his encyclical "Spe Salve" ("On Christian Hope"), regarding the souls of the dead, "... in the communion of souls simple terrestrial time is superseded. It is never too late to touch the heart of another, nor is it ever in vain."

主日分享

常年期第三十主日

達味之子，可憐我吧

這個主日的福音給我們介紹一個耶里哥瞎子的故事。這是一個祈禱的故事，信仰的故事和準備好追隨耶穌的故事。瞎子一聽說是納匝肋人耶穌就喊叫：“達味之子，可憐我吧！”他有理由這樣叫，因為耶穌是充滿慈悲的默西亞。在這個環境中，耶穌對瞎子表現了完全的同情：祂停留下來，對人們說：“叫他過來！”第一篇聖經提醒我們：“上主救了自己的百姓，以色列遺民”。天主自己也肯定：“看，我由北地引他們歸來，從大地的盡頭召集他們，其中有瞎子、瘸子，有懷孕的和正在生產的”。第二篇聖經是講及我們的大司祭，“有能力同情無知和迷途的人”。福音中的瞎子代表所有無知和迷途的人，因為處在黑暗中，看不到光明。但是我們可以依靠耶穌的同情，這樣我們就可以走上得救之路。遇到祂，跟隨祂。如此這位瞎子成了做基督弟子的榜樣。對我們也一樣，當我們面臨困境時，我們應該向耶穌祈禱，堅忍不拔，執著地祈禱；滿懷信心地向祂祈禱，祈求祂的同情；即使我們不能馬上得到祂的恩寵，我們也要堅持不斷的祈禱。當我們得到上主的恩寵時，我們不能只是聽從自己的自私願望，而是應該利用機會成為耶穌慷慨而真正的弟子。 錄自梵蒂岡電台

教宗及福傳祈禱意向

十一月祈禱及傳教意向

總意向：為交談

願我們能敞開心胸，與所有相遇的人交談，甚至是不同信念的人。

福傳意向：為牧者

願教會之牧者深愛所屬的羊群，陪伴他們，活化他們的希望。

2015 奉獻生活年

教宗方濟各致全體度獻身生活者書函

獻身生活年的期望

我特別希望從這獻身生活恩寵年得到什麼？

1. 古代的話常能是真的；「那裏有會士，那裏就有喜樂」。我們被召認知並顯示，天主能使我們的心，充滿喜樂。我們不必從別處尋求幸福，我們團體中找到的真正手足之情，能增加我們的喜樂，而我們完全自我奉獻在教會中服務，為家庭、青年、長輩和窮人的服務，都能帶給我們個人一生的成就。

我們中任何人都不該憂鬱、不滿和不樂，因為「一個憂愁的門徒是一個差勁的門徒」。與別人一樣，我們有我們的苦惱，我們心靈的黑夜，我們的失望和疾病，年老時經驗到退化。但在這一切事上，我們應該可以發現「完美的喜樂」。因為正是這樣，我們可以學習認出基督的面目，祂在一切事上與我們相似，並且高興知道我們漸漸與祂相似，祂為了愛我們，沒有拒絕十字架的痛苦。

在這個崇尚效率、健康和成就，忽視窮人和摒棄「失敗者」的社會，我們可以真正以我們的生活，見證聖經的話：「當我軟弱時，我才是堅強的」（格後十二 10）。 待續

慈悲面容

慈悲特殊禧年詔書

天主眾僕之僕、羅馬主教方濟各願所有閱讀本函的人士，充滿恩寵、慈悲及平安

耶穌眼看群眾跟隨祂，知道他們已筋疲力盡，困苦流離，就對他們動了憐憫之心（參瑪 9:36）。在這憐憫之愛的基礎上，耶穌治癒被領到祂面前的病人（參瑪 14:14），又以寥寥可數的餅和魚飽飫大量群眾（參瑪 15:37）。在這些情景下，什麼打動耶穌呢？無非是由於慈悲；耶穌因而透視祂所接觸的人的心，並回應他們心底的需要。當耶穌遇到納因城寡婦為獨子送葬，耶穌為這哀慟的母親所受的極大痛苦而動了憐憫之心，於是耶穌復活那寡婦的兒子，把他交還了他的母親。（參路 7:15）

在革辣撒人的地方，耶穌驅逐魔鬼，釋放那附魔的人以後，耶穌打發那人

說：「你回家，到你的親屬那裡，給他們傳述上主為你作了何等大事，怎樣憐憫了你」（谷 5:19）。瑪竇的被召，也是被安排在慈悲的背景下。經過稅關，耶穌注視瑪竇。這注視充滿慈悲，以至寬恕了那人的罪；他是個罪人和稅吏。縱使門徒非議，耶穌卻召叫了他，作為十二人之一。可敬的聖伯達註釋這段福音，寫道：因憐愛而被揀選（miserando atque eligendo）——耶穌以慈悲之愛注視瑪竇，並揀選他。這句話深刻地影響了我，故我選這句話作為牧徽格言。 待續

堂區活動

感謝支持普世傳教節

多謝大家在上週的普世傳教節的慷慨奉獻，我們共籌得\$3,317.45。您的祈禱及奉獻對教會的成長及普世的貧困者都有巨大的貢獻。請繼續為所有福傳國家傳播福音的人祈禱，使他們都能堅持他們的聖召，將基督愛的信息傳給那些在世上福傳地方最軟弱的人們。願主與你們同在！

天主教教育日

11月1日為天主教教育日，我們將進行第二次捐獻以支持天主教教育經費之用，籌得善款將給與我們教區的天主教教育局。
亨利主教呼籲各位教友能踴躍支持，主佑！

預防感冒注射

潘醫生將為教友注射預防感冒疫苗
日期：11月1日
時間：9時15分及11時15分
地點：堂區辦事處
凡亞伯達省居民，年齡為9歲或以上，費用全免。請攜帶醫療卡。

電影晚會 -

天主教信仰的見證旅程

日期：11月7日（星期六）
時間：6時 POTLUCK; 6時30分電影
地點：永援聖母堂上禮堂
巴倫神父（Fr. Robert Barron）帶領我們遊歷世界各地，探索天主教教會的信仰和文化生活，來見證我們的信

德。第一、二集：“天主降世的啓示”；“耶穌的教誨”

十一月顯供聖體

永援聖母堂十一月份的顯供聖體由主日學及大專青年團帶領，時間為十一月七日上午十時至十一時。當天除了朝拜聖體外，阮神父將為教友聽告解。請各位教友盡量參與！

十一月為煉靈月

十一月二日為追思亡者日
「你們安慰，安慰我的百姓罷」
十一月為煉靈月，為追思已亡之信友，阮神父會於彌撒中為亡者祈禱，如教友想為先人獻上祈禱，請在教堂側門入口處的名冊上寫上先人之名字。

在煉靈月裏，特別是11月1-8日，教會給我們特殊的恩典，在聖堂、家中、墓地為煉獄靈魂祈禱，每天都能得到一個全大赦。但必須符合得大赦的條件：第一，辦一個妥當告解；第二，得大赦的當天恭領聖體；第三，按教宗的意向祈禱，念天主經、聖母經各一遍，而且沒有犯罪的傾向，沒有思戀和傾向小罪的意思，這樣才能得到一個全大赦。

阮神父及牧靈關愛組成員將於煉靈月往墓地為已亡教友祈禱：

11月7日（星期六）明供聖體後十一時到女王公園墓地骨灰菴小聖堂（Queen's Park Cemetery Columbarium chapel）祈禱。
午膳後到山景紀念花園（Mountain View Memorial Gardens）祈禱。
任何教友想參與祈禱，或想牧靈關愛組在墓地為你的親友祈禱，請提供地段號碼並請聯絡陳修女（403-690-2973）或堂區辦事處。

主日彌撒經書

2016年主日彌撒經書現在開始在教堂側門入口處出售，售價為\$4.00。

2015 教區公益金，齊來獻愛心

主題是「藉可忠信那位的許諾，堅持著不動搖的希望。」希伯來書 10章 23

節，「讓我們一起來行動」（TIA）現已開始，我們堂區今年的目標與堂區配額同是\$22,297。截至8月28日，捐款已累積至\$22,570元。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。捐款信封可在聖堂入口處拿取。就讓我們立即行動，慷慨解囊！

活動一週

星期三、五 28, 30

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期五 30

永援聖母堂童軍

時間：晚上6時30分至8時45分

地點：永援聖母堂上禮堂及下禮堂

星期六 31

聖母軍

（聖母軍聖母無玷聖心支團）

時間：上午9時45分（開會）

地點：聖堂二樓騎士會室

楊式太極班

時間上午10時至下午12時30分

地點：永援聖母堂下禮堂

成人慕道班（國語）

時間：下午3時至5時

地點：寫字樓大廈

大專青年團練習聖詩

時間：下午5時至7時

地點：永援聖母堂上禮堂

星期日 11月1日

堂區牧民議會週年大會

時間：下午12時30分

地點：永援聖母堂上禮堂

成人慕道班（粵語及英語）

時間上午9時30分至12時30分

地點：永援聖母堂下禮堂

主日學

時間：上午10時至1時

地點：寫字樓大廈，聖堂騎士會室

青少年聖詠團練習聖詩

時間：上午11時至下午12時30分

地點：寫字樓大廈

聖母會開會

時間：下午12時30分至2時30分

地點：聖堂會議室

每週生活聖言反思

不要讓慈祥和忠貞離開你，要將她們繫在你的頭上，刻在你的心版上；這樣，你在天主和世人面前，必獲得寵幸和恩愛。

(箴 3:3、4)

靈修小故事

靈驗的水泉

法國一個偏僻的小鎮，據傳有一個特別靈驗的水泉，常會出現神蹟，可以醫治各種疾病。有一天，一個拄著拐杖，少了一條腿的退伍軍人，一跛一跛的走過鎮上的馬路，旁邊的鎮民帶著同情的口吻說：「可憐的傢伙，難道他要向天主祈求再有一條腿嗎？」這一句話被退伍的軍人聽到了，他轉過身對他們說：「我不是要向天主祈求有一條新的腿，而是要祈求祂幫助我，叫我沒有一條腿後，也知道如何過日子。」

學習為所失去的感恩，也接納失去的事實，不管人生的得與失，總是要讓自己的生命充滿了亮麗與光彩，不再為過去掉淚，努力的活出自己的生命。

知多一點點

追思已亡

每年 11 月 2 日，普世教會隆重追悼紀念已亡信友及親友恩人，並定該日為追思已亡節。聖教會早在彌撒和日課經文中多次制定煉靈的禱詞。第五世紀始，已有追思已亡者的彌撒。直到公元 998 年由羅馬本篤會院長聖奧地隆發起追思已亡節，各地教會先後響應，普及全球。1915 年 8 月 10 日，教宗本篤十五世特准各位司鐸在追思已亡節，能為煉靈獻彌撒三台。

本日禮儀最顯著的特點是每位司鐸可為煉靈舉行三台彌撒(慣例每天一台)。一台為眾亡者靈魂，一台為無人給他們奉獻聖祭的亡者靈魂，另一台可由獻祭司鐸自己指定為某位亡者的靈魂。由於本紀念日的重要，既使遇到主日時，仍要舉行本瞻禮的追思彌撒。教宗本篤十六解釋追思已亡瞻禮的意義說：“諸聖相通功，一如我們在信

經上面所宣認的，乃是在現世實踐的事實，卻在我們來日看到天主的真面目時，才會完全顯示出來。這個事實就是一個家庭由於精神關懷的深刻關係，使已經去世的信友與仍然生活在現世旅途中的信友結合在一起。這樣的關係是神秘的，卻也是真實的，它受到祈禱和參與聖體聖事所滋養。在基督奧體內，眾信友的靈魂都超越死亡的隔閡障礙，彼此相會，互相代禱，在愛德中進行親密的恩典交流。在這樣的信德生活中，也包括了為亡者獻祈禱的慣常作法，尤其是為亡者奉獻紀念基督巴斯卦的彌撒聖祭，這個聖祭為信友敞開了通往永生之門”。

最後，教宗邀請我們每個人反省說：“但願這幾天我們前往親友墓前追思祈禱的傳統習慣是個良好的機會，讓我們沒有恐懼地回想死亡的奧蹟，並培養我們時刻警醒的態度，妥善準備以寧靜的心來面對死亡時刻的來到。現在我們就懷著赤子之心向諸聖之後童貞瑪利亞祈禱，求她在這方面幫助我們”。