

Theme Sharing

Second Sunday in Ordinary Time

Two thoughts dominate this Sunday: first, John's dramatic call to behold the Lamb of God; second, that we have just finished Christmas and are beginning a new year. With regard to beginning the new year there is the sense of the need to take stock, to look at where we are going, and to make the inevitable "resolutions" that might raise the quality of this coming year.

The Baptist asks us to take stock and make changes; to ask what are we fundamentally about and then seek to reset our lives. As active Christians are we able to recognise Jesus Christ? Is he a focus in our lives or just out on the edges? Is he the one we look to for help in time of need, for guidance in our doubts?

An honest stock-taking of our fundamental situation that is offered here may contrast with the ego-centric way we usually conduct our lives. We need to recognise something outside of and larger than us, the God who cares for us, and for the whole human community in which we are involved. Can we listen to John's call to restore what is broken, and Jesus' call, to bring light to the world? Do we see that it is with our willing help that the Lamb can remove the "sin of the world?" Facing deeper truths is always difficult; it calls us to not just drift along with this world's evil, as the line of least resistance.

Discipleship is urgent and costly, but it is also possible and is the way towards the deeper joy and fulfilment that we seek. If we properly hear the Baptist in his solemn act of witnessing to Christ, then our response will be a stock-taking that goes to the root of our being. It may even reveal to us the truth that sets us free.

Association of the priest (Patrick Rogers)

Pope Francis' words

A Christian is never bored or sad. Rather, he who loves Christ is full of joy and radiates joy.

Gospel of joy

Evangelii Gaudium

«Gospel of Joy»:

Church to open the door, issuing prophetic voice

The joy of the gospel fills the hearts and lives of all who encounter Jesus. Those who accept his offer of salvation are set free from sin, sorrow, inner emptiness and loneliness. With Christ joy is constantly born anew. In this Exhortation I wish to encourage the Christian faithful to embark upon a new chapter of evangelization marked by this joy, while pointing out new paths for the Church's journey in years to come.

A joy ever new, a joy which is shared

1. The great danger in today's world, pervaded as it is by consumerism, is the desolation and anguish born of a complacent yet covetous heart, the feverish pursuit of frivolous pleasures, and a blunted conscience. Whenever our interior life becomes caught up in its own interests and concerns, there is no longer room for others, no place for the poor. God's voice is no longer heard, the quiet joy of his love is no longer felt, and the desire to do good fades. This is a very real danger for believers too. Many fall prey to it, and end up resentful, angry and listless. That is no way to live a dignified and fulfilled life; it is not God's will for us, nor is it the life in the Spirit which has its source in the heart of the risen Christ.

To Be Continued

Prayer for Christian Unity

2014 Prayer for Christian Unity

Theme: Has Christ been divided?

(cf. 1 Cor 1:1-17)

4. In the first movement (1:1-3), Paul, along with his fellow Christian Sosthenes – as a small but authentic community of two – addresses another larger and very active community, the Corinthian Christians. He addresses the Corinthians as the "Church of God," not just as a local chapter, but as a full expression of the Church in their part of the world. Paul reminds them that they are a "called" people: "called to be saints," not isolated and on their own, but "together with all those who in every place call on the name of our Lord Jesus Christ, both their Lord and ours." This last expression could also be translated as "both in their place and in

ours." So, they are authentically God's Church but very much connected to everyone else who calls on the Lord, both in their confession and their place. Then Paul, as in all his letters, extends his usual and powerful greeting of God's grace and peace. In Paul's language, "grace" indicates God's goodness and gifts to us in Christ, and is meant to draw out our gratitude to God and our graciousness to others. His "peace" for us in all its fullness and mutuality is communion (koinonia) in God.

5. Where do you see God's grace and peace in your local church, in your larger community, and in your country? How can you move beyond a preoccupation with your immediate community and attend to the community of all Christians and the world?

6. While Paul is about to call the Corinthian community to task, he begins the next movement in our text (1:4-9) by giving thanks for "the grace of God that has been given" to the Corinthians "in Christ Jesus." This is not just a formality, but a genuine rejoicing in the gifts God has bestowed on this community. He proceeds to build them up: "For in every way you have been enriched in him..., so that you are not lacking in any spiritual gift." They are assured that they will be strengthened to the end, and that "God is faithful." God calls us into the fellowship (koinonia) of his Son with all its social and spiritual implications for our churches and peoples.

To Be Continued

Diocese & Other News

Week of Prayer for Christian Unity

2014-January 19-26

Has Christ been divided?

(1 Corinthians 1:1-17)

Worship Opportunities and Events

Sunday, January 19 – 7:00 PM

Grace Presbyterian Church.

1009 – 15 Ave. S.W.

Evening Grace Worship

The Rev. Dr. Karen Hamilton, General Secretary, The Canadian Council of Churches

Monday, January 20 – Noon

Press Conference with Rev. Dr. Karen Hamilton

Re: Public Launch of "Human Trafficking in Canada: A Leadership and Learning Kit for Churches"

A resource from the Canadian Council of Churches

Grace Presbyterian Church

Tuesday, January 21 – 7:00 PM

Prince of Faith Lutheran Church.

2523 - 56 St. N.E.

Pastor Scott Peterson

Wednesday, January 22 – Noon University of Calgary

The Loft - 4th Floor McEwan Center,

University of Calgary

The University of Calgary Chaplains

Wednesday, January 22 – 7:00 PM

"Conversations of unCommon Grace"

Screening of human trafficking documentary "Not My Life"

And conversation with representatives from Action Coalition on Human Trafficking, ACT Alberta

Grace Presbyterian Church

Information and tickets:

www.uncommongrace.ca

Thursday, January 23 – 11:15 AM

Ambrose University College Chapel Service.

150 Ambrose Circle S.W.

Adrian Martens

Thursday, January 23 – 7:00 PM

St. Mary's Cathedral. 219 - 18 Ave. S.W.

Bishop Fred Henry

Sunday, January 26 – 7:00 PM

(preceded by international/intercultural dinner at 6:00 PM)

St. Matthew's United Church.

2035 - 26A St. S.W.

Pastor Vincent Yellow Old Woman, Siksika Nation

You are invited to join us at any of these worship opportunities or events Presented by the Calgary Council of Churches

Parish Activities

Week of Prayer for Christian Unity

January 19th to 26, 2014

Theme: Has Christ been divided?

In January of every year, churches and Christian communities celebrate the Week of Prayer for Christian Unity. These ecumenical worship services offer an opportunity to draw together Christians from a variety of backgrounds into a worship experience that

helps to unite us in Christ and to one another.

A Liturgy of Inter-Christian Prayer with Bishop Frederick Henry: Bishop Henry will be preaching and leading the liturgy at St. Mary's Cathedral for the Week of Prayer for Christian Unity. This year features other denominations sharing in the mutual gifts of the Holy Spirit that we all can learn from. Come join us as we explore and experience St. Paul's exhortation to the Corinthians, "Has Christ Been Divided?" Thursday, January 23, Time : 7:00pm at St. Mary's Cathedral, 219 - 18 Ave. S.W. Calgary.

Evening Cantonese Chinese New Year Thanksgiving Mass & Chinese New Year Mass

Chinese New Year Eve Mass on January 30 (Thursday) 5:30 p.m.

Chinese New Year Mass on January 31(Friday) at 11:00 am.

We offer our thanksgiving to God for the many graces that He has given us in 2013, and pray that he will continue to bless us in the coming year. Fr. Mak will offer the Cantonese Chinese New Year's Eve Thanksgiving Mass and the Chinese New Year Mass for us.

Everyone is welcome in thanking God for the last year's blessings, and asking Him to fill us with grace in the coming year!

Celebrate Chinese New year

To celebrate the Chinese New Year, Fr. John Mak, Fr. Bill Trienekens and Deacon Edward Lam will give the traditional Red Packet and Chinese New year banners to all parishioners after Masses on February 1 and 2 in giving you the blessings for the Chinese New Year!

Exposition of the Blessed Sacrament on February 1

The February's Exposition of the Blessed Sacrament will be led by Knights of Columbus on February 1 from 10am to 11am.

Parishioners are encouraged to attend.

Chinese New Year Banquet 2014

Date: Saturday February 8

Time: Reception from 6 p.m., dinner at 6:30 p.m.

Venue: Chinese Cultural Centre, banquet by Cultural Centre Restaurant

Ticket: \$30 /adult, \$15/child (aged 12

or below), \$300 for a table of 10. A FREE raffle ticket will be given to each dinner ticket holder at the banquet. Banquet tickets will be sold at the Religious Article Centre after each mass beginning January 5. Parishioners can contact Church Group representatives or Goretti Shing at 403-295-8937 to purchase tickets. Donation of gifts for Banquet Draw would be much appreciated. Please contact Parish Pastoral Councillors or Parish Office for details.

Movie Night: The Good Pope – John XXIII

He was the Pope at the times of US - USSR cold war, the Berlin Wall, Vietnam War, assassination of President Kennedy. Yet as head of the Roman Catholic Church he in the holy spirit and diplomatically moved the hearts of all races and Christians from this turmoil toward the peace of the world.

Date: February 1, 2014 (Saturday)

Time: 6pm Potluck and 6:30pm start of movie

Place: Upper Hall of OLPH

Scout Popcorn

Thanks for your support to our Scout Popcorn Campaign.

If you haven't picked up your popcorn, please pick it up in the scout room located in lower hall after today's mass. You can email OLPH300Scouts@gmail.com or contact Pak Tong @403-991-8896 for popcorn pick up. Do you or someone you know want more popcorn? We still have limited supply of popcorn in the scout room. Please come and pick your favourite one.

Weekly Activities

Wed, Fri 22, 24

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church, Upper Hall

Fri 24

OLPH Scout

Time: 6:30pm.-8:30 pm

Place: Upper Hall & Lower Hall

Sat 25

Legion of Mary (meeting)

(Immaculate Heart of Mary Praesidium)

Time: 9: 45 a.m.

Place: K of C Room at OLPH Church

Tai Chi Lesson

Time: 10:00 a.m. - 12:00 p.m.

Place: OLPH Church Lower Hall

Yoga beginner class

Time: 2:00 p.m. - 3:15p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 6:00 p.m.-8:00p.m.

Place: OLPH Upper Hall

Sunday 26

Deacon Wu Birthday Blessing Sunday School and Youth Group

Time: 10:00 a.m. Mass

R. C.I.A.

Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: Office Building

Imitating Christ

Chapter 25 :

Zeal In Amending Our Lives

How pleasant and sweet to behold brethren fervent and devout, well mannered and disciplined! How sad and painful to see them wandering in dissolution, not practicing the things to which they are called! How hurtful it is to neglect the purpose of their vocation and to attend to what is not their business!

To Be Continued

Stories Faith Sharing

The Hidden Life

Some years ago, I came across a poem by George MacDonald titled, "The Hidden Life." It tells the story of an intellectually gifted young Scot who turned his back on a prestigious academic career to return to his aging father and to the family farm. There he engaged in what MacDonald called, "ordinary deeds" and "simple forms of human helpfulness." His friends lamented what they saw as a waste of his talents. Perhaps you too serve in some unnoticed place, doing nothing more than ordinary deeds. Others might think that's a waste. But God wastes nothing. Every act of love rendered for His sake is noted and has eternal consequences. Every place, no matter how small, is holy ground. Influence is more than lofty acts and words. It can be a simple matter of human helpfulness: being present, listening, understanding the need,

loving, and praying. This is what turns daily duty into worship and service.

The apostle Paul challenged the Colossians: "Whatever you do in word or deed, do all in the name of the Lord Jesus," and "do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance" (Col. 3:17,23-24). God takes notice and delights in using us.

Dear Lord, may I be willing to be hidden and unknown today, yet ready to speak a word to those who are weary. May Your Spirit touch my words and make them Your words that enrich and refresh others.

The way to accomplish much for Christ is to serve Him in any way we can.

主日分享

天主的愛子

(常年期第二主日)

鴿子和羔羊是舊約聖經經常出現的兩個形象。鴿子像徵天主聖神。據聖路加福音的記載，耶穌在納匝肋會堂講道，誦讀了依撒意亞先知的預言「上主的神臨於我身上，因為祂給我傳了油，派遣我向貧窮人傳報福音，向俘虜宣告釋放。」之後，便自認：這段聖經在祂身上應驗了。

對洗者若翰來說，這些預言的意義格外生動有力。他不但會親眼看見聖神藉著白鴿的形像，從天降下，臨在耶穌身上，並且更在內心聽到天主的聲音說："你看到聖神降下，停在誰身上，誰就是那要以聖神施洗的人。" 所以，他毫不猶豫地作証說："我看見了，我便作証：這人是天主子。"

洗者若翰的見証包括耶穌的天主性。他說耶穌是"後我而來，走在我前"的那位。洗者若翰又稱耶穌為"除免世罪的天主羔羊。"羔羊意味著無罪，也意味著贖罪。依撒意亞和耶肋米亞都會以羔羊比擬耶穌為我們所作的犧牲。

依撒意亞說：他如同被牽去待宰的羔羊；又像母羊在剪毛的人前不出聲，他也同樣不開口。

耶肋米亞說：我好像一只馴服被牽去宰殺的羔羊，競不知他們對我蓄意謀害。

但是，把洗者若翰所說的「除免世罪的羔羊」這句話的意義，說得最淋漓

盡致的，是依撒意亞先知書中詠「上主僕人」的詩歌。上主的僕人，原來無罪，上主卻把我們的罪過歸到祂身上，讓祂背負我們的疾苦，承擔我們的罪過。祂是天主所喜愛的兒子，因為祂承行了天主的旨意。無疑地，洗者若翰把祂視為耶穌的預像。

主內的兄弟姐妹們，

聖若望宗徒這樣記憶了他先前的導師、洗者若翰的教導。天主聖父稱自己的唯一聖子為羔羊，為僕人，讓祂承擔了我們的罪過。天主聖神降臨到耶穌身上，祝聖祂為默西亞。天主聖子降生成人，結果被釘死在十字架上；這一切無非是為了救贖我們，使我們成為天主的子女。

本主日彌撒中的福音前歡呼說的好：聖言成了血肉，居住在我們中間，凡接受祂的，祂就賜給他們權能，成為天主的子女。

在聖若望宗徒的筆墨下，「凡接受祂的」是指我們基督徒。我們除了感激天主外，更要珍惜我們「天主子女」的身分，因為這是天主聖子降生成人，受難而死，為我們爭取來的。基督我們讚美你。亞孟。

節錄自梵蒂岡電台

福音的喜樂

「福音的喜樂」:

教會要敞開大門

發出先知性的聲音

福傳手冊【一】愛的使徒

第一講：福傳的意義與目的

[一]福傳的意義：「傳教」這個詞是由拉丁文「mittere」翻譯而來，原意是差遣的含義，所以「傳教」就是一種廣傳聖教，宣揚福音的使命。我們知道，受差遣的人在辦完差事後，還必須交差。所以受差遣傳揚天國福音的福傳員，也必須把基督的福音傳揚出去。不把聖教會的福傳工作做好，將來怎樣向天主交差呢？

[二]福傳的目的：福傳的意義和目的是分不開的，教宗「比約十二世在論到教友們福傳的目的時特別指出以下兩點：一，堅持信仰；二，爭取人靈。換句話說，教友福傳的目的是「成己

成人」。所以，福傳員總應該成聖自己，並聖化他人。因為福傳的目的，就是在聖教會的引導之下，廣揚基督的福音，裨益人群，造福社會。 待續

教宗方濟各的話

基督徒永遠不會厭倦和悲傷。愛基督的人充滿喜悅，傳播喜悅。

基督徒合一

2014 年基督徒合一

主題「基督被分裂了嗎？」

4. 在第一個篇章中(1:1-3)，基督宗徒保祿和索斯特乃弟兄——形成了小卻真實的教會團體——致書給較大且非常活躍的格林多基督徒團體。他稱呼格林多人為「天主教會」，這個教會不只是一個在地方的分會，而是普世教會的圓滿體現。保祿還提醒他們，他們是「被召選」的子民——「蒙召為聖徒」，不是遺世獨立的，而是「與一切在各地呼求我們的主，即他們和我們的主耶穌基督之名」的人，最後的詞句也可以解釋為「在他們和我們的地方」。因此，他們是天主真實的教會，而且與所有呼求上主的團體和地方緊密聯結。接著，保祿如同在他所有書信中，用平凡又強而有力的語句，將天主的恩寵與平安賜給他們。保祿給予祝福的措詞中，「恩寵」是指天主的仁慈和基督給我們的恩賜，同時也表示我們對天主的感謝以及對他人的良善。而他所說的「平安」，對我們來說就是在主內合而為一。

5. 在你的教會、教會團體和你的國家中，你在哪裡看到了天主的恩寵與平安呢？你如何超越你當前全神貫注投入的教會團體，而去關懷普世基督徒團體呢？

6. 當保祿正要賦予格林多人任務時，他以(1:4-9)的經文中開啓下一個篇章，感謝「天主在耶穌基督內賜與格林多人的恩寵」。這不是一種拘泥的形式，而是天主真的賜與這個教會團體恩寵。他又接著說：「因為藉著祂，你們在一切事上，都成了富有的...，以致你們已不缺少任何恩寵。」他們確信自己會堅守到底，因為「天主是信實的」。天主召叫我們，在教會和人群

中，同祂的聖子，於生活和心靈上合而為一。 待續

堂區活動

基督徒合一祈禱週 2014

1月19日至1月26日

主題「基督被分裂了嗎？」

(格前—1-17)

在基督徒合一祈禱週，請各位教友在這週內能盡量付出時間，為全世界的基督徒合一祈禱，並盡量參與在各教堂舉行的祈禱禮儀，以盡我們基督徒的本份！

亨利主教將於1月23日星期四晚上7時在 St. Mary's Cathedral, 219 - 18 Ave. S.W. Calgary. 舉行基督徒合一祈禱，借助當晚的祈禱，我們都可以籍著聖神的恩賜彼此分享。請大家盡量參與！

特別感恩及新年中文彌撒

除夕晚上感恩中文彌撒

1月30日(星期四) 晚上5時30分

農曆新年中文彌撒

1月31日(星期五) 早上11時

為感謝天主在2013年內賜給我們各式各樣，大大小小的恩寵及照顧，麥神父特別加設一台除夕晚間中文感恩聖祭及農曆新年中文彌撒。

歡迎所有教友一同參加，共同感謝天主過去一年的眷顧！

慶祝農曆新年

為了慶祝農曆新年麥神父、Fr. Bill Trienekens 及林執事將在二月一日及二日主日彌撒後派贈紅封包及揮春與教友，以表示對大家在農曆新年的祝福！

顯供聖體 (二月一日)

永援聖母堂二月份的顯供聖體由騎士會帶領，時間為二月一日上午十時至十一時。請各位教友盡量參與！

永援聖母堂 2014 年新春團拜

日期：2月8日(星期六)

時間：晚上6時恭候，6時30分入席

地點：中華文化中心禮堂，晚宴由中華大酒樓安排

票價：成人每位30元、12歲以下小童每位15元、購票一席10位/300元

當天晚上，教友更可憑票換取抽獎券一張，欲免向隅，購票從速。購票詳情，請與 Gorette Shing (403-295-8937) 聯絡。

門票將於1月5日開始發售，教友可於每台彌撒後到聖物部購買，或直接與善會代表購票。春茗晚宴將設有大抽獎助興，盼望教友熱烈捐贈及贊助抽獎禮物，詳情請與堂區牧民議會各委員或堂區辦事處聯絡。

電影晚會：教宗若望二十三世

他成功阻止一場由甘迺迪與赫魯曉夫可能發動的核子戰爭，更引領世界邁向和平近程，柏林圍牆的拆除，蘇聯解體後的人民自由...。在他担任教宗的短暫時間裡，若望二十三世感動了每位教徒、每個人種。他被人尊稱為「好教宗」。

日期：二月一日(星期六)

時間：晚上六時 Potluck、六時半放映

地點：永援聖母堂上禮堂

童軍爆谷

本年度童軍爆谷售賣已經結束，友如果還未領取，請於彌撒後到下禮堂童軍室領取。亦可電郵

OLPH300Scouts@gmail.com 或電 Pak Tong 安排領取時間。

現還有少量爆谷可供友購買，歡迎友往童軍室選購，所得款項將支持永援聖母堂300旅公教童軍經費及活動。

活動一週

星期三、五 22, 24

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期五 24

永援聖母堂童軍

時間：晚上6時30分至8時30分

地點：永援聖母堂上禮堂及下禮堂

星期六 25

(聖母軍聖母無玷聖心支團)

時間：早上9時45分(開會)

地點：聖堂二樓騎士會室

楊式太極班

時間：上午10時至正午12時

地點：永援聖母堂下禮堂

瑜珈初班

時間：下午 2 時至下午 3 時 15 分

地點：永援聖母堂下禮堂

永援聖母青年團練習聖詩

時間：晚上 6 時至 8 時

地點：永援聖母堂上禮堂

星期日 26

鄺執事祝福生日的主日學、
青年會會員

時間：10 時彌撒

成人慕道班（粵語、國語及英語）

時間上午 9 時 30 分至 1 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至下午 12 時 30 分

地點：寫字樓大廈

師主篇

第二十五章、勤於改過自新

若我們見熱心的弟兄，良善溫和，循規蹈矩，心中是多麼愉快！若見他們不守規矩，不盡聖召的職責，心中是多麼煩惱！一位修道人，輕忽聖召的職責而去管閒事，他受的害處是多麼嚴重！

待續

心靈小品

「作好準備！即將在天主寶座前發生的事！！」

如果我們只為了自己活，我們的扉頁將是空白的，等你到了這裡，天主將不會給你任何獎賞，雖然或許有幾行字仍然留著，代表著你會真正的關心，真誠的去愛與禱告，但你仍舊會驚嘆，如果你做的更多，當你踏入天堂時，那喜樂將會是何等的大！我願意承受！並且一生追尋聖潔，清心，與單純的事物！藉著耶穌是我的幫助！

我要為祂贏得失喪的靈魂，因為我知道他們將和天主一同活在永恆裡，而這才是真正重要的！當在世的年歲已盡，我站在天主的面前，才可以聽見天主說：做的好！

因此，我要服事天主！我能！我將要！我必須！！

我將不會任由一個空白的扉頁，呈現在天主威嚴的寶座前！

因為記錄所在的地方就是我永恆的家！

我將我所擁有的獻給耶穌！！

我已經看到了一位天使，握著天主的神奇墨水筆，在記錄著我的生命！！

靈修小故事

時常感恩

炸薯條沒有鹽，就淡而無味，不再可口了；同樣的，人內心若毫無感恩之情，心靈一樣被破壞了。感恩之情幫助人信賴天主，即使在艱難困苦之境遇中，依然真心歌頌、讚美天主。

一次，好朋友約我共進午餐，慶祝她的生日。那天，一早便傾盆大雨。更掃興的是，當我依約到達她的辦公室時，她竟告訴我，臨時有公事，必須出去一趟。

她撐著雨傘，拉著我的手說道：「來，陪我去把事辦完再去吃飯，我的事不會耽擱太久。」

我無奈的隨她出去，雨水不斷的飄到我們的臉上、身上、頭上。我想這真是一個倒楣的日子，一個不愉快的生日；可是，在她臉上卻一直掛著怡然的微笑，一邊走、一邊笑，天氣、雜務絲毫沒有影響她的心情。

忽然，她興奮的叫道：「你看！你看！我的衣服全是珍珠。」我瞥了她一眼，她的棗紅色毛衣上沾著點點的雨水，閃著微光，乍看儼然是一粒粒晶瑩的珍珠。

接著，她說：「你一定覺得我很奇怪，生日遇到這種天氣，又要冒著雨去辦公事，連好好吃一頓飯的時間都沒有；但是，我想這也應該感謝天主，晴天的生日容易有，雨天的生日卻難得，謝謝天主賜給我一場豪雨作為生日禮物，如果不下雨，我衣服上怎會有那麼好看的水珠呢？」

感恩之情來自智慧與信德，缺乏物質的享受並不一定是貧窮，因為感恩之情使我們靈魂永遠富足。

「事事感謝，這就是天主在基督耶穌內對你們所有的旨意。」（得前 5:18）