

Theme Sharing

God's Calling (The Second Sunday of Lent)

The first reading recalls the calling of Abram by God. From the land of Haran, Abram promptly answered God's calling, left his home village, and migrated to the land of Canaan. He later became known as Abraham, ancestor of the Israelites. God often calls a person to leave his familiar and secure position in life to face what appears to be an uncertain and challenging future. Therefore, one has to face certain risks in accepting God's calling; but for sure these will not be blind, meaningless or harmful risks. As today's scriptures tell us, God's calling is really a grace and gift to us. Paul explains in the second reading that, in order to receive such grace, we have to "rely on the power of God." And this power has been revealed to us through the appearance of our Lord Jesus Christ.

In today's gospel, Jesus took Peter, James and John to a high mountain where he revealed his glory. In so doing, Jesus manifested himself to the apostles, strengthening their hope and consolidating their faith.

Many of us were baptized during our infancy through our parents' decision. Although our baby baptism was God's free gift and grace to us, some of us might lament that we took no part in the decision and that the choice was not ours. It is however important to know that as we are growing up, and even unto this day, we constantly face challenges to our faith. We have to decide on numerous occasions whether or not we should continue to follow Christ, keep our faith and abide by the teachings of Christ. In the midst of all these challenges and struggles, God calls us to follow him, but he leaves the choice to us. In fact, during the course of our lives, God speaks unceasingly to our hearts. We face challenges to our faith all our lives and it is at times difficult for us to rely on our own to deal with them. Today's scriptures exhort us to rely on God, whose power has been fully revealed in the death and resurrection of our Lord Jesus Christ. So we need not be afraid of God's calling, since it is a grace and special gift for us. Because he loves us, God chooses and invites us to be faithful followers of his Son, Jesus Christ. It is entirely up to us to respond to his calling and his love for us. In

this regard, we have to rely on our Almighty God and not just on ourselves. To be a good and faithful Christian, we need to know just one thing: love! It is God who first loved us, and we must love him in return. It is only then that we can grow in faith, hope and love, the three pillars in our Christian life.

"God our Father, help us to hear your Son. Enlighten us with your word, that we may find the way to your glory. We ask this through Christ, our Lord. Amen."

Rejoice in God's Mercy

God has created a life for us that he wants us to live. Like Abraham, we need to trust in God to help us. God knows what is holding us back and we need to let go of those things in order to be transformed. Like Abraham, what is God asking us to leave behind to enter into his life? What barriers in our lives are stopping us?

Action: Pray for an increase of faith and hope so you can act on the sacrifice God has asked of you. Become willing to give up that something that's holding you back.

Gospel of joy Evangelii Gaudium

«Gospel of Joy»
Church to open the door,
issuing prophetic voice

Eternal newness

11. A renewal of preaching can offer believers, as well as the lukewarm and the non-practising, new joy in the faith and fruitfulness in the work of evangelization. The heart of its message will always be the same: the God who revealed his immense love in the crucified and risen Christ. God constantly renews his faithful ones, whatever their age: "They shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not be faint" (Is 40:31). Christ is the "eternal Gospel" (Rev 14:6); he "is the same yesterday and today and forever" (Heb 13:8), yet his riches and beauty are inexhaustible. He is for ever young and a constant source of newness. The Church never fails to be amazed at "the depth of the riches and wisdom and knowledge of God" (Rom 11:33). Saint John of the Cross says that "the thicket of God's wisdom and knowledge is so deep and so broad that the soul, however much it has

come to know of it, can always penetrate deeper within it".[7] Or as Saint Irenaeus writes: "By his coming, Christ brought with him all newness".[8] With this newness he is always able to renew our lives and our communities, and even if the Christian message has known periods of darkness and ecclesial weakness, it will never grow old. Jesus can also break through the dull categories with which we would enclose him and he constantly amazes us by his divine creativity. Whenever we make the effort to return to the source and to recover the original freshness of the Gospel, new avenues arise, new paths of creativity open up, with different forms of expression, more eloquent signs and words with new meaning for today's world. Every form of authentic evangelization is always "new".

To Be Continued

Apostolic Exhortation Evangelii Gaudium

News & Others

On the Season of Lent

"Lent comes to us as a providential time to change course, to regain the capacity to react in face of the reality of evil that always challenges us"

The forty-day Lenten itinerary begins, which will lead us to the Easter Triduum, memorial of the Passion, Death and Resurrection of the Lord, heart and center of the mystery of our salvation. Lent prepares us for this moment that is so important, for this "intense" time, a turning point which can foster a change in each one of us, conversion. We all have need to become better, to change for the better. Lent helps us and thus allows us to come out of our weary habits and lazy addiction to the evil that deceives us. In the Lenten season the Church addresses to us two important invitations: to have a more lively awareness of Christ's redemptive work and to live our Baptism with greater commitment.

The awareness of the wonders that the Lord has done for our salvation disposes our mind and our heart to an attitude of gratitude to God, for all that He has given us, for all that he fulfills for His people and the whole of humanity. Our conversion begins here: it is our grateful answer to the stupendous mystery of the love of God. When we see this love that God has for us, we feel the need to come closer to him: this is conversion.

To live our Baptism through and through – this is the second invitation – means not to be accustomed to situations of degradation and misery, which we meet when walking through the streets of our cities and our countries. There is the risk of accepting passively certain behaviors and to not be astounded in face of the sad realities that surround us. We are accustomed to violence, as if it were daily news taken for granted; we are accustomed to brothers and sisters sleeping on the street, who have no roof for shelter. We are accustomed to refugees in search of liberty and dignity, who are not received as they should be. We are accustomed to live in a society that pretends to do without God, in which parents no longer teach their children to pray or to make the sign of the cross. I would like to ask you: your children, do they know how to make the sign of the cross? Think about it. Do your grandchildren know how to make the sign of the cross? Did you teach them? Think about it and respond in your hearts. Do they know how to pray the Our Father? Do they know how to pray to Our Lady with the Hail Mary? Think and answer for yourselves. This addiction to non-Christian behaviors and to comfort drugs our heart!

Lent comes to us as a providential time to change course, to regain the capacity to react in face of the reality of evil that always challenges us. Lent is to be lived as a time of conversion, of personal and communal renewal through drawing close to God and confident adherence to the Gospel. In this way, it enables us also to look at our brothers and their needs with new eyes. For this Lent is the favorable time to be converted to love of God and of our neighbor; a love that is able to make its own the attitude of gratuitousness and mercy of the Lord, who "became poor, so that by his poverty we might become rich" (cf. 2 Corinthians 8:9). By meditating on the central mysteries of the faith, the Passion, Cross and Resurrection of Christ, we will realize that the measureless gift of the Redemption was given to us by God's gratuitous initiative.

Rendering thanks to God for the mystery of His crucified love; genuine faith, conversion and openness of heart to brothers: these are essential elements to live the Lenten season. On this journey we wish to invoke with particular trust the protection and help of the Virgin Mary: may She, the first believer in

Christ, accompany us in our days of intense prayer and penance, to be able to celebrate, purified and renewed in the Spirit, the great mystery of the Easter of her Son. Thank you!

Parish Activities

Together in Action

".....Faith Working Through Love."

(Galatians 5:6)

Our parish's portion is \$24,300. In 2014 our parish's target will be identical to our portion from the diocese at \$24,300. We will complete all outstanding TIA projects of our parish in 2014.

We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Donation envelopes are being distributed with your 2013 donation tax receipts.

Let's take action now!

The Sacrament of Reconciliation

The sacrament of Reconciliation will be available at parishes throughout the Diocese of Calgary all the Wednesdays of Lent (March 19, 26, April 2, 9, 16) from 7:30 pm– 8:30pm.

Youth Group Lenten Retreat

Youth Group Lenten Retreat will be on Saturday, March 29 and Sunday, March 30 at Kamp Kiwanis Centre. The theme of the retreat is "Preparing our Hearts for Easter". The cost will be \$20 per youth and deadline of registration is on Sunday, March 23. All youths are welcome to attend. If you require additional information, please contact John Guo.

Weekly Activities

Wed, Fri 19, 21

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon
Place: OLPH Church, Upper Hall

Wed 19

Perpetual Help Harmony Choir

Time: 7:00p.m.-9:00p.m.
Place: OLPH Church, Upper Hall

Fri 21

Way of the Cross in Lent

Time: 8:30a.m. (English)
Place: OLPH Church

OLPH Scout

Time: 6:30pm.-8:30 pm
Place: Upper Hall & Lower Hall
Faith Sharing Group (Sacred Heart)
Time: 7:30p.m.-10:00p.m.
Contact: Doris Ho 403-271-6884

Sat 22

Legion of Mary (meeting)

Time: 9: 45 a.m.
Place: K of C Room

Tai Chi Lesson

Time: 10:00 a.m. - 12:00 noon
Place: OLPH Church Lower Hall

Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.
Place: OLPH Church Lower Hall

Way of the Cross in Lent

Time: 4:30p.m. (Cantonese & Mandarin)
Place: OLPH Church

Young Adults choir practice

Time: 5:00 p.m-7:00p.m.
Place: OLPH Upper Hall

Faith Sharing Group (Arbour Lake)

Time: 7:30p.m.-10:00p.m.
Contact: Grace Chan 403-208-1806

Sun Mar 23

R. C.I.A.

Adult Catechumenate Class
(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.
Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.
Place: Office Building

Youth Group

Time: 11:00a.m.-12:30p.m.
Place: OLPH Church Upper Hall

Imitating
Christ



Chapter 25 :

Zeal In Amending Our Lives

If you have spent the day profitably, you will always be happy at eventide. Watch over yourself, arouse yourself, warn yourself, and regardless of what becomes of others, do not neglect yourself. The more violence you do to yourself, the more progress you will make.

End

Stories Faith Sharing

The Little girl and the piano

A little girl wanted to become a great pianist, but all she could play on the piano was the simple little tune, "Chopsticks." No matter how hard she tried, that was the best she could do. Her parents decided after some time to arrange for a great maestro to teach her to play properly. Of course, the little girl was delighted.

When the little girl and her parents arrived at the maestro's mansion for the first lesson, they were escorted by the butler into the parlour, where they saw a beautiful concert grand piano. Immediately, the little girl dashed over to the piano and began playing "Chopsticks." Her embarrassed parents started across the room to tell her to stop, but as she played, the maestro entered the room and encouraged the little girl to continue.

The maestro then took a seat on the piano bench next to the little girl, listening to her play. After a moment he began to play along with her, adding chords, runs, and arpeggios. The little girl continued to play "Chopsticks." The parents couldn't believe their ears. They were hearing a beautiful piano duet, played by their daughter and the maestro, and amazingly enough, the central theme of it was still "Chopsticks."

At times you may feel like you're a nobody, that you will never accomplish great things. But think of that little girl. All she could play was "Chopsticks." Nobody wanted to hear "Chopsticks." It was an embarrassment to her parents and annoying to everyone else. Yet the maestro encouraged her to keep on playing.

God knows what you can do. He created you with gifts and talents. Sure, compared to some people's abilities, your gifts and talents may seem like "Chopsticks"-- not very original and not very spectacular. But God says, "Keep on playing--and make some room on the piano bench for Me." God is able to take the little that we are able to do and turn it into something beautiful for Him.

[Read More Know More](#)

St. Joseph

Feast day: March 19, May 1

Everything we know about the husband of Mary and the foster father of Jesus comes from Scripture and that has seemed too little for those who made up legends about him.

We know he was a carpenter, a working man, despite his humble work and means, We know Joseph was a compassionate, caring man.

We know Joseph was a man of faith, obedient to whatever God asked of him without knowing the outcome.

Joseph is the patron of the dying because, assuming he died before Jesus' public life, he died with Jesus and Mary close to him, the way we all would like to leave this earth. Joseph is also patron of the universal Church, fathers, carpenters, and social justice.

We celebrate two feast days for Joseph: March 19 for Joseph the Husband of Mary and May 1 for Joseph the Worker.

There is much we wish we could know about Joseph -- where and when he was born, how he spent his days, when and how he died.

But Scripture has left us with the most important knowledge: who he was -- "a righteous man"

In His Footsteps:

Joseph was foster father to Jesus. There are many children separated from families and parents who need foster parents. Please consider contacting your local Catholic Charities or Division of Family Services about becoming a foster parent.

主日分享

四旬期第二主日

天主的召喚

今天是四旬期第二主日。彌撒中的兩篇讀經和福音分別選自創世紀，聖保祿宗徒致弟茂德後書及聖瑪竇福音。內容主題是天主的召喚。天主的召喚簡稱聖召，是領洗進教的先決條件。沒有天主的召喚，人不可能發生信德；而沒有信德，是不許領受聖洗聖事的。

今天彌撒中的讀經一，講天主召喚亞巴郎的故事。亞巴郎原是哈蘭人。他聽從了天主的召喚，離開故鄉，來到客納罕，而成為後來以色列人的先祖。創世紀敘述他的皈依。今天彌撒的福音記述：耶穌帶著伯多祿、若望和雅各伯三位宗徒上山；在山上顯現了他的光榮。這是耶穌的自我啓示，同時也有激勵他門徒的望德和堅定他們信德的意義。

我們中有些人是在嬰孩時代，由於父

母親的選擇，而領洗進教的；雖然這也可以說是白白的恩寵和召喚，但始終個人仍未在接受聖洗聖事之前，作過決定。但是後來在長大的過程中，我們也會不斷面臨決定跟隨或不跟隨基督的機會，或是否要繼續信仰生活和遵守天主的誠命的挑戰。在這樣的機會和挑戰中，天主不斷地向我們作出召喚，我們也不斷抉擇。在我們的一生中，天主的召喚還要不斷地在我們的心中響著。

基督信徒的一生原來是充滿挑戰的，要應付並克勝它們，就人的能力來說，是很難的，但是今天的彌撒讀經給了我們一個寶貴的教訓：接受天主的召喚不是一種盲目的冒險，而是「依賴天主的能力」，其效果已在耶穌的死亡與復活中顯現出來了。

節錄自梵蒂岡電台廣播稿節

新聞及其他

教宗以四旬期作了要理講授

從聖灰禮儀開始，我們進入為期 40 天的四旬期旅程。它將把我們帶到復活三日慶典，紀念主耶穌的受難、死亡與復活，也就是我們救恩奧蹟的中心。四旬期讓我們為這很重要的時刻做準備，因此這是一段“非常關鍵”的時期，是一個能促使我們每個人改變和悔改的轉折點。我們大家都需要改善，變得更好。四旬期幫助我們擺脫日積月累的舊習，脫離令我們落入陷阱懶惰成性的習慣。在四旬期，教會向我們提出兩項重要邀請：更透徹地認識基督的救贖工程；更努力地活出自己的聖洗恩寵。

認識上主為我們的得救所行的奇妙大事，使我們의思想和心靈轉向一種感謝天主的態度，感謝祂的恩賜，感謝祂為自己的子民和全人類所行的一切。我們的悔改從這裡開始：悔改是對天主聖愛的絕妙奧蹟的感恩與回應。當我們看到天主對我們的這份愛時，我們就會有接近祂的願望：這就是悔改。

全然活出聖洗的恩寵——這是第二個邀請——意味著對敗壞和不幸的境遇不習以為常，這些境遇是我們走在城中和家鄉的路上遇見的。我們有這樣

的危險，即被動地接受某些行爲，對四周悲傷的現實見怪不怪。我們對暴力早已司空見慣，視之好似預料中的每日新聞；我們習慣看到弟兄姐妹們睡在街頭，沒有片瓦能遮身。對於正在尋求自由和尊嚴的難民，我們也習以為常，他們並未得到應有的款待。我們習慣於生活在一個主張不要天主的社會，在這個社會裡，父母不再教孩子祈禱和劃十字聖號。我問你們：你們的子女，你們的孩子會劃十字聖號嗎？你們想一想。你們的侄孫會劃十字聖號嗎？你們教他們了嗎？你們想一想，然後在心中回答。他們會念天主經嗎？懂得用聖母經祈求聖母嗎？你們想一想，然後再回答。這種成癮的非基督徒和得過且過的習慣麻醉我們的心！

四旬期對我們而言如同一個天賜良機，讓我們能改變航向，恢復我們的應對能力，去面對那時常挑戰我們的罪惡現實。四旬期應該是個人和團體藉著靠近天主和信賴福音而進行悔改與更新的時期。如此一來，我們也能以全新的眼光注視我們的弟兄，關注他們的所需。因此，四旬期是一個回歸於愛天主和愛近人的有利時機；這樣的愛懂得效法上主無償與仁慈的態度，祂“爲了我們成了貧困的，好使我們因著祂的貧困而成爲富有的”

(參閱格後八 9)。默想信仰的中心奧跡，即基督的受難、死亡與復活，我們將明白這永無止盡的救贖恩典是天主白白賜給我們的。

因天主出於愛而行的十字架奧跡而感謝天主，活出真正的信德，悔改，向弟兄姐妹打開心門：這些都是善度四旬期的基本要素。在這段旅程中，我們願意以特殊的信賴之心呼求童貞瑪利亞的保護和幫助：妳是基督的首位信徒，求妳在虔心祈禱和補贖的日子裡陪伴我們，好使我們最終以淨化與更新的心靈，慶祝妳聖子的偉大逾越奧跡。

梵蒂岡電台訊

福音的喜樂

「福音的喜樂」 教會要敞開大門 發出先知性的聲音 福傳手冊【三】

第五講 福傳應有的精神

(一) 福傳首重神火

先談在中國福傳的神父，首推聖方濟各—沙勿略。聖人從事福傳工作，前後不過十年，經他的手領洗者竟然多達十萬，他有這樣偉大的傳教精神，是因為他有一顆炙熱的心。據說他有時愛火中燒，雖在炎冬天氣，也必須敞開胸懷，借以疏散胸中的熱氣。聖沙勿略在臨終的時刻，還面向中國，念念不忘爲我們祈禱，求天主多派傳教士，前來收割我國已經成熟的莊稼(人靈)。誰能否認，現在我國的諸位福傳人員，不是聖沙勿略臨終前向天主祈禱而來的後繼者嗎？所以，每位福傳員都要有真誠和熱心福傳的神火，有了內心榮主救靈的神火，才自然而然的成爲照亮別人的燈。如果我們自己冷淡懈怠，言行與信仰不符合，那就成了失了味道的鹽和放在斗底下的燈了。(瑪 5：13，你們是地上的鹽，鹽若失了味，可用什麼使他再咸呢？它毫無用處，祇好拋在外邊，任人踐踏罷了。瑪 5：15，人點燈，並不是放在斗底下，而是放在燈台上，照耀屋中所有的人。)

待續

堂區活動

教區公益金

「讓我們一起來行動」

主題：「…以愛德行事的信德。」
迎拉達書：第五章六節

今年本堂的配額爲\$24,300。至於我們堂區今年的目標與堂區配額同是\$24,300，我們將於2014年內完成堂區未完成的公益金承諾的工程。

懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。捐款信封現正聯同2013年奉獻退稅收條一起分發。請立即行動！

堂區四旬期退省講座

在四旬期間，爲妥善準備心靈迎接復活節的來臨，堂區特別邀請前台北教區狄剛總主教，爲我們主持四旬期國語退省講座。請教友盡量抽空參與，爲復活節作好準備。

日期：四月十二日(星期六)

時間：上午10時至下午4時

地點：永援聖母堂堂堂

青少年團四旬期避靜

青少年團將於3月29日及30日(星期六及日)在Kamp Kiwanis Centre舉行四旬期避靜。

主題：「爲復活節預備我們的心」

費用：每位20元，截止報名日期爲3月23日(星期日)

歡迎所有青少年參加，如欲查詢詳情，請與John Guo聯。

四旬期悔罪禮

卡加利教區內所有教堂在四旬期內逢星期三(3月19、26、4月2、9、16日)晚上7時30分至8時30分，將開放給教友辦告解聖事。根據教會規條的第二規，「該告解、每年至少一次」，是爲督促信友們通過修和聖事妥當地準備領聖體。教友應盡量參與與天主修合，以準備主基督的來臨！

活動一週

星期三、五 19,21日

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期三 19

永援聖母歌詠團

時間：晚上7時至晚上9時

地點：永援聖母堂上禮堂

星期五 21日

英語拜苦路

時間：上午8時30分

地點：永援聖母堂

永援聖母堂童軍

時間：晚上6時30分至8時30分

地點：永援聖母堂上禮堂及下禮堂

信仰小團體 (Sacred Heart)

時間：晚上7時30分至10時

聯絡：Doris Ho 403-271-6884

星期六 22 日

聖母軍(聖母軍聖母無玷聖心支團)

時間：早上 9 時 45 分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午 10 時至 12 時

地點：永援聖母堂下禮堂

瑜珈初班

時間：下午 2 時至下午 3 時 15 分

地點：永援聖母堂下禮堂

粵語國語拜苦路

時間：下午 4 時 30 分

地點：永援聖母堂

永援聖母青年團練習聖詩

時間：晚上 5 時至 7 時

地點：永援聖母堂上禮堂

信仰小團體 (Arbour Lake)

時間：晚上 7 時 30 分至 10 時

聯絡：Grace Chan 403-208-1806

星期日 3 月 23 日

成人慕道班(粵語、國語及英語)

時間：上午 9 時 30 分至 1 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至下午 12 時 30 分

地點：寫字樓大廈

青少年團

時間：上午 11 時至下午 12 時 30 分

地點：永援聖母堂上禮堂

師主篇

第二十五章、勤於改過自新

你若善用了一日的光陰，晚上必感到愉快。你該在自己身上留神，勉勵自己，提醒自己：他人不論怎麼樣，你千萬不要耽誤了自己。你在自身勉勵多少，你在德行上就長進多少。完

靈修小故事

奇妙十架

去澳洲旅遊的時候，我有機會在一個清澈的夜空，看到了南十字星。這個位於南半球的星座非常顯眼，早在 15 世紀時，水手們和航海家就藉著它來指引航海的方向。雖然這個星座不大，但是幾乎全年都可以看到它的蹤跡。

南十字星在漆黑的夜空是如此閃亮，甚至連我都可以在漫天星宿中一眼就認出它。那真是一幅壯麗的景色！然而，聖經告訴我們基督的十字架遠比這個南十字星座更偉大。當我們仰望星空時，我們看見了造物主的奇妙創造；但當我們仰望十架時，我們看見了造物主為受造物而死。希伯來書 12 章 2 節勉勵我們，要「仰望那為我們信心創始成終的耶穌，祂因那擺在前面的喜樂，就輕看羞辱，忍受了十字架的苦難，便坐在上主寶座的右邊」。

仰望十架的奇妙之處，就是我們仍在罪中的時候，我們的救主就為我們死（羅馬書 5 章 8 節）。如今，那些信靠基督的人得與上主和好，並有主引導他們一生的道路（格林多後書 1 章 8-10 節）。

基督在十架上的犧牲，就是最偉大的奇蹟！

每逢思念奇妙十架，
榮耀救主在上懸掛，
從前名利、富足、矜誇，
我看如土，完全撇下。

知多一點點

3 月 19 日 聖若瑟瞻禮：

聖母淨配、中國主保

聖若瑟是聖母瑪利亞的淨配，吾主耶穌的養父。他的生平事跡，在福音經上記載雖然簡略，但為一般信友所熟知。

聖若瑟修有各種聖德，思言行為，各得其宜。貞潔、安貧、謙卑、服從。聖教會對他的敬禮，先抑而後揚，正象徵著聖若瑟謙抑的典型。

教宗額我略十五世欽定三月十九日為聖若瑟瞻禮，同時通令普世教會慶祝。1870 年，教宗庇護九世奉大聖若瑟為聖教會總主保，將普世教會托他保護。

教宗比約十二於 1955 年訂立了一個新的聖若瑟節，即 5 月 1 日的“聖若瑟勞工節”，其拉丁全名為“聖母淨配工人聖若瑟、勞工主保節”，教宗訂閱此慶節的理由，是許多國家在 5 月 1 日熱烈慶祝勞工節，教宗欲以教會的慶節予以聖化，並強調勞工的尊嚴。

本主日的專用彌撒經文，強調聖若瑟為忠信的僕人，明智、忠貞、全心地完成了交付給他的使命。指出他妥善地照顧了聖家，因此，我們也願他護佑教會忠實地執行救人的使命。

“福音”指出若瑟如何表現了他的信德。他的服從使他成為整個人類獲得救恩的工具。另一篇任選的福音瑪利亞與若瑟尋找失蹤之耶穌的故事。他們“都一直擔心地在找”，道出了天下父母心。

除聖母外，聖若瑟在基督的救世工程上佔有極重要的地位。這也是教會敬禮聖若瑟的理由，並奉他為普世教會的主保。