

Theme Sharing

Servant of the Lord (24th Sunday in Ordinary Time)

Isaiah's song on the "Servant of the Lord" in the first reading does not expressly refer to the Messiah. However, the subsequent songs do paint a clearer picture of the identity of the Servant. Isaiah foretells the suffering of the Servant who will show extraordinary courage and firmness in the face of adversities as he puts his trust in the saving power of the Lord God.

In the gospel, Jesus asks his disciples and then his apostles: "Who do people say that I am?" After Peter replies that he is the Messiah, Jesus begins to tell the apostles about his suffering, death and resurrection. And whoever wishes to become his disciple must first deny oneself and abandon the human desires of worldly gains, success and control over others. One must take up his own cross to follow Christ. Therefore, we must bear in mind Jesus' important teaching that we are called to love. God is Love. He creates us and imparts his love on us so that we can all live in love.

In the second reading, James reminds us that our faith must be reflected in our actions. He asks: "what good is it if you say you have faith and yet you do not have works (of charity)? Can faith save you?" In his letter to the Galatians, Paul further says, "In Christ Jesus, it matters not if one is circumcised or uncircumcised; it is faith working through love that counts." In other words, our faith must be backed up by acts of love, without which our faith will simply wither and die.

Year of Faith

Pope Benedict XVI declared that a "Year of Faith" will begin on October 11, 2012 and conclude on November 24, 2013. In the Acts of the Apostles, we learn that God has opened the door of faith for the early Church :

2. Ever since the start of my ministry as Successor of Peter, I have spoken of the need to rediscover the journey of faith so as to shed ever clearer light on the joy and renewed enthusiasm of the encounter with Christ. During the homily at the Mass marking the inauguration of my pontificate I said: "The Church as a whole and all her Pastors, like Christ, must set out to lead

people out of the desert, towards the place of life, towards friendship with the Son of God, towards the One who gives us life, and life in abundance." [1] It often happens that Christians are more concerned for the social, cultural and political consequences of their commitment, continuing to think of the faith as a self-evident presupposition for life in society. In reality, not only can this presupposition no longer be taken for granted, but it is often openly denied. [2] Whereas in the past it was possible to recognize a unitary cultural matrix, broadly accepted in its appeal to the content of the faith and the values inspired by it, today this no longer seems to be the case in large swathes of society, because of a profound crisis of faith that has affected many people.

To Be Continued

Parish Activities

Together in Action

Theme is "Love Never Ends."

(1 Corinthians 13:8)

The 2012 Diocesan's Appeal campaign, "Together in Action", has commenced. Our parish's final target will remain at \$50,000. Donation envelopes can be picked up from both the front and the side entrances. As of September 6 our campaign has received a total of \$34,070.69.

Let's take action now to respond to Christ's love and sacrifice for the salvation of mankind.

May God bless you for your generous support!

Youth Group Meeting

First Youth Group meeting will be at the Upper Hall after 10:00am Mass on Sept 23 (Sunday). We will be recruiting new members for Youth Choir, Gospel Readers, Altar Service, Youth Study Group and other new activities. All Youths are welcome to attend.

Young Adult Group paintball event

Young Adult Group is organizing a paintball event on Sunday, September 30. We will meet at Upper Hall at 12:45pm and return at 6:00pm. Price is \$14/person. For further details, please contact Young Adult Group. All young adults are welcome to attend.

News& Others

BLESSED BE THE ONE-LINERS

Give God what's right -- not what's left.
Man's way leads to a hopeless end -- God's way leads to an endless hope.
A lot of kneeling will keep you in good standing.
He who kneels before God can stand before anyone.

In the sentence of life, the devil may be a comma -- but never let him be the stop.
Don't put a question mark where God puts a stop.

Are you wrinkled with burden? Come to the church for a face-lift.

When praying, don't give God instructions -- just report for duty.

Don't wait for six strong men to take you to church.

We don't change God's message -- His message changes us.

The church is prayer-conditioned.

When God ordains, He sustains.

WARNING: Exposure to the Son may prevent burning.

Plan ahead -- It wasn't raining when Noah built the ark.

Most people want to serve God, but only in an advisory position.

Suffering with truth decay? Brush up on your Bible.

Exercise daily -- walk with the Lord.

Never give the devil a ride -- he will always want to drive.

Nothing else ruins the truth like stretching it.
Compassion is difficult to give away because it keeps coming back.

He who angers you controls you.

Worry is the darkroom in which negatives can develop.

Give Satan an inch & he'll be a ruler.

Be ye fishers of men -- you catch them & He'll clean them.

God doesn't call the qualified, He qualifies the called.

Read the Bible -- It will scare the hell out of you.

Diocese & Other News

Permanent Deaconate

Bishop Frederick Henry will ordain three men as permanent deacons for service in the Diocese of Calgary at an ordination Mass to be celebrated at St. Mary's Cathedral on Sunday September 30 at 3 p.m. The three men are: Renso Castellarin of

Holy Trinity Parish, Blairmore (wife Bonnie); Robert McLean of St. Paul's, Airdrie (wife Anita); and Michael Thompson of St. Bernard's, Calgary (wife Diana). Their ordination will bring to 47 the total number of permanent deacons serving in the Diocese.

Prayer for Vocations:

You are invited to a holy hour of prayer for vocations to the priesthood and religious life on Sunday September 30. Exposition of the Blessed Sacrament will begin at 7:30 p.m. Place: St. Anne's Parish, Calgary. For further information contact Fr. Gaffney at 245-2753.

Retrouaille, a weekend retreat for couples experiencing difficulty in their marriage, will be offered on September 28-30th. For more information please call Gabriele at 403-218-5504.

Bishop's Dinner

Bishop's Dinner is fast approaching! We are very honoured to have John Rook, the new President and CEO of the Calgary Homeless Foundation as our MC. We are also very excited to present Familyah, featuring Heather Liscano, as our entertainment this year. Come spend a great evening with us on Thursday, October 18, 2012 at Commonwealth Centre. Bishop Henry will give his keynote address on "What does it mean to be a Faithful Citizen?" Honourees are Bishop O'Byrne Housing for Seniors Association, Acadia Place – Calgary Homeless Foundation and the Diocese's Elizabeth House Program. Tickets are selling very fast this year, so contact Samantha Jones at 403.218.5531 or samantha.jones@calgarydiocese.ca to order yours. You can also download the order form online at www.calgarydiocese.ca/bishops-dinner.html.

40 Days for Life Prayer Vigil

September 26 - November 4, 2012 from 8:00 am to 8:00 pm across from the Kensington (abortion) Clinic, 24 St and 5 Ave NW. Peaceful, prayerful, lawful, loving public witness. Come out and pray for the end of abortions for an hour a day, a week or whenever you can. Organize your parish, your family or your friends to join you. For details and sign up visit www.40daysforlife.com/calgary or call Dave & Kay'd at 403-467-6961.

Weekly Activities

Mon, Wed, Fri 17, 19, 21

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Friday 21

Faith Sharing Group (Sacred Heart)

Time: 7:30p.m.-10:00p.m.

Contact: Doris Ho 403-271-6884

Saturday 22

Legion of Mary (meeting)

Time: 9:45a.m.

Place: K of C Room

Wing Kei Care Centre (Mass)

Time: 11:00 a.m.-12:00 noon

Place: 1212 Centre Street, NE.

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 6:00 p.m.

Place: OLPH Upper Hall

Faith Sharing Group (Arbour Lake)

Time: 7:30p.m.-10:00p.m.

Contact: Grace Chan 403-208-1806

Sunday 23

R. C.I.A

Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 12:00 noon

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building

K of C Room at OLPH Church

Youth Group

Time: 11:00a.m. - 12:30 p.m.

Place: OLPH Church Upper Hall

K of C Matteo Ricci 10119

Monthly General Meeting

Time: After 11:30 Mass

Place: K of C Room

Imitating Christ

Chapter 20 :

The Love Of Solitude And Silence

No man deserves the consolation of heaven unless he persistently arouses himself to holy contrition. If you desire true sorrow of heart, seek the privacy of your cell and shut out the uproar of the world, as it is written: "In your chamber bewail your sins." There you will find what too often you lose abroad.

To Be Continued

Stories Faith Sharing

Cashing In Your \$500,000 Check

A business executive was deep in debt and could see no way out. Creditors were closing in on him. Suppliers were demanding payment. He sat on the park bench, head in hands, wondering if anything could save his company from bankruptcy.

Suddenly an old man appeared before him. "I can see that something is troubling you," he said.

After listening to the executive's woes, the old man said, "I believe I can help you."

He asked the man his name, wrote out a check, and pushed it into his hand saying, "Take this money. Meet me here exactly one year from today, and you can pay me back at that time."

Then he turned and disappeared as quickly as he had come. The business executive saw in his hand a check for \$500,000. It was signed by John D. Rockefeller, then one of the richest men in the world!

"I can erase my money worries in an instant!" he realized.

But instead, the executive decided to put the un-cashed check in his safe. Just knowing it was there might give him the strength to work out a way to save his business, he thought. With renewed optimism, he negotiated better deals and extended terms of payment. He closed several big sales. Within a few months, he was out of debt and making money once again.

Exactly one year later, he returned to the park with the un-cashed check. At the agreed-upon time, the old man appeared. But just as the executive was about to hand back the check and share his success story, a nurse came running up and grabbed the old man. "I'm so glad I caught him!" she cried. "I hope he hasn't been bothering you. He's always escaping from the rest home and telling people he's John D. Rockefeller." then she led the old man away by the arm.

The astonished executive just stood there, stunned. All year long he'd been wheeling and dealing, buying and selling, convinced he had half a million dollars behind him. Suddenly, he realized that it wasn't the money, real or imagined, that had turned his life around. It was his new found self-confidence that gave him the power to achieve anything he ever imagined.

Faith of Saints

Saint Jerome

Doctor of the Church

Saint Jerome, born in Dalmatia in 329, was sent to school in Rome. His boyhood was not free from faults; his thirst for knowledge was excessive, and his love of books, a passion. He had studied under the best masters, visited foreign cities, and devoted himself to the pursuit of learning. But Christ had need of his strong will and active intellect for the service of His Church. He told him in a supernatural experience he never forgot that he was not a Christian, but a Ciceronian: "Your heart is where your treasure is," said the Lord to him — that is, in the eloquent writings of antique times. Saint Jerome obeyed the divine call, making a vow never again to read profane works, and another of celibacy. In Rome he had already assisted a number of holy women to organize houses of retirement where they consecrated themselves to God by vow. Calumnies, arising from jealousy, made a certain headway against the scholar whose competence was beginning to attract honors. He fled from Rome to the wild Syrian desert, and there for four years learned in solitude, intense sufferings and persecution from the demons, new lessons in humility, penance and prayer, and divine wisdom. "I was very foolish to want to sing the hymns of the Lord on foreign soil, and to abandon the mountain of Sinai to beg help from Egypt," he declared. Pope Damasus summoned him back to Rome, and there assigned to the famous scholar, already expert in Hebrew and other ancient languages, the task of revising the Latin Bible. Saint Jerome obeyed his earthly Head as he had obeyed his Lord. Retiring once more in 386 to Bethlehem, the eloquent hermit sent forth from his solitary cell not only a solidly accurate version of the Scriptures, but during thirty years' time, a veritable stream of luminous writings for the Christian world. He combated with unflinching efficacy several heresies being subtly introduced by various personages in his own region and elsewhere. For fourteen years the hand of the great scholar could no longer write; but Saint Jerome could still dictate to six secretaries at a time, to each on a different subject, in those final years. He died in his beloved Bethlehem in 420, when over 80 years old. His tomb is

still in a subterranean chapel of its ancient basilica, but his relics were transported to Saint Mary Major Basilica of Rome, where the crib of Bethlehem is conserved.

2 Timothy -3: 14-17

14. You must keep to what you have been taught and know to be true; remember who your teachers were,
15. and how, ever since you were a child, you have known the holy scriptures -from these you can learn the wisdom that leads to salvation through faith in Christ Jesus.
16. All scripture is inspired by God and useful for refuting error, for guiding people's lives and teaching them to be upright.
17. This is how someone who is dedicated to God becomes fully equipped and ready for any good work.

The Words of God

Mark- 8 : 34-38

He called the people and his disciples to him and said, 'If anyone wants to be a follower of mine, let him renounce himself and take up his cross and follow me.
Anyone who wants to save his life will lose it; but anyone who loses his life for my sake, and for the sake of the gospel, will save it. What gain, then, is it for anyone to win the whole world and forfeit his life?
And indeed what can anyone offer in exchange for his life?
For if anyone in this sinful and adulterous generation is ashamed of me and of my words, the Son of man will also be ashamed of him when he comes in the glory of his Father with the holy angels.'

Prayers with Faith

Our Mother of Perpetual Help

O Mother of Perpetual Help, grant that I may ever invoke Thy most powerful name, which is the safeguard of the living and the salvation of the dying. O Purest Mary, O Sweetest Mary, let Your name henceforth be ever on my lips. Delay not, O Blessed Lady, to help me whenever I call on You, for, in all my needs, in all my temptations, I shall never cease to call on You, ever repeating Your sacred name, Mary, Mary. O what consolation, what sweetness, what confidence, what emotion fills my soul when I pronounce Your sacred name, or even only think of You! I thank God for having given You, for my good, so sweet, so powerful, so lovely a name. But I will not

be content with merely pronouncing Your name; let my love for You prompt me ever to hail You, Mother of Perpetual Help. Amen

主日分享

上主的僕人

(常年期第二十四主日)

在本主日的第一篇讀經，依撒意亞關於上主僕人的斷語並沒有點出默西亞，卻留下作各種解釋的入口。無論如何，他宣佈了上主僕人的痛苦命運：上主僕人堅信有上主協助他。因此不失去勇氣，反而表現出超凡的堅定。

在福音中，耶穌問自己的門徒，人們說祂是誰，然後又問門徒們他們說祂是誰；在伯多祿作出表白後，祂宣佈了自己的苦難。耶穌說人必須棄絕自己，因此要放棄自己人性上對勝利、成功和統治權的渴望，背著自己的十字架，跟隨祂。為懂得耶穌的這個重要原則，我們該記住，人的召叫是去愛：天主是愛，祂造了我們為把祂的愛傳給我們，使我們有能力在愛中生活。

第二篇讀經談信德該在行為中表現出來。雅各伯宗徒問道：“我的兄弟們，若有人說自己有信德，卻沒有行為，有什麼益處？難道這信德能救他嗎？”保祿甚至在寫給迦拉達人的書信中有這樣一段話：“因為在基督耶穌內，割損或不割損都算不得什麼，惟有以愛德行事的信德，才算什麼。”（迦5：6）。這句話符合雅各伯的訓導，他要求我們在行為中體現信德，產生愛的行為。如果沒有行為，信德就會死去。 錄自梵蒂岡電台

信德年

教宗本篤十六於 2011 年 10 月 11 日發佈了《信德之門》宗座文告

為召開信德年，即從 2012 年 10 月 11 日，梵蒂岡第二屆大公會議召開五十周年之際開始，到 2013 年 11 月 24 日，耶穌基督普世君王節結束。

宗座手諭《信德之門》

2. 自從我繼承了伯多祿的職務以來，我就提醒著，必須要重新發現信德的途徑，為能更清楚表現出與基督相遇

時的那種喜悅及嶄新的熱忱。在我就職典禮的彌撒講道中，我有說：「整個教會與在她內的所有牧人，應該像基督一樣地，引領子民走出曠野，到有生命的那些地方，朝著與天主子的友誼而去，走向賜予我們生命、更豐富的生命的那一位。」

1) 基督信徒往往更關心投身於社會、文化和政治，又常以為信仰是社會生活中必然的先決條件。但這構想不再是理所當然的了，實際上，反而往往是公開地受到否認。

2 在過去，是可以看到一個一元整體性的文化母體——它的信仰內涵，以及它因信仰所啟發的價值，廣泛被人接受，但由於一深刻的信仰危機已侵襲許多人，在今日社會的廣大群體中，似乎已不是如此。 待續

堂區活動

教區公益金，齊來獻愛心

主題是「愛永存不朽」(格林多人前書第十三章八節)2012年教區公益金「讓我們一起來行動」(TIA)，籌募經已展開。本堂今年的目標是50,000元，捐款信封可在聖堂入口處拿取。截至9月6日，捐款已累積至\$34,070.69元。就讓我們立即行動，繼續慷慨解囊。在此感謝各位教友，並願主降福您們！

青年會聚會

青年會將於9月23日(星期日)上午11時至下午12時舉行本年第一次青年會聚會。介時，我們將會介紹本年新增的活動。現誠意邀請堂區所有青年參加。

成人青年組去彩彈射擊

成人青年組將於9月30日(星期日)去彩彈射擊。我們將會在上禮堂集合，時間為下午12時45分至6時。費用為每位14元。如有任何查詢，請聯絡大專青年組。現誠意邀請堂區所有大專青年參加。

活動一週

星期一、三、五 17, 19, 21

永援聖母松柏軒

時間：上午9時至正午12時

地點：永援聖母堂上禮堂

星期五 21

信仰小團體 (Sacred Heart)

時間：晚上7時30分至10時

聯絡：Doris Ho 403-271-6884

星期六 22

聖母軍

(聖母軍聖母無玷聖心支團)

時間：早上9時45分(開會)

地點：聖堂二樓騎士會室

榮基護老中心(彌撒)

時間：上午11時至正午12時

地點：1212 Centre Street, NE.

楊式太極班

時間上午10時至下午12時30分

地點：永援聖母堂下禮堂

大專青年團練習聖詩

時間：晚上6時

地點：永援聖母堂上禮堂

信仰小團體 (Arbour Lake)

時間：晚上7時30分至10時

聯絡：Grace Chan 403-208-1806

星期日 23

成人慕道班(粵語、國語及英語)

時間：上午9時30分至12時

地點：永援聖母堂下禮堂

主日學

時間：上午10時至12時30分

地點：寫字樓大廈，聖堂騎士會室

青年會

時間：上午11時至12時30分

地點：永援聖母堂上禮堂

利瑪竇騎士會 10119

午餐月會

時間：上午11時30分彌撒後

地點：聖堂二樓騎士會室

師主篇

第二十章、愛清靜寡言

誰不下苦工天，痛悔自己的罪，他就當不起天主的安慰。你若願意真心痛悔，常關緊了門，從心中趕出世俗的囂嘩。正如聖經上所說的，在室中流淚痛哭(詠：肆)。多次在門外遺失的，在門內就可以找得著。 待續

靈修小故事

一個簡單的道理：最好的保護者

聖詠一零六：『你們要頌謝上主，因

為祂的仁慈永遠常存。』

小明哭哭啼啼地跑去找媽媽。媽媽一看，嚇了一跳，因為小明的手上有道長長的傷口，正流著血。媽媽馬上幫他擦藥，一面為小明包紮傷口，一面關心地問他：『這道傷口是怎麼弄來的呢？』

小明小心地說：『是大花貓把我抓傷的。』

媽媽於是想起來，是怎麼一回事。原來小明家的大花貓最近生了四隻小花貓，昨天小明的阿姨來，看到小貓非常可愛就抱走了一隻，所以現在大花貓脾氣不好，變得較兇。今天，小明想看看小花貓長多大了，剛剛伸出手要去抱小花貓，就被大花貓抓傷了。媽媽摸著小明的手說：『你知道大花貓為什麼抓你嗎？』

小明說：『不知道』

媽媽說：『因為大花貓怕你會抓走牠的孩子。』

小明說：『大花貓真得那麼愛小花貓嗎？』

『當然，就像媽媽愛你，大花貓也是媽媽，自然也愛牠的孩子、保護牠的孩子。』

小明想一想，說：『媽媽...我不會痛了！』

親愛的朋友，大花貓那麼地愛牠的孩子，小明的媽媽也是如此，何況我們的天父，祂多麼愛我們阿！不用懷疑了罷！祂總陪在我們身邊，保護我們，指導我們。『要頌謝天主因為祂的慈愛永遠常存。阿們！』

聖人的信德

聖熱羅尼莫 St. Jerome

時代：第四世紀 (347-419)

地區：羅馬及白冷

職務：神父

類別：牧者、聖師

紀念日：九月三十日

主保：圖書館管理員的主保

事跡：熱羅尼莫生自富有的家庭，熱愛希臘及拉丁文學。每當他遇到好書，定必高價購買或親手抄寫，久而久之，他竟擁有一間私人的藏書室。

爲了能閱讀聖經的原文，便決意學習希伯來文。熱羅尼莫曾任教宗的秘書，在教宗的任命下開展一項艱巨的任務，以三十年時間跟進聖經拉丁文版本的翻譯工作，這版本名爲《拉丁通行本》。他生命的最後三十四年是在耶路撒冷度過，死後安葬在白冷的耶穌出生地。正如保祿宗徒所說的，基督是天主的德能和智慧，如果一個人沒有認識聖經，他就不認識天主的德能和智慧；對聖經無知就是對基督無知。(聖熱羅尼莫)

祈禱：天主，禱會恩賜聖熱羅尼莫熱愛聖經，求禱使禱的子民也能從禱的聖言中，獲得豐富的滋養，找到生命的泉源。因禱的聖子、我們的主耶穌基督，禱和禱及聖神，是唯一天主，永生永王。亞孟。

聖言選讀：弟茂德後書 第三章 14-17

14. 然而你要堅持你所學所信的事，你知道你是由誰學來的。
15. 你自幼便通曉了聖經，這聖經能使你憑著那在基督耶穌內的信德，獲得得救的智慧。
16. 凡受天主默感所寫的聖經，爲教訓、爲督責、爲矯正、爲教導人學正義，都是有益的，
17. 好使天主的人成全，適於行各種善工。

聖言分享

如何救自己的性命？

馬爾谷 八章 34 ~ 38

他遂召集群衆和門徒來，對他們說：「誰若願意跟隨我，該棄絕自己，背著自己的十字架，跟隨我，因爲誰若願意救自己的性命，必要喪失性命；但誰若爲我和福音的緣故，喪失自己的性命，必要救得性命。人縱然賺得了全世界而賠上自己的靈魂，爲他有什麼益處？人還能拿什麼作爲自己靈魂的代價？誰若在這淫亂和罪惡的世代中，以我和我的話爲恥，將來人子在他父的光榮中，同諸聖天使降來時，也要以他爲恥。」

信德-祈禱

向永援聖母十二呼求

領：永援聖母呼求您的聖名令我依恃

您。

衆：慈愛之母，請幫助我。

領：賜我能得勝種種誘惑。

衆：慈愛之母，請幫助我。

領：若我不幸犯了罪，賜我速速悔悟。

衆：慈愛之母，請幫助我。

領：若我受撒殫任何束縛，賜我早日獲得解放。

衆：慈愛之母，請幫助我。

領：賜我能抗拒世俗，損友及不良書籍的吸引。

衆：慈愛之母，請幫助我。

領：若我變得冷淡，賜我往昔的熱心。

衆：慈愛之母，請幫助我。

領：在我預備領受聖事和履行基督徒的責任時。

衆：慈愛之母，請幫助我。

領：在生活的困苦與磨練之中。

衆：慈愛之母，請幫助我。

領：賜我信主恒心到底，總不懈怠。

衆：慈愛之母，請幫助我。

領：賜我恒常愛您，侍奉您，並呼求您的助佑。

衆：慈愛之母，請幫助我。

領：賜我能引領他人愛您，爲您服務並向您祈求。

衆：慈愛之母，請幫助我。

領：母親啊！直至我生命的末刻，到最後的一口氣。

衆：慈愛之母，請幫助我。