

Theme Sharing

Third Sunday of Easter

Be filled with graces
to combat forces of evil

The common theme of today's scriptures is the forgiveness of sins. Jesus suffered and died to atone for our sins. This is the Risen Christ's wonderful gift to us. However, we are only able to recognize the Risen Christ through his teachings.

In the first reading, Peter admonished the Jews in strong language: "you rejected the Holy and Righteous One"; "you handed over and rejected (Jesus) in the presence of Pilate although he had decided to release him"; and "you killed the Author of Life".

Peter did so to point out how they had wronged Jesus and how they should repent so that their sins could be forgiven.

The gospel is on Jesus' appearance to the eleven apostles after his resurrection. He greeted them by saying: "Peace be with you". He showed them his physical wounds to prove that he had truly risen from the dead. To strengthen their faith, Jesus recounted to the apostles everything written about him in the law, the prophets and the psalms. In fact they had heard Jesus talking on many previous occasions about his suffering, death and resurrection. Likewise, it is only when we understand the scriptures and his teachings that we can recognize the Risen Christ who has brought us redemption and pardon of our sins.

The second reading further explains how we should act as baptized Christians and therefore members of the fold of Jesus.

We should obey his commandments and refrain from committing sins any further.

We have put on the armour of God's abundant graces in our Risen Christ and we can surely defeat the forces of evil.

2015 Year Of Consecrated Life

The Paschal dimension of the consecrated life

In the different forms of life inspired by the Spirit throughout history, consecrated persons discover that the more they stand at the foot of the Cross of Christ, the more immediately and profoundly they experience the truth of God who is love. It is precisely on the Cross that the One who in death appears

to human eyes as disfigured and without beauty, so much so that the bystanders cover their faces, fully reveals the beauty and power of God's love. Saint Augustine says: "Beautiful is God, the Word with God ... He is beautiful in heaven, beautiful on earth; beautiful in the womb, beautiful in his parents' arms, beautiful in his miracles, beautiful in his sufferings; beautiful in inviting to life, beautiful in not worrying about death, beautiful in giving up his life and beautiful in taking it up again; he is beautiful on the Cross, beautiful in the tomb, beautiful in heaven. Listen to the song with understanding, and let not the weakness of the flesh distract your eyes from the splendour of his beauty." The consecrated life reflects the splendour of this love because, by its fidelity to the mystery of the Cross, it confesses that it believes and lives by the love of the Father, Son and Holy Spirit. In this way it helps the Church to remain aware that the Cross is the superabundance of God's love poured out upon this world, and that it is the great sign of Christ's saving presence, especially in the midst of difficulties and trials. This is the testimony given constantly and with deeply admirable courage by a great number of consecrated persons, many of whom live in difficult situations, even suffering persecution and martyrdom. Their fidelity to the one Love is revealed and confirmed in the humility of a hidden life, in the acceptance of sufferings for the sake of completing in their own flesh "what is lacking in Christ's afflictions", in silent sacrifice and abandonment to God's holy will, and in serene fidelity even as their strength and personal authority wane. Fidelity to God also inspires devotion to neighbour, a devotion which consecrated persons live out not without sacrifice by constantly interceding for the needs of their brothers and sisters, generously serving the poor and the sick, sharing the hardships of others and participating in the concerns and trials of the Church.

Diocese & Other News

World Day of Prayer for Vocations:

You are invited to a holy hour of prayer for vocations to the priesthood and religious life on Sunday April 26th, the World Day of Prayer for Vocations. Exposition of the

Blessed Sacrament will begin at 7:30 p.m. Place: St. Anne's Parish, Calgary. For further information contact the Office of Vocations at 403-245-2753.

Office of Liturgy and Life & Family Resource Centre (LFRC)

Vigil for Life: Bishop Henry will preside over a Vigil for the protection of human life at St. Mary's Cathedral, Calgary on Wednesday May 13, 2015. The Blessed Sacrament will be exposed for adoration from 6pm. The prayer service begins at 7pm and concludes with benediction at 8pm. All are welcome!

"Alberta 100th Anniversary Remembrance Service of the Armenian Genocide" : Join Archbishop Hovakimian (Armenian Orthodox Bishop of Canada), Fr. Agathon Shayb (Coptic Orthodox), and other Catholic and government leaders as we remember, with our Orthodox brothers and sisters, the great travesty of the first modern Christian genocide. Pray, learn, and remember those who died for the name of Christ: May 9th 5:00pm at St. Boniface Church, Calgary, 1923 Broadview Rd NW. Reception to follow.

The 35th Hike for Life financially supports the Respect Life programs and attendance at 6 trade shows. This is to educate that life is a gift which begins at conception and ends at natural death. Get a pledge sheet, get sponsors, bring your family and friends and enjoy a 10KM walk around Prince's Island Park, refreshments, donuts and hotdogs from 8:30 to Noon on May 9. Call 403-243-0691 or Visit <http://calgaryprolife.com/#events-news>.

News & Others

To Pray The Divine Mercy

Every Day:

To experience God's merciful love for the human race, we need to have some knowledge of what "Divine Mercy" actually means. The phrase presents us with a semantic problem right from the start. After all, the word "mercy" in contemporary English has a very restricted meaning. It is usually used to refer to an act of pardon, as

in "Let me off, judge; have mercy!" or "He threw himself at the mercy of the court." In the Catholic tradition of theology, however, mercy means more than just the cancellation of punishment, far more than that. Divine Mercy is God's love reaching down to meet the needs and overcome the miseries of His creatures.

How to pray the Divine Mercy every day:

Our Father

Hail Mary

Apostle's Creed

On Large Bead before each Decade

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ, in atonement for our sins and those of the whole world.

On the 10 Hail Mary Beads say the following:

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

Conclude by saying three times

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and the whole world.

The Path to Pope Francis' Much Beloved

Virtue of Mercy

Mercy begins with humility. Mercy is the generous forgiveness that restores relationships and rights wrongs. Mercy is a manifestation of love in the face of sin. But each act of mercy requires a humble heart, a heart capable of approaching another, confessing a wrong, and asking for forgiveness. Mercy requires an awareness of our sinfulness, and an acceptance that sin is real, and harmful, and damages our relationships.

Pope Francis, when asked how best to describe himself, told the world "I am a sinner - this is the most accurate definition. It is not a figure of speech, a literary genre. I am a sinner."

He said that he is tempted to sin regularly—to think "bad thoughts about someone," for example, and that he must regularly fix his thoughts on the mercy of God and to remember God's love for all sinners.

Parish Activities

Special Donation on April 26

4th Sunday of Easter (Good

Shepherd Sunday)

There will be a special collection on Good Shepherd Sunday (April 26).

All the monies that we receive in the 2nd collection will be submitted to the Diocese for our priests and Vocations.

Let us give generously to respond to the needs of the Church in the land of Jesus.

Movie Night - Mary of Nazareth

This film is based on the Bible. It presents a simple young girl of Nazareth who has been announced to give birth to the son of God.

We all see the life of Jesus through the eyes of the humble and obedient Mary.

Date: May 2 (Saturday)

Time: 6 pm Potluck, 6:30 pm Movie

Place: OLPH Upper Hall

Family Rosary during the month of May

The month of May is traditionally dedicated to the Blessed Virgin Mary.

Parish Pastoral Council along with representatives from different church groups, will bring the Statue of the Blessed Virgin Mary on pilgrimage from home to home and pray family rosary in the month of May. Fr Nguyen will also bless the home during the visit upon request by the family. Parishioners are encouraged to invite their godchildren or godparents, friends and relatives to join the family rosary.

To participate as a host family in this devotion, please call Parish Office.

We will pray the Rosary 20 minutes before each Sunday Mass, and we will pray the Rosary and sing hymns with Choir in front of the Cove of Mary before 11:30 a.m. Mass. Parishioners are encouraged to take part in the Rosary and sing together in dedication to Mother Mary.

Together in Action 2015

Theme: "Let us hold fast to the confession of our hope without wavering for he who has promised is faithful." (Hebrews 10:23)

In 2015 our parish's target will be identical to our portion from the diocese at \$22,297. As of April 12, our campaign has received a total of \$9,260.

We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Parishioners can pick up the donation envelopes at the entrances. Let's take action now!

Weekly Activities

Wed, Fri 22, 24

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri 24

OLPH Scout

Time: 6:30pm.-8:30 pm

Place: Upper Hall & Lower Hall

Sat 25

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:00noon

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.

Place: OLPH Church Lower Hall

R. C.I.A (Mandarin)

Time: 2:30 p.m. - 5:00p.m.

Place: Office Building

Young Adults choir practice

Time: 5:00 p.m. - 7:00p.m.

Place: OLPH Upper Hall

Sun 26

Fr. Joseph Birthday Blessing Sunday School and Youth Group

Time: 10:00 a.m. Mass

R. C.I.A (Cantonese and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building

Youth Group

Time:11:00a.m.-12:30p.m

Place: OLPH Upper Hall

Stories Faith Sharing

Angel of Grass

An old legend says that in the beginning, when God created the world, He gave every living thing an angel to bless and guard it - an angel for man, one for the birds, one for the beasts of the forest, one for the trees, and one for the flowers.

Even the common grass had an angel. But the angel of the grass was not pleased. Humiliated, he said, "I will have nothing to do with it. That old, homely grass can grow by itself!"

The season passed. The grass shriveled, the flowers died because the grass held no dew, the deer in the forests and the cattle in the fields died because there was no grass.

Then God turned His eyes upon the angel of the grass and asked, "Was it a small thing, or a great thing that I asked thee to do?" In shame the angel of the grass fell at the Lord's feet and begged His forgiveness, for he saw now the unsuspected greatness of his seemingly lowly task.

Read More Know More

The Role of Mary in Our Lives,

Catholics are probably questioned more about our relationship with Mary than any other part of our faith. Protestants and most non-Catholics do not understand how or even why we revere her. We may be accused of "worshipping" her or even deifying her. What they don't get is that we respect her, love her, and ask her intercession. When we speak of "devotion" to the Blessed Mother, we do not mean we place her above God, Jesus, or the Holy Ghost. A person can be devoted to many things, like a job or career, but that doesn't mean it becomes your god. Devotion implies a loyalty and trust in a person. It also involves a certain amount of faith and effort on our parts to continue the bonds of a good relationship. A mother who is devoted to her children is applauded (generally) by society; and conversely, children should be devoted to their parents and their siblings. This kind of devotion doesn't displace God as the Supreme Being either. Our relationship with Mary, and our devotion to her as Catholics, follows along these same lines.

In every instance that Mary has appeared to people throughout the ages, she always calls us to her Son, Jesus Christ. This is her wish: that we come to Him with open and contrite hearts, asking Him for mercy and forgiveness, so that we may one day be united with Him in heaven for all eternity. She never asks for herself--only for us to love and obey her Son. She is NOT God, nor a "goddess", nor a 4th Person we add to the Holy Trinity, nor did she exist before God. As for me personally, I see this Blessed Lady as a very special woman, hand-picked by God Himself to bear His only begotten Son into this world. She was chosen out of all of us for this privilege and honor. That alone tells me that there is something about her that should have my attention. If God Himself created her and chose her specifically, honoring her with the task of birthing and raising Jesus, who am I to

disregard her? God knows all our hearts better than we do. He knew she was special, and I will accept His infallible judgment on this matter.

When Jesus was dying on the cross, He gave her to us, with our representative being St. John. Even when He was in excruciating pain, He thought of His holy mother and her welfare after He would be gone bodily from this earth. Can you see how close they must have been? She raised Him, loved Him, and stayed by His side when all others fled until the very last breath He took. If He had this kind of closeness and immeasurable affection for her while she was on earth, it then follows that He would have the same love for her in heaven. Jesus and Mary have an indelible bond that will remain throughout eternity, and that bond began at her Immaculate Conception.

主日分享

復活期第三主日

在第一篇讀經中，伯多祿向猶太人百姓講道，是這個百姓會要求判耶穌釘十字架死刑。伯多祿宗徒用強烈堅定的話語向他們提出這個該受譴責的事件：“你們否認了那聖而且義的人”；“他就是你們所解送，並在比拉多前所否認的；雖然那人原判定要釋放他”；“你們殺害了生命之原”。伯多祿以他的這席話激起了聽眾的懺悔和悔改的心。

第二篇讀經補充其他兩篇讀經的訓導，更加確切地描述了基督徒在領洗之後，也就是他們歸屬於耶穌後的狀況。他們不能夠也不應該再犯罪，因為他們領受了恩寵和復活的力量，能抵制住一切邪惡的力量，獲得勝利。福音則再次把我們帶入晚餐廳，那是耶穌顯現給 11 位門徒的地方，祂首先問候他們：“願你們平安！”正如若望福音中（20：19，21，26）所說的，復活的基督帶給我們平安，正是因為祂將罪過的赦免，與天主修和的恩賜給了我們。祂帶給我們的是內心的平安，也是人們彼此間的平安。聖路加敘述這個段落的時候非常執著復活的現實。這個現實不單純是耶穌的靈魂的復活，也實實在在地顯示了祂身體的復活。

今天的禮儀邀請我們增強我們信仰復

活的基督的基本態度，增強對祂戰勝一切邪惡勢力的信德和接受祂救贖的願望。耶穌願意將祂戰勝邪惡的勝利通傳給我們，讓我們在祂的愛中進步。我們應該增強我們的基本態度，知道它是我們基督信仰生活的根本。

節錄自梵蒂岡廣播電台講稿

2015 奉獻生活年

獻身生活的踰越含義

歷來凡受聖神激勵而獻身者，不論採取何種生活形式，他們都發現，越是駐足於十字架下，越能體認天主是愛的真理。釘在十字架上的這一位，在人前顯得容貌受損，又無俊美，以致人們掩面不顧；正是祂在那兒展現天主之愛的美妙與德能。聖思定表示：「天主、天主聖言是美麗的…在天上、在大地、祂是美麗的；在胎中、在父母懷抱裡是美麗的；在祂的奇跡、祂的苦難中是美麗的；在給人生命、不懼死亡，獻出生命又取回它中，祂是美麗的；在十字架上、在墓穴中、在天上都是美麗的…聆聽歌中的含義，莫因肉身之脆弱而混淆視線而看不見祂的美麗光彩。」

獻身生活反映著這美妙的愛，因著對十字架奧跡的忠誠，獻身者表白信任父、子及聖神的愛，並賴此而生活。藉此幫助教會時常覺醒：十字架是天主滿盈之愛傾注於大地，是基督救援性臨在的偉大標記，特別是人面臨困難與考驗之時。許多獻身者不斷地並以令人驚異的勇氣為這一點作証，他們生活在困境中，甚至遭受迫害，以身殉難。他們對此「愛」的忠貞因下列諸事得以顯示並堅定：即在謙卑退隱的生活中；在接受苦難以在自己身上「補充基督的苦難所久缺的」之時；在沉默中犧牲自我以成就天意上、在即使能力與意志衰退時仍忠誠不二等。對天主的忠誠也啟發對人的關懷。這份關懷要求獻身者的犧牲；他們要經常為他人的需求代禱，慷慨大方地為貧病者服務，分擔他人的困難，並且參與教會的事務及困難。

新聞及其他

讓我們一起每天誦唸慈悲串經

耶穌曾許諾說：「我渴望把你們難以想像的恩寵，賜給信賴我的慈愛的靈魂。讓他們懷著極大的信心來到慈悲的汪洋吧。罪人會稱義，正義的人會得到肯定。不論誰信賴我的慈悲，也會在臨終時充滿我所賜的平安。」耶穌告訴傳天娜修女說：「要獲得我的慈悲所包含恩寵，只有一個方法，就是要信賴我。靈魂越信賴我，便會獲得更多的恩寵。對我充滿信賴的靈魂，能給我極大的安慰，因為我會把寶貴的恩寵賜給他們。如果他們的祈求多，我便雀躍萬分，因為我渴望賜下大量的恩寵。信賴我的仁慈的靈魂真有福，因為我會親自照顧他們。沒有任何靈魂呼求我的慈悲後會失望而回或蒙受羞辱。人靈若信靠我的美善，我便以他們為樂。」

你可用玫瑰唸珠來誦唸它。開始時，先唸一遍「天主經」、「聖母經」和「信經」。

在每粒大珠上唸：「永生之父，我把你至愛之子，我們的主耶穌基督的聖體、聖血、靈魂及天主性奉獻給你，以賠補我們及普世的罪過。」

在每粒小珠上唸：「因祂的至悲慘苦難，求你垂憐我們及普世。」

結尾時，唸三次：「至聖天主，至聖強有力者，至聖長存者，求你垂憐我們及普世。」

教宗方濟各向信眾說：“我們受邀在復活耶穌的傷痕中默觀天主的慈悲，天主的慈悲超越人的一切局限，在邪惡和罪過的黑暗中閃耀”。即將開啓的慈悲特殊禧年是熱切和延長接納天主豐厚慈愛的時期。禧年詔書以“慈悲的面容”為開端，慈悲面容就是耶穌基督。讓我們把目光停留在耶穌身上，祂始終尋找我們，等待我們，寬恕我們。祂如此仁慈，不受我們的可憐處境驚嚇。在祂的傷痕中，祂治癒我們，寬恕我們的一切罪過。願聖母瑪利亞幫助我們，像耶穌仁慈待我們那樣，仁慈待人。

堂區活動

復活期第四主日(4月26日)

善牧主日第二次捐獻

下個主日(4月26日)為世界聖召日，請為世界聖召祈禱。當日會有第二次捐獻，所得款項全部捐作教區神職人員培訓及神修、工作坊等費用。請大家慷慨支持及回應！

電影晚會-耶穌的母親瑪利亞

本片忠實呈現聖經中的瑪利亞，細膩刻畫出聖母的謙卑與順服，並從她的眼光來看耶穌的生命，處處流露聖母平凡的偉大。五月聖母月，誠意邀請你來電影晚會。

日期: 5月2日(星期六)

時間: 6時 POTLUCK;

6時30分 電影

地點: 永援聖母堂上禮堂

聖母月家庭玫瑰經聚會

五月是聖母月，堂區牧民議會及堂區善會代表，將於五月帶同聖母像探訪教友家庭，誦唸家庭玫瑰經。如有需要，阮神父會同時為教友家庭舉行聖屋儀式。

我們並鼓勵主持家庭玫瑰的家庭，邀請其代子女或代父母參與家庭玫瑰。有意邀請聖母到家中誦唸家庭玫瑰經的教友，請致電堂區辦事處(403-265-7926)。

我們特別恭敬聖母，並在主日每台彌撒前20分鐘公唸玫瑰經，並在十一時三十分彌撒前於戶外聖母岩前誦唸玫瑰經。

2015 教區公益金，齊來獻愛心

主題是「藉可忠信那位的許諾，堅持著不動搖的希望。」希伯來書10章23節，「讓我們一起來行動」(TIA) 現已開始，我們堂區今年的目標與堂區配額同是\$22,297。截至4月12日，捐款已累積至9,260元。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。捐款信封可在聖堂入口處拿取。就讓我們立即行動，慷慨解囊！

活動一週

星期三、五 22, 24

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期五 24

永援聖母堂童軍

時間：晚上6時30分至8時30分

地點：永援聖母堂上禮堂及下禮堂

星期六 25

聖母軍(開會)

(聖母軍聖母無玷聖心支團)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午10時至12時

地點：永援聖母堂下禮堂

瑜珈初班

時間：下午2時至下午3時15分

地點：永援聖母堂下禮堂

成人慕道班(國語)

時間：下午2時30分至5時

地點：寫字樓大廈

大專青年團練習聖詩

時間：下午5時至7時

地點：永援聖母堂上禮堂

星期日 26

阮神父祝福生日的主日學及青年會會員

時間：10時彌撒

成人慕道班(粵語及英語)

時間上午9時30分至12時30分

地點：永援聖母堂下禮堂

主日學

時間：上午10時至12時30分

地點：寫字樓大廈，聖堂騎士會室

青年會

時間：上午11時至12時30分

地點：永援聖母堂上禮堂

靈修小故事

病榻上的感言

我來台服務後，三十七年來，住進醫院，且三次進住加護病房，為期如此之久，尚屬我生來第一次；看來病情很嚴重，引起許多神長及友好的關切，但是本人未曾覺得。耕莘醫院副院長在我第三次入加護病房時來探訪，問我一個問題：「神父，你害怕嗎？」似乎也認為我的病情好像頗為嚴重。我的答覆是：「我並不害怕，因為病中常在想，離開這個世界，是

與天上的諸神聖，尤其與先我而去的親朋好友歡聚的時刻，有甚麼可怕的呢？」在我住進醫院一個多月的時間，令我對人生的意義作一番深思，並得到一些體驗和領悟：

逾越奧蹟

人生的意義終究為何？為我們基督徒來說。人生的意義就是要活出「逾越奧蹟」。所謂「逾越奧蹟」，簡單地說，首先廣義地是指耶穌的整個降凡拯救世人的一生事蹟：祂從天降下，是為帶人類上升天鄉。而狹義地則特指祂受苦受難、死而後復活升天的重要事件：藉由祂的全部犧牲，使人能獲得嶄新的生命，即能使人獲享所希望的真正「永生」。這是耶穌給人類帶來的真正的「福音」。

身為基督徒，如何活出此一奧蹟？簡單地說，就是在生活中經歷一些「失而後得」、「苦而後樂」、「辱而後榮」、「死而後生」等等的過程。耶穌一生中經歷了這一切。祂要其門徒也如此做：「誰不背起自己的十字架來跟隨我，不配作我的門徒」（瑪十38）。這裡所說的十字架當然是象徵性的。它指的是我們生活中所遭遇的種種困難、疾病等不如意的事件。總之祂要我們追隨祂一生的脚步，邁向永生的道路。基督徒在生活中，主要在透過教會年度中的禮儀活動，尤其彌撒聖祭，幫助我們一步一趨地跟隨耶穌活出其奧蹟。教會的禮儀主要在藉由一些標記來紀念、表達、慶祝耶穌的一生重要事蹟，幫助我們具體地追隨耶穌，以達到逾越奧蹟最後的目標，在天上與主耶穌會晤。

奧蹟的體驗

五十年的鐸職生活主要的是在學習與講授教會禮儀並編譯禮書，使教友瞭解耶穌逾越奧蹟的意義、藉由禮儀的舉行予以紀念、表達和慶祝，以及在教友生活中的實踐。在我晉鐸紀念日，我獨自靜思、反省、追憶五十年的修道生活。有成就、也有缺失；令我難過的是十二位同班同日晉鐸者目前僅有五位尚健在，兩位已經提前升天，有五位則「分道揚鑣」…。

曾經有人問我：「你五十年的鐸職生活中最滿意的是什麼？」我答說：「我仍然是神父，沒有跑掉！」這當然是

天主特別的恩賜和保護，其次是有禮儀做我五十年來的最愛、我的摯友。當日突然病倒被救護車送到了耕莘醫院急診室。經過醫師急救及診斷，被送進了「加護病房」，一生中從未進過這種地方，感覺上好似被判「坐牢」，也表示罪過（病情）有些嚴重。在病榻上，有一次夢境中好似聽到耶穌的聲音：「孩子，你對禮儀/逾越奧蹟學得不少、講得不少、寫得不少，最後又寫了一本紀念冊《越》，讓信友與耶穌共度其逾越奧蹟，可是彷彿你自己並未曾有過多少體驗，給你一個機會稍微體味一點點，好嗎？」就這樣，耶穌讓我從加護病房到普通病房三進三出，為時一個月之久，使我也獲得耶穌恩賜的一些體驗，很珍貴的體驗，得來不易。 趙一舟神父

知多一點點

天主教為什麼恭敬聖母瑪利亞？

天主教恭敬聖母瑪利亞，有下列四種原因：

1. 聖母瑪利亞是耶穌基督的母親，耶穌基督很敬愛祂的母親；我們既是耶穌基督的信徒，對祂的母親也該有禮貌，表示尊敬；不然，對不起耶穌基督。
2. 聖母瑪利亞是耶穌基督的母親，耶穌基督是天主子降世成人、代人贖罪的救主，祂從聖母瑪利亞取了人性，聖母瑪利亞養育了祂：當祂為代人贖罪，受苦受難受死時，聖母瑪利亞在精神上又分擔了祂的苦難。聖經上記載：耶穌背著重大十字架走苦路時，聖母瑪利亞遠在後面，很難過的跟著祂走；耶穌在加爾瓦略山上被釘時，聖母在旁痛哭觀看；耶穌被懸在十字架上數小時痛苦不堪時，聖母站在十字架下與耶穌一起痛苦悲傷；耶穌死後聖屍被卸下時，聖母接抱在懷中，哀傷萬分。我們可以說，聖母在精神上分擔了耶穌的苦難，幫助祂完成了救贖人類的大功。我們承受耶穌救贖大恩的人，對救主耶穌一定要感激崇拜不盡，但對聖母也該有一份謝意和敬意。
3. 聖母是耶穌基督的母親，她以慈母心腸愛護耶穌基督，她這種慈母心腸，還由耶穌身上擴展到耶穌的信徒

們身上，以愛耶穌的心情愛護耶穌的信徒們，她看到信徒們的疾苦，便在天主台前為他們轉求一切恩典。在天上我們擁有一位這樣的好母親，真是我們的福氣，難道我們不該敬愛她嗎？

待續