

Theme Sharing

Participation in the One Priesthood of Christ (5th Sunday of Easter)

In today's mass, all three readings touch on the same subject: ensuring the participation of all within the Church in the one priesthood of Christ.

The first reading, from the Acts of the Apostles, recounts the appointment of deacons in the early Church. The apostles, for fear that they might have neglected the word of God through "waiting on tables", decided to choose from the disciples several people "of good standing, full of the Holy Spirit and wisdom" to take charge of day-to-day matters within the faith community. The seven disciples so chosen became the first deacons of the Church. Nowadays in the hierarchy of the Church, ordained priests and deacons, along with bishops as successors to the apostles, assume the function of "ministerial priesthood".

Another form of priesthood, the "common priesthood" of all baptized Christians, is set out in the first letter of Peter as in today's second reading. An explanation of this form of priesthood is found in the Second Vatican Council document of *Lumen Gentium*, as follows:

"The baptized, by regeneration and anointing of the Holy Spirit, are consecrated as a spiritual house and a holy priesthood, in order that through all those works which are those of the Christian man they may offer spiritual sacrifices and proclaim the power of Him who has called them out of darkness into his marvelous light. Therefore all disciples of Christ, persevering in prayer and praising God, should present themselves as a living sacrifice, holy and pleasing to God. Everywhere on earth they must bear witness to Christ and give an answer to those who seek an account of that hope of eternal life which is in them."

Though they differ from one another, the common priesthood of the faithful and the ministerial priesthood of bishops, priests and deacons are interrelated, as each of them in its own special way is a participation in the one priesthood of Christ. Jesus Christ is the cornerstone, rejected by human but chosen by God to be our High Priest. As part of the Body of Christ, we enter into his life and share in the holy

priesthood that offers spiritual sacrifices which Christ has made acceptable to God, so that all men can be reconciled with our Heavenly Father.

In today's gospel, Christ reveals Himself as the Son of God, declaring that He knows the Father and that no one can come to the Father except through him. This is surely a great consolation to us pilgrims on earth. Through our baptism, we participate in our common priesthood. It is our mission on earth to offer our lives as a testimony of God's love for all men. On the other hand, bishops, priests and deacons participate in the ministerial priesthood of Christ by consecrating their lives for the service of God and the faith community. Through their ordained ministry, the presence of Christ is made visible to the faithful. So the common priesthood and ministerial priesthood in fact complement one another in the accomplishment of Christ's mission, and lead all men to the Way and the Truth so that all may come to know the Father and have fullness of life.

Let us all be conscious of our holy priesthood, and let us pray with one voice: "God our Father, look upon us with love. You redeem us and make us your children in Christ. Give us true freedom and bring us to the inheritance you promised. We ask this through Christ our Lord. Amen."

Gospel of joy Evangelii Gaudium

«Gospel of Joy» Church to open the door, issuing prophetic voice

The Church's Missionary Transformation

19. Evangelization takes place in obedience to the missionary mandate of Jesus: "Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you" (Mt28:19-20). In these verses we see how the risen Christ sent his followers to preach the Gospel in every time and place, so that faith in him might spread to every corner of the earth.

20. The word of God constantly shows us how God challenges those who believe in him "to go forth". Abraham received the call to set out for a new land (cf. Gen 12:1-3). Moses heard God's call: "Go, I send you" (Ex 3:10) and led the people towards the

promised land (cf. Ex 3:17). To Jeremiah God says: "To all whom I send you, you shall go" (Jer 1:7). In our day Jesus' command to "go and make disciples" echoes in the changing scenarios and ever new challenges to the Church's mission of evangelization, and all of us are called to take part in this new missionary "going forth". Each Christian and every community must discern the path that the Lord points out, but all of us are asked to obey his call to go forth from our own comfort zone in order to reach all the "peripheries" in need of the light of the Gospel.

23. The Church's closeness to Jesus is part of a common journey; "communion and mission are profoundly interconnected". [20] In fidelity to the example of the Master, it is vitally important for the Church today to go forth and preach the Gospel to all: to all places, on all occasions, without hesitation, reluctance or fear. The joy of the Gospel is for all people: no one can be excluded. That is what the angel proclaimed to the shepherds in Bethlehem: "Be not afraid; for behold, I bring you good news of a great joy which will come to all the people" (Lk 2:10). The Book of Revelation speaks of "an eternal Gospel to proclaim to those who dwell on earth, to every nation and tongue and tribe and people" (Rev 14:6).

To Be Continued
Apostolic Exhortation *Evangelii Gaudium*

Parish Activities

The Pentecost Novena

The feast day of Pentecost will be coming soon. To prepare ourselves to receive the gifts of the Holy Spirit, our parish encourages parishioners to pray The Pentecost novena at home.

Honoring the Holy Spirit is the oldest of all novenas, and it is still the only novena officially prescribed by the Church. Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

The Novena begins on May 30 (Friday) and ends on June 7 (Saturday).

Parishioners can pick up the Pentecost Novena booklet at the Church main and side entrances.

OLPH Pastoral Care Team and Health Care Apostolate, Diocese of Calgary will have a workshop "Basic Understanding of Mental Health Issues and Illness & Spirituality"

Date : Saturday, June 14, 2014

Time: 9:30 a.m. to 2:30 p.m.

Venue: OLPH Church Upper Hall

Registration fee \$40.00

(include manual, breakfast & lunch)

Registration or further information , please contact Sr. Magdalena Chan (403-690-2973) or (403-265-7926)

Together in Action 2014

".....Faith Working Through Love."

(Galatians 5:6)

Our parish's portion is \$24,300. As of April 27th, our campaign has received a total of \$13,870.

We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Donation envelopes can be picked up from both the front and the side entrances. Let's take action now to respond to Christ's love and sacrifice for the salvation of mankind.

Weekly Activities

Wed, Fri 21, 23

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church, Upper Hall

Tues 20

Perpetual Help Harmony Choir

Time: 7:00p.m.-9:00p.m.

Place: OLPH Church, Upper Hall

Fri 23

OLPH Scout

Time: 6:30pm.-8:30 pm

Place: Upper Hall & Lower Hall

Sat 24

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:00 noon

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 6:00 p.m-8:00p.m.

Place: OLPH Upper Hall

Faith Sharing Group (N.W.)

Time: 7:30p.m.-10:00p.m.

Contact: Wendy Tai 403-208-2268

Sun 25

Fr. Mak Birthday Blessing Sunday

School and Youth Group

Time: 10:00 a.m. Mass

R. C.I.A

Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: Office Building

Let There Be Light

A Long Journey to Success

Life's many roads, lead us in many different directions on different paths,

On these roads of travel we see new people, new things,

Everything appears to be perfect.

But, there shall come times when the road is long,

The journey seems rough and the new people,

Places and things you once saw, are no longer around...

You stand alone.

Even though the road may then seem lonely, you keep pushing on -

Praying -

Believing that "Yes I can, Yes I will."

And when no one else believes in you, you believe in yourself.

I know the road was hard, it was long -

Because I traveled the same path.

So don't look back, just continue to push forward -

All that are in the way, move them out - shun the negativity.

Stay head strong, thank God for everything -

Especially for this long harsh road.

Because it was simply

A long journey to success.

by Shauneille DeLaney

Stories Faith Sharing

Waiting On God

Has God ever spoke to you "through" another person? I would venture to say that most of us have experienced this, although some of us may not have been aware of what was happening. This recently happened to me as I was in the process of responding to an e-mail sent to me by a dear sister in my church.

She was concerned about how hard it is to wait on God. I usually use events from my own life to help in ministering to other people. I told her that one of the hardest things in my life is also waiting on God. It's not quite as hard as it used to be because of what God has taught me. The biggest mistakes of my life have happened because I got ahead of Him. I just wanted to help Him out a little; I'm sure you know what I mean. Almost always, this is a recipe for disaster. These particular mistakes not only affected me, but others as well, especially my immediate family.

I allowed other well-meaning people to sway my thinking, but ultimately I was to blame.

This thought came to me as I was answering the above-mentioned e-mail. You've heard the old saying: "If it looks like a duck, walks like a duck, and quacks like a duck, then it's a duck". This is not always true, especially when you're dealing with the things of God.

Looks can be very deceiving, so we must be ever vigilant, always on guard because the devil will do anything in his power to destroy us. We can be fooled by the devil, and we can even be fooled by our own selves.

So how can we know if it is really God that is speaking to us? One thing we can know for sure is that God will never, ever, advise us to engage in anything that is the tiniest bit wrong or sinful. Waiting on God is not just waiting. He is teaching us, growing us, loving us, and allowing us to know more about Him during the wait. There is another problem that we sometimes encounter during our wait for God. Sometimes we know that whatever it is that we are praying for is all right with God, but the timing is not right. We are supposed to wait some more. This is the area in which I have probably made the most mistakes.

To personally be in fellowship with Him is the answer.

by Larry McNeely

[Read More Know More](#)

The Pope, the Vicar of Christ

1. What did Jesus do to make sure His Church would always be united?
He put one man in complete charge of His Church.
"If a kingdom be divided against itself, that kingdom cannot stand. And if a house be divided against itself, that house cannot stand." (Mark 3:24-25)
2. Who has complete charge of the Church?
The Pope, who is the bishop of Rome and the Vicar (agent) of Christ on earth.
3. Who is the Pope?
The Pope is the visible head of the whole Catholic Church.
"And I will set up one shepherd over them, and he shall feed them." (Ezekiel 34:23)
4. Who was the first Pope?
St. Peter, who was made Pope by Jesus Christ Himself.
5. When did Jesus promise to make Peter the Pope?
Several months before He died.
"Thou art Peter, and upon this Rock I will build My Church." (Matthew 16:18)
6. When did Jesus actually make Peter the first Pope?
Shortly before He ascended into Heaven, Jesus gave Peter complete authority over the whole Church.
"Jesus said to Simon Peter, 'Feed my lambs...tend my sheep...feed my sheep.'" (John 21:15-17)
7. Did Peter's authority die with him?
No, it was handed down to a man named Linus, and after he died (78 A.D.), it was handed down to Cletus (d. 90 A.D.), and then to Clement (d. 100 A.D.), and after that to another, and so on, during the past nearly 2,000 years. "Where Peter is, there is the Church." (St. Ambrose, in the 4th Century)
8. Do all Catholics have to obey the Pope?
Yes, because he speaks with the authority of Christ. Catholics, however, have to obey the Pope only in regard to matters of religion.
9. Can the Pope make an error when teaching religion?
No, not when he speaks as head of the whole Church.
"Simon, Simon...I have prayed for thee,

that thy faith fail not: and thou, being once converted, confirm thy brethren."
(Luke 22:31-32)

Government of the Church

The Pope, also called our Holy Father and the Sovereign Pontiff, lives in Vatican City, which is in Rome, Italy. St. Peter died in Rome, and ever since then, the Bishop of Rome has been the Pope.
When the Pope dies, the Cardinals elect his successor.
The world is divided up into territories called dioceses. Each diocese is ruled over by a bishop. A diocese is divided into parishes, which are ruled over by pastors. A pastor may have one or several priests to assist him.

主日分享

教會內不同的司祭職務 (復活期第五主日)

本主日彌撒中的讀經一、讀經二和福音，都觸及同一的問題：如何確保教會持續不同的司祭職務。
讀經一選自宗徒大事錄，內容記述「選立七位執事」。根據這篇記述，當時十二位宗徒之所以決定選立執事，原來是因為他們不想「放下傳揚天主的聖言，而操管飲食」，所以要另派執事去「管這些事務」。繼承宗徒職務的主教，受祝聖和派遣的執事和司鐸，都負有公務司祭職。
讀經二取自聖伯多祿前書，內容講及信友的「普遍司祭職」。關於這「普遍司祭職」，梵二大公會議的《教會憲章》有這麼一段解釋，說：
「凡是領過聖洗的人們，都藉著重生及聖神的傅油，經祝聖為屬神的聖殿及神聖的司祭，讓他們把基督徒的一切行為，都獻作精神的祭品，並昭示從幽暗中領他們進入奇妙光輝的基督的德能。所以，全體基督信徒，要恆心祈禱，同聲讚美天主，把自己奉獻為神聖的、悅樂天主的活祭品，在世界各處為基督作證，並且向追問的人解釋自己心內所懷的永生希望。」
讀經二強調：「普遍司祭職」和「公務司祭職」，雖然有區別，卻都分享基督的同一司祭職。基督是「由人間被選拔的大司祭」，所有信友都進入了基督的生命，藉著祂而「成為事奉天主和

父的司祭，為使世人和天主父重歸於好。」

本主日的福音中，耶穌啟示了自己是天主聖子，聲明自己是認識天主和獲得永生的唯一途徑，同時也給我們尚在這個世界上，屬於祂的信徒們，留下了一個極大的安慰。

如果說整個信友團體都分享了基督的「普遍司祭職」，奉獻自己的生活，為天父的慈愛作證，而主教、司鐸和執事分享著基督的「公務司祭職」，奉獻自己，為教會服務，使教會活出基督的祭獻精神。那麼「普遍司祭職」和「公務司祭職」更是相輔相承，體現基督的司祭任務，使人藉著基督，踏上到父那裏去的「道路」，獲識「真理」、認識「父」，並得到豐富的生命。讓我們體現我們的司祭身分，祈禱說：「天主，你救贖了我們，使我們成為你的子女；求你仁慈垂顧我們，使所有信仰基督的人，都能獲得真正的自由，繼承永恆的產業。」

節錄自梵蒂岡電台廣播稿節

福音的喜樂

「福音的喜樂」

教會要敞開大門

發出先知性的聲音

一、福傳的動力—事實上，福傳是基督信仰的本質要求，因為基督信仰不可能封閉自守；祇要一個人真正地相信耶穌基督，真正地度基督徒的信仰生活，就應該去福傳。“應該”這個詞使我們覺得福傳仿佛僅僅是一種需要完成的責任似的。但福傳並非一種從外在上加給基督徒的責任，而是那些真正的基督徒自然地從內心所發出的渴望和熱情。當然，也存在著“應該”的正當性，因為福傳是主耶穌升天時交給所有基督徒的使命（谷 16：15）。……我們的福傳熱情祇能來自我們在主內的生活，來自我們對天主的愛的體會，來自這愛對我們的觸動。不過，儘管所有基督徒都的確地參與了這使命，也應該繼續完成這使命，但事實上，卻很少有人能夠真正地意識到這一點。這就關係到了內修的問題，因為我們固然在領洗時就成了基督的肢體，但“穿上基督”和

“懷有基督的心情”卻是一個奮鬥的過程。幾時我們“生活在主內”，幾時“我們才能獲得點燃世界的天主之愛的薪火”。因為我們是在祈禱和內修生活中接觸、認識和愛慕天主；也是在祈禱和內修生活中，我們驚嘆祂的奧妙、美好、偉大及其愛的“寬、廣、高、深”。那麼，當我們經驗到這一切，卻發現世上有那麼多人竟不認識祂，甚至誤解祂時，怎能“獨善其身”，怎能不去宣傳天主的愛與福音？……聖保祿使徒的經驗就是如此，……“勸勉世人與天主和好”，是因為“基督的愛的催迫”（格後 5：13-20）。……可見，福傳對祈禱者和度內修生活的人來說，無非就是其內修生活的自然表達。……無疑，那因著在祈禱中經驗到天主的生命與愛而福傳的人，其福傳的態度和方法也必定是純正和正確的。

堂區活動

聖神九日敬禮

聖神降臨節將至，本堂藉此鼓勵堂區內所有的教友，能夠在聖神降臨節將至的時刻，在家中誦念聖神九日敬禮禱文，藉此幫助信友在聖神的九日敬禮中，讓聖神更新我們的心思念慮，獲得所預許的豐富生命，充滿聖神的德能，結出常存的果實，並歸光榮於天父。

聖神九日敬禮小冊子將擺放在教堂正門及側門入口處，希望大家能夠藉著這個九日敬禮，渴求充滿聖神，尤其是在聖神降臨節前，可以透過這小冊子的禱文，藉著基督，偕同聖母瑪利亞，向天父懇禱，祈求祂把聖神傾注到我們每個人身上，澆灌整個教會，使萬象更新，眾人歸依！“你們縱然不善，尚且知道把好東西給你們的兒女，何況在天之父，有不更將聖神賜與求祂的人嗎？”（路 11：13）

「聖神九日敬禮」就是在聖神降臨前做九日敬禮，即由 5 月 30 日(星期五)開始至 6 月 7 日(星期六)結束。

卡城天主教牧靈部與永援聖母牧靈關愛組將會合辦公開講座 主題：精神健康，情緒及靈性工作坊（粵語）

日期：2014 年 6 月 14 日（星期六）
時間：上午 9 時 30 分至下午 2 時 30 分
地點：永援聖母堂上禮堂
費用：\$40.00（包括講義、早點及午餐）
歡迎堂區教友參加。詳情請向 Sr. Magdalena 陳修女(690-2973) 或 (265-7926)報名及查詢。

2014 教區公益金

「讓我們一起來行動」

主題：「…以愛德行事的信德。」
迦拉達書：第五章六節
今年本堂的配額為 \$24,300。我們將於 2014 年內完成堂區未完成的公益金承諾的工程。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。
截至 4 月 27 日，捐款已累積至 13,870 元。捐款信封可在聖堂入口處拿取。就讓我們立即行動，慷慨解囊！

活動一週

星期三、五 21, 23

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期二 20

永援聖母歌詠團

時間：晚上 7 時至晚上 9 時

地點：永援聖母堂上禮堂

星期五 23

永援聖母堂童軍

時間：晚上 6 時 30 分至 8 時 30 分

地點：永援聖母堂上禮堂及下禮堂

星期六 24

聖母軍

(聖母軍聖母無玷聖心支團)

時間：上午 9 時 45 分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午 10 時至 12 時

地點：永援聖母堂下禮堂

瑜珈初班

時間：下午 2 時至下午 3 時 15 分

地點：永援聖母堂下禮堂

永援聖母青年團練習聖詩

時間：晚上 6 時至 8 時

地點：永援聖母堂上禮堂

信仰小團體（西北區）

時間：晚上 7 時 30 分至 10 時

聯絡：Wendy Tai 403-208-2268

星期日 25

麥神父祝福生日的主日學及

青年會會員

時間：10 時彌撒

成人慕道班（粵語、國語及英語）

時間上午 9 時 30 分至 1 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至下午 12 時 30 分

地點：寫字樓大廈

心靈小品

靜默就是追尋天主

人的生活有不同的形式：有時動，有時靜；有時在群體之中，有時獨處。的確，祇要懷著一顆追尋天主的心，我們的生活就是充實的，我們正向天主邁進。我們確實可以實踐基督的教導，宣傳天主愛的福音。透過仿效祂的美善德表而接近祂、經驗祂。不過，似乎這些信仰表達的動力和能量，都需要靠在靜與獨時去儲備。因為力量的來源不是自己，而是天主。現代都市人都習慣了活動和群體生活，忽略了靜與獨的功效。甚至以為靜是消極、被動，獨是逃避、孤僻。的確如果靜獨得來是空洞而沒有內容的，那真會使人煩悶和厭倦。但一顆尋覓天主的心卻使靜獨內容充實、豐富，因為靜獨的內容就是天主。人真需要空間和時間單獨在寧靜中面對自己，也就是面對天主。當我們說找不到天主時，其實也是找不到自己。我們問天主為什麼祂隱藏起來，卻原來是自己在躲藏之中。我們必須面對自己，才能認識自己，才知道我是誰。找到自己後，我們才醒覺自己一些慣性行為與思想的背後有什麼原因，限制了自己。然後我們才知道什麼在分隔著自己與天主，什麼阻礙了我們追尋祂。這種醒悟也是追尋天主重要的一步。“有天主，才有自己；有自己，才有他人。”

這不是自我中心，叫人自私的說話。我會深切經驗過不斷去為他人服務與作愛德行為之後，回家時感到無限失落，慘痛地哭，並仰天苦問：“我呢？又誰來愛我？”但不是真的無人愛我，而是我的愛原來沒有根。我未真正讓自己體驗天主的愛情，也因此未懂愛自己；甚至不知道可以愛自己而我對別人的愛也是胡亂的、盲摸的。但如果我把愛的根源認清和體驗之後，我不但能愛自己，對他人的愛也是自然舒泰的流露，使人也經驗到由天主透過我付出的愛情。

心靈小品

天主的精心傑作

在日本，有一個小女孩曾經非常地自卑，因為她的聲音很沙啞、很難聽、很奇怪！甚至怪到沒有人願意跟她做朋友，並嘲笑她。她會因此非常難過，覺得自己一定是個失敗品，覺得老天對她太不公平了！

後來，他當了舞台劇的演員，才稍稍找回了點自尊。很巧地，當時日本有個漫畫家叫藤子不二雄，他的漫畫小叮噹非常受歡迎，正準備拍成卡通片。偶然間，他聽到了那女子的聲音，便找了她來試音，她好訝異！居然會有人看上她那引以為恥的聲音？！後來，讓她的出乎意料地，她的聲音居然在該部卡通中大受歡迎！跌破了當年許多因她的聲音而嫌棄她的人的眼鏡。這個女孩子是誰？她，就是現在卡通片中那隻機器貓——小叮噹（哆啦A夢）的日語版配音員！她那曾經讓自己自卑不已的「怪聲音」，居然隨著該部卡通傳到了世界各地，成為小朋友們爭相模仿、聆聽的「悅音」。過去她所埋怨的，竟成了今日她所引以為榮的，她再也不覺得自己是個老天爺失敗的作品了！

天主是全能的嗎？答案是肯定的。一個全能的造物主難道會造出失敗的作品嗎？當然不可能！依此邏輯推斷，我們都是天主所造的，所以，我們都不可能會是「失敗品」！

世上每一顆樹、每一隻鳥、每一個人... 都是祂的精心傑作，都各有其特色，

都各有其不同的價值，都各有其不同的功用，都蘊藏有祂的「美意」！親愛的朋友，天主的手中沒有失敗品！每一個人都可以是最棒的，都是天主的精心之作，除非他／她尚未開始善用祂的恩賜、特質。

知多一點點

論教會內普遍的成聖使命

所有在教會內的人，都領到了成聖的使命，就如保祿宗徒所說：“天主的意旨是要你們成聖”（得前：四，3）。教會的這種聖德，應該表現於聖神在信友中所產生的聖寵果實上，每人在自己生活環境內追求愛德的成全，而兼善他人；在實行福音勸諭時，每人都有其獨具的方式。在聖神的鼓勵下，許多教友起而實行這些勸諭，無論是私人性質的，或是按教會所規定的方式，都在世間提供、也應該提供這種聖德的證據與模範。

主耶穌向所有的人都派遣了聖神，便從內心激發他們，叫他們全心、全靈、全意、全力愛慕天主（參閱穀：二十，30），又叫他們彼此相愛，如同基督愛他們一樣。隨從基督的人，並非因自己的功勞，而是因天主的聖意及聖寵，為天主所號召，並因主耶穌而歸義，因信仰的洗禮真實地成為天主的子女，參與天主的性體，所以真是聖徒。為此，他們要靠看天主的助佑，以生活來保存並完成所承受的聖德。保祿宗徒勸他們，要“按聖徒的身份”生活（弗：五，3），“要如同天主所揀選的摯愛的聖徒，懷著慈憫的心腸、和藹、謙恭、良善、大方”（哥：三，12），要為成聖而享有聖神的成果（參閱迦：五，22；羅：六，22）。可是因為我們每人都犯許多過失，我們經常需要天主的仁慈，我們每天要祈禱：“爾免我債”。所以人人都明白，任何身份與地位的所有基督徒都被號召走向基督生活的飽和點及愛德的成全境界；藉著此種聖德：也要在現世社會內，促進更人道的生活方式。為達到這一成全境界“信友們要按照基督的恩賜”利用一切力量：好能步武基督的後塵，反映基督的肖像，在一切事上服從天主的聖意，全心獻身於光

榮天主及服務他人。如此，天主子民的聖德將要結出豐富的果實，一如教會的歷史上多少聖人的事跡，清楚地證明。