

Theme Sharing

True Wisdom and Happiness (28th Sunday in Ordinary Time)

Today's first reading tells us that wisdom is more important than wealth. The second reading speaks of the word of God as alive, active and sharp. If we accept the word of God, it will become a living fountain for us, bringing light, courage and strength to our lives, and helping us to march on the road of goodness and love.

The gospel is on Jesus and the rich young man, a story also mentioned in the other two synoptic gospels (Matthew and Luke). This "law-abiding" young man gets a calling from Jesus who challenges him to become a better person, "You still lack one thing: go and sell what you have and give the money to the poor, and you will have treasure in heaven; then come, take up your cross and follow me." Sadly, the young man fails to meet the challenge and walks away from Jesus because he is not prepared to part with what he has. Jesus thus laments how difficult it is for rich people to enter the Kingdom of God.

We need to liberate ourselves from worrying about money and wealth. Instead, we should strive to understand the very nature and meaning of life: namely, our relationships with God and with our fellow brothers and sisters. In order to enter the Kingdom of God and enjoy true and everlasting happiness, we must get rid of our selfishness, and free ourselves from the bondage of materialism and worldly possessions.

Let us pray for God's grace that, in our earthly sojourn, we can always follow his Way by taking a step forward each day to free ourselves from the pursuit of wealth, to submit ourselves to God's love and to serve our brothers and sisters as best we can.

Year of Faith

Oct 11, 2012

Nov 24, 2013

Open the Door of Faith

The Year of Faith is a time to:

Read the Bible; Study afresh the Catechism; Sustain your Faith; Bear witness for Christ; Pray wholeheartedly; Encounter the Lord your God; Open the Door of Faith; Evangelize all peoples.

Apostolic Letter-"Year of Faith"

6. The renewal of the Church is also achieved through the witness offered by the lives of believers: by their very existence in the world, Christians are called to radiate the word of truth that the Lord Jesus has left us. The Council itself, in the Dogmatic Constitution *Lumen Gentium*, said this: While "Christ, 'holy, innocent and undefiled' (*Heb 7:26*) knew nothing of sin (cf. *2 Cor 5:21*), but came only to expiate the sins of the people (cf. *Heb 2:17*)... the Church ... clasping sinners to its bosom, at once holy and always in need of purification, follows constantly the path of penance and renewal. The Church, 'like a stranger in a foreign land, presses forward amid the persecutions of the world and the consolations of God', announcing the cross and death of the Lord until he comes (cf. *1 Cor 11:26*). But by the power of the risen Lord it is given strength to overcome, in patience and in love, its sorrow and its difficulties, both those that are from within and those that are from without, so that it may reveal in the world, faithfully, although with shadows, the mystery of its Lord until, in the end, it shall be manifested in full light."

The Year of Faith, from this perspective, is a summons to an authentic and renewed conversion to the Lord, the one Saviour of the world. In the mystery of his death and resurrection, God has revealed in its fullness the Love that saves and calls us to conversion of life through the forgiveness of sins (cf. *Acts 5:31*). For Saint Paul, this Love ushers us into a new life: "We were buried ... with him by baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life" (*Rom 6:4*). Through faith, this new life shapes the whole of human existence according to the radical new reality of the resurrection. To the extent that he freely cooperates, man's thoughts and affections, mentality and conduct are slowly purified and transformed, on a journey that is never completely finished in this life. "Faith working through love" (*Gal 5:6*) becomes a new criterion of understanding and action that changes the whole of man's life (cf. *Rom 12:2; Col 3:9-10; Eph 4:20-29; 2 Cor 5:17*).

To Be Continued

Vatican Council II

Dogmatic Constitution On The Church

CHAPTER I

THE MYSTERY OF THE CHURCH

1. Christ is the Light of nations. Because this is so, this Sacred Synod gathered together in the Holy Spirit eagerly desires, by proclaiming the Gospel to every creature,(1) to bring the light of Christ to all men, a light brightly visible on the countenance of the Church. Since the Church is in Christ like a sacrament or as a sign and instrument both of a very closely knit union with God and of the unity of the whole human race, it desires now to unfold more fully to the faithful of the Church and to the whole world its own inner nature and universal mission. This it intends to do following faithfully the teaching of previous councils. The present-day conditions of the world add greater urgency to this work of the Church so that all men, joined more closely today by various social, technical and cultural ties, might also attain fuller unity in Christ.

2. The eternal Father, by a free and hidden plan of His own wisdom and goodness, created the whole world. His plan was to raise men to a participation of the divine life. Fallen in Adam, God the Father did not leave men to themselves, but ceaselessly offered helps to salvation, in view of Christ, the Redeemer "who is the image of the invisible God, the firstborn of every creature".(2) All the elect, before time began, the Father "foreknew and pre- destined to become conformed to the image of His Son, that he should be the firstborn among many brethren".(3) He planned to assemble in the holy Church all those who would believe in Christ. Already from the beginning of the world the foreshadowing of the Church took place. It was prepared in a remarkable way throughout the history of the people of Israel and by means of the Old Covenant.(1*) In the present era of time the Church was constituted and, by the outpouring of the Spirit, was made manifest. At the end of time it will gloriously achieve completion, when, as is read in the Fathers, all the just, from Adam and "from Abel, the just one, to the last of the elect,"(2*) will be gathered together with the Father in the universal Church. To Be Continued
ON NOVEMBER 21, 1964

The Roman Catholic Diocese of Calgary will celebrate 100 years of existence in southern Alberta.

On November 30, 2012

Theme: "Celebrate the Past. Live the Present. Become the Future."

Our Diocese distribute a booklet for Centennial Year, parishioners can pick up the booklet at the Church main and side entrances.

Discover your purpose in Life –

You are invited to an evening of praise, worship and reflection. The theme of this evening is the discernment of one's unique purpose in life – and is for youth and young adults. Speaker: Michael Chiasson.

Testimony: Fr. Simon Zak .

Special Guests: Jesus Youth.

Date & Time : Friday, November 9 at 7 p.m.

Place: St. Albert the Great Church.

Celebrating our Growth in Faith through the Reception of the Sacraments Recognition

Celebrations: In recognition of students who have celebrated one or more of the their sacraments during the 2011-2012 school year and in keeping with tradition, Bishop Frederick Henry invites school-aged children and their parents to attend one of the following recognition celebrations at St. Mary's Cathedral (210 – 18 Ave. SW, Calgary, AB): November 11 at 3:00p.m. or November 13 at 7:00p.m. Please register through the school where your children are currently attending.

Parish Activities

Share the Faith
Give Life

World Mission Sunday
October 21st, 2012

"As the Father has sent me, so I send you"
(Jn 20:21)

Next Week is World Mission Sunday. Every parish across the world will celebrate World Mission Sunday next week. It is a global sign of the Universal Church and mission. Your prayers and donations will help support churches, hospitals, schools and vocations in countries where the Church is beginning, where it is new. World Mission Sunday is our chance to assist Catholic Communities throughout the world become self sufficient

and flourish. By sharing the gift of faith we can bring hope and love to those who need it most.

World Mission Sunday Calendar/Prayer Card...

Parishioner can pick up the calendar prayer card at the main and side entrances.

Donation on World Mission Sunday There will be a special collection on World Mission Sunday on October 21st, please give generously to support.

May God's blessings be with you!

Wedding Anniversary Thanksgiving Mass

Our Parish is planning a Thanksgiving Mass to celebrate wedding anniversary for parishioners. The Mass will be celebrated by Bishop Henry on Chinese New Year's Day, Sunday February 10, 2013, at 10:00 a.m.

Married couples celebrating 5 , 10 , 15 , 20 , 25 , 30 , 35 , 40 , 45 , 50 or 50+ wedding anniversary this year or next year, please contact the parish office for registration.

Reaffirming marriage vows is a public recognition of the Sacrament of Matrimony being lived out faithfully. To hold such event during the Year of Faith strengthens the value of marriage and family life.

Father Joseph Nguyen and Pastoral Care Team member will visit cemeteries to pray all departed parishioners on:

November 3, Saturday to Queen's Park cemetery after adoration.

November 10, Saturday to Mountain View Memorial Gardens after 9 a.m. mass

If anyone would like to join with us, please contact Sr. Magdalena Chan or the parish office, and provide us with the lot number.

The OLPH Senior Centre will be having its 14th Anniversary Banquet

Date: October 19 (Friday) 6:00pm.

Place: Grand Pearl Restaurant

Price: Ticket price is \$30.00 per person.

All seniors and their relatives are welcome.

Tickets are available at the olph upper hall on Monday, Wednesday, Friday, 10a.m.-12.00 noon

Weekly Activities

Mon Wed, Fri 15, 17 19

OLPH Senior Centre

Time: 9:00a.m.-1:00p.m.

Place: OLPH Church Upper Hall

Fri: Potluck lunch, 14th Anniversary Banquet

Friday 19

Faith Sharing Group (Sacred Heart)

Time: 7:30p.m.-10:00p.m.

Contact: Doris Ho 403-271-6884

Saturday 20

Legion of Mary (meeting)

(Immaculate Heart of Mary Praesidium)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Wing Kei Care Centre (Mass)

Time: 11:00 a.m.-12.00 noon

Place: 1212 Centre Street, NE.

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 6:00 p.m.

Place: OLPH Upper Hall

Sunday 21

R. C.I.A.

Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 1:30p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building

K of C Room at OLPH Church

Youth Choir- choir practice

Time: 11:00a.m.-12:30p.m.

Place: OLPH Church, Office Building

Catholic Family Fellowship meeting

Time: 12:15p.m.-3:30p.m.

Place: OLPH Church, Office Building

Imitating Christ

Chapter 20 :

The Love Of Solitude And Silence

Why wish to see what you are not permitted to have? "The world passes away and the concupiscence thereof." Sensual craving sometimes entices you to wander around, but when the moment is past, what do you bring back with you save a disturbed conscience and heavy heart? A happy going often leads to a sad return, a merry evening to a mournful dawn. Thus, all carnal joy begins sweetly but in the end brings remorse

and death.

To Be Continued

Let There Be Light I Wish You Faith

I wish you truth for your decisions,
I wish you doubts to make you sure,
I wish you fear to give you caution,
I wish you courage to keep you pure,
But beyond these hopes and wishes,
One prayer soars high above,
I wish for you my graduate
Faith and Hope and Love.
I wish defeats to make you humble,
I wish success to let you soar,
I wish you tears to make you tender,
I wish you joy and so much more.
For beyond these hopes and wishes,
one prayer soars high above,
I wish for you my graduate
Faith and hope and love.
So as you stand and face tomorrow,
When life gets rough and tough,
There's someone who believes in you
With faith and hope and love.
So I wish for you my graduate
Faith and hope and love.

By James N Watkins

Stories Faith Sharing

Why Go to Church?

A Church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday. "I've gone for 30 years now," he wrote, "and in that time I have heard something like 3,000 sermons. But for the life of me, I can't remember a single one of them. So, I think I'm wasting my time and the pastors are wasting theirs by giving sermons at all." This started a real controversy in the "Letters to the Editor" column, much to the delight of the editor. It went on for weeks until someone wrote this clincher: "I've been married for 30 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this ... They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!"

When you are DOWN to nothing.... God is UP to something!

Faith sees the invisible, believes the incredible and receives! The impossible!
Thank God for our physical AND our spiritual nourishment!

All right, now that you're done reading, send it on! I think everyone should read this!
"When Satan is knocking at your door, simply say, "Jesus, could you get that for me?"

主日分享

真正的智慧和快樂

(常年期第二十八主日)

今天的第一篇讀經告訴我們智慧比財富更加重要。第二篇讀經給我們講述天主的話，這話是生活的、有效的和銳利的。如果我們接受天主的話，它就會成為我們生命的活泉。為我們的生活帶來光明，給我們勇氣和力量在美善和愛的路上持續前進。福音給我們介紹一個富有的年輕人，他受到耶穌的召叫，耶穌向他提出一個困難的問題：“你還缺少一樣，變賣你所有的一切施捨給窮人（這恰恰是年輕人所缺少的：放棄），你必有寶藏在天上；然後，來，背著十字架跟隨我”但是年輕人卻沒有勇氣接受，因為他沒有能力棄絕自己的財富。然後耶穌做了個反省：“那些有錢財的人進天國是多麼難啊！”

因此，我們應該將心從錢財的牽掛中解放。應該有勇氣認識什麼對我們的生命是真正本質性的：與天主的愛的關係，與兄弟姐妹的愛的關係。我們應該從自私中解放自己，從物質對我們的束縛中解放。只有這樣我們才會進入天主的國。讓我們祈求天主，恩賜我們在這條道路上不斷前進。在對物質的解放中，在對天主之愛的依戀上，和對兄弟姐妹的服務中，每一天我們都應該前進一步。

錄自梵蒂岡電台

信德年

2012年10月11日

2013年11月24日

打開信德之門

閱讀聖經；重新慕道
保存信仰；為主作証
用心祈禱；與主相遇

信德之門；福傳普世

《信德之門》宗座手諭

6. 教會的更新也是經由信徒們的生活見證而達成：基督信徒被召叫，去以他們在世的生活散發主耶穌留給我們真理的話語。即如大公會議在教會憲章《萬民之光》裡所說：「可是，聖潔無罪的基督（希七 26），從未有過罪惡（格後五 21），而只為了補贖人民的罪而來（參希二 17）。教會在自己的懷抱中，卻有罪人，教會是聖的，同時常需要潔煉，不斷地實行補贖，追求革新。教會是『在世界的迫害與天主的安慰之中，繼續著自己的旅程』，宣揚著主的苦架與死亡，以待其重來（格前十一 26）。教會由於主復活的德能而得到鼓勵，希望以堅忍和愛德克服其內在與外在的困難，並且在幽暗中實地向世界揭示主的奧蹟，直到最後在光天化日之下出現。

從這點看來，信德年是一邀請，召集人們真正而革新地悔改，回歸世界唯一的救主。在祂死亡及復活的奧蹟中，天主啟示了圓滿的愛，此愛使我們得救，並召叫我們藉罪赦而悔改（宗五 31）。以聖保祿而言，天主的愛引領我們度新的生活：「我們藉著洗禮已歸於死亡與祂同葬了，為的是基督怎樣藉著父的光榮從死者中復活，我們也怎樣在新生活中度生。」（羅六 4）依據復活這奧蹟的徹底及嶄新的事實，此新生活就透過信德塑造人性的整個存在。人就走上這一條此生永不休止的途徑，他的思想和感情、理念和行為，在他的自由合作之下，漸漸地得到淨化和改變。「以愛德行事的信德」（參迦五 6），成為了思想與行動的新標準，因而改變整個人生（參羅十二 2、哥三 9-10、弗四 20-29、格後五 17）。 待續

梵蒂岡第二屆大公會議文獻

《教會》教義憲章

第一章 論教會為奧蹟

緒言

1 基督為萬民之光，本屆神聖大公會議，因天主聖神而集合，切願向萬民宣佈福音（參閱谷：十六，15），使教會面目上反映的基督之光，照耀到每

一個人。教會在基督內，好像一件聖事，就是說教會是與天主親密結合，以及全人類彼此團結的記號和工具，切願繼續歷屆大公會議的論題，向全體信友及全人類，詳加闡述教會的性質及其大公使命。現代的環境，使人類在社會、技術與文化的聯繫之下，更形接近，因此更加重了教會的這種責任，為使人類在基督內也得到完整的統一。

天父拯救人類的計劃

2 永生之父，按照祂智慧與慈善內的自願而深奧的計劃，創造了宇宙，決定提拔人類分享天主的生命，人類在亞當內而墮落，天主猶未捨棄；為了基督，贖世者，「無形天主的肖像，一切受造物的首生者」(哥：一，15)，天父仍不斷地協助人類得到救援。天父在萬世之先，已預知所有被選的人們，「並預定使他們與聖子相似，好使聖子在眾弟兄中為長子」(羅：八，29)。天父又決定使所有信奉基督的人召集在聖教會內，這一個教會在天地元始已有預像，在以色列民族的歷史內，和舊約中，已經奇妙地準備妥善

(一) 在最後正式成立，藉聖神的光輝顯示出來，在世界末日將要光榮地結束。到那時候，按教父們的說法，所有的義人，從亞當開始，「從義人亞伯爾直到最後一個義人」

(二) 將要在天父面前，共聚在大公的教會內。 待續

羅馬天主教卡加利教區慶祝成立一百年

主題：「慶祝過去。活在今天。建立未來。」

羅馬天主教卡加利教區將於 2012 年 11 月 30 日慶祝成立一百年。卡加利教區慶祝成立百年小冊子將擺放在教堂正門及側門入口處，教友可自由索取。

堂區活動

信仰分享 生命恩賜 十月二十一日 普世傳教節 2012

「就如父派遣了我，我也同樣派遣你們。」若望福音 20: 21

世界各地的每一個教區都在下週慶祝普世傳教節。這是普世教會及福傳的全球標誌。你們的祈禱和捐款將幫助支持新的教堂，醫院，學校和教會的聖召。普世傳教節是我們協助世界各地天主教會成為自給自足和繁榮社區的好機會。

藉著所獲信仰恩寵的分享，我們將希望與愛心帶給那些有需要的人們。請為普世傳教節祈禱，並在普世傳教節慷慨解囊。願主永遠降福您們！

普世傳教節主日日曆/祈禱咭

歡迎教友在正門及側門入口處索取。

普世傳教節捐獻

10 月 21 日將進行第二次捐獻作普世傳教節之用，請慷慨支持及回應。主佑！

結婚週年紀念感恩祭

堂區正舉辦結婚週年慶典感恩祭，將於 2013 年 2 月 10 日農曆新春主日，上午十時彌撒舉行，亨利主教將蒞臨主祭。今年及明年結婚 5, 10, 15, 20, 25, 30, 35, 40, 45, 50 或 50 週年以上以上的夫婦，如欲報名參予，請即向堂區辦事處聯絡，以作籌劃。

在信德年舉辦此活動，實在意義深遠，夫婦重申結婚的誓言盟約，珍惜彼此在一起的日子，令婚姻制度及家庭生活更為鞏固。

阮神父及牧靈關愛組成員將於煉靈月前往墓地為已亡教友祈禱：

日期：11 月 3 日(星期六) 明恭聖體後到女王公園墓地(Queen's Park Cemetery)祈禱

日期：11 月 10 日(星期六)九時彌撒後到山景紀念花園(Mountain View Memorial Gardens)祈禱

任何教友想參與祈禱，或想牧靈組到你親友墓地祈禱，請提供地段號碼並

請聯絡陳修女或堂區辦事處。

松柏軒 [十四周年] 記念晚宴

日期：二零一二年十月十九日

時間：星期五六時恭候，七時入席

地點：粵東軒酒樓

票價：每位三十元 (包括抽獎禮物)

購票地點：上禮堂，星期一、三、五，上午十時至十二時

歡迎各耆英及親友參加。

活動一週

星期一、三、五 15, 17, 19

永援聖母松柏軒

時間：上午 9 時至正午 1 時

地點：永援聖母堂上禮堂

星期五：Potluck 午餐，慶祝 14 周年記念晚宴

星期五 19

信仰小團體 (Sacred Heart)

時間：晚上 7 時 30 分至 10 時

聯絡：Doris Ho 403-271-6884

星期六 20

聖母軍(開會)

(聖母軍聖母無玷聖心支團)

地點：聖堂二樓騎士會室

時間：上午 9 時 45 分

榮基護老中心 (彌撒)

時間：上午 11 時至正午 12 時

地點：1212 Centre Street, NE.

楊式太極班

時間：上午 10 時至下午 12 時 30 分

地點：永援聖母堂下禮堂

永援聖母青年團練習聖詩

時間：下午 6 時

地點：永援聖母堂上禮堂

星期日 21

成人慕道班 (粵語、國語及英語)

時間：上午 9 時 30 分至

下午 1 時 30 分至

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至下午 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

青年會-練習聖詩

時間：上午 11 時至 12 時 30 分

地點：寫字樓大廈、上禮堂

公教家庭開會

時間：下午 12 時 15 分至 3 時

地點：寫字樓大廈、上禮堂

師主篇

第二十章、愛清靜寡言

不許你有的事物，你為什麼要看它呢？「世俗和世人的貪心，都要過去」（若一：貳 十七）。五官的慾望拉扯你愛遊玩閒散；可是趕時候一過，除了良心煩惱，心神散亂，還有什麼呢？笑著出去，往往哭著回來。今晚的快樂，生出明晨的煩惱。肉身所有的快樂，都是這樣：來的時候甘飴，事後叫你悲傷。 待續

心靈小品

天主的道路明朗

天主的引導好似路旁的柱石，要我們看得清楚，先在日常生活中誠心認定主，隨從祂的指引，而且忠於責任。天主的道路如果看不見，就不能說一定不知道。

我們不走自己的路，才只想走天主的路。

我們祇是看著主，問祂說：親愛的主，現在怎麼走？

我們不想走祂的路，就不必這樣問了。我們必須有順服的心，才會得著天主的指引，

我們心中的禱告只有一句話：

不要照我的意思，只照你的意思。

我們完全降服，只走天主的道，不計任何代價。

靈修小故事

安定與捨得

一個小孩子伸手進糖罐裡拿糖吃，但因手裡抓了太多糖，而無法將手由糖罐中拿出來。小孩此時不知怎麼辦，就哭著喊媽媽來。媽媽聽到了小孩的哭聲，急忙趕過來；媽媽一看就知道發生了什麼事。媽媽這時對流著眼淚不知所措的孩子說：「兒子，把抓在手裡的糖都放掉，只要拿一顆就好。」小孩這時就將抓在手裡的一大把糖放掉，只從糖罐裡拿一顆糖，而手就很容易的從糖罐中拿出來，小孩就在這時也因此破啼為笑。我們在每天的生

活中，之所以有許多的煩惱、痛苦、憂慮、悲傷等讓我們不快樂的因素存在，是否也正是因為我們抓的太多了。我們將太多的慾望、仇恨、自大、驕傲、名利、貪婪都緊緊的抓著不放，讓我們的生命無法從黑暗的洞口走出來。其實，我們生命中只有一件事情是要緊緊不放的；正如耶穌對在操心忙碌的瑪爾大所說的：「瑪爾大，瑪爾大！妳為了許多事操心忙碌，其實需要的只有一件」（路：十，41-42）。這一件事就是「你們該尋求天主的國和它的義德」（瑪：六，33），這也就是「應當全心、全靈、全意、全力愛上主，你的天主」並且「愛人如己」（谷：十二，30-31）。我們如果心中只渴望這一件事，以天主為我們生命的唯一目標與中心；那麼，我們就會像那將手中的糖完全放掉的小孩，然後只拿一顆，如此我們也能輕易的走出生命的陰霾。朋友們，你捨得放掉你生命緊抓住的一切私慾偏情、名利地位，而只要天主嗎？

在總統大選中，每一位總統候選人都打出「安定」牌，各位認為每次被大家選出的總統，是否能帶給我們真正的安定呢？實際上，只有天主才能帶給我們人類百分之百的安定與安全。藉著我們的信仰，讓我們不斷的去肯定這「安定」的真理與來源。當我們在信仰中對天主「信、望、愛」的投入，就像帶給我們生命安定的速度。但當我們的信仰逐漸冷淡，不再完全的投入，我們的生命就會開始左右搖晃，甚至最後整個坍塌下來。