

## Theme Sharing

### Repentance is the Way to Salvation

#### (26th Sunday in Ordinary Time)

Jesus' admonition of the chief priests and elders in today's gospel reminds us that, from time to time, our actions may be inconsistent with our words.

Jesus said to the chief priests and elders: "John (the Baptist) showed you the way of righteousness, and yet you did not believe in him". These words in fact can be directed to us as well, and we need to reflect upon ourselves. As Christians, we follow Christ and adhere to his commandments. We may appear to be submissive to Christ's teachings. However, is our submission truly honest, sincere and from the depth of our hearts? Or is it just superficial, with our actions manifestly in contravention to the Will of God? We must acknowledge our sinfulness and seek God's forgiveness. We need to make more effort to obtain God's grace, follow God's Will and live a truly Christian life.

Today's second reading, taken from St. Paul's letter to the Philippians, offers us an unambiguous teaching on the proper Christian spirit and way of life. Simply put, it is love, communion in the Spirit, compassion and sympathy. In order to live in love and solidarity with others, we must remove our selfishness and pride. We must refrain from selfish ambition and conceit, and humbly regard others as better than ourselves. This scripture reading accords a good opportunity for us Christians to reflect upon ourselves if we have ever undertaken any work or task simply for the purpose of earning vain glory and praise from others. Repent, and we shall live!

In humility regard others as better than yourselves, not to tear yourself down but to build yourself up for service.

## Pope's Monthly Prayers Intention

### October General and Missionary Intention

Universal: That the Lord may grant peace to those parts of the world most battered by war and violence.

Evangelization: That World Mission Day may rekindle in every believer zeal for carrying

the Gospel into all the world.

## 2015 Year Of Consecrated Life

### Thanksgiving for the consecrated life

Because the role of consecrated life in the Church is so important, it was my wish that the Synodal Assembly should include, together with the Bishops, a considerable number of consecrated men and women, in order that they too might contribute to the common reflection.

We are all aware of the treasure which the gift of the consecrated life in the variety of its charisms and institutions represents for the ecclesial community. Together let us thank God for the Religious Orders and Institutes devoted to contemplation or the works of the apostolate, for Societies of Apostolic Life, for Secular Institutes and for other groups of consecrated persons, as well as for all those individuals who, in their inmost hearts, dedicate themselves to God by a special consecration. The consecrated life inspires and accompanies the spread of evangelization in the different parts of the world, where Institutes from abroad are gratefully welcomed and new ones are being founded, in a great variety of forms and expressions. Consequently, although in some parts of the world Institutes of Consecrated Life seem to be experiencing a period of difficulty, in other places they are prospering with remarkable vitality. This shows that the choice of total self-giving to God in Christ is in no way incompatible with any human culture or historical situation. Nor is the consecrated life flourishing within the Catholic Church alone. In fact, it is particularly vibrant in the monasticism of the Orthodox Churches, where it is an essential feature of their life. It is also taking root or re-emerging in the Churches and Ecclesial Communities which originated in the Reformation, and is the sign of a grace shared by all of Christ's disciples. This fact is an incentive to ecumenism, which fosters the desire for an ever fuller communion between Christians, "that the world may believe...." (Jn 17:21).

## Diocese & Other News

### Evening Of Prayer For Vocations:

You are invited to a holy hour of prayer for vocations to the priesthood and religious life on Sunday October 5, 2014. Exposition of the Blessed Sacrament will begin at 7:30pm. Place: St. Anne's Parish, Calgary. For further information contact the Office of Vocations at 403-245-2753.

Ride for Refuge 2014 – Looking for a way to give back as a family? We need volunteers! Come man a Rest Stop with your Family or be a Route Marshall out in Springbank on October 4 in support of Elizabeth House and Ride for Refuge. Make a donation to the "Eh Team", made up of Elizabeth House Staff and volunteers. Be a distance sponsor starting at \$100.00. Visit <http://rideforrefuge.org/location/calgary> for details or contact Samantha at 403-218-5531 or [samantha.jones@calgarydiocese.ca](mailto:samantha.jones@calgarydiocese.ca).

### An Appeal to Assist Christian

Iraqis - CNEWA is collecting funds to assist refugees who are fleeing violence and persecution in Iraq. Donations can be made as follows:

- by sending a cheque payable to your parish earmarked "Christian Iraqi Relief Effort"
- by sending a cheque payable to the RC Diocese earmarked "Christian Iraqi Relief Effort" and sent to the Pastoral Centre, 120 17th Ave S.W., Calgary AB T2S 2T2. More on CNEWA: [www.cnewa.org](http://www.cnewa.org).

## Parish Activities

### September 28: Day of Prayer Announced for Synod on the Family

Theme: Pastoral challenges to the family in the context of evangelisation. Pope Francis invited the faithful to join him spiritually in prayer for the Synod of Bishops which will focus on the theme of the Family. The prayer cards are in entrances

### The OLPH Senior Centre will be having its 16th Anniversay Banquet

Date: October 3 (Friday) 6:00pm. Place: Central Grand Restaurant Ticket price is \$30.00 per person.

For details, please contact Tony Ho at 403-681-9181 or Parish office. All seniors and their relatives are welcome.

### Exposition of the Blessed Sacrament on October 4

The October's Exposition of the Blessed Sacrament will be led by Youth Group & Youth Choir on October 4 from 10am to 11am. Fr. Nguyen will listen to Confession. Parishioners are encouraged to attend.

### October is the month dedicated to Holy Rosary of Mary

There will be reciting of Holy Rosary before each Sunday Morning and Saturday evening mass in October.

Please come 20 minutes earlier and join.

#### Prayer Card

Members of the Legion of Mary and Our Lady Queen of China will distribute to every parishioner a Rosary Card after Sunday Mass in October. You are asked to pray at home yourself or with your family according to the intention of the Rosary Card.

### Movie Night: The Bible - Apocalypse

"The revelation of Jesus Christ, which God gave to him, to show his servants, ... John ... what must happen." (REV 1:1). Around AD 90 John the apostle was suppressed by the Roman Empire, exiled to the rocky island of Patmos. There he had visions about future and end of the world. This film interweaves a drama of the persecution of the early Christians under the Roman Empire with the Book of Revelation. The Apocalypse strongly gives hope and consolation to Christians, who listen to this prophetic message and heed what's written. Date: Oct 4, 2014 (Saturday)

Time: 6pm Potluck and 6:30pm start of movie

Place: Upper Hall of OLPH

### Together in Action 2014

".....Faith Working Through Love."

(Galatians 5:6)

Our parish's portion is \$24,300. As of September 9, our campaign has received a total of \$28,680.

We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Donation envelopes can be picked up from both the front and the side entrances.

Let's take action now to respond to Christ's love and sacrifice for the salvation of mankind.

## Weekly Activities

Wed, Fri Oct 1, 3

#### OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri Oct 3

#### Senior Centre Anniversay Banquet

Time: 6:00pm.

Place: Central Grand Restaurant

#### OLPH Scout

Time: 6:30pm.-8:30 pm

Place: Upper Hall & Lower Hall

Sat Oct 4

#### Exposition of the Blessed Sacrament

Time: 10:00a.m. -11:00 a.m.

Place: OLPH Church

#### Legion of Mary ( meeting )

Time: 11:00a.m.

Place: K of C Room at OLPH Church

#### Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

#### Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.

Place: OLPH Church Lower Hall

#### Young Adults choir practice

Time: 6:00 p.m-8:00p.m.

Place: OLPH Lower Hall

#### Movie Night: The Bible - Apocalypse

Time: 6:00 pm potluck, 6:30 pm. movie

Place: OLPH Upper Hall

Sun Oct 5

#### R. C.I.A

#### Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.

Place: OLPH Church Lower Hall

#### Sunday School

Time: 10:00a.m.-12:30p.m.

Place: Office Building

#### Youth Choir-choir practice

Time: 11:00a.m.-12:30p.m

Place: Office Building

#### K of C Matteo Ricci 10119 meeting

Time:12:30p.m.-2:30p.m

Place: OLPH Church K of C room

## Sept 29: St. Michael, St. Gabriel, St. Raphael

### St. Michael

The name of the archangel Michael means, in Hebrew, *who is like unto God?* and he is also known as "the prince of the heavenly host."

Patron: We invoke St. Michael to help us in our fight against Satan; to rescue souls from Satan, especially at the hour of death; to be the champion of the Jews in the Old Testament and now Christians; and to bring souls to judgment.

### St. Gabriel

The name of the Archangel Gabriel's name means "God is my strength". Biblically he appears three times as a messenger.

Patron: Ambassadors; broadcasting; childbirth; clergy; communications; diplomats; messengers; philatelists; postal workers; public relations; radio workers; secular clergy; stamp collectors; telecommunications; Portugal; Archdiocese of Seattle, Washington.

### St. Raphael

Our knowledge of the Archangel Raphael comes to us from the book of Tobit.

His name means "God has healed". His mission as wonderful healer and fellow traveller with the youthful Tobias has caused him to be invoked for journeys and at critical moments in life.

Patron: Blind; bodily ills; counselors; druggists; eye problems; guardian angels; happy meetings; healers; health inspectors; health technicians; love; lovers; mental illness; nurses; pharmacists; physicians; shepherds; against sickness; therapists; travellers; young people; young people leaving home for the first time.

## Stories Faith Sharing

### Sitting on Your Talent

There was a man who played piano in a bar. He was a good piano player. People came out just to hear him play. But one night, a patron told him he didn't want to hear him just play anymore. He wanted him to sing a song.

The man said, "I don't sing."

But the customer was persistent. He told the bartender, "I'm tired of listening to the piano. I want that guy to sing!"

The bartender shouted across the room, "Hey buddy! If you want to get paid, sing a song."

The patrons are asking you to sing!" So he did. He sang a song. A piano player who had never sung in public did so for the very first time. And nobody had ever heard the song Mona, Mona Lisa sung the way it was sung that night by Nat King Cole! He had talent he was sitting on! He may have lived the rest of his life as a no-name piano player in a no-name bar, but because he had to sing, he went on to become one of the best-known entertainers in America. You, too, have skills and abilities. You may not feel as if your "talent" is particularly great, but it may be better than you think! And with persistence, most skills can be improved. Besides, you may as well have no ability at all if you sit on whatever talent you possess! The better question is not "What ability do I have that is useful?" It is rather "How will I use whatever ability I have?"

## Read More Know More The Obligations And Rights Of The Lay Christian Faithful

- Lay persons are bound by the obligation and possess the right to acquire knowledge of Christian doctrine appropriate to the capacity and condition of each in order for them to be able to live according to this doctrine, announce it themselves, defend it if necessary, and take their part in exercising the apostolate.  
-They also possess the right to acquire that fuller knowledge of the sacred sciences which are taught in ecclesiastical universities and faculties or in institutes of religious sciences, by attending classes there and pursuing academic degrees.  
-If the prescripts regarding the requisite suitability have been observed, they are also qualified to receive from legitimate ecclesiastical authority a mandate to teach the sacred sciences.  
-Lay men who possess the age and qualifications established by decree of the conference of bishops can be admitted on a stable basis through the prescribed liturgical rite to the ministries of lector and acolyte. Nevertheless, the conferral of these ministries does not grant them the right to obtain support or remuneration from the Church.  
-Lay persons can fulfill the function of lector in liturgical actions by temporary designation. All lay persons can also perform the functions of commentator or cantor, or other functions, according to the norm of law.  
-When the need of the Church warrants it and ministers are lacking, lay persons, even if they are not lectors or acolytes, can also supply certain of their duties, namely, to exercise the

ministry of the word, to preside offer liturgical prayers, to confer baptism, and to distribute Holy Communion, according to the prescripts of the law.

-Lay persons who permanently or temporarily devote themselves to special service of the Church are obliged to acquire the appropriate formation required to fulfill their function properly and to carry out this function conscientiously, eagerly, and diligently.

## 主日分享

### 悔改是得救的門徑

#### 常年期第二十六主日

有一天，耶穌在耶路撒冷的聖殿裏教訓人，司祭長和民間的長老來到祂跟前，質問祂憑什麼權力在那裏講道。耶穌質問他們若翰的洗禮是從天上來的呢，還是從人來的。他們不敢回答。耶穌說祂也不回答他們的問題。雖然如此，耶穌仍向他們講了一個比喻。這個比喻就是本主日常年期第二十六主日彌撒福音的內容。這比喻的寶貴教訓，也是對今日的我們說的。耶穌說：「我切實告訴你們：稅吏和娼妓都要比你們先進天國。因為若翰來到你們中間，履行了正義，你們卻不信他。稅吏和娼妓倒相信他；你們看見以後，仍不悔悟去相信他。」

現在耶穌把它說出來了，我們便知道：本主日的彌撒福音給我們兩個教訓。第一是人性的軟弱。人可以改變：可以變壞，也可以變好。比喻中的大兒子，父親叫他到葡萄園裏去工作，起初說不去；後來，卻懊悔去了：是變好。那小兒子，起初說去；後來卻沒有去：則是變壞。面對著這樣的一個教訓，我們的態度應該是謙虛反省，承認自己有時也會有「說而不做」的軟弱無能。我們必須要有天主聖寵的不斷助佑，才能改過遷善，不斷歸依，恆久保持天主的寵愛。

第二個教訓是天主的仁慈。這意味著悔改的奇妙功效。我們人只要信賴天主，並在天主面前悔過認罪，天主便會寬恕我們，賞賜我們得救的喜悅。

錄自梵蒂岡電台

## 教宗及福傳祈禱意向

### 十月祈禱及傳教意向：

## 祈禱意向：為和平

願主將平安賜予世界上不斷遭受戰火及暴力摧殘的地區。

## 福傳意向：為世界傳教節

願世界傳教節能再度點燃信友的心，擁有將福音帶到世界各地的熱火。

## 2015 獻身生活年

### 獻身生活贊詞

在教會中獻身生活的角色是如此的重要，我曾表明在天主會議中，除了主教以外，要有相當數目度奉獻生活的男女參與，才能在共同反省中有所貢獻。我們都知道，獻身生活的恩賜，在其多彩多姿的神恩及組織中，表達著教會團體的特色；而這的確是一個寶藏。讓我們一起為各大小不同的隱修或顯修的修會、使徒生活團、在俗團體以及其他的獻身族群，還有一切各自在內心深處向天主作個別奉獻的個人感謝天主。

獻身生活延伸於普世，林立於全球各地方教會。獻身生活激發並陪伴世界各地的福音傳播；這些地方，外來的修會受到歡迎，而各種不同形式、不同表現的新修會也在誕生。

某些地區，修會似乎經驗著一些困難，但在其他一些地區，則如雨後春筍般地興盛。這一點說明在基督內將自身全然獻給天主，並不與任何人間文化或歷史狀況相對立。獻身生活也不僅在天主教會內興盛；其實東方東正教的隱修院生活也極為生動而有力，這是他們生活上的基本特色。在基督教會的各教派中，也開始興起或是再出現這樣的生活。這表示這是所有基督信徒所共享的一份恩寵。這事實是一種走向合一的原動力，培養著一分基督信徒之間愈趨共融的心願，「為使世界相信...。」（若十七 21）

## 堂區活動

### 9月28日：為以家庭為題的世界

#### 天主會議祈禱日

主題：「在福傳背景下的家庭牧靈挑戰」

教宗方濟各親自撰寫《聖家禱詞》，將以家庭為主題的世界主教會議託付於耶穌、瑪利亞和若瑟的聖家。教宗邀請信友們與他一起為全世界家庭祈禱。教友可在教堂入口處拿取《聖家禱詞》禱文。

## 十月敬禮聖母玫瑰月

十月份每天主日彌撒(包括星期六下午五時彌撒)前二十分,本堂將會集體誦唸玫瑰經。

### 玫瑰經卡

聖母會及聖母軍將於十月每天主日彌撒後派發玫瑰經卡,請教友按卡中祈禱意向在家中自行或與家人一齊誦唸玫瑰經。

## 顯供聖體 (十月四日)

永援聖母堂十月份的顯供聖體時間為十月四日上午十時至十一時由青年會及青年聖詠團帶領。當天除了朝拜聖體外,阮神父將為教友聽告解。請各位教友盡量參與!

## 電影晚會: 聖經-默示錄

“耶穌基督的啓示,是天主賜給祂,叫祂把那些必須發生的事,指示給祂的僕人們…若望。”(默1:1) 公元90年左右若望宗徒被羅馬政府壓迫,放逐到帕特摩島,他在苦難中看見了異象,是關於未來和世界末日的。本片以羅馬帝國對基督徒的壓迫為背景,以若望默示錄內容為故事大綱,鋪敘公元一世紀末的基督徒景況。在患難和壓迫當中,默示錄給基督徒帶來極大的安慰和盼望,好叫誦讀和聽了這預言,而又遵行的,是有福了。

日期:十月四日(星期六)

時間:晚上六時 Potluck、六時半放映

地點:永援聖母堂上禮堂

## 永援聖母堂松柏軒十六週年紀念晚宴

日期:十月三日(星期五)

時間:六時恭候,六時三十分入席

地點:亞洲軒酒樓

票價:每位三十元

購票請聯絡何先生 403-681-9181 或

堂區辦事處 403-265-7926

歡迎任何人仕參加。

## 2014 教區公益金

### 「讓我們一起來行動」

主題:「…以愛德行事的信德。」 迦

拉達書:第五章六節

今年本堂的配額為\$24,300。懇請各位教友繼續支持,合力幫助本土社區及國外成千上萬的勞苦大眾。

截至9月9日,捐款已累積至28,680元。捐款信封可在聖堂入口處拿取。

就讓我們立即行動,慷慨解囊!

## 活動一週

星期三、五 10月1,3日

永援聖母松柏軒

時間:上午9時至正午12時

地點:永援聖母堂上禮堂

星期五 10月3日

松柏軒紀念晚宴

時間:六時恭候,六時三十分入席

地點:亞洲軒酒樓

永援聖母堂童軍

時間:晚上6時30分至8時30分

地點:永援聖母堂上禮堂及下禮堂

星期六 10月4日

顯供聖體

時間:上午10時至11時

地點:永援聖母堂

聖母軍

(聖母軍聖母無玷聖心支團)

時間:上午11時(開會)

地點:聖堂二樓騎士會室

楊式太極班

時間:上午10時至12時

地點:永援聖母堂下禮堂

瑜珈初班

時間:下午2時至下午3時15分

地點:永援聖母堂下禮堂

永援聖母大專青年團練習聖詩

時間:晚上6時至8時

地點:永援聖母堂下禮堂

電影晚會 — 「聖經-默示錄」

時間:下午六時 (potluck)

約六時半放映

地點:永援聖母堂上禮堂

星期日 10月5日

成人慕道班 (粵語、國語及英語)

時間上午9時30分至1時30分

地點:永援聖母堂下禮堂

主日學

時間:上午10時至下午12時30分

地點:寫字樓大廈

青少年聖詠團練習聖詩

時間:上午11時至下午12時30分

地點:寫字樓大廈

利瑪竇騎士會 10119 開會

時間下午12時30分至2時30分

地點:聖堂騎士會室

## 九月二十九日: 聖彌額爾, 聖加俾額爾, 聖辣法耳

**聖彌額爾總領天使 (St. Michael, the Archangel)**

「彌額爾」一名意指「誰能相似天主」;他是在天上率領眾天使與撒旦及其隨從爭戰的那一位。聖經描述他是「總領天使之一(達+13)」,且是戰勝地獄勢力的天上領軍者。從宗徒時代開始,這位總領天使就特別為教會所崇敬,且常視他為教會的主保與保護者。雖然他是七位「總領天使」之一,但希臘教父與其他許多人都將其視為眾總領天使之首一「色辣芬的總領天使」。聖彌額爾是雜貨商、水手、傘兵、警察和病人的主保。

## 聖加俾額爾總領天使

(St. Gabriel, the Archangel)

「加俾額爾」一名意指「天主的人」或「上主已彰顯自己的威能」。他第一次是出現在舊約中「達尼爾先知書」裡,負責向先知宣告並解釋關於「七十週」的預言(參閱達九20-27);他的名字亦有在偽經「諾厄之書」裡被提及。

在新約中,他是那位向匝加利亞顯現,宣告若翰洗者誕生的天使;也是負責向聖母瑪利亞顯現,宣告她將由聖神受孕,懷有一子,這孩子將是至高者的兒子,且將是這世界的救主。聖加俾額爾是傳媒工作者的主保。

## 聖辣法厄耳總領天使 (St. Raphael)

聖辣法厄耳是侍立在天主台前的七位總領天使之一。在舊約中,他是受天主差遣幫助托彼特、多俾亞與撒辣一家的天使。當時的托彼特害了眼翳病,後來許配給多俾亞的撒辣,亦因

魔鬼的纏擾，七次在新婚之死了新郎。聖辣法厄耳於是喬裝成一個名叫阿匹黎雅的青年，伴隨著多俾亞一同前往瑪待。聖辣法厄耳幫助多俾亞經歷了許多艱難，且教他如何安然地與撒辣度過新婚之夜。多俾亞說，聖辣法厄耳使他順利娶得一位妻子，其岳父亦因聖辣法厄耳趕走在撒辣內的邪靈而歡欣喜樂；同時，他也因著老父能再看到天上之光，且藉著聖辣法厄耳代求而從天主領受許多美好之物，為此，大加讚揚聖辣法厄耳。

辣法厄耳一名的意義是「天主醫治」，此身分源自於偽經「諾厄之書」的描述，書中寫到，當世界為墮落天使的罪惡所玷污之時，天主派遣他「醫治」了這世界；同時，人們也相信他就是那位在羊門水池攪動池水，使病人獲得痊癒的天使（參閱若五 2-9）。聖辣法厄耳也是盲人、愉快的會晤（happy meeting）、護士、醫生與旅人的主保。

## 聖言的力量

### 當我懷疑天主是否了解我時 (希四 14-16)

我們既然有一位偉大的，進入了諸天的司祭，天主子耶穌，我們就應堅持所信奉的真道，因為我們所有的，不是一位不能同情我們弱點的大司祭，而是一位在各方面與我們相似，受過試探的，只是沒有罪過的。所以我們要懷著依恃之心，走近恩寵的寶座，以獲得仁慈，尋到恩寵，作及時的扶助。

## 靈修小故事

### 做上主的朋友花得來嗎？

印度德肋撒修女往往語出驚人。一次有一群美國教師到加爾各答訪問她：他們問她一些對家庭比較實用的問題。

德肋撒修女說：「在家裡先生要對太太微笑。太太也常對丈夫微笑。」

有人也許覺得這種意見來自一個沒有結婚的人，未免有點「小兒科」，就半開玩笑地問她說：「修女，請問你結婚了嗎？」

「當然！」這回答使大家嚇了一跳。她接著說：「而且，我發現：常常對耶穌微笑並不是件容易的事。耶穌的要求可是很嚴苛的呢！」

這使人想起阿維拉(Avila)的神秘聖女德萊莎(St. Terese)：她會向耶穌「撒嬌」，抱怨自己要忍受諸多的痛苦。耶穌對聖女說：「難道你不知道，這就是我款待朋友的一貫作風嗎？」

聖女說：「難怪一直以來你朋友都這麼少了！」

## 知多一點點

### 平信徒之義務與權利

- 平信徒有義務及權利獲得符合其個人能力和條件的教義知識，使能按基督宗教道理而生活，宣講道理並在必需時為道理辯護，並參與執行使徒工作。
- 平信徒亦有在教會大學、院系或宗教學院獲取更深的聖學知識，上課並考取學位。
- 同樣遵照有關必要資歷的規定，平信徒得由教會合法主管聘任講授聖學。
- 男性平信徒，凡具有主教團所規定的年齡及才能者，得依禮儀規定擢升為固定的讀經及輔祭之職；但此職務之授予，並不包括由教會供給生活補助或報酬。
- 平信徒可臨時被指派在禮儀行為中擔任讀經職；同樣，所有平信徒皆得擔任釋經員、唱歌及其它依法律規定能盡的職務。
- 在教會有需要的地方，缺乏聖職人員時，須勸導平信徒，雖非讀經或輔祭員，亦得擔任其職務，即施行聖道職，主持禮儀祈禱，並依法律規定，施行聖洗並分送聖體。
- 平信徒，凡長期或暫時延聘為教會特殊服務者，必須適合善盡己職所需的訓練，為能有意識地、殷勤而謹慎地完成此職。