

## Theme Sharing

### Second Sunday of Easter

Blessed are those who have not seen  
And yet have come to believe!"

The first reading, from the Acts of the Apostles, shows us a glimpse of the early Church as to what an ideal and blessed Christian community is like. Emphasis is made that these early Christians devoted themselves to the teachings of the apostles and to fellowship or brotherhood among them. In the second reading, from the First Letter of Peter, the apostle explains to us the effect of our faith through baptism; and, using Jesus' glorious resurrection as example, reassures and strengthens the faith of all those who are facing trials and tribulations in their lives or are being persecuted for the sake of their faith.

The gospel reading, taken from John's gospel, is on one of Jesus' appearances to his disciples following his resurrection. It gives a vivid account how Thomas, one of the apostles, was transformed from a doubter to a firm believer. The story is a clear statement on the object and nature of Christian faith. It affirms the apostolic nature of the Church and the important role of the apostles and their successors (i.e. bishops) in the divine plan of salvation. The story goes as follows:

"Jesus came, stood among them and said, 'Peace be with you!' Then he showed them his hands and his side. The disciples were overjoyed when they saw the Lord. Jesus said to them again, 'Peace be with you. As the Father has sent me, so I send you.' When he had said this, he breathed on them and said to them, 'Receive the Holy spirit. If you forgive the sins of any, they are forgiven; if you retain the sins of any, they are retained.'

"But Thomas, one of the twelve who was called the Twin, was not with them when Jesus came. The other disciples later told him that they had seen the Lord, but he said to them, 'Unless I see the mark of the nails in his hands and put my fingers in the mark of the nails and my hand in his side, I will not believe.'

"A week later, his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came, stood among them and said, 'Peace be with you!' Then he said to Thomas, 'Put your

finger here and see my hands. Reach out your hand and put it in my side. Do not doubt, but believe.' Thomas answered, 'MY LORD AND MY GOD!' Jesus then said to him, 'You believe because you can see me. BLESSED ARE THOSE WHO HAVE NOT SEEN AND YET HAVE COME TO BELIEVE!'

Thomas' proclamation of faith: "My Lord and My God!" is a clear statement that God is the true object of our Christian faith. St. Augustine, one of the greatest Fathers of the Church, has these comments, "It is a real person that Thomas saw and heard, but it is the invisible and supernatural God that he believed." On the other hand, Jesus' answer to Thomas ("You believe because you can see me; blessed are those who have not seen and yet have come to believe") tells us what faith is really about.

One of the characteristics of Christian faith is that it is "apostolic", that is to say, based on the testimony of the apostles and handed down until today. It affirms the apostolic nature of the Church; and we are all reminded that we must be loyal to the ONE, HOLY, CATHOLIC AND APOSTOLIC Church as set out in the Creed.

### **Pope Monthly Prayers Intention**

#### May General and Missionary Intention

Universal: That the media may be instruments in the service of truth and peace.

For Evangelization: That Mary, Star of Evangelization, may guide the Church in proclaiming Christ to all nations.

### **Gospel of joy Evangelii Gaudium «Gospel of Joy»**

#### **Church to open the door, issuing prophetic voice**

John Paul II asked us to recognize that "there must be no lessening of the impetus to preach the Gospel" to those who are far from Christ, "because this is the first task of the Church". Indeed, "today missionary activity still represents the greatest challenge for the Church" and "the missionary task must remain foremost". What would happen if we were to take these words seriously? We would realize that missionary outreach is

paradigmatic for all the Church's activity. Along these lines the Latin American bishops stated that we "cannot passively and calmly wait in our church buildings"; we need to move "from a pastoral ministry of mere conservation to a decidedly missionary pastoral ministry". This task continues to be a source of immense joy for the Church: "Just so, I tell you, there will be more joy in heaven over one sinner who repents than ninety-nine righteous persons who need no repentance".

The scope and limits of this Exhortation To Be Continued  
Apostolic Exhortation Evangelii Gaudium

## Diocese & Other News

### Celebration of Canonization

Tuesday April 29, 2014, 7pm, St Mary's Cathedral. Doors open at 6pm. On April 27th Pope Francis will canonize Popes Blessed John XXIII and John Paul II in Rome. Join us in a local celebration of the canonization of these two holy Bishops of our time. All welcome.

### 2014 Cemetery Masses

Tuesday June 10<sup>th</sup> 7:30pm,  
St. Mary's Cemetery.  
Wednesday June 11<sup>th</sup> 7:30pm,  
Holy Family Cemetery.  
Tuesday August 12<sup>th</sup> 7:30pm,  
St. Joseph's Cemetery.  
Wednesday September 3<sup>rd</sup> 7:30pm,  
Good Shepherd Cemetery and  
Blessing of Gardens.  
For more information please call Fr. Edmund Vargas at 403-244-2741.

## Parish Activities

### Collection on Good Friday

On Good Friday, we collected a total amount of \$3,591 in donation. This sum will be sent to the Holy Land through our Diocese in support of future priesthood. Thanks for your generous support!

### Fr. Joseph Nguyen's Blessings and Thank You

Blessings and Congratulations to our new members of the Church who received the Sacraments of Initiation at the Easter Vigil, in sharing the death & resurrection of Christ to newness of life!

I would like to express my heartfelt thanks to

all the catechists and assistants of the Adult & Children Catechetical Team for their efforts in the faith formation of these new brothers & sisters.

I am also offering my thanks to the parishioners who assisted with all aspects of this festive celebration.

Lastly, I would like to thank you all godparents, who are firm believers of our Christian Faith, to sponsor their godchildren in Baptism and commit themselves to walk with their godchildren on the road to a Christian life.

May we pray to the Lord who have nourished us with His Easter Sacraments, to fill us with the Spirit of His love, and make us all one in heart. Amen

### Exposition of the Blessed Sacrament on May 3

The May's Exposition of the Blessed Sacrament will be led by Our Lady Queen of China on May 3 from 10am to 11am. Fr. Nguyen will listen to Confession. Parishioners are encouraged to attend.

### Marian Apparitions of the 20th Century

May is the month devoted to honour our Blessed Virgin Mary and OLPH has chosen to show a featured film by the Hong Kong Diocesan Audio Visual Centre E-shop about the Marian Apparitions of the 20<sup>th</sup> Century throughout the world. Please bring your friends and family to enjoy this special film. Date: May 3<sup>rd</sup> (Saturday)  
Time: 6 pm Potluck and  
6:30 pm start of movie  
Place: Upper Hall of OLPH

### 2014 Confirmation Mass

Bishop Henry will be joining us on Sunday May 11th to celebrate the Confirmation Mass at 10 am. Please join the reception at Upper Hall immediately following the Mass. There will be lunch, performances and a Mother's Day tribute to enjoy. The 11:30 am Mass will be cancelled that day.

### Sunday School Mother's Day Flower Sale

Sunday School will be selling roses on Mother's Day, May 11th before and after the 10:00 am Confirmation Mass. Roses will be \$5 each or \$10 for 3 near the front and side entrances of the church. Buy a rose to

honour the mother in your life and support Sunday School!

### Together in Action

".....Faith Working Through Love."

(Galatians 5:6)

Our parish's portion is \$24,300. We will complete all outstanding TIA projects of our parish in 2014. We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times.

Let's take action now!

### Weekly Activities

Wed, Fri 30 May 2

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church, Upper Hall

Wed 30

Perpetual Help Harmony Choir

Time: 7:00p.m.-9:00p.m.

Place: OLPH Church, Upper Hall

Fri May 2

OLPH Scout

Time: 6:30pm.-8:30 pm

Place: Upper Hall & Lower Hall

Sat May 3

Exposition of the Blessed Sacrament

Time: 10:00a.m. -11:00 a.m.

Place: OLPH Church

Legion of Mary ( meeting )

Time: 11:00a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:00 noon

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 6:00 p.m.-8:00p.m.

Place: OLPH Upper Hall

Sun May 4

R. C.I.A

Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: Office Building

Youth Choir-choir practice

Time: 11:00a.m.-12:30p.m

Place: Office Building

K of C Matteo Ricci 10119 meeting

Time:12:30p.m.-2:30p.m

Place: OLPH Church K of C room

Parish Pastoral Council Meeting

Time: 12:30p.m.

Place: Boardroom

Queen of China meeting

Time:12:30p.m.

### Stories Faith Sharing

#### Don't Forget Everything Happens For A Reason

Have you ever been in a bad situation where everything in your life goes wrong & you just feel like giving up? Well this year I found myself in that situation where everything just went bad & then it got worse & worse. I had people telling me that everything happens for a reason & that sooner or later I would find out what it was.

Of course, as depressed as I could be, I doubted it. When it's YOU, the whole world can tell you it will get better, but you don't believe it till you see it with your own eyes. So time went by & I kept on feeling the same way. Then one day I knew it in me what that reason was, why I had to go through all the things I did. It's part of growing up & learning to appreciate what you have every day; all those little things that we take for granted sometimes.

I feel that all the things that happened to me this year made me a stronger person than I was before. I appreciate all those little things that I took for granted before. I got to meet my real friends for the very first time; I know who my real friends are & those are the ones who stuck by me no matter what.

I know I'll have more bad times in my life, but next time someone say's "DON'T FORGET EVERYTHING HAPPENS FOR A REASON", I'll know it's true. We all go through bad times in life, the important thing is to know that sooner or later that reason will come to you & when that happens you will find yourself better off than you did before.

### Let There Be Light

#### Put in God's hands

Too Good not to share!

Hands!

A basketball in my hands is

Worth about \$19.

A basketball in Michael Jordan's hands is worth About \$33 million.

It depends whose hands it's in.

A baseball in my hands is  
Worth about \$6.  
A baseball in Roger Clemens' hands is  
Worth \$475 million.  
It depends on whose hands it's in.  
A tennis racket is useless  
In my hands.  
A tennis racket in Andre Agassi's  
Hands is worth millions.  
It depends whose hands it's in.  
A rod in my hands will keep away  
An angry dog.  
A rod in Moses' hands will part the  
Mighty sea.  
It depends whose hands it's in.  
A slingshot in my hands  
Is a kid's toy.  
A slingshot in David's hand is a  
Mighty weapon.  
It depends whose hands it's in.  
Two fish and 5 loaves of bread  
In my hands is a couple of fish sandwiches.  
Two fish and 5 loaves of bread in Jesus'  
Hands will feed thousands.  
It depends whose hands it's in.  
Nails in my hands might  
Produce a birdhouse.  
Nails in Jesus Christ's hands will  
Produce salvation for the entire world.  
It depends whose hands it's in.  
As you see now, it depends whose  
Hands it's in.  
So put your concerns, your worries,  
Your fears, your hopes, your dreams,  
Your families and your relationships in  
God's hands because...  
It depends whose hands it's in.  
This message is now in YOUR hands.  
What will YOU do with it?  
It Depends on  
WHOSE Hands it's in!  
"In GOD We trust"

## Read More Know More

### The Expression

#### "Who Once Was Mary"

In the approved prayer, the Blessed Virgin is referred to as Our Lady of All Nations "who once was Mary". It is explained by the promoters of the devotion in the following manner:

This refers to the fact that Mary is no longer just Mary but rather The Lady, The Woman at the foot of the Cross. These words refer to her Eternal Motherhood over all of us, for she is Mother Whom Jesus gave to us from

the Cross with the words: Woman behold thy Son!

I might add that the Motherhood of Mary is eternal in the sense that it was foreseen by God, along with the Incarnation of the Word, from all eternity. Similarly, the Church speaks of Mary as the Mother of God, not because she herself is eternal or Mother of the divine nature, but because He of whom she is Mother in the order of human nature is God, the Eternal Word.

by Colin B. Donovan, STL

## 主日分享

### 復活期第二主日

沒有看見就相信的人，真有福  
今年是教會禮儀年曆上的甲年。本主日的彌撒中兩篇讀經和福音，分別取自宗徒大事錄第 2 章，聖伯多祿前書第 1 章，聖若望福音第 20 章。讀經一描述耶路撒冷初期信徒的聖善生活，特別強調他們專心聽取宗徒們的訓誨和彼此之間的團結互助。在讀經二裡，聖伯多祿宗徒解釋聖洗聖事的效果。他援引耶穌基督的例子，來鼓勵受迫害的主內兄弟姐妹們。本主日的彌撒福音記述耶穌復活後的又一次顯現。在記述這次顯現時，作者聖若望宗徒，藉著描寫同伴聖多默宗徒起先懷疑，後來相信的動人經驗，說明了教會信仰的對象和性質，同時肯定了宗徒們和他們的繼任人——主教——在天主救世計劃中重要地位。

「我主！我天主！」聖多默宗徒的這句話，道出了教會信仰的對象。聖奧思定解釋其意義，說：「聖多默所看見的，所聽見的，是真人；但是他所相信的，是那看不見的，探摸不著的真天主。」耶穌對他的回答：「你因為見了我才信；不見而信的，是有福的。」這幾句話，則說明了教會信仰的性質。原來教會信仰的特徵，正是以宗徒們的見證為其基礎。這樣說來，本主日彌撒福音的教訓，也是肯定宗徒傳承在教會中的重要性，同時也強調我們對至聖、至一、至公、從宗徒傳下來的教會應有的忠誠。

聽了本主日彌撒福音的訊息和《天主教教理》的解釋，我們知道，主教繼承宗徒的職務，是我們信仰的基礎。

所以，就一般的情況來說，那堂區的部分教友，「不聽主教的話，更不服從神父的管理」，是違反教會的紀律的。  
節錄自梵蒂岡電台廣播稿節

## 教宗及福傳祈禱意向

### 五月祈禱及傳教意向：

#### 祈禱意向：為媒體

願媒體能成為服務真理與和平的工具。

#### 福傳意向：為求聖母的指引

願瑪利亞，福傳之星，引導教會向全世界宣揚基督。

## 福音的喜樂

### 「福音的喜樂」

#### 教會要敞開大門

#### 發出先知性的聲音

#### 福傳的迷思

最近多年來，常聽到一些熱心教友感嘆我們天主教的福傳不是做得太少，就是做得太差，總之，就是不如那些新教的福傳來得活潑生動與成功。因此不少人主張，我們實在該向他們學習雲雲。

嗚呼！其然乎？豈其然乎？

祇有謙卑的人才肯活到老學到老，當然，學習的精神是對的。但與此同時，所謂學習，也畢竟有個限度。否則的話，一味追求學習，反而會成了祇為了追趕時髦，不但失去學習的真正意義，反而會迷失自己，得不償失。

同樣，站在最傳統的基督宗教——天主教的立場，如果為了廣招信徒而高舉新教各派的福傳方式，貶低我們自己的傳統福傳，那可是本末倒置，捨本逐末了，那就偏離主題，陷入了一名虔誠教友不該有的迷障。 待續

## 堂區活動

### 阮神父的祝福及感謝

我祝福及歡迎於復活節夜間慶典的禮儀中領受入門聖事的弟兄姊妹，他們藉著基督的聖死及復活，而獲享新生命！

在此特別多謝成人及兒童慕道班各導師和助教們，對這些新弟兄姊妹在信

仰培育方面所付出的努力。同時，我也衷心感謝所有為這慶典在各方面盡力幫忙的教友們。

我也祝願各位代父母，願他們懷著堅定的信德，願意為代子女的聖洗聖事作見證，並肩負培育代子女邁向基督道路的使命。

最後，願我們在聖體奧跡中與復活的基督結合，從而獲享天主子女的恩寵！亞孟

## 聖週奉獻

基督苦難日所取得的奉獻\$3,591，本堂將經教區將全數交給聖地作為支持培訓未來神父之用。

## 顯供聖體 (五月三日)

永援聖母堂五月份的顯供聖體時間為五月三日上午十時至十一時由中華聖母會帶領。當天除了朝拜聖體外，阮神父將為教友聽告解。請各位教友盡量參與！

## 二十世紀聖母顯現

五月是特別恭敬聖母的月份，今次特別放映，由香港教區視聽中心所製作的記錄片，二十世紀聖母顯現。報導聖母在多個不同地方的顯現，亦訪問了港澳數位神長，解釋聖母顯現及恭敬聖母等有關教義。歡迎大家前來欣賞，重溫聖母的叮嚀！

日期：五月三日(星期六)

時間：下午六時 Potluck. 六時半放映

地點：永援聖母堂上禮堂

## 2014 堅振禮儀及聚餐

亨利主教將於五月十一日蒞臨本堂施放堅振聖事。彌撒將於十時舉行，當天的十一時三十分彌撒將會取消。彌撒後在上禮堂有聚餐，表演及慶祝母親節。現誠意邀請各位教友及家人參加！

## 母親節主日學售賣玫瑰花

為表揚和感謝母親對我們無窮的奉獻，主日學將於5月11日在10時彌撒前和後售賣玫瑰花，每支五元或三支10元，所有淨收入會為主日學購買上堂用的課本，請踴躍支持！願我們天上的母親祝福你們的家庭！

## 教區公益金

### 「讓我們一起來行動」

主題：「...以愛德行事的信德。」迦

拉達書：第五章六節

今年本堂的配額為\$24,300。我們將於2014年內完成堂區未完成的公益金承諾的工程。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。請立即行動！

## 活動一週

星期三、五 30, 5月2日

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期三 30

永援聖母歌詠團

時間：晚上7時至晚上9時

地點：永援聖母堂上禮堂

星期五 5月2日

永援聖母堂童軍

時間：晚上6時30分至8時30分

地點：永援聖母堂上禮堂及下禮堂

星期六 5月3日

顯供聖體

時間：上午10時至11時

地點：永援聖母堂

聖母軍

(聖母軍聖母無玷聖心支團)

時間：上午11時(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午10時至12時

地點：永援聖母堂下禮堂

瑜珈初班

時間：下午2時至下午3時15分

地點：永援聖母堂下禮堂

永援聖母青年團練習聖詩

時間：晚上6時至8時

地點：永援聖母堂上禮堂

星期日 5月4日

成人慕道班 (粵語、國語及英語)

時間：上午9時30分至1時30分

地點：永援聖母堂下禮堂

主日學

時間：上午10時至下午12時30分

地點：寫字樓大廈

青年聖詠團練習聖詩

時間：上午11時至下午12時30分

地點：寫字樓大廈

佳播聖詠團

邀請教友一同參與練習聖詩

時間：上午11時

利瑪竇騎士會 10119 開會

時間：下午12時30分至2時30分

地點：聖堂騎士會室

堂區牧民議會會議

時間：下午12時30分

地點：會議室

中華聖母會開會

時間：下午12時30分

## 心靈小品

### 信德

信仰本來是心理狀態，我們信，別人不信，心理狀態不同，好像一個人是面色紅潤，另一個是面色蒼白，面色不同而已。

但是信德就牽涉到行為，不光是狀態了。有信德就有行為。如望彌撒、領聖體、刻薄自己、厚待旁人、謙遜、寬恕別人的過失等等。我們領了洗，聽了福音，知道聖人的言行，一心要做個十全十美的基督徒（做不到是另一回事），是極大的幸運。但是也要努力，不能懈怠。到了緊要關頭，要管好自己，記牢吾主耶穌的教訓，一絲不容自己逞欲，只願自己一時的快樂。有人到了這時，就把耶穌撇開，先快活了再說，壞事傳揚更快。如果說耶穌沒有照顧到他，實在太不公平。信仰要我們出力和聖神合作。天主護著我們，無微不至，也要靠我們聽從祂的話才有效。若是把聖神推開，不能怪天主。我們跳下懸崖，不能怪天主不攙我們一把。

有些領了洗，奉了教，甚至負責救靈的人也犯死罪，叫人不解。殊不知人不跟天主合作，撇開天主，把吾主耶穌的教訓全不放在心裡，如果失掉靈魂，怎能怪信仰沒有用？

我見到不祇一個沒有聽過福音，也沒有領洗的人倒十分憑天賦的良心做人，成了真正的「基督徒」，叫有名

無實的基督徒慚愧。我們作了基督徒，真要時刻反省，有沒有叫教會因為我們蒙羞，被人說：「你們看某某人還是基督徒呢！」人要有德，不管你是誰。天主至公，早把良心放在人人心裡，叫他做人。

那麼，還要領洗進教嗎？要！聽了福音和沒聽福音分別很大。很多人陷於罪過，是沒有聽福音的結果。耶穌的教訓太好了，不可不知道。聽了福音而遵從的人，就是實踐吾主教訓的人，免陷罪過，大享平安，這是多大的福分！傳揚福音要緊，要緊！

## 靈修小故事

### 一串念珠的啓示

有個寺廟，因藏有一串佛祖戴過的珠而聞名。

念珠的供奉之地只有廟裡老主持和 7 個弟子知道。

7 個弟子都很有悟性，老主持覺得將來把衣鉢傳給他們中的任何一個，都可以光大佛法。

不想那串念珠突然不見了。

老主持問 7 個弟子：“你們誰拿了念珠，只要放回原處，我不追究，佛祖也不會怪罪。

”弟子們都搖頭。

~7 天過去，念珠依然不知去向~

老主持又說：

“只要承認了，念珠就歸誰。”

但又過了 7 天，還是沒人承認。

老主持很失望：

“明天你們就下山吧。拿了念珠的人，如果想留下就留下。”

第二天，6 個弟子收拾好東西，長長地舒了口氣，乾乾淨淨地走了！

只有一個弟子留下來。

老主持問留下的弟子：“念珠呢？”

弟子說：“我沒拿”

老主持再問..

“那爲何要背個偷竊之名？”

”弟子說：

“這幾天我們幾個相互猜疑，有人站出來，其他人才能得到解脫。

再說，念珠不見了，佛還在呀。”

老主持笑了，從懷裡取出那串念珠戴在這名弟子手上。

不是所有的事情都需要說清楚。

然而比說清楚更重要的是：

~能承擔；

~能行動；

~能化解；

~能扭轉；

~能改變；

~能想自己，

~更能想別人，

~顧全大局，

這就是法。

這不僅是種境界，更是一種大智慧！

## 知多一點點

### 聖母月

五月是聖母月，是普世教會特別敬禮聖母的日子。在這復活期中慶祝聖母月，也是我們取悅天主、向天主感恩的表達。耶穌來到世間的唯一目的，是承行天父的旨意，就是讓全人類得救（若三 16）。藉著聖母的謙卑與服從，我們看見了天主聖三之間的愛，也體會了天主聖三對人類的愛。因此，在這復活期間，當普世教會慶祝人類的得救和耶穌因服從至死的忠愛時，天主聖三親自啓示並教導教會要敬禮聖母。

我們要如何敬禮聖母呢？

以感恩的心勤領聖體與和好聖事；

照耶穌說的話去做，在生活中爲

耶穌作見證；

每天讀一遍謝主曲（路一 46-55），

與聖母一齊讚美並感謝天主；

與聖母一同陪伴十字架上的耶穌接

納生活中的苦難；

唸玫瑰經（個人、家庭、團體），爲罪

人、爲自己的悔改祈禱；

在家中、聖堂的聖母像前，獻上鮮花，

帶領家人、朋友、主內同道和道理

班的孩子敬禮聖母。