

Theme Sharing

Tenth Sunday in Ordinary Time

Today's Scripture readings cause us to focus on that we as Christians will be presented to us by friends and neighbors who have no belief in God or who identify themselves as Christians but have difficulties in their belief because of the fact that they, or the ones they love, experience pain and suffering. What kind of a God, they ask, would allow pain and suffering to exist?

In dealing with the problem of pain, suffering, and death we need to go back to the genesis of it all and take a look at the story of Adam and Eve. There we see that God didn't create us to suffer, to die. But God continues to love us in spite of our rebellion. Perhaps He loves us even more. With that realization we can see that one of the things that most often bring us to God is the adversity of sickness. Through the power of healing many people strengthen their faith and get a stronger belief in God. We find that truth in today's first reading. The widow who has taken Elijah into her home is a good woman, a woman of faith, but one who has suffered adversity, similar to the woman of today's Gospel account. Her husband had died, leaving her with a child, a cursed state in Hebrew times because women were so dependent on men. When Elijah is able to take the child and ask God for a cure and the child is cured her reaction is belief. "Now I know," she declares, "that you are a man of God and that the word of the Lord in your mouth is true."

Elijah's belief is strengthened, as we should well note. When Elijah first talks to God, it is in a questioning way, a way that almost takes God to task for the affliction of this woman who has been so hospitable to him. In fact, as in all our lives, God has not caused anything evil. The course of nature is such that people get sick. People die all the time. But like us, Elijah wants to see a cause, and he blames God. Many of us have heard this reaction. But soon, Elijah simply calls out to God several times, the number hinting that it is a continual cry to the Lord for help. There is no blaming of God in his cry, only the belief that God can cure if God so wills. Elijah's strong belief caused God to listen and to act on it. I can't help but point out how this woman points to Mary, the mother of Jesus, who likewise lost her Son but whom God restored to life.

The Gospel reading for today reveals to us that God's love is infinitely compassionate. In His Christ, God's healing compassion and love conquers even death itself. The widow of Nain, by the power of God, has her son restored to life... and to her.

There is nothing automatic about what God will do. God offers and we respond but nothing will happen unless through, with, and in faith we respond. The question that remains to be answered, however, is this: Just how deep is our faith? As deep as Elijah's? As deep as the women we find in St. Luke's gospel accounts? The testing, you see, is not of God. The testing is of us. This is why we need to turn to our Mother Mary and turn to her often. When we turn to her she always brings us to her Son... and to new life... no matter what sin and death can do to us. Fr. Charles Irvin

Year of Faith

Oct 11, 2012

Nov 24, 2013

Open the Door of Faith

The Goal for Year of Faith in our parish:

Catechetical Studies Refresher; Spend ten minutes a day to meditate on the Bible and to study the Catechism. Faith of itself, if it does not have works, is dead. James 2:17

Year of Faith Passport by Centennial Committee

Have You Got your Passport? Pick up your Year of Faith Passport from your parish or the Catholic Pastoral Centre, and take time to visit any of the 7 churches, along with special events in the diocese. Have your passport stamped at any of these churches or events, and then follow the instructions on the inside back cover of your passport. If you have questions please call the Pastoral Centre at 403-218-5500.

Parishioner can pick up the passport at Church entrances:

"During the whole span of the Year of Faith, proclaimed from October 11, 2012 to November 24, 2013, all individual faithful truly repentant, duly confessed, communing sacramentally, and who pray according to the intentions of the Supreme Pontiff, will be able to acquire a Plenary Indulgence from the temporal punishment for their sins imparted by God's mercy, applicable in

suffrage to the souls of the deceased faithful."

Our Diocesan Pilgrimage invites all the faithful to journey throughout Southern Alberta to the pilgrimage sites assigned by Bishop Henry. The list of the pilgrimage churches is as followed:

St. Mary's Cathedral,
Our Lady Queen of Peace (Calgary),
St. Mary's (Banff),
Assumption of the Blessed Virgin Mary (Beiseker),
St. Mary's (Brooks),
St. Mary's (Acadia Valley),
St. Mary's (Standoff).

The success of this pilgrimage relies on your support and prayer.

-Consider traveling together with your family, friends and parish community, and take part in the Year of Faith pilgrimage to churches and events in southern Alberta. Use your Pilgrim passport and make it a logbook for the journey. Parishioners are to have all their pages stamped at the designated sites.

Read the passport content thoroughly to get a better idea of what the pilgrimage entails. The passport will allow the faithful to log their journey to any of the 7 designated churches, other pilgrimage sites (e.g., church of your baptism, papal basilica, Cathedral, Holy Land etc.), Parish formation events and diocesan activities (e.g., One Rock, Palio) during the Year of Faith.

The designated days which will be able to acquire a Plenary Indulgence in the Diocese of Calgary are:

August 15 - Assumption;
July 26-28- Centennial One Rock
September 14- Palio Calgary
November 4 - Centennial Closing Eucharist. Memorable recognition.

Participants/Pilgrims may have their names listed in the Carillon; receive a blessing certificate from Bishop Henry and a Year of Faith rosary.

For more information about the pilgrimage, please contact the Centennial Committee (403) 218-5500 or e-mail

receptionist@calgarydiocese.ca

Calgary Diocese

World Refugee Day Celebration

Thursday, June 20, 2013, St Mary's Cathedral, 5:00p.m.

All are cordially invited to this Centennial event to celebrate refugee sponsorship in

our Diocese. Please extend the invitation to refugees your parish has sponsored. A multicultural Mass, officiated by Bishop Frederick Henry, will be followed by presentations from Jason Kenney, Minister of Citizenship & Immigration Canada and Fariborz Birjandian, Executive Director of Calgary Catholic Immigration Society. A reception will follow.

One Rock – WYD @ Home 2013

One Rock is only 2 months away! We are looking for volunteers to help make this event the best yet!! People will be coming from the various Dioceses across Alberta and the NWT to One Rock this year, and it's time to show them the hospitality of our Diocese. We need more than 200 volunteers to make this event run smoothly. If you would like to be a part of the experience and help make this year's One Rock a truly spectacular event, please visit OneRock.ca and click on 'Volunteer!' To learn more about the event visit ONEROCK.ca for updates and details. Have you been in the Diocese of Calgary for 75 years or more? If you, or someone you know has been a member of the Diocese of Calgary for 75 years or more, and would consider being a part of a Centennial Year celebration this July please contact Mary Ann at 403-218-5516 for more information.

The Palio – Diocesan Family Country Fair. Saturday, September 14, 2013. This fun-filled family day at the Strathmore Rodeo Grounds will recognize our Diocesan Centennial. See www.palio.ca for details. If you would like to volunteer please call Don at 403-510-1208

Marriage Help: *Has your road to 'happy-ever-after' hit some speed bumps? Retrouvaille can make it better. For information: www.helpourmarriage.com or call 403-282-9531/ 403-540-8642.*

Worldwide Marriage Encounter:

Give your children and grandchildren the best gift ever, that of a strong and great marriage! Save the date to experience a Worldwide Marriage Encounter weekend in Calgary, at the Airport Travelodge, Nov. 15th, 16th, and 17th. Register before Oct. 10th. Registration is \$50.00. For more information visit www.wmecanada.org, email textors@shaw.ca or call Annette and Lionel

at 403-208-2299.

Parish Activities

Youth Seminar June 16th, 2013

Dr. Bryan Har will be giving a seminar regarding tips for good health and staying healthy on Sunday June 16 after 10am mass at the Upper Hall. All youth and parishioners are encouraged to attend this informative session!

Birthday party and light lunch will follow.

Together in Action 2013

Theme: "You will be my witnesses"

Our parish's final target is \$50,000. As of May 7, our campaign has received a total of \$12,335. We plead for your ongoing support. Donation envelopes can be picked up from both the front and the side entrances. Let's take action now!

Weekly Activities

Wed, Fri 12, 14

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church, Upper Hall

Saturday 15

Legion of Mary (meeting)

(Immaculate Heart of Mary Praesidium)

Time: 9:00a.m.

Place: K of C Room

Wing Kei Care Centre (Mass)

Time: 11:00 a.m.-12:00 noon

Place: 1212 Centre Street, NE.

Tai Chi Lesson

Time: 10:00 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 6:00 p.m-8:00p.m.

Place: OLPH Upper Hall

Sunday 16

R. C.I.A

Adult Catechumenate Class
(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.

Place: OLPH Church Lower Hall

Youth Seminar

Time: 11:00a.m.-12:45p.m.

Place: OLPH Church Upper Hall

Yoga beginner class

Time: 1:30 p.m. - 2:45p.m.

Place: OLPH Church Lower Hall

Catholic Family Fellowship

Time: 2:00 p.m. - 6:00p.m.

Place: OLPH Church Upper Hall

Imitating Christ

Chapter 23: Thoughts On Death

If your life to this moment had been full of honors and pleasures, what good would it do if at this instant you should die? All is vanity, therefore, except to love God and to serve Him alone.

He who loves God with all his heart does not fear death or punishment or judgment or hell, because perfect love assures access to God. To Be Continued

Let There Be Light

He's been there!

"I am the living one . . . And I hold the keys of death and hades."

If you've never had surgery, been to prison, or visited a foreign country, you don't really know what those things are like. The same goes for experiencing death. Not a day goes by that we don't hear of someone dying, whether in a car accident, a murder, or a terrorist attack. Though death threatens us from every side, we still know virtually nothing about it because we haven't been there. We can't get there to see what's in store, and we can't come back to tell about it.

Now, some people have reported having near-death experiences. But seeing a light at the end of a tunnel, a vision of a river, a stairway of light, or even talking with a spiritual being as in a dream, though possibly being near death, is still not the same as being dead.

Jesus, however, has been there. He says, "I was dead, and behold I am alive for ever and ever!" He died, and his body was laid in a grave till he rose again on the third day. What's more, he holds the keys of death. He broke out of death's prison and took the keys with him. Although other people had died and come back, like Lazarus, they didn't have the keys—so they eventually died again.

Holding the keys for us, Jesus says, "Don't be afraid! When your time comes, I'll show you the way. Everything will be all right because I will be with you."

PRAYER

"Precious Lord, take my hand." Lead me and strengthen me so that I can do your work in this world each day by helping others till you take me home. In your name, Amen.

Faith Sharing Stories

Dragonfly

Once, in a little pond, in the muddy water under the lily pads, there lived a little water beetle in a community of water beetles. They lived a simple and comfortable life in the pond with few disturbances and interruptions. Once in a while, sadness would come to the community when one of their fellow beetles would climb the stem of a lily pad and would never be seen again. They knew when this happened; their friend was dead, gone forever.

Then, one day, one little water beetle felt an irresistible urge to climb up that stem. However, he was determined that he would not leave forever. He would come back and tell his friends what he had found at the top. When he reached the top and climbed out of the water onto the surface of the lily pad, he was so tired, and the sun felt so warm, that he decided he must take a nap. As he slept, his body changed and when he woke up, he had turned into a beautiful blue-tailed dragonfly with broad wings and a slender body designed for flying.

So, fly he did! And, as he soared he saw the beauty of a whole new world and a far superior way of life to what he had never known existed.

Then he remembered his beetle friends and how they were thinking by now he was dead. He wanted to go back to tell them, and explain to them that he was now more alive than he had ever been before. His life had been fulfilled rather than ended.

But, his new body would not go down into the water. He could not get back to tell his friends the good news. Then he understood that their time would come, when they, too, would know what he now knew.

So, he raised his wings and flew off into his joyous new life!

Read More Know More

Faith

Faith is the theological virtue by which we believe in God and believe all that he has said and revealed to us, and that Holy Church proposes for our belief, because he is truth itself. By faith "man freely commits his entire self to God." [78] For this reason the believer seeks to know and do God's will. "The righteous shall live by faith." Living faith "work[s] through charity." [79]

The gift of faith remains in one who has not sinned against it. [80] But "faith apart from works is dead": [81] when it is deprived of hope and love, faith does not fully unite the believer to Christ and does not make him a living member of his Body.

The disciple of Christ must not only keep the faith and live on it, but also profess it, confidently bear witness to it, and spread it: "All however must be prepared to confess Christ before men and to follow him along the way of the Cross, amidst the persecutions which the Church never lacks." [82] Service of and witness to the faith are necessary for salvation: "So every one who acknowledges me before men, I also will acknowledge before my Father who is in heaven; but whoever denies me before men, I also will deny before my Father who is in heaven." [83]

主日分享

常年期第十主日

天主眷顧我們的生活

這主日，教會提醒我們要過真實的日常生活，不要以虛幻的臆想來逃避現實，但要以信德而生活。在日常生活有痛苦，有時是痛苦上加悲傷。然而，痛苦並非最後的結局，天主總不會讓我們在痛苦中自生自滅，棄我們於不顧。天主更樂意讓我們在痛苦中看到祂的慈顏，感受到祂與我們同在，不祇是精神上的同在，而是親身的同在。天主還要我們借著日常生活的痛苦來傳揚祂的恩寵。

這主日的第一篇讀經和福音各給我們敘述了一則悲哀淒涼的故事，前者關於匝爾法特的一個寡婦，後者關於納因城的另一個寡婦。故事的時間、地點和情節雖然不同，但都是生活中真實的痛苦；她們兩人已嘗盡了喪夫之痛，現在又得哀悼獨生子的死亡。匝爾法特的那個寡婦還能訴苦和呼求，而納因城的那位寡婦卻祇能默默地哭泣。她們兩人給我們展示了人在面對痛苦時不同的自然反應，真實的反應。然而，天無絕人之路；天主不願人喪亡。天主是忠實的，天主不會對信任祂的人棄而不顧。在人極度的痛苦中，天主必會展示祂至大的能力。死亡絕不能勝過生活的天主。天主俯聽悲慟者的哀號，天主是痛苦者的慰

藉。天主果然使「生命又回到那孩子身上，孩子就又活了」

耶穌以一句話：「起來罷！」就叫那青年人重獲生命（路七 14），耶穌也以同樣的一句話叫我們成爲「復活之子，也就是天主之子」（路廿 36），因爲祂自己「就是復活，就是生命」（若十一 25）。從此，這來自耶穌的救恩不再有任何的局限，不受地界和時空的限制。這救恩充滿復活的力量，不祇是在於今生，更延續到永恆，連死亡也不能抑制它。

保祿親身感受到這來自耶穌基督的救恩。因此，他可以肯定自己是蒙召的宗徒，信心十足地辯証說：「天主從我在母胎中的時候，就選拔了我，並以恩寵召叫了我；祂樂意將祂的聖子啓示給我，叫我在外邦人中傳揚祂」（迦一 15-16）。我們其實都分享了與保祿同樣的恩寵，讓我們也在我們的日常生活中，以我們日常生活的痛苦傳揚天主的恩寵。阿們。張德福神父

信德年

打開信德之門

本堂爲教友實行再慕道的金句：

每日十分鐘默想聖經及研習教理；
信德若沒有行爲，自身便是死的。
雅各伯書 2:17

卡加利教區信德年朝聖團護照

教宗本篤十六世將給予全體信友信德年的全大赦。從 2012 年 10 月 11 日開始，直至 2013 年 11 月 24 日結束，在這期間全大赦是有效的。

有鑒於此，卡加利教區所編制的教區朝聖團護照，有助於教友獲得此恩寵，此外參與朝聖團的教友也有機會獲得亨利主教祝福紙及信德年玫瑰念珠。詳細資料，請聯絡教區百年籌備委員會。電話(403) 218-5500 或電郵

receptionist@calgarydiocese.ca

教友可在教堂入口處索取教區朝聖團護照，作爲防身之用！

“在信德年，真誠的悔改，妥當辦告解，參與彌撒，按教宗的意向祈禱外，爲得此全大赦和特殊大赦，還需滿足以下的條件：

“第一，每次至少參加三次彌撒中的講道，在教堂或其它合適的地方，參

加學習梵二大公會議文獻或者天主教教理的講授至少有三、四次。

“第二，每次聖地朝聖，或地方教會為信德年所指定的一個聖地，在這些地方參與神聖的慶典，或者呆一段時間祈禱或者默觀，包括念誦天主經，宗徒信經，向聖母誠懇祈禱，根據具體的意向，向聖徒們和主保聖人祈禱。

卡加利教區所指定的教堂

- St. Mary's Cathedral, Calgary;
- Our Lady Queen of Peace (Polish), Calgary;
- St. Mary's Church, Banff;
- Assumption of the Blessed Virgin Mary, Beiseker;
- St. Mary's Church, Brooks;
- St. Mary's Church, Acadia Valley;
- Immaculate Conception Church, Standoff.

第三，在信德年裡，遵照當地教會指定的具體的日子，在任何聖地，參與感恩祭，或者參與日課祈禱，按規定誦念宗徒信經。

卡加利教區所指定的日子

- 8月15日- 聖母升天;
 - 7月26日- 28日 Centennial One Rock
 - 9月14日- Palio Calgary
 - 11月4日-- Centennial Closing Eucharist.
- 第四，在信德年，信友們選定的日子，熱心地拜訪他們的洗禮池，或者任何他們領受洗禮聖事的地方，以合法的形式重宣洗禮誓言。

堂區活動

青年會講座及生日會

Dr. Bryan Har 將會在六月十六日(星期日)十點彌撒後來分享保持健康的秘訣。講座後有午餐及生日會。歡迎堂區所有青年和教友參加。

2013 教區公益金，齊來獻愛心

主題:「...為我作證人...」
2013年教區公益金(TIA)，籌募經已展開。本堂今年的目標是\$50,000元，截至5月7日，捐款已累積至\$12,335元。捐款信封可在聖堂入口處索取。就讓我們立即行動，慷慨解囊。

活動一週

星期三、五 12, 14

永援聖母松柏軒

時間：上午9時至正午12時
地點：永援聖母堂上禮堂

星期六 15

聖母軍聖母無玷聖心支團

時間：早上9時(開會)
地點：聖堂二樓騎士會室
榮基護老中心(彌撒)
時間：上午11時至正午12時
地點：1212 Centre Street, NE.

楊式太極班

時間：上午10時至12時30分
地點：永援聖母堂下禮堂
永援聖母青年團練習聖詩
時間：晚上6時至晚上8時
地點：永援聖母堂上禮堂

星期日 16

成人慕道班(粵語、國語及英語)

時間：上午9時30分至1時30分至
地點：永援聖母堂下禮堂
青年會講座及生日會

時間：上午11時至下午12時35分
地點：永援聖母堂上禮堂

瑜珈初班

時間：下午1時30分至2時45分
地點：永援聖母堂下禮堂

公教家庭開會

時間：下午2時至6時
地點：永援聖母堂上禮堂

師主篇

第二十三章、默想死亡

你若現在要死，縱然你一生常享榮華，生活舒服，為你有什麼用呢？除了愛慕天主，事奉天主，其餘別的，全是虛假。

如果一個人全心愛慕天主，他就不怕死，不怕罰，不怕審判，也不怕地獄：因為完善的愛德，能叫人無恐無懼，一直到天主台前。 待續

停一停...諗一諗 人的聖召

聖召是平信徒

我可能會想：

我只是一般的平信徒……怎會有甚麼特別的『聖召』可言……

我可會想：

「我是教友，頂大光榮，領洗以後，做耶穌兵」……平信徒是被徵召在這世界上，作耶穌的勇兵，像耶穌一樣關愛所有人，關心世上的一切，為讓世界變得更美好，為能更呈現天主創造天地之初的美麗，在此世奮勇作戰……

作為平信徒，我可會嘗試以耶穌的眼光去理解周遭發生的一切？在生活中，我如何學習像耶穌一樣，以天主的眼光去看待周遭的人和事，並以祂的心懷作出回應？ 待續

心靈小品

祂會到過那裏！

「我是那存活的…；並且拿著死亡和陰間的鑰匙。」

你若從未動過手術、坐過監牢、或到過別的國家，你便無法真正理解這些事情。死亡的經歷也是一樣，每天我們必定聽到有人因交通意外、謀殺，或恐怖分子襲擊而喪生。死亡縱然在四方八面威脅著我們，但我們對死亡卻一無所知，因為我們從沒有到過那裏。我們不可能到那裏先看個究竟，而我們亦不能從那裏回來匯報。

有些人聲稱會有瀕臨死亡的經歷，在通道的一端看見大光、河流的異象、一道發光的階梯、或甚至彷彿在夢中與靈界對話，這些都可能是瀕臨死亡的境界，但與真的死去，仍然大有分別。

然而，耶穌真的到過那裏。祂說：「我會死過，現在又活了，直活到永永遠遠。」祂死了，身體被安放在墳墓裏，直等到第三天，祂便復活了，祂並且拿著死亡的鑰匙，在擺脫死亡的捆鎖後，祂把鑰匙也帶走。雖然有其他人，例如拉匝祿，也曾從死裏復活，但他們卻沒有鑰匙——所以最後仍然要再面對死亡。

耶穌替我們拿著鑰匙，祂對我們說：「不要害怕！當你的日子臨到時，我必會指引你的路。到時必不會有任何問題，因為我與你同在。」

禱告
「親愛主，牽我手。」求你帶領和堅固我，好叫我能每天不斷為你工作，在世上幫助別人，直至你領我歸家。奉主的名，阿們。

靈修小故事

愛的故事

一天早晨，我早醒來去看日出。啊！天主的創造之美遠遠超過人所能描述的。我觀看時，我為主美麗的創造之工而讚美。我坐在那兒，感到主與我同在。祂問我：你愛我嗎？我答道：當然了，我的天主！你是我的主，我的救贖者。祂又問我：如果你身體有殘疾，是否仍舊愛我？我有些糊塗。我低頭看看我的胳膊、腿和其它部分，我懷疑有多少事，我本以為是理所當然的卻會因此不能做到。但我還是回答說：主啊，這是很難的，但我仍舊愛你。主又問我：你真的愛我嗎？帶著勇氣和信心，我大膽地回答說：是的主啊！我愛你是因為你是那唯一的真神。我想我已經回答得很好了，但是……天主問我：那麼為甚麼你還犯罪？我回答說：因為我是人，我不完全。那為甚麼在平安無事的時候，你迷失得那麼遠？在遭遇難處的時候，你又那麼殷勤地禱告？沒有回答，有的只是眼淚……主又繼續問我：為甚麼你只在團契和彌撒中讚美我？為甚麼你祇在參與的時候尋求我？為甚麼你每次都如此自私地求？為甚麼你求的時候沒有信心？我的眼淚順著我的脖子繼續往下流……為甚麼你以我為羞恥？

為甚麼你不傳福音？為甚麼在遭受逼迫的時候，你不靠著我的肩膀去哭泣卻去靠著人？為甚麼我給你機會去為我的名服事的時候，你總是找借口？我嘗試著去回答，但卻無言以對。你的生活如此蒙祝福。是我不讓你把如此好的禮物扔掉。我保守你擁有聰明才智是為了讓你服事我，但你卻繼續逃離我。我用我的話語啓示你，但你卻不在靈修上有長進。我向你講話，但你的耳朵卻閉著。我把我的祝福傾注在你的身上，但你的眼目卻離開這祝福。我派使者幫助你，但你卻懶散地坐著把他們趕跑。我聽了你的禱告並都作了回答，你卻未曾有過感恩……主再一次問我：你真的愛我嗎？我無法回答。我該如何回答呢？我在信仰上是如此的羞愧。我別無借口。我能說些甚麼呢？我的心開始哭泣，淚水湧出來，我說：主啊，求你能饒恕我。我不配作你的孩子。主回答說：那是我的恩典，孩子。我問道：那麼你為甚麼一再原諒我呢？為甚麼你如此愛我？主答道：因為你是我所創造的，你是我的孩子。我永遠不會撇棄你。

知多一點點

信德

信德是超性的德行，藉著信德我們信天主，信祂所說過的和啓示給我們的一切，並且信聖教會為我們提出的當信的道理，因為天主自己就是真理。因著信德，「人自由地把自己整個託付給天主」。因此，信者尋求認識和實踐天主的聖意。「義人因信德而生活」（羅 1:17）。生活的信德「以愛德行事」（迦 5:6）。誰不犯違反信德之罪，信德的恩寵就

常存留在他內。但是「信德沒有行為也是死的」（雅 2:26）：缺少了望德和愛德，信德並不使信者與基督完全結合，也不使他成為基督身體上生活的肢體。

基督的門徒不該只是保持信德，活出信德，還該宣認信德，滿懷著信心為信德作証，並傳揚信德：「所有的人都要準備好在前承認基督，並在教會屢屢遭遇的迫害之中，追隨基督走十字架苦路」。為信德服務，為信德作見証，是獲救的條件。「凡在人前承認我的，在我天上的父前也必承認他；但誰若在人前否認我，在我天上的父前也必否認他」（瑪 10:32-33）。