

Happy Father's Day 父親節快樂

Thank you, friend Jesus,
for God, your father and mine,
who made me and is always with me.
Grant your blessings for our Pastor and all
fathers on this special day which honors
them!

願我們在天上的父親受讚頌，
願我們在教會內的父親受讚頌，
願我們在地上的父親受讚頌。
多謝主耶穌基督恩賜給我們愛我們的
父親，愛我們的司鐸，願你的祝福常
與他們同在！

Theme Sharing

The Holy Trinity

The Mystery of Love

Today is the Feast of the Holy Trinity, and the scripture readings in today's mass all dwell on the Mystery of the Holy Trinity.

The gospel reading is an extract of a thought-provoking discussion between Jesus and Nicodemus. Apart from revealing God's infinite love for men, Jesus also emphasizes on the need to believe in him: "*Whoever believes in me will not be condemned, but whoever does not believe has already been condemned, because he has not believed in the name of the only Son of God.*" (John 3:18)

In the first reading, God reveals to Moses his divine attributes. It happens just before the Ten Commandments are to be proclaimed to the Israelites. The Lord describes himself as a God "*full of mercy and compassion, slow in anger and rich in steadfast love and faithfulness.*" That God is kind and merciful is in fact a dogma in Judaism. Indeed, the image of such a God is portrayed throughout the Old Testament: "*The Lord your God carried you, just like a man carrying his child, all along your journey*" (Deuteronomy 1:31); "*I put my trust in God's love, forever and ever*" (Ps.52); and "*You are my fortress and my loving God*" (Ps.58).

Paul mentions "grace", "love" and "communion" in the second reading to indicate God's infinite mercy and kindness to his people. In a way, he explains the different

roles played by the Trinity in God's plan of salvation for us. This is aptly stated by St. Athanasius: "*... for grace and the gift of the Trinity are given by the Father through the Son in the Holy Spirit. Just as grace is given from the Father through the Son, there could be no communication of the gift to us except in the Holy Spirit. But when we share in the Spirit, we possess the love of the Father, the grace of the Son and the fellowship of the Spirit himself.*" (First Letter to Serapion). In other words, God is Love; the Father being the source and focus of love, the Son being the action (grace) of love and the Holy Spirit being the communion of this love. So when we are one with God, we are living in the love of the Father, the grace of the Son and the fellowship of the Holy Spirit. Accordingly, love is the Christian way of life. When we follow Christ's commandment to love one another, God abides in us, and we in him.

As Christians, we are blessed to receive our baptism in the name of the Holy Trinity, and so enter into the Trinitarian love and life. As Paul puts it, we must live in harmony with one another, be of one heart and mind, and be a living testimony that "God is Love".

Gospel of joy

Evangelii Gaudium

«Gospel of Joy»

Church to open the door, issuing prophetic voice

26. Paul VI invited us to deepen the call to renewal and to make it clear that renewal does not only concern individuals but the entire Church. Let us return to a memorable text which continues to challenge us. "The Church must look with penetrating eyes within herself, ponder the mystery of her own being... This vivid and lively self-awareness inevitably leads to a comparison between the ideal image of the Church as Christ envisaged her and loved her as his holy and spotless bride (cf. Eph 5:27), and the actual image which the Church presents to the world today... This is the source of the Church's heroic and impatient struggle for renewal: the struggle to correct those flaws introduced by her members which her own self-examination, mirroring her exemplar, Christ, points out to her and condemns". [23] The Second Vatican Council presented ecclesial conversion as openness to a

constant self-renewal born of fidelity to Jesus Christ: "Every renewal of the Church essentially consists in an increase of fidelity to her own calling... Christ summons the Church as she goes her pilgrim way... to that continual reformation of which she always has need, in so far as she is a human institution here on earth". [24] There are ecclesial structures which can hamper efforts at evangelization, yet even good structures are only helpful when there is a life constantly driving, sustaining and assessing them. Without new life and an authentic evangelical spirit, without the Church's "fidelity to her own calling", any new structure will soon prove ineffective. An ecclesial renewal which cannot be deferred. To Be Continued
Apostolic Exhortation Evangelii Gaudium

Diocese & Other News

Balkan Flood Relief - Catastrophic floods are occurring in Bosnia, Herzegovina, Croatia, Serbia and the mass of the Balkan Peninsula over the past few weeks. Caritas Canada is channelling funds to the respective Caritas groups who are working on the ground. If you would like to make a donation towards the Balkan flood relief, please make your donation by sending a cheque payable to your parish, earmarked "D & P – Balkan Floods" or by sending a cheque payable to the RC Diocese of Calgary, earmarked "D & P – Balkan Floods" and sent to the Pastoral Centre at 120 -17th Ave S.W. Calgary AB T2S 2T2. Thank you for your generous contributions!

Upcoming Ordinations

- Ordination of Adrian Martens to the Permanent Diaconate for service in the Personal Ordinariate of the Chair St. Peter, Saturday June 14, 10:30 am, St. John the Evangelist Catholic Church, Calgary 1423 8th Avenue S.E.
- Ordination of Colin O'Rourke to the Transitional Diaconate, Sunday June 22, 10:00 am, St. Mary's Cathedral.
- Ordination of Colin O'Rourke to the Priesthood, Saturday July 5, 11:00 am, St. Mary's Cathedral.

Volunteering with Inn From the Cold -

Are you interested in volunteering with Inn from the Cold to assist those who are homeless? There are many ways in which

you can use your gifts and talents within this fulfilling ministry. For more information call 403-536-5682.

Parish Activities

OLPH Summer Mass schedule

Mass schedule in July and August will be revised as follows:

Saturday : 5:00pm (in Mandarin)

Sunday: 9:30 am (in English)

11:00 am (in Cantonese)

Tuesday (7:00 pm) English Mass will be suspended

Normal Mass schedule will be resumed from September 7.

Summer Bulletin Break

Please note that the last bulletin before the summer will be June 29. It will be resumed in the week of September 7.

K of C Matteo Ricci 10119-25th

Anniversary Thanksgiving Mass

Please join us to celebrate our 25th Anniversary Thanksgiving Mass, going to be held on Sunday, June 29, 2014 at 11:30am Mass at OLPH Church

Celebrant: Our Council Chaplain –

Fr. Joseph Nguyen

Reception at Upper Hall after Mass

OLPH Breakfast Corner

OLPH Pastoral Care Team will be hosting a Breakfast Corner on Sunday, June 29th at OLPH Upper Hall after every Mass.

Ticket price: \$5.00 each

Tickets are available at the religious article counter until June 22, 2014.

Ms. Yvonne Hau, Diversity Liaison, Public Health Alberta Health Services will be hosting a talk on " Hepatitis C, Hepatitis B and HIV at 1:00 p.m.

All Parishioners and friends are welcome!

Together in Action 2014

".....Faith Working Through Love."

(Galatians 5:6)

Our parish's portion is \$24,300. As of April 27th, our campaign has received a total of \$13,870.

We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Donation envelopes can be picked up from both the front and the side entrances.

Let's take action now to respond to Christ's love and sacrifice for the salvation of mankind.

Weekly Activities

Wed, Fri 18, 20

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church, Upper Hall

Fri 20

OLPH Scout

Time: 6:30pm.-8:30 pm

Place: Upper Hall & Lower Hall

Faith Sharing Group (Sacred Heart)

Time: 7:30p.m.-10:00p.m.

Contact: Doris Ho 403-271-6884

Sat 21

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:15 a.m. - 11:15 noon

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 6:00 p.m-8:00p.m.

Place: OLPH Upper Hall

Sun 22

Fr. Joseph Birthday Blessing Sunday

School and Youth Group

Time: 10:00 a.m. Mass

Let There Be Light

Fathers Day Quote

4 years: My Daddy can do anything!

7 years: My Dad knows a lot...a whole lot.

8 years: My father does not know quite everything.

12 years: Oh well, naturally Father does not know that either.

14 years: Oh, Father? He is hopelessly old-fashioned.

21 years: Oh, that man-he is out of date!

25 years: He knows a little bit about it, but not much.

30 years: I must find out what Dad thinks about it.

35 years: Before we decide, we will get Dad's idea first.

50 years: What would Dad have thought about that?

60 years: My Dad knew literally

everything!

65 years: I wish I could talk it over with Dad once more.

Stories Faith Sharing

Children's story for Father's Day

Good morning children! Today is Father's day and we want to give thanks the many important things that dads do. I brought some things in this morning that remind me of some of the things that dads do.

(Hold up the wrench) Do you know what this is and what it is used for? Yes, it's a wrench that is used for fixing things. Many dads are good at fixing things that are broken around the house.

(Hold up a baseball mitt) Do you know what this is? That's right, it's a baseball mitt. Some dads like to help play different sports or games around the house.

(Hold up some money) Yes, you know what this is. It's money. Although some dads work at home, many dads have a job that they work at that helps provide money for the family. That money can be used to buy food, clothing and many other good things.

(Hold up a toy car) What's this? Yes, it's a toy car. I couldn't bring in a real car because it would be too big but this small car reminds me that often dads help drive us to different places in the car.

That is just a few of the things that dads often like to do, but each dad has their own special way of helping us out. Since this is father's day it is the perfect time to remember all that they do and to take time to say "thank you" to them. If you don't have a dad living with you make sure you say "thank you" to the people that help look after you.

The bible says that all of us have God as a father as well. Although we can't see him he is real. He knows us, he watches over us, and he loves us so much. So I hope that you can take time today to say "thank you" to your dad or whoever looks after you. Also, take time to say thank you to God our heavenly Father because he is looking after us too.

Pray: Thank you God for dads. They are very important and we are grateful for all they do. Also, thank you for all the people that look after us and care for us. We also want to thank you God because all of us have you as a wonderful heavenly Father. In Jesus' name, Amen.

[Read More Know More](#)

The Trinity

The Trinity is that it can be a difficult concept to grasp. But this does not necessitate an argument against its validity. On the contrary, the fact that it is difficult is an argument for its truth. The Bible is the self revelation of an infinite God. Therefore, we are bound to encounter concepts which are difficult to understand -- especially when dealing with an incomprehensible God who exists in all places at all times. So, when we view descriptions and attributes of God manifested in the Father, the Son, and the Holy Spirit, we discover that a completely comprehensible and understandable explanation of God's essence and nature is not possible. What we have done, however, is derive from the Scripture the truths that we can grasp and combine them into the doctrine we call The Trinity. The Trinity is, to a large extent, a mystery. After all, we are dealing with God Himself.

It is the way of the cults to reduce biblical truth to make God comprehensible and understandable by their minds. To this end, they subject God's word to their own reasoning and end in error. The following verses are often used to demonstrate that the doctrine of the Trinity is indeed biblical:

•Matt. 28:19, "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit,"

•1 Cor. 12:4-6, "Now there are varieties of gifts, but the same Spirit. 5And there are varieties of ministries, and the same Lord. 6And there are varieties of effects, but the same God who works all things in all persons."

•2 Cor. 13:14, "The grace of the Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all."

•Eph. 4:4-7, "There is one body and one Spirit, just as also you were called in one hope of your calling; 5one Lord, one faith, one baptism, 6one God and Father of all who is over all and through all and in all. 7But to each one of us grace was given according to the measure of Christ's gift."

•1 Pet. 1:2, "according to the foreknowledge of God the Father, by the sanctifying work of the Spirit, that you may obey Jesus Christ and be sprinkled with His blood: May grace and peace be yours in fullest measure."

•Jude 20-21, "But you, beloved, building yourselves up on your most holy faith; praying in the Holy Spirit; 21keep yourselves in the love of God, waiting anxiously for the mercy of our Lord Jesus Christ to eternal life."

主日分享

天主聖三節 愛的奧秘

本主日是天主聖三節。彌撒中的福音和兩篇讀經都闡述天主聖三奧蹟的道理。

天主是愛。天主的愛體現在祂的救世計劃上。這是本主日天主聖三節彌撒的主題。

我們從彌撒福音說起。福音除了啓示天主無限的愛之外，也強調了信仰基督的必要性。「信祂的人，不受審判；不信祂的人，已受了審判，因為他們不信天主唯一聖子之名。」

本主日彌撒中的讀經一取自出谷紀。記載「天主的自我啓示」。天主在給祂子民以色列人頒佈十誡之前，先向他們的領袖梅瑟，啓示了自己的本性。祂說自己是「慈悲寬仁的天主，不輕易發怒，富於慈愛和信實。」讀經二取自聖保祿宗徒致格林多人後書。聖保祿宗徒用「恩寵」、「愛情」、「共融」三個字眼，來表示天主的無限慈愛，同時也說明天主聖三對我們各人的得救所擔任的不同角色。據教父聖亞大納削的解釋，「我們從天主聖三那裏所接受的一切『愛情』和『恩寵』，都是源於天主聖父，通過天主聖子，在與天主聖神的『共融』中而得到的。

我們是基督徒。我們有福因天主聖三之名領受了聖洗，進入了天主聖三的愛情生命，聖保祿宗徒說得好，我們「要同心合意，和睦相處」，活出「天主是愛」的真生命。

(錄自梵蒂岡電台) 梁煜寧供稿

福音的喜樂

「福音的喜樂」
教會要敞開大門

渴望與主耶穌相遇

「西滿和同他一起的人，因了他們所

捕的魚，都驚駭起來。」(路五 9)
耶穌以豐厚的漁獲向伯多祿預示了眾多的靈魂將被拯救。

伯多祿與耶穌的邂逅是人生的轉捩點，促使他下定決心要跟隨主耶穌，履行傳教的使命。

每位基督徒都渴望在生活中與主耶穌相遇，基督徒的生活基礎務要與耶穌基督奠立根基(參格前三 11)，要切望與這位被釘在十字架上死而復活的主耶穌相遇，視之為人生的終向。

可是，伯多祿的驚駭只是短暫的，當刻的感動未能支持他去見證耶穌在十字架上的苦難，他更三次否認耶穌。即使耶穌從死者中復活，親自顯現給伯多祿，伯多祿仍然懷疑。

耶穌升天後，伯多祿不再宣講福音，決定重操舊業去打魚(參若二十一 3)，惟力倦神疲也毫無收穫，從前的勃勃朝氣隨之消逝。

主耶穌是慈悲的，他讓伯多祿再次經驗在首次邂逅時的驚駭，遂向門徒們說：「向船右邊撒網，就會捕到。」他們便撒下網去，因為魚太多，竟不能拉上網來(若二十一 6)。

伯多祿最終在五旬節領受了聖神，他依恃著這份恩寵，堅持傳揚主道，直至在羅馬為主殉道。

在生活中，你會有與主耶穌相遇的經驗嗎？猶如在往厄瑪烏的路上，耶穌與門徒談話、講解聖經，令你的心變得火熱(參路二十四 32)的觸動？若然，你期盼與主邂逅，就誠心祈求耶穌向你顯現。

緊記！要「領受聖神」(若二十 22)你應每天或經常領聖體，讓耶穌煥發更新你的心靈。

如果，你真誠尋求耶穌，他會藉聖體聖事給你無限驚喜，使你的心神歷久常新，好使他人在你身上也能經驗主耶穌的慈愛，驚訝耶穌的大能而追隨他，一起向永恆生命邁進。

堂區活動

暑期主日彌撒

七、八月之主日彌撒將更改如下：

星期六主日提前彌撒：五時(國語)

星期日早上彌撒：九時卅分(英文)

十一時(廣東話)

星期二黃昏彌撒暫停

九月七日之主日開始，主日早上彌撒及星期二黃昏彌撒將照以往時間舉行

暑期堂區通訊

六月二十九日的堂區通訊將會是暑期前最後一期，九月七日再刊

利瑪竇騎士會 10119 分會慶祝廿五週年感恩彌撒。

為慶祝本分會廿五週年活動，我們將於六月廿九日，十一時三十分舉行主日感恩彌撒。

由本會神師阮明聰神父主持，林偉良執事及眾騎士會兄弟協助。感恩祭後，於上禮堂茶點招待。敬邀騎士會兄弟親友們齊來參加。

早餐交流會及講座

為促進堂區教友情誼，永援聖母牧靈關愛組特設早餐交流會。

日期：六月二十九日（星期日）

時間：八時三十分彌撒後有茶點招待，十時及十一時半彌撒後有精美中式早餐供應

地點：卡城永援聖母堂上禮堂

購票：費用每位五元，由即日起至六月二十二日在聖物部購買。

講座：下午一時由亞省公共健康部 Yvonne Hau 主講乙型，丙型肝炎及人體免疫缺陷病毒(HIV) 祈望各教友攜同親友擁躍參加。

2014 教區公益金

「讓我們一起來行動」

主題：「...以愛德行事的信德。」迦拉達書：第五章六節

今年本堂的配額為\$24,300。我們將於2014年內完成堂區未完成的公益金承諾的工程。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。

截至4月27日，捐款已累積至13,870元。捐款信封可在聖堂入口處拿取。就讓我們立即行動，慷慨解囊！

活動一週

星期三、五 18, 20

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期五 20

永援聖母堂童軍

時間：晚上6時30分至8時30分

地點：永援聖母堂上禮堂及下禮堂

信仰小團體 (Sacred Heart)

時間：晚上7時30分至10時

聯絡：Doris Ho 403-271-6884

星期六 21

聖母軍

(聖母軍聖母無玷聖心支團)

時間：上午9時45分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午10時15分至11時15分

地點：永援聖母堂下禮堂

瑜珈初班

時間：下午2時至下午3時15分

地點：永援聖母堂下禮堂

永援聖母青年團練習聖詩

時間：晚上6時至8時

地點：永援聖母堂上禮堂

星期日 22

阮神父祝福生日的主日學及

青年會會員

時間：10時彌撒

心靈小品

我懂你的愛，老爸

送給親愛的爸爸，祝福爸爸節日快樂，永遠健康，爸爸，我愛你。

同時祝福全天下所有愛著兒女和被兒女愛著的父親節日快樂。

老爸是一座高山

女兒是山上升起的朝霞

老爸是一條大河

女兒是河裡歡笑的浪花

女兒眼中的老爸

高山一樣挺拔

大河一樣瀟灑

挺拔瀟灑的老爸

是兒女的靠山靠山

支撐起幸福的家

支撐起幸福的家

男孩兒親媽，女孩兒親爸

噢，親愛的老爸老爸

男孩兒親媽，女孩兒親爸

噢，親愛的老爸老爸

老爸有一個童話

女兒是變成天鵝的丑小鴨

老爸有一個童謠

女兒是童謠天空的月亮娃

老爸眼中的女兒

天鵝一樣美麗

月亮一樣光華

美麗光華的女兒

是老爸的驕傲驕傲

是父母心裡的花

是父母心裡的花

親情至愛，親情無價

噢，親愛的老媽老爸

靈修小故事

父親節的由來

第一個父親節，乃是由住在美國華盛頓州士波肯市(Spokane)的多德夫人(Sonora Louise Smart Dodd)於1910年所發起的。在她13歲那一年，母親在生產時不幸難產去世，遺留下6名子女(包括一名新生兒)。她的父親威廉·史馬特先生(William Smart)在成為為鰥夫後立志不再續弦，在美國華盛頓州東部的一個鄉間農場，父兼母職地栽培養育他的6名兒女。多德夫人排行老二，也是家中唯一的女孩，她感念父親經過幾十年的日夜辛苦，終於將兒女們個個提拔養育成人，正當子女們懷著反哺的心意，盼望能讓父親安享晚年之時，史馬特先生卻因經年累月的體力透支、過度勞累而病倒，於1909年離開世界。

同年，多德夫人在參加母親節感恩禮拜後，與教會瑞馬士牧師(Rev. Rasmus)分享她父親在養育兒女過程中所付出的愛心與努力，事實上並不亞於任何一位母親，她希望能有一個特別的日子，向自己的父親致敬。瑞馬士牧師聽了多德夫人的故事後，深受史馬特先生的精神與愛心感動，並讚許、支持多德夫人推動設立父親節，隨即得到各教會組織的支持。她同時寫信向市長與州政府表達自己的想法與提

議。在多德夫人的奔走努力下，士波肯市市長與華盛頓州州長公開表示讚成，於是美國華盛頓州便在 1910 年 6 月 19 日，舉行了全世界第一次的父親節聚會。在 1924 年，美國總統凱文·庫力吉(Calvin Coolidge)支持父親節成爲全美節日。到了 1966 年，美國總統倫敦·強生(Lyndon Johnson)選用史馬特先生的生辰月份，宣佈當年六月爲美國父親節之月。直到 1972 年，美國總統正式簽署文件，將每年六月的第三個星期日，定爲全美國的父親節，從此成爲美國永久性的國定紀念日。由於當年多德夫人感念父親的行動與努力，影響了全國上下才制定了父親節；今天我們是否有作出任何行動與努力，來感念我們世上辛勞的父親呢？又有否作出任何行動與努力，來報答天上偉大慈愛的天父呢？

知多一點點

天主聖三

一、天主聖三的道理在舊約中不太清楚，到新約時代耶穌才啓示給我們，祂會說：我也要求父，祂必會賜你們另一位護慰者，使祂永遠與你們同在，祂是世界所不能領受的真理之神。(若 14：16~17)

我父因我的名所要派遣來的聖神，祂必要教訓你們一切。(若 14：26)

當護慰者，就是我從父那裡要給你們派遣的那發於父真理之神來到時，祂必要爲我作證。(若 15：26)

你們要去使萬民成爲門徒，因父及子及聖神之名給他們授洗。(瑪 28：19)

耶穌受若翰洗禮後，天門大開，天主聖三顯現。(瑪 3：13~17)

二、教會的傳統解釋

使徒信經有三位：聖父、聖子、聖神的名字。到第三世紀有異端相反這端道理，教會才明文規定：「天主只有一體，而分三位，三位均平等，三位共是一個天主……」這端道理闡述如下：天主認識自己而生觀念，這觀念是天主理智的產物，即是天主第二位聖子，好似我們的觀念是我們理智的產物一般。聖父與聖子之間有互愛，而這愛情就是天主聖神。三位一體不易明瞭，那是事實，但是其間沒有矛盾，也是定而不移的，因爲我們如說：天主是一個，又是三個，乃是矛盾；但我們如說：天主一體而有三位，則無矛盾。爲解釋清楚一些我們可說：光體，光與熱三樣都屬於光，但三者不盡相同。

三、謙虛的相信

三、謙虛的相信

在現世我們只該信這端道理，但不能懂清楚，聖保祿使徒會說：「天主的富饒、上智和知識多麼高深！祂的決斷是多麼不可測量！祂的道路是多麼不可探察，誰會知道天主的心意，或者，有誰會當過祂的顧問？(羅 11：33~35)」聖三道理不是比這更奇妙嗎？

如果我們知道的不清而就否認道理的存在，是不合理的。我們信這端道理全憑天主的權威，自然界中有許多奧祕，科學家也不能完全了解，我們對天主聖三道理也是這樣。如果全部了解，那我們就同天主一樣了。另一方面我們不要對這種道理作過多好探討與追究，因爲這樣容易誤入歧途而陷於異端。

四、恭敬天主聖三

作教友守誠命乃是天父的子女，耶穌的弟兄姊妹，天主聖神的宮殿，犯大罪就把這些恩惠給丟掉了。

一位大德行的神父名厄里業，是蘇爾比斯修會創始人，他爲特敬聖三曾立下會章：修士每次唸日課前要唸：「願至聖不可分之聖三永受讚美。」又命修士朝拜聖三、感謝聖三，把行爲勞苦獻於聖父，言語思想獻於聖子，內心七情獻於聖神。此外，熱心唸聖三光榮誦，劃十字聖號。希望我們對聖三也有一種特別的敬意。