

Theme Sharing

27th Sunday in Ordinary Time

"What God has joined together,
let no one divide"

The theme of today's scripture readings is on family life. The first reading, from the Book of Genesis, is a prelude to the gospel which talks about sanctity of marriage and receiving of children - the fruits of a marital union. Man and woman are described in Genesis as an inseparable couple through God's words: "It is not good for man to be alone; I will make a suitable partner as his helper". Thus, a human being is not created to exist and live alone as an island. A person cannot live in love if he just lives by himself. God is Love. He creates man, imprints His love on man so that the latter can live in love. That is why God created a woman alongside the man in Genesis! The story of creation ends with the statement that "therefore a man leaves his father and his mother and clings to his wife, and they become one flesh". This clearly affirms that the union of a man and a woman is formed by love, that it is the origin of the family and that the two becomes one in the family. Jesus declares that "what God has joined together, let no one divide!" The vision of a loving family is also unveiled to us in today's gospel when Jesus teaches us that children must be accepted and loved.

2015 Year Of Consecrated Life

Apostolic Letter From His Holiness –Pope Francis

Our founders and foundresses shared in Jesus' own compassion when he saw the crowds who were like sheep without a shepherd. Like Jesus, who compassionately spoke his gracious word, healed the sick, gave bread to the hungry and offered his own life in sacrifice, so our founders and foundresses sought in different ways to be the service of all those to whom the Spirit sent them. They did so by their prayers of intercession, their preaching of the Gospel, their works of catechesis, education, their service to the poor and the infirm... The creativity of charity is boundless; it is able to find countless new ways of bringing the newness of the Gospel to every culture and every corner of society.

The Year of Consecrated Life challenges us to examine our fidelity to the mission entrusted to us. Are our ministries, our works and our presence consonant with what the Spirit asked of our founders and foundresses? Are they suitable for carrying out today, in society and the Church, those same ministries and works? Do we have the same passion for our people, are we close to them to the point of sharing in their joys and sorrows, thus truly understanding their needs and helping to respond to them? "The same generosity and self-sacrifice which guided your founders – Saint John Paul II once said – must now inspire you, their spiritual children, to keep alive the charisms which, by the power of the same Spirit who awakened them, are constantly being enriched and adapted, while losing none of their unique character. It is up to you to place those charisms at the service of the Church and to work for the coming of Christ's Kingdom in its fullness".

To Be Continued

Misericordiae Vultus

Extraordinary Jubilee of Mercy

Francis, Bishop of Rome, Servant of The Servants of God, to all who read this letter Grace, Mercy, and Peace.

5. The Jubilee year will close with the liturgical Solemnity of Christ the King on 20 November 2016. On that day, as we seal the Holy Door, we shall be filled, above all, with a sense of gratitude and thanksgiving to the Most Holy Trinity for having granted us an extraordinary time of grace. We will entrust the life of the Church, all humanity, and the entire cosmos to the Lordship of Christ, asking him to pour out his mercy upon us like the morning dew, so that everyone may work together to build a brighter future. How much I desire that the year to come will be steeped in mercy, so that we can go out to every man and woman, bringing the goodness and tenderness of God! May the balm of mercy reach everyone, both believers and those far away, as a sign that the Kingdom of God is already present in our midst!

6. "It is proper to God to exercise mercy, and he manifests his omnipotence particularly in this way". Saint Thomas Aquinas' words show that God's mercy, rather than a sign of weakness, is the mark of his omnipotence. For this reason the

liturgy, in one of its most ancient collects, has us pray: "O God, who reveal your power above all in your mercy and forgiveness ..." Throughout the history of humanity, God will always be the One who is present, close, provident, holy, and merciful. "Patient and merciful." These words often go together in the Old Testament to describe God's nature. His being merciful is concretely demonstrated in his many actions throughout the history of salvation where his goodness prevails over punishment and destruction. In a special way the Psalms bring to the fore the grandeur of his merciful action: "He forgives all your iniquity, he heals all your diseases, he redeems your life from the pit, he crowns you with steadfast love and mercy" (Ps 103:3-4). Another psalm, in an even more explicit way, attests to the concrete signs of his mercy: "He executes justice for the oppressed; he gives food to the hungry. The Lord sets the prisoners free; the Lord opens the eyes of the blind. The Lord lifts up those who are bowed down; the Lord loves the righteous. The Lord watches over the sojourners, he upholds the widow and the fatherless; but the way of the wicked he brings to ruin" (Ps 146:7-9). Here are some other expressions of the Psalmist: "He heals the broken hearted, and binds up their wounds... The Lord lifts up the downtrodden, he casts the wicked to the ground" (Ps 147:3, 6). In short, the mercy of God is not an abstract idea, but a concrete reality with which he reveals his love as of that of a father or a mother, moved to the very depths out of love for their child. It is hardly an exaggeration to say that this is a "visceral" love. It gushes forth from the depths naturally, full of tenderness and compassion, indulgence and mercy. To Be Continued.

Diocese & Other News

Diocesan Youth Retreat Team - DYRT Young Adults (17 -35 yr) married or not, you are welcome to join the DYRT! You can be casually employed with the Team between September 2015 - June 2016. Training will be provided. Variable hours - including evenings and week-ends.

Contact: Wesley Raymundo | 403-218-5516
| DYRTcoordinator@calgarydiocese.ca

Parish Activities

World Mission Sunday

October 18th, 2015

United in Love...

Let us go to serve

World Mission Sunday has been set aside by Pope Pius XI in 1926, so that it can be the "feast of catholicity and universal solidarity" and that the whole world may publicly renew its commitment to the missionary movement: the propagation of the faith and the proclamation of the Gospel to all peoples. This year, World Mission Sunday will take place on October 18. It is celebrated on the same day in all the parishes around the world in order to allow us to make an offering to the poorest churches. Let us put together our hope and let us take the opportunity, during this month of missions, to show solidarity with our poorest brothers and sisters of the suffering churches in Africa, Asia, Oceania, Europe and South America.

Parishioners can pick up World Mission Sunday Calendar/Prayer Card at the church entrances.

Donation on World Mission Sunday There will be a special collection on World Mission Sunday, October 18th. Please give generously to support.

May God's blessings be with you!

The OLPH Senior Centre will be having its 17th Anniversary Banquet

Date: October 9 (Friday) 6:00pm.

Place: Central Grand Restaurant

Ticket price is \$30.00 per person.

For details, please contact Tony Ho at 403-681-9181.

All seniors and their relatives are welcome.

Together in Action 2015

Theme: "Let us hold fast to the confession of our hope without wavering for he who has promised is faithful." (Hebrews 10:23)

As of August 28, our campaign has received a total of \$22,570.

We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Parishioners can pick up the donation envelopes at the entrances. Let's take action now!

Weekly Activities

Wed, Fri 7, 9

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri 9

OLPH Scout

Time: 6:30pm.-8:45 pm

Place: Upper Hall & Lower Hall

Senior Centre 17th Anniversary

Banquet

Time: 6:00pm.

Place: Central Grand Restaurant

Sat 10

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Faith Sharing Group (N.E)

Time: 10:30a.m.-12:00noon.

Contact: Sr. Sze 403-230-3801

Yoga beginner class

Time: 11:30 a.m. - 12:45p.m.

Place: OLPH Church Upper Hall

Young Adults choir practice

Time: 5:00 p.m. - 7:00p.m.

Place: OLPH Upper Hall

Faith Sharing Group (N.W.)

Time: 7:30p.m.-10:00p.m.

Contact: Wendy Tai 403-208-2268

Words of Life Reflection

He does not lend money at interest and refuses a bribe against the innocent. Do this, and you will soon be shaken. (Psalms 15:5)

Stories Faith Sharing

Buddha's Advice to Calm A Disturbed Mind

Once Buddha was walking from one town to another town with a few of his followers. This was in the initial days. While they were traveling, they happened to pass a lake.

They stopped there and Buddha told one of his disciples, "I am thirsty. Do get me some water from that lake there."

The disciple walked up to the lake. When he reached it, he noticed that right at that moment, a bullock cart started crossing through the lake. As a result, the water became very muddy, very turbid. The disciple thought, "How can I give this muddy water to Buddha to drink!"

So he came back and told Buddha, "The water in there is very muddy. I don't think it is fit to drink." After about half an hour, again Buddha asked the same disciple to go back to the lake and get him some water to drink. The disciple obediently went back to the lake.

This time too he found that the lake was muddy. He returned and informed Buddha about the same. After sometime, again Buddha asked the same disciple to go back. The disciple reached the lake to find the lake absolutely clean and clear with pure water in it. The mud had settled down and the water above it looked fit to be had. So he collected some water in a pot and brought it to Buddha.

Buddha looked at the water, and then he looked up at the disciple and said, " See what you did to make the water clean. You let it be ... and the mud settled down on its own - and you got clear water. Your mind is also like that! When it is disturbed, just let it be. Give it a little time. It will settle down on its own. You don't have to put in any effort to calm it down. It will happen. It is effortless."

Read More Know More

General Instruction Of The Roman Missal : The Duties and Ministries in the Mass

-The following also exercise a liturgical function:

a. The sacristan, who carefully arranges the liturgical books, the vestments, and other things necessary in the celebration of Mass.

b. The commentator, who provides the faithful, when appropriate, with brief explanations and commentaries with the purpose of introducing them to the celebration and preparing them to understand it better. The commentator's remarks must be meticulously prepared and clear though brief. In performing this function the commentator stands in an appropriate place facing the faithful, but not at the ambo.

c. Those who take up the collection in the church.

d. Those who, in some places, meet the faithful at the church entrance, lead them to appropriate places, and direct processions.

-It is appropriate, at least in cathedrals and in larger churches, to have some competent minister, that is to say a master of ceremonies, to oversee the proper planning of sacred actions and their being carried out

by the sacred ministers and the lay faithful with decorum, order, and devotion.
 -The liturgical duties that are not proper to the priest or the deacon and are listed in nos. 100-106 may also be entrusted by a liturgical blessing or a temporary deputation to suitable lay persons chosen by the pastor or rector of the church.[89] All should observe the norms established by the Bishop for his diocese regarding the office of those who serve the priest at the altar.
 To Be Continued.

Let There Be Light A to Zen of Life

- A - Avoid negative sources, people, places, things and habits.
- B - Believe in yourself and succeed.
- C - Consider things from every angle.
- D - Don't give up and don't give in.
- E - Enjoy life today, yesterday is gone and tomorrow may never come
- F - Family and friends are hidden treasures, seek them and enjoy their riches.
- G - Give more than you planned to.
- H - Hang onto your dreams.
- I - If opportunity doesn't knock, build a door.
- J - Just do it
- K - Keep trying no matter how hard it seems.
- L - Love yourself.
- M - Make it happen.
- N - Never lie, steal or cheat. Always strike a fair deal
- O - Open your eyes and see things as they really are
- P - Practice makes perfect.
- Q - Quality not quantity in anything you do.
- R - Remember that silence is sometimes the best answer.
- S - Stop procrastinating.
- T - Take control of your own destiny.
- U - Understand yourself in order to better understand others.
- V - Visualise it and focus
- W - When you lose, don't lose the lesson.
- X - Xcellence in all your efforts.
- Y - You are unique, nothing can replace you.
- Z - Zero in on your target, and go for it.

主日分享

常年期第二十七主日

天主所結合的，人不可拆散

本主日禮儀給我們提供了一些關於家庭生活的重要教導。福音談到婚姻中的忠貞，以及對小孩子的接納。讀經一創世紀的故事告訴我們，男人和女人成爲一對不可分離的夫婦，它給福音作了引子。天主在故事開端所講的話很有意思：“人單獨不好，我要給他造個與他相稱的助手。”人不是爲了獨處而創造的：若是單獨一人，就不會生活在愛中。而天主是愛，他創造了人爲了把自己的愛傳達給他，使他能在愛中。所以同他一起又創造了女人。故事結束時說：“爲此人應離開自己的父母，依附自己的妻子，二人成爲一體”。在此指出結合來自愛情，是家庭的起源，男人與女人在家庭中成爲一體。耶穌結論說：“天主所結合的，人不可拆散。”本篇福音以一個接納小孩子的教導來完成這幅遠景。

我們應該明白那允許夫妻真正在婚姻中結合的是彼此慷慨大量的愛。如果每個夫妻尋找自己的利益，自己的樂趣和自己的滿足，就沒有真正的愛。那麼夫妻間的結合成了兩個自私者的結合，是不會持久的。凡要結婚的，應該清楚明白婚姻是兩個愛人的結合，而不是兩個自私者的結合。

錄自梵蒂岡電台

2015 奉獻生活年

教宗方濟各致全體度獻身生活者書函

我們的會祖和會母，分享了耶穌自己的憐憫，當祂看到民衆猶如沒有牧人的羊群。像耶穌一樣，祂以同情的心說出祂慈祥的話，治癒病人，給飢餓的人食物，犧牲祂自己的性命，我們的會祖和會母，以不同的方式，爲聖神派給他們的人服務。他們以代人祈禱、宣講福音、教授要理、教育、服務貧窮和弱小者等，服務大眾。愛德

的創新是無止境的。可以找到許多將福音的「新意」，帶給每種文化和社會各個角落的嶄新途徑。

獻身生活年挑戰我們，審查我們是否忠於託付我們的使命。我們的職務、工作和臨在，是否符合聖神對我們會祖和會母的要求？它們是否適合今日在社會和教會中，擔負起那些同樣的職務和工作？是否對我們的民衆，我們還有同樣的熱情，與他們相連分享他們的喜樂，分擔他們的痛苦，真正了解他們的需求而幫助他們呢？聖若望保祿二世曾說：「這種引領你們會祖的慷慨和自我犧牲，現在應該啓發你們，他們的神子們保持此神恩，因喚醒他們的聖神力量，不斷地豐富和適應它，同時不失去他們獨有的特色。是你們要利用這些神恩，爲教會服務，並爲基督王國圓滿來臨而努力」。

憶起我們的創始，照亮獻身生活的另外一點，我們的會祖受到宗徒們與基督的同心合意所吸引，也受到耶路撒冷初期團體的友誼所吸引。在建立他們自己的團體時，他們每個人都設法複製那些福音生活的模式，能夠一心一德，安享主的親臨（參《完美愛德》15）。

以熱情活在當下，是指成爲「共榮團契的專家」，「『合一計劃』的見證和設計師，合一是人類歷史在天主計劃中的頂點」。在一個兩極化的社會，不同文化經驗到彼此相處的困難，在無能力的人遭受壓迫，充塞了不平等的地方，我們當提供團體的具體模式，承認每個人的尊嚴，分享我們的不同天賦，使能如弟兄姊妹般生活。因此，要成爲共融的男士和女士！有勇氣臨於衝突和緊張之中，成爲聖神臨在的可信標記，祂在人心中，啓發萬衆一心的熱情（參若十七 21）。活出「相遇的奧祕」，它引發「聆聽的能力，聆聽別人；一起尋求方法和途徑的能力」。依天主聖三的相愛關係而生活（參若十四 8），聖三是一切人際關係的模範。 待續

慈悲面容

慈悲特殊禧年詔書

天主眾僕之僕、羅馬主教方濟各願所有閱讀本函的人士，充滿恩寵、慈悲及平安

5. 禧年將於 2016 年 11 月 20 日基督君王節慶典閉幕。那一天，在封鎖聖門之際，我們將滿懷著對至聖天主聖三的感恩讚頌，因為天主賜予我們如此特殊恩寵的時刻。我們將教會的生活、全人類，以及整個寰宇，交託予基督君王，祈求祂給我們加倍慈悲，如同朝露，好使人人攜手合作，建設更光明的未來。我多麼渴望未來一年都沉浸於慈悲，好使我們能走出去，給一切男女送上天主的良善寬仁！願慈悲芳香洋溢，遍及所有的人——信徒及遠離的人，成為顯示天國已經臨現我們當中的標記！

6. 「天主理所當然地以慈悲行事，祂尤其以慈悲顯示祂的大能。」聖多瑪斯·亞奎納這句話，指出天主的慈悲是天主全能的記號，而非懦弱的標記。為此緣故，其中一篇古老的集禱經教我們這樣祈禱：「天主，的寬恕和憐憫，充分顯示 的全能……。」在整個人類歷史中，天主經常都是親臨、接近、照顧、神聖和慈悲的那一位。

「緩於發怒又慈悲為懷」，舊約經常用這詞句描述天主的本性。天主在救恩歷史中的許多行動都明確展示天主是慈悲為懷的，因祂常以良善克勝懲罰和毀滅。聖詠以特別方式表達天主的慈悲行徑是何等偉大：「是祂赦免了你的各種愆尤，是祂治癒了你的一切痛苦，是祂叫你的性命在死亡中得到保全，是祂用仁慈以及愛情給你作了冠冕」（詠 103:3-4）。另一篇聖詠則更明確地講出天主慈悲的標記：「上主為被欺的人作辯護，上主給饑餓的人賜食物，上主使被囚的人得自由。上主開啓瞎子的眼睛，上主使僵傻的人直身，上主愛慕那正義的人。上主對旅客加以保護，上主支持孤兒和寡婦，上主迷惑惡人的道路。」（詠 146:7-9）聖詠的作者又說：「祂醫治了心靈破碎的人，也親自包紮了他的傷痕……，上主將謙遜的人扶起，將蠻橫的人貶抑於地。」（詠 147:3, 6）簡而言之，天主的慈悲不是抽象的概念，而是具體的真相，從中，天主如同父親，如

同母親，由於從心底牽動著他們對兒女的愛，而揭示了自己的慈愛。如果說這愛是「牽腸掛肚的」，並不誇張。這愛從內心深處自然湧流出來，滿懷慈愛與憐憫、寬仁和慈悲。 待續

堂區活動

十月十八日

普世傳教節 2015

「傳教不是勸人改教，而是對基督和對人的摯愛」
普世傳教節是由教宗庇護十一世在 1926 年批准成立，因此，它可以說是“所有基督徒和普遍團結的盛宴”，而整個世界可以公開重申其對傳教運動的承諾：將信仰與傳播福音宣講到所有的人。因此，普世傳教節是普世教會及福傳的全球標誌。今年，普世傳教節將於 10 月 18 日在全世界的每一個堂區舉行。您的祈禱及奉獻將可支援世界遭遇災害及受戰爭蹂躪國家的難民提供緊急的援助，並提供醫療和運輸給予當地服務的神父、傳道員，信友及牧靈工作人員。它也提供了所有傳教神父日常生活需要的開支。普世傳教節是我們幫助全世界天主教團體成為一家的機會。藉著所獲信仰恩寵的分享，我們一起將希望與愛心帶給那些有需要的人們，特別是我們在非洲，亞洲，大洋洲，歐洲和南美的兄弟姐妹。請為普世傳教節祈禱，並在普世傳教節慷慨解囊。
願主永遠降福您們！

歡迎教友在教堂入口處拿取普世傳教節日曆祈禱咭。

普世傳教節捐獻

10 月 18 日將進行第二次捐獻作普世傳教節之用，請慷慨支持及回應。

永援聖母堂松柏軒十七週年紀念晚宴

日期：十月九日(星期五)

時間：六時恭候，六時三十分入席

地點：亞洲軒酒樓

票價：每位三十元

購票請聯絡何先生 403-681-9181

歡迎任何人仕參加。

2015 教區公益金，齊來獻愛心

主題是「藉可忠信那位的許諾，堅持

著不動搖的希望。」希伯來書 10 章 23 節，「讓我們一起來行動」(TIA) 現已開始，我們堂區今年的目標與堂區配額同是 \$22,297。截至 8 月 28 日，捐款已累積至 \$22,570 元。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。捐款信封可在聖堂入口處拿取。就讓我們立即行動，慷慨解囊！

活動一週

星期三、五 7, 9

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期五 9

永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 45 分

地點：永援聖母堂上禮堂及下禮堂

松柏軒十七週年紀念晚宴

時間：6 時恭候，6 時 30 分入席

地點：亞洲軒酒樓

星期六 10

聖母軍(開會)

時間：早上 9 時 45 分

地點：聖堂二樓騎士會室

東北區信仰小團體聚會

時間：早上 10 時 30 分至 12 時

聯絡：施修女 403-230-3801

瑜珈初班

時間：上午 11 時 30 分至

下午 12 時 45 分

地點：永援聖母堂上禮堂

大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

信仰小團體 (西北區)

時間：晚上 7 時 30 分至 10 時

聯絡：Wendy Tai 403-208-2268

每週生活聖言反思

從不放債，貪取重利，從不受賄，傷害無罪；這樣行事，永定不移。（詠 15:5）

靈修小故事

心靈眼睛

從前，有一對夫妻，容貌都長得非常的美，氣質與風度，也都遠遠超過一般人，他們有很好的性情，因此非常相愛相敬。

由於他們的外表這麼不凡，他們常常整天對坐，互望著對方，經過了很多年，都不感到厭倦。

有一天，不幸降臨在他們身上，夫妻兩人相繼的得了眼病，很快就失明了。丈夫再也看不到妻子，妻子再也看不到丈夫，這使兩人都深感痛苦和恐慌，丈夫就想：「我的妻子容貌如此嬌美，我又看不見，很可能被別的男人奪去，我要好好守著她才行。」

妻子的想法也和丈夫一樣，她心想：「我的丈夫如此俊秀，雖然眼睛瞎了，一定會有許多女人迷戀他，我又看不見，要好好守著他才好。」

兩個人都害怕失去對方，於是互相緊緊跟隨，一刻也不敢離開，但是因為看不見，心中生起愈來愈多的懷疑。這樣，整整過了二十年。

有一位遠方的名醫路過這個城鎮，碰巧遇到這對夫妻，名醫為他們施藥診治，使他們的眼睛都復明了。

夫妻倆見到對方時，同時驚叫起來，丈夫說：「妳是誰？妳並不是我美麗的妻子。」

妻子說：「你不是我的丈夫，我丈夫多麼俊秀，並不是像你這種糟老頭。」由於他們的心中都保留著美好的記憶，反而無法接受眼前的事實，任旁邊的人如何勸說，他們都不肯再做夫妻了。

眼睛不祇是用來看美麗的人和美麗的景物，因為美麗的人會變老，美麗的景物會變化，眼睛要用來看更真實，更深入的內在。眼睛應該看見互相的愛與了解，這樣就不怕看見醜和老，眼睛應該看見信任和體貼，這樣就不怕看見表面的改變。心靈有好眼睛的人，才能看見人間的本質。

知多一點點

彌撒經書總論：

彌撒中的職責和任務

二、天主子民的職務

其他職務

— 其他禮儀服務人員包括：

- a) 祭衣室管理員負責安排及準備禮書、舉行彌撒所需的祭衣和物品。
- b) 領經員在需要時為信友提供簡短說明與提示，以引導他們更深刻地明瞭慶典的意義。所以，領經員的講解應善為準備，要簡潔易明。為能善盡其職，領經員應面向信友，站在合適的位置，但不應站在讀經台上。
- c) 在聖堂內收集捐獻者。
- d) 有些地區，設有招待員，負責在教堂門前接待信友，引領他們到聖堂內合適的位置，並維持列隊遊行的秩序。
 - 特別在主教座堂及大教堂內，最好委派適當的專人或司禮，妥善安排聖禮的進行，並使聖職人員及平信徒能莊嚴地、有條不紊地、虔誠地舉行聖禮。
 - 上述一切不屬於司祭或執事固有的禮儀職務，皆可由堂區主任選派稱職的平信徒來擔任，他們可藉祝福禮而被委任，亦可臨時委任。至於在祭台上協助司祭的輔禮人員，則按主教為其教區訂定的規則而委任。