

Theme Sharing

Spring of Water

Gushing up to Eternal Life (Third Sunday of Lent)

The scriptures chosen for reading on Sundays during Lent in Liturgical Year "A" enable both baptized Catholics and catechumens to reflect on the true meaning of baptism. On the Third, Fourth and Fifth Sundays, the choice of reading, in particular the gospel, are intended for use in the Rite of Scrutiny to prepare R.C.I.A. (Rite of Christian Initiation of Adults) candidates for their baptism at Easter.

As we all know, water quenches thirst; and it is also a basic necessity of life. In today's mass, our Mother Church uses water as a symbol to show R.C.I.A. candidates the role of the Holy Spirit in the Sacrament of Baptism. At the same time, she stresses on God's infinite love for the entire humanity.

The first reading dwells on the Israelites' exodus from Egypt. Moses brought them out of their slavery in Egypt, but they had to trek across the wilderness to reach the Promised Land. Over time, the Israelites became exhausted, and water was hard to come by in the wilderness. So they began to blame Moses and the Lord for leading them to die of thirst. It is in fact quite natural for a person in dire situations to grumble and curse just about anything. But the Israelites should have trusted the Lord. After all, they had witnessed all the miracles the Lord had made to save them from the hands of the Egyptians. This simply showed their total lack of faith in God. Nevertheless, the Lord still came to their aid. He asked Moses to strike the rock with his staff. Water immediately gushed forth from the rock, quenching the thirst of the Israelites.

Today's gospel, from John 4:5-42, records the dialogue between Jesus and a Samaritan woman beside Jacob's Well. It begins with Jesus asking the woman for water. So exactly what kind of water Jesus is referring to? Naturally, the woman thinks that Jesus is talking about the water from the Well. Thereupon, Jesus tells her that whoever drinks of such water will be thirsty again. He further tells her that whoever drinks of the water given by him will never be thirsty again and will have eternal life. Obviously, when Jesus speaks about "living water", he is referring to the Holy Spirit.

In the second reading, Paul speaks about the effect of the Sacrament of Baptism. Through baptism, a person is justified by faith. He is reconciled with God through Jesus Christ, and so has hope in the sharing of God's glory. Symbolizing water with the Holy Spirit, Paul says, "*Hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.*"

Today's scriptures remind us not to put our Lord to the test as the Israelites did in the wilderness. We must not challenge God's divine providence or his plan of salvation, and we must not question his wisdom or love for us even when we are downtrodden, low in spirit, seemingly helpless and hitting the bottom of our lives. On the contrary, we must put our trust in God, in his love for us and in his divine providence.

All the readings for today and the following two Sundays are primarily intended for candidates for baptism at Easter, but the teachings also speak to us, reminding us to be thankful to God for the gift of baptism, and to put our total dependence and trust in God.

Rejoice in God's Mercy

In Lent we contemplate our baptism and our reconciliation with God. God gave us living water at our Baptism. The new life we receive in baptism commits us to a 'holy boldness' by which we can reach out to our community and live this life to the full. Though we often fail, God calls us back and through reconciliation we can continue to live in this fullness of life.

Action: Like the woman at the well, reach out to someone in your community. It might be someone at home, at work or someone you meet along the way in your daily life; by your actions they will know God.

Gospel of joy

Evangelii Gaudium

«Gospel of Joy»

Church to open the door, issuing prophetic voice

Eternal newness

12. Though it is true that this mission demands great generosity on our part, it would be wrong to see it as a heroic

individual undertaking, for it is first and foremost the Lord's work, surpassing anything which we can see and understand. Jesus is "the first and greatest evangelizer".[9] In every activity of evangelization, the primacy always belongs to God, who has called us to cooperate with him and who leads us on by the power of his Spirit. The real newness is the newness which God himself mysteriously brings about and inspires, provokes, guides and accompanies in a thousand ways. The life of the Church should always reveal clearly that God takes the initiative, that "he has loved us first" (1 Jn 4:19) and that he alone "gives the growth" (1 Cor 3:7). This conviction enables us to maintain a spirit of joy in the midst of a task so demanding and challenging that it engages our entire life. God asks everything of us, yet at the same time he offers everything to us.

To Be Continued

Apostolic Exhortation Evangelii Gaudium

Parish Activities

Parish Lenten Retreat

In order to prepare our hearts for Easter, our parish has invited Former Archbishop Ti-kang from Taipei to lead the Lenten Retreat on Saturday

April 12, 10 a.m. – 4 p.m. (Mandarin)

We sincerely invite parishioners to join the Lenten Retreat.

Youth Group Lenten Retreat

Youth Group Lenten Retreat will be on Saturday, March 29 and Sunday, March 30 at Kamp Kiwanis Centre. The theme of the retreat is "Preparing our Hearts for Easter".

The cost will be \$20 per youth and deadline of registration is on Sunday, March 23. All youths are welcome to attend. If you require additional information, please contact John Guo.

The Sacrament of Reconciliation

The sacrament of Reconciliation will be available at parishes throughout the Diocese of Calgary all the Wednesdays of Lent (March 26, April 2, 9, 16) from 7:30 pm– 8:30pm.

Movie Night: Have A Little Faith

Mitch Albom, author of previous works that include "*Tuesdays with Morrie*" and "*The Five People You Meet in Heaven*", has a pretty great life. Then two men come into his

life, and he realizes something's missing. The two men are Rabbi Albert Lewis and pastor Henry Covington. Moving between their worlds—Christian and Jewish, African-American and white, impoverished and privileged—Albom witnesses firsthand how these two very different men not only live life, but celebrate life.

What do rabbi and reverend have in common? Albom comes to realize they both take profound comfort in believing that there's a divine spark in all of us, and that everyone can make a big difference in others' lives, as long as they Have A Little Faith.

Date: April 5, 2014 (Saturday)

Time: 6:00pm Potluck and
6:30pm start of movie

Place: Upper Hall of OLPH

Together in Action

".....Faith Working Through Love."

(Galatians 5:6)

Our parish's portion is \$24,300. We will complete all outstanding TIA projects of our parish in 2014.

We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Let's take action now!

Weekly Activities

Wed, Fri 26, 28

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church, Upper Hall

Fri 28

Way of the Cross in Lent

Time: 8:30a.m. (English)

Place: OLPH Church

OLPH Scout

Time: 6:30pm.-8:30 pm

Place: Upper Hall & Lower Hall

Sat 29

Youth Group Lenten Retreat

Time: Sat 29 and Sun30

Place: Kamp Kiwanis Centre

Legion of Mary (meeting)

Time: 9: 45 a.m.

Place: K of C Room

Tai Chi Lesson

Time: 10:00 a.m. - 12:00 noon

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.

Place: OLPH Church Lower Hall

Way of the Cross in Lent

Time: 4:30p.m. (Cantonese & Mandarin)

Place: OLPH Church

Young Adults choir practice

Time: 5:00 p.m-7:00p.m.

Place: OLPH Upper Hall

Sun 30

2nd Rite of Scrutiny

Time: 11:30a.m. Mass

R. C.I.A

Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: Office Building

Pastoral Care Team meeting

Time: 11:00a.m.-12:30p.m

Place: OLPH Church Upper Hall

Stories Faith Sharing

The meaning of Life

A story is told by Robert Fulghum, a Unitarian minister, about a seminar he once attended in Greece. On the last day of the conference, the discussion leader walked over to the bright light of an open window and looked out. Then he asked if there were any questions. Fulghum laughingly asked him what was the meaning of life. Everyone in attendance laughed and stirred to leave. However, the leader held up his hand to ask for silence and then responded "I will answer your question." He took his wallet out of his pocket and removed a small round mirror about the size of a quarter. Then he explained "When I was a small child during World War II, we were very poor and we lived in a remote village. One day on the road, I found the broken pieces of a mirror. A German motorcycle had been wrecked in that place. I tried to find all the pieces and put them together, but it was not possible, so I kept the largest piece. This one. And by scratching it on a stone, I made it round. I began to play with it as a toy and became fascinated by the fact that I could reflect light into dark places where the sun could never shine. It became a game for me to get light into the most inaccessible places that I could find. I kept the little mirror, and as I grew up,

I would take it out at idle moments and continue the challenge of the game. As I became a man, I grew to understand that this was not just a child's game, but a metaphor of what I could do with my life. I came to understand that I am not the light or the source of the light. But light - be it truth or understanding or knowledge - is there, and it will only shine in many dark places if I reflect it. I am a fragment of a mirror whose whole design and shape I do not know. Nevertheless, with what I have, I can reflect light into the dark places of this world - into the dark places of human hearts - and change some things in some people. Perhaps others seeing it happen will do likewise. This is what I am about. This is the meaning of my life."

Do we reflect the light of Christ into the darkness of other people's lives? Will the world be a better place for our having been in it?

Let There Be Light

A Kindness a Day during Lent

By doing Little Acts of Kindness, you are sharing the love you have to give with family, friends and everyone you meet. Check off and circle a 'footprint' for each Act of Kindness for each day on your Lenten walk with the Lord. There are many things you can do as little expressions of kindness, such as the following:

Visit or call someone who is sick or elderly and bring them a simple meal, soup, or loaf of homemade bread;

Give someone a smile who needs it — spend some time with them to help cheer them up;

Yield the right-of-way to another driver or give up a parking space — give them a wave and a smile rather than a frown;

Bring someone a coffee who would appreciate it;

Help out at home where needed;

Contribute or help at a soup kitchen or similar facility;

Help shovel someone's driveway or walkway;

Help an elderly person get their groceries or offer them a drive in the cold/slippy weather;

Baby-sit for a young couple or single mother so that they can enjoy an evening out;

Run an errand for someone who needs it;

Spend some time listening to someone because many times people are too busy to do so;

Open a door for someone;

Opportunities for kindness present themselves during every hour of every day — take advantage of them as often and wherever you can! Use your imagination. And don't forget to enjoy the journey! You'll be in the best of company.

[Read More](#) [Know More](#)

Why should I go to confession? Doesn't God already know that I'm sorry for my sins?

Certainly God knows when we are sorry for our sins. And since God's only relationship with us is one of unconditional love, whenever we turn to God with a sincere sorrow for sin and a desire to make a new beginning, God is there to meet us with forgiveness.

As human beings, however, we may need a more concrete way of experiencing God's love for us. A person who loves us might show his or her love by making time for us, writing us a note, treating us to a special meal, or buying us a gift. We may already know that our friend cares for us, but the concrete attention is a confirmation and reassurance that human love requires. We Catholics believe that God has given us the sacraments as a way of showing that we are receiving the gift of his love in very real and down-to-earth ways.

One of these sacraments is the sacrament of Reconciliation, more popularly known as "confession." Reconciliation is a more accurate name, since the purpose of the Sacrament is to provide those of us who celebrate it with a tangible experience of God's forgiveness and our reconciliation with the church.

There are other ways that we celebrate God's forgiving power at work in our lives. Each Mass begins with a "Rite of Penance" where we pray for God's mercy and then are assured that God's mercy and forgiveness are present to us. The Mass itself is a Sacrament which conveys God's forgiveness. Many parishes offer "Communal" celebrations of Reconciliation which may or may not include an opportunity for individual confession. When we have sinned, one of these forms of experiencing God's forgiveness may well serve to heal us and

restore us to our union with the church and to an awareness of God's grace at work in our lives.

There are times in our lives, however, when we may freely and deliberately chose to separate ourselves from God's love by committing an act that is seriously evil. In such a case, when we have definitely cut ourselves off from God and the church, a more definite reconciliation with the church is appropriate. The church asks that we make an individual confession of our sins to a priest (representing the Holy Spirit present in the community of the church) in case of serious sin. More importantly, whenever we commit such a sin we will likely feel the need to confess it and won't feel completely comfortable until we do. And when we do confess, we often feel a tremendous sense of relief and joy.

Individual confession and celebration of the sacrament of Reconciliation can be of great value even when we have not committed a serious sin. It is a way of taking an honest look at our own lives and "taking inventory" of our relationship with God. "Naming" the tendencies or habits that cause us to drift from that relationship may be the beginning of a process of our re-centering our thoughts and actions on God.

The priest is present in the confessional NOT to punish or get angry at the person confessing but ONLY to be a concrete, tangible sign of God's forgiveness. Anyone who has a bad experience with a priest in confession is well within his or her rights to get up and walk out, because that priest is misusing his role. The sacrament of Reconciliation should be first and beyond all else a joyful celebration of God's forgiving and merciful love for us. *Fr. Joe*

Diocese & Other News

Bishop's Office

The Holy Father has requested that the Diocese of Calgary participate in his initiative, 24 Hours for the Lord. Bishop Henry has designated St. Anthony's Parish, Calgary (5340 – 4th Street S.W.) as the location in the City of Calgary where the Sacrament of Penance will be available within the context of Eucharistic Adoration. Beginning Friday March 28, 2014, St. Anthony's Parish will be open for twenty-four hours to offer the Sacrament of Penance to all the faithful of the Diocese of Calgary.

Friday March 28, Holy Mass at 4:30 pm; Eucharistic Adoration at 5 pm to Saturday, March 29, at 5 pm; Sacrament of Penance at 5 pm to Saturday, March 29, at 5 pm; Saturday March 29, Holy Mass at 5 pm .All welcome! For more information please call the St. Anthony Parish Office at 403-252-1137.

Discover Your Purpose In Life: You are invited to an evening of praise, worship and reflection. The theme of this evening is the discernment of one's unique purpose in life – and is for youth and young adults. Speakers: Michael Chiasson and Fr. Jerome Lavigne. Testimony: Pilmaiken Lezano. Date: Sunday, March 30. Place: St. Peter's Church, Calgary. Time: 7:00 p.m. For more information please contact Fr. Gaffney at 403-245-2753 or migaffney@telusplanet.net.

40 Days for Life – International Peaceful Prayer Vigil to End Abortion
Wednesday 5 March – Sunday 13 April 2014, 7 am to 7 pm. Organize a parish prayer team to defend unborn babies or come alone and join others in prayer at the Kensington (Abortion) Clinic in Calgary , 2431 – 5th Ave NW. View schedule & receive daily devotions: www.40daysforlife.com/calgary . For help or more information: Jairo 403-870-3905 Gwen 403-208-9427 gwencald@gmail.com or 40daysforlife.calgary@gmail.com

主日分享

四旬期第三主日

使人得到永恆生命的活水

水可以止渴，是生命所必須的。在今天四旬期第三主日的彌撒中，慈母教會便藉著水的象徵，向候洗者（望教者）闡明天主聖神在聖洗聖事中所起的作用，並強調天主對待世人的無窮恩愛。

今天彌撒中的讀經一內容講述：以色列百姓，在梅瑟的領導下，逃出了埃及，在曠野裏漂泊，走得精疲力盡，找不到水喝，便開始埋怨梅瑟和天主。在不得意時，怨天尤人，原是人的常情，不足為奇。但是，以色列人看見過天主為拯救他們而顯的奇蹟，仍然如此，則不免意味著對天主缺少信賴，大不恭敬。雖然天主當時照顧

了他們，命令梅瑟擊石取水，讓他們喝，後來卻嚴重地懲罰了他們，連梅瑟也未能倖倖。

今天的彌撒福音記述耶穌在雅各伯井旁邊與一位撒瑪黎雅婦女的對話。這對話是由要水喝而引起的。那位婦女認為是眼前的雅各伯井裏的水。人喝了這水，仍會再渴。耶穌要給人的，卻是使人喝了，不會再渴，並且使人得到永恆生命的水。

耶穌所說的水，無疑地是指天主聖神。今天彌撒中的讀經二選自聖保祿宗徒致羅馬人書。在這篇讀經中，聖保祿宗徒闡述聖洗聖事的功效。領聖洗的人，因信德而成義，藉著基督跟天主和好了，有分享天主光榮的盼望。聖保祿宗徒用水比擬天主聖神，說：「這希望不會使我們失望，因為天主通過祂賜給我們的聖神，已把祂的愛傾注在我們心中了。」

四旬期主日彌撒的讀經和福音，原來是為準備候洗者領受聖洗聖事的。但是，已經受過聖洗的老教友，也可從中取得教訓。那就是：一、藉以紀念領洗的宏恩，而感謝天主的無窮仁慈；二、可以重申我們的信仰，增進我們對天主的依賴和信任。

節錄自梵蒂岡電台廣播稿節

福音的喜樂

「福音的喜樂」
教會要敞開大門
發出先知性的聲音
福傳手冊【三】

第五講 福傳應有的精神

(二) 福傳應該效法基督福傳的工作是分擔耶穌基督和宗徒們的使命，又是一件非常神聖的工作。故福傳員首先應該穿上基督，活於基督，把自己聖化成為第二基督。傳教士是向魔鬼作戰的義勇軍，耶穌基督——常勝將軍——是我們的總司令，我們應該向我們的元帥，司令學習看齊。祂一生所關心的，特別是在祂福傳時所專務的，祇有一個崇高的目標——榮主救

靈。我們在做福傳時也應當檢討一下：

- 1：我們做這件事是否為了天主？
- 2：這件事是否為天主有光榮？
- 3：這件事作了能否拯救人靈？

(三) 福傳應有宗徒的精神

從事福傳是一項天主特別的召喚，是天主所揀選的獻身教會的宗徒使命，不過既然負有宗徒的使命，就應當有宗徒的精神。在耶穌基督的宗徒中，最有福傳精神的當屬聖保祿宗徒。聖保祿宗徒那種勇於犧牲死而後已的精神是從哪裡得來的呢？他自己說，他講的道理，不是由人傳授的，而是主耶穌基督親自傳授的。還說，「並且我的言論和我的宣講，並不在於智慧動聽的言辭，而是在於天主聖神和他的德能的表現，為使你們的信德不是憑人的智慧，而是憑天主的德能。」

格前 2：4—5)

待續

堂區活動

四旬期悔罪禮

卡加利教區內所有教堂在四旬期內逢星期三(3月26、4月2、9、16日)晚上7時30分至8時30分，將開放給教友辦告解聖事。

根據教會規條的第二規，「該告解、每年至少一次」，是為督促信友們通過修和聖事妥當地準備領聖體。教友應盡量參與與天主修合，以準備基督的來臨！

堂區四旬期退省講座

在四旬期間，為妥善準備心靈迎接復活節的來臨，堂區特別邀請前台北教區狄剛總主教，為我們主持四旬期國語退省講座。請教友盡量抽空參與，為復活節作好準備。

日期：四月十二日(星期六)

時間：上午10時至下午4時

地點：永援聖母堂聖堂

青少年團四旬期避靜

青少年團將於3月29日及30日(星期六及日)在Kamp Kiwanis Centre舉行四旬期避靜。

主題：「為復活節預備我們的心」

費用：每位20元，截止報名日期為

3月23日(星期日)

歡迎所有青少年參加，如欲查詢詳情，請與John Guo聯。

電影晚會：一點小信仰

在最困難的時候，你能不能把自己放下，相信希望？..... 歷經八年探索，暢銷書作者米奇(Mitch Albom)深入兩個真實人物的生命，帶給我們一個關於「希望、堅持、認錯與相信」的故事。老猶太牧師，因著信仰而無懼於死亡迫近；黑人基督教牧師，倚靠信仰來帶領他和他教會的信眾渡過艱難的每一日。藉兩個人的故事，米奇與我們一起思索這些人生的難題。... “做錯事的人也能重新來過嗎？”... “有可能與信奉不同宗教的人和諧相處嗎？”... “信仰，真的有辦法帶領人渡過難關嗎？”

日期：四月五日(星期六)

時間：晚上六時 Potluck、六時半放映

地點：永援聖母堂上禮堂

教區公益金

「讓我們一起來行動」

主題：「...以愛德行事的信德。」
迦拉達書：第五章六節
今年本堂的配額為\$24,300。我們將於2014年內完成堂區未完成的公益金承諾的工程。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。請立即行動！

活動一週

星期三、五 26, 28 日

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期五 28 日

英語拜苦路

時間：上午8時30分

地點：永援聖母堂

永援聖母堂童軍

時間：晚上6時30分至8時30分

地點：永援聖母堂上禮堂及下禮堂

星期六 29 日

青少年團四旬期避靜

3月29日及30日

地點：Kamp Kiwanis Centre

聖母軍(聖母軍聖母無玷聖心支團)

時間：早上9時45分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午 10 時至 12 時

地點：永援聖母堂下禮堂

瑜珈初班

時間：下午 2 時至下午 3 時 15 分

地點：永援聖母堂下禮堂

粵語國語拜苦路

時間：下午 4 時 30 分

地點：永援聖母堂

永援聖母青年團練習聖詩

時間：晚上 5 時至 7 時

地點：永援聖母堂上禮堂

星期日 30 日

候洗者第二次考核禮

時間：早上 11 時 30 分彌撒

地點：永援聖母堂

成人慕道班（粵語、國語及英語）

時間上午 9 時 30 分至 1 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈

牧靈關愛組

時間：上午 12 時 30 分

地點：永援聖母堂上禮堂

心靈小品**慈悲清泉**

有人渴了，你就給他水喝；

有人寒冷，你就給他衣穿；

不為博得“善人”的美名，

不為眾人的喝彩，

放下自我，默默付出，

慈悲如清泉。

當我們抱怨沒有鞋子穿時，

卻發現，有人沒有腳，

學會忍耐、學會謙卑、學會為他人流淚... ..

沒有人能事事一帆風順、所求皆得，
凡事承受，不會怨恨；

一切的榮耀，歸於天主的恩寵，

凡事感激，全心全意！

沒有“我”，然而，我在愛，

慈悲，如清泉

有光的明亮，卻不會傷害眼睛；

有火的溫暖，卻不會焦灼心靈；

沒有“我”，然而，我愛你，愛世界！
慈悲，清泉**靈修小故事****空無一人**

作曲家巴哈一向把他創作的樂曲獻給上主。在一個寒冬的夜晚，他預定首演新創作的曲子，原以為教堂的長椅上將會座無虛席，然而，當他到達現場時，發現竟然空無一人。可是，他毫不遲疑地對在場的演奏者宣布：照原計畫演出。所有的演奏者立刻就位，巴哈執起了指揮棒，空蕩蕩的教堂瞬間迴盪著華麗莊嚴的樂曲。

這個故事不禁讓我省思：倘若上主是我唯一的讀者，再無他人，我還願意寫作嗎？我的文章會因此有所不同嗎？

正如瑪竇福音 6 章的教導，無論是作曲、寫作或服事，我們都要緊記，這些好行為是為上主而做的，旁人是否看到並不重要，最重要的是上主都在察看，祂是我們的觀眾。

知多一點點**把你受傷的心交給主**

我們的心就像一朵花，本來可以很美麗的。但當罪惡來到後，這顆心便凋謝了，失去了美麗。水可以令花兒重新，所以當我們在罪惡之中，我們不能自己救自己，我們需要外在的幫助，我們需要修和聖事（辦告解）。

天主本來給每人一個美好的計劃，但我們偏偏抗拒天主的旨意，祇顧尋求自己的意願，找尋自己的快樂，成為物慾的奴隸，這些都是罪過，其結果就是痛苦和喪亡。

我們可以誇口說自己沒有甚麼罪過嗎？我們敢說自己在愛天主和愛人方面已達到成全的地步嗎？我們有否善用天主給我們的恩典去光榮天主呢？假如我們的身體有小毛病，也可以不吃藥和看醫生嗎？

靈魂的成熟或成長，是天主的旨意。我們是否已肖似基督呢？我們有否把基督的光，我們心裡的燭光，放在燈台上呢？將來我們死後，基督會問我們有否愛過其他人，我們怎回答呢？我們跟隨基督時，有很多方法幫助我

們。例如祈禱、禁食、參與彌撒、閱讀聖言和領聖事等。但是，我們的心也像一塊田，如果不除去野草，連好的植物也無法生長。修和聖事就像吃藥和看醫生一樣，幫助我們的靈魂重獲健康。

我們的罪惡，主能清除。假如我們孤立無援越大，主的能力支持我們越多。假如我們是一個不幸的深淵，主則是仁慈與美善的深淵。假如我們在主的手中，那還有什麼可怕的？總不可懷疑主聖心的善良，也不要懷疑主對我們的愛。我們不必對自己的跌倒過於難過，主能使我們成為聖賢而不多費工夫。

主的心在寬赦上獲取安慰，主沒有更大的希望，也沒有更大的喜樂，只是希望並高興祂能寬恕人。一個人的不幸關係不大，只要他唯一的盼望是光榮主，安慰主。

公教報