

Theme Sharing

Ascension of Our Lord

Today we celebrate the Feast of the Ascension of Our Lord. The first reading, from the Acts of the Apostles, details the final moments of Christ on earth before he was lifted up into heaven. The other two readings also speak about the Ascension, with Matthew giving an account of Jesus' last appearance to the apostles.

For us, this feast really means the start of our active apostolate: to fulfill the mission of evangelization entrusted to us by our Risen Lord. With the power of the Holy Spirit, we are to proclaim our faith to the ends of the earth and so to change the whole world according to God's divine plan – a plan that can only be accomplished through the grace of God. Thus some of us are given gifts and graces to be either apostles, prophets, evangelists, pastors or teachers; and we need to make full use of such gifts to complete the various missions designated to us.

In today's gospel, Jesus entrusted to the eleven apostles the Herculean mission of evangelization: "Go out to the whole world and proclaim the Good News to all creation." To date, this mission has not yet been accomplished, and it requires our active involvement, cooperation and constant prayers.

Jesus' Ascension really is a huge sign of hope for us: not only will we one day meet face to face with Christ in heaven, we are at this very moment receiving the graces necessary for us to lead a good and righteous life here on earth and compatible with God's calling for each one of us. Our Risen Lord has promised graces to people of all ages. If we are loyal to his teachings, we can rest assured that our life will be a fountain of immense joy for us.

Parish News & Activities

Food Crisis in West Africa -

The Diocese is accepting financial donations for emergency relief efforts to assist those affected by the Food Crisis in West Africa (Burkina Faso, Mali, Mauritania, Niger, Senegal, Chad, and parts of Nigeria and Cameroon). Donations can be made as follows:

by sending a cheque payable to our parish and earmarked "West Africa - Hunger Crisis"

-by sending a cheque payable to the RC Diocese of Calgary, earmarked "West Africa - Hunger Crisis" and sent to Pastoral Centre, 120 17 Ave SW, Calgary, AB, T2S 2T2.

For further questions, please contact Jana Drapal at the Social Justice Office at 403-218-5519 or e-mail socialjustice@calgarydiocese.ca.

The Pentecost Novena

There comes a time when we must ask ourselves, "Am I spending more time towards my spiritual growth than I am spending towards gaining wealth?" If our minds are continuously preoccupied with fame, pleasures and wealth versus adoring, seeking and knowing God and obeying His commandment of love towards our neighbours, then we have a serious problem that can lead to our condemnation. There comes a time when we must allow ourselves to be led by the Spirit of God in order to qualify to be called children of God. Through our faith in Christ and the Sacrament of Baptism, we received a spirit of adoption so we may qualify to be called children of God and heirs of God, joint heirs with Christ. To inherit these titles, we must be ready to "suffer with Christ so that we may also be glorified with Him." [Rom. 8:17]

Jesus Christ and the Father gave us the Holy Spirit so we may be sanctified. Our sanctification is achieved through our daily personal communion with God and the Church. As we spiritually grow in Christ, God is pleased and the Holy Catholic Church benefits. If we receive gifts as the disciples received gifts on Pentecost, it is for the benefit of the whole Body of Christ. Through the growth of the Body of Christ, we grow alongside the other faithful members of the Church. If the Body of Christ suffers because of the neglect of some, we all suffer. Honoring the Holy Spirit is the oldest of all novenas, and it is still the only novena officially prescribed by the Church.

Addressed to the Third Person of the Blessed Trinity, it is a powerful plea for the light and strength and love so sorely needed by every Christian.

Parishioners can pick up the Pentecost Novena booklet at the Church main and side entrances.

Confirmation Mass and Reception

A Confirmation Mass presided by Bishop Henry will be held on May 27 at 10 am.

The mass will be followed by a reception and gathering at the Upper Hall. The 11:30 am mass will be cancelled.

The theme of our gathering is Family Love. Bishop Henry will give blessing to families with grandparents or great-grandparents. Please bring your family and join the Sacrament recipients to celebrate this joyful event together.

Parishioners are encouraged to utilize St. Angela's School parking lot at the event day.

50th Anniversary of Consecration life of Sr. Theresa Shi

Date: Saturday June 23, 2012

Time: 9:00 a.m. Thanksgiving Mass Evening Celebration Banquet will be held at Golden Central Restaurant (5016 Centre St. N.E.). Reception starts at 6 p.m., dinner at 7 p.m. Tickets are available through Goretti Shing of Queen of China Club at \$28 each. All are welcome.

Youth Choir and Young Adults Group

There will be a Youth Group Monthly meeting at the Upper Hall after 10 o'clock Mass on June 3rd. Birthday party will follow. Youth Choir and Young Adults Group will go to Aspen Lodge afterwards. All the Youths and Young Adults are welcome to attend.

Together in Action

Theme is "Love Never Ends." (1 Corinthians 13:8)

The 2012 Diocesan's Appeal campaign, "Together in Action", has commenced. Our parish's final target will remain at \$50,000. Donation envelopes can be picked up from both the front and the side entrances. As of April 15th, our campaign has received a total of \$10,145. Let's take action now to respond to Christ's love and sacrifice for the salvation of mankind.

Diocese & Other News

Ordinations to the Priesthood will take place, June 22, 2012 at 7:00pm, at St. Mary's Cathedral, Calgary. Witness the ordination to the priesthood of Deacon Cristino Bouvette, Deacon Lukas Drapal, Deacon Matthew Emmelkamp, and Deacon Simon Zak.

FCJ Christian Life Centre, Calgary

Together Enabling Adult Ministry -

Are you looking for: A broader scriptural background? A deeper spiritual life? A shared community growth experience? Then T.E.A.M. is for you! This three year program provides: a foundation in Scripture, Theology, Spirituality and Ministry; participation in retreats; encourages ongoing growth in Christian spirituality. Join us for an information drop in the evening anytime between 6:30 & 8:00 pm, Monday May 28th or Wednesday June 13th at the FCJ Christian Life Centre, 219 -19th Avenue SW, Calgary. For information call 403-228-4215.

Charities and Development Ministry

Catholic Charities invites you to the 22nd Annual Golf Tournament in Support of Feed the Hungry. The Texas Scramble Tournament will be held on Monday, August 13, 2012 at the Silvertip Resort in Canmore. Cost is \$250/golfer or a team of four for \$1,000.00. For more information visit www.calgarydiocese.ca/feed-the-hungry-golf-tournament.html

One Rock

"Looking for faith-filled, inexpensive family vacation? The One Rock Catholic music and faith festival in Rockyford, AB is the place to be! Mark your calendar for August 17 and 18; a family pass for the weekend \$25, including your camping! Visit www.onerock.ca to get your tickets.

Stewardship Ministry

FaithLife: Stewardship Forum on Faith May 25th 2012 at Holy Name Parish, 2223 – 34th Street SW, Calgary from 7:00pm to 9:00pm. For more information please contact stewardship@calgarydiocese.ca or Eden D'Souza, Stewardship Coordinator at 403-218-5520.

Life and Family Resource Centre

The Life & Family Resource Centre is currently looking for couples struggling with fertility issues to help form a support group. For more information or to sign up contact Gabriele at 403-218-5504.

Project Rachel offers a journey of healing and reconciliation for people suffering distress from a past abortion experience. For information call Project Rachel at 403-218-5506 or 1-877-597- 3223.

Weekly Activities

Wed, Fri 23, 25

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Fri 25

Palliative Care Education Program

Time: 6:15p.m.-9:30 pm

Place: OLPH Church Upper Hall

Saturday 26

Palliative Care Education Program

Time: 9:00am to 4:00 pm

Place: OLPH Upper Hall

Legion of Mary (meeting)

(Immaculate Heart of Mary Praesidium)

Time: 9:45a.m.

Place: K of C Room at OLPH Church

Wing Kei Care Centre (Mass)

Time: 11:00 a.m.-12.00 noon

Place: 1212 Centre Street, NE.

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 5:00 p.m. - 7:00p.m.

Place: OLPH Upper Hall

Faith Sharing Group (Arbour Lake)

Time: 7:30p.m.-10:00p.m.

Contact: Grace Chan 403-208-1806

Sunday 27

Confirmation Mass and Reception

Time: 10:00 a.m.

11:30am Mass will be cancelled

Imitating Christ**Chapter 19: The Practices Of A Good Religious**

Devotions not common to all are not to be displayed in public, for such personal things are better performed in private. Furthermore, beware of indifference to community prayer through love of your own devotions. If, however, after doing completely and faithfully all you are bound and commanded to do, you then have leisure, use it as personal piety suggests. To Be Continued

Stories Faith Sharing**Tragedy or a Blessing?**

Years ago in Scotland, the Clark family had a dream. Clark and his wife worked and saved, making plans for their nine children and

themselves to travel to the United States. It had taken years, but they had finally saved enough money and had gotten passports and reservations for the whole family on a new liner to the United States.

The entire family was filled with anticipation and excitement about their new life. However, seven days before their departure, the youngest son was bitten by a dog. The doctor sewed up the boy but hung a yellow sheet on the Clarks' front door. Because of the possibility of rabies, they were being quarantined for fourteen days.

The family's dreams were dashed. They would not be able to make the trip to America as they had planned. The father, filled with disappointment and anger, stomped to the dock to watch the ship leave - without the Clark family. The father shed tears of disappointment and cursed both his son and God for their misfortune.

Five days later, the tragic news spread throughout Scotland - the mighty Titanic had sunk. The unsinkable ship had sunk, taking hundreds of lives with it. The Clark family was to have been on that ship, but because the son had been bitten by a dog, they were left behind in Scotland.

When Mr. Clark heard the news, he hugged his son and thanked him for saving the family. He thanked God for saving their lives and turning what he had felt was a tragedy into a blessing.

Although we may not always understand, all things happen for a reason.

Read More Know More**The Proper Name Of The Holy Spirit**

"Holy Spirit" is the proper name of the one whom we adore and glorify with the Father and the Son. The Church has received this name from the Lord and professes it in the Baptism of her new children.

The term "Spirit" translates the Hebrew word ruah, which, in its primary sense, means breath, air, wind. Jesus indeed uses the sensory image of the wind to suggest to Nicodemus the transcendent newness of him who is personally God's breath, the divine Spirit. On the other hand, "Spirit" and "Holy" are divine attributes common to the three divine persons. By joining the two terms, Scripture, liturgy, and theological language designate the inexpressible person of the Holy Spirit, without any possible

equivocation with other uses of the terms "spirit" and "holy."

Titles of the Holy Spirit

-When he proclaims and promises the coming of the Holy Spirit, Jesus calls him the "Paraclete," literally, "he who is called to one's side," ad-vocatus. "Paraclete" is commonly translated by "consoler," and Jesus is the first consoler. The Lord also called the Holy Spirit "the Spirit of truth."

-Besides the proper name of "Holy Spirit," which is most frequently used in the Acts of the Apostles and in the Epistles, we also find in St. Paul the titles:

the Spirit of the promise, the Spirit of adoption, the Spirit of Christ, the Spirit of the Lord, and the Spirit of God- and, in St. Peter, the Spirit of glory.

Symbols of the Holy Spirit

Water-The symbolism of water signifies the Holy Spirit's action in Baptism, since after the invocation of the Holy Spirit it becomes the efficacious sacramental sign of new birth: just as the gestation of our first birth took place in water, so the water of Baptism truly signifies that our birth into the divine life is given to us in the Holy Spirit. As "by one Spirit we were all baptized," so we are also "made to drink of one Spirit." Thus the Spirit is also personally the living water welling up from Christ crucified as its source and welling up in us to eternal life.

Anointing- The symbolism of anointing with oil also signifies the Holy Spirit, to the point of becoming a synonym for the Holy Spirit. In Christian initiation, anointing is the sacramental sign of Confirmation, called "chrismation" in the Churches of the East. Its full force can be grasped only in relation to the primary anointing accomplished by the Holy Spirit, that of Jesus. Christ (in Hebrew "messiah") means the one "anointed" by God's Spirit. There were several anointed ones of the Lord in the Old Covenant, pre-eminently King David. But Jesus is God's Anointed in a unique way: the humanity the Son assumed was entirely anointed by the Holy Spirit. The Holy Spirit established him as "Christ." The Virgin Mary conceived Christ by the Holy Spirit who, through the angel, proclaimed him the Christ at his birth, and prompted Simeon to come to the temple to see the Christ of the Lord. The Spirit filled Christ and the power of the Spirit went out from him in his acts of healing and of saving. Finally, it was the Spirit who raised Jesus from the dead. Now, fully

established as "Christ" in his humanity victorious over death, Jesus pours out the Holy Spirit abundantly until "the saints" constitute - in their union with the humanity of the Son of God - that perfect man "to the measure of the stature of the fullness of Christ": "the whole Christ," in St. Augustine's expression. www.vatican.va

To Be Continued

主日分享

耶穌升天節

今天我們慶祝耶穌升天節，結束耶穌一系列的顯現。在宗徒大事錄中，路加說耶穌受難以後，四十天之久顯現給門徒們，以表示自己還活著，而後被接升天。今天的第一篇讀經，是宗徒大事錄記載的耶穌升天的故事。其他兩篇經文，也談到升天：在致厄弗所人書中，保祿引用了一段談到“升天”的聖詠；瑪爾谷福音的結束篇，則記述耶穌在升天前的最後一次顯現，並提及耶穌被提升天。

在瑪爾谷福音中，耶穌把傳教使命托付給十一宗徒後，便立刻升天。這是一項超越人力的巨大使命。耶穌對門徒們說：“你們往普天下去，向一切受造物宣傳福音。”

耶穌是向加里肋亞的一小撮人，也就是大羅馬帝國中一小群微不足道的人民；向十一位沒有具備任何才能的普通人，托付此項往普天下去，向一切受造物宣傳福音的任務。

事實上，聖神降臨後，宗徒們遂開始去實現這使命，即按照耶穌的吩咐，先向耶路撒冷，而後向猶大、撒瑪黎雅，直到地極去傳教。設想這樣的一個計劃，似乎真的太大膽，但是這個使命實現了。宗徒們開始的這工程，而後由他們的繼任人繼續，如此耶穌托付給門徒的使命便通過世世代代往前推進。

今天這使命還未結束。它要求我們的合作，也要求我們祈禱。雖然如此，我們不應該自負，自以為我們是耶穌托付給宗徒們使命的實現者，倒是應該只感到自己是這使命的卑微工具。或更好說，耶穌本人能通過我們而實現祂那直達地極的救恩工程

節錄自梵蒂岡廣播電台講稿

堂區活動

緊急援助西非糧食短缺災民

西非現正面臨嚴重的糧食短缺。加拿大天主教推動發展及和平組織(The Canadian Catholic Organization for Development and Peace)發起募捐，作為緊急援助西非之用。

請大家慷慨解囊！

—請以現金或支票抬頭“OLPH”，附註“West Africa - Hunger Crisis”，放入信封內(請寫上捐獻信封號碼，或姓名及地址)，然後放進主日奉獻籃內。捐款數目將加入堂區發給您的年終捐獻報稅收條總額內。

或

—請以支票抬頭“RC Diocese of Calgary,”附註“West Africa - Hunger Crisis”直接郵寄 Pastoral Centre, 120 17 Ave SW, Calgary, AB, T2S 2T2.

任何查詢，請聯絡 Jana Drupal at the Social Justice Office at 403-218-5519 or e-mail :

socialjustice@calgarydiocese.ca.

堅振禮儀及聚餐

亨利主教將於五月二十七日蒞臨本堂施放堅振聖事。彌撒將於十時舉行，當天的十一時三十分彌撒將會取消。彌撒後有堂區聚餐，主題為「三代同堂、共敘天倫」。亨利主教將會祝福三代或四代同堂的家庭。現誠意邀請各位教友攜同府上老幼參與這項與主共融、與眾同樂的慶典。

當天，請教友盡量利用 St. Angela School 的停車場泊車。

聖神九日敬禮

在家中誦念聖神九日敬禮禱文，藉此幫助信友在聖神的九日敬禮禱文中，讓聖神更新我們的心思念慮，獲得所預許的豐富生命，充滿聖神的德能，結出常存的果實，並歸光榮於天父。聖神九日敬禮小冊子將擺放在教堂正門及側門入口處，希望大家能夠可以透過這小冊子的禱文，藉著基督，偕同聖母瑪利亞，向天父懇禱，祈求祂把聖神傾注到我們每個人身上，澆灌整個教會，使萬象更新，眾人歸依！

“你們縱然不善，尚且知道把好東西給你們的兒女，何況在天之父，有不更將聖神賜與求祂的人嗎？”(路 11:13)

施碧芝修女修道 50 週年感恩祭及聚餐

日期：2012 年 6 月 23 日星期六

時間：早上 9 時感恩彌撒

是晚聚餐於金稻皇宴，六時恭候，七時入席，餐券每位 \$28 元，購票請與聖母會 Goretti Shing 聯絡，歡迎所有教友參加。

青年及大專青年團

青少年會將於 6 月 3 日 (星期日)，上午 11 時至下午 12 時舉行講座及生日會。之後我們會到 Aspen Lodge 表演。現誠意邀請堂區所有青年及大專青年參加。

教區公益金，齊來獻愛心

主題是「愛永存不朽」(格林多人前書第十三章八節)

2012 年教區公益金「讓我們一起來行動」(TIA)，籌募經已展開。本堂今年的目標是 50,000 元，捐款信封可在聖堂入口處拿取。截至 4 月 15 日，捐款已累積至 10,145 元。

就讓我們立即行動，慷慨解囊，以回應基督捨命救贖人類的大愛。

活動一週

星期三、五 23, 25

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期五 25

給予臨終病人完整的身心靈照顧

教育證書課程

時間：晚上 6 時 15 分至 9 時 30 分

地點：永援聖母堂上禮堂

星期六 26

給予臨終病人完整的身心靈照顧

教育證書課程

時間：早上 9 時至下午 4 時

地點：永援聖母堂上禮堂

聖母軍

(聖母軍聖母無玷聖心支團)

時間：早上 9 時 45 分(開會)

地點：聖堂二樓騎士會室

榮基護老中心 (彌撒)

時間：上午 11 時至正午 12 時

地點：1212 Centre Street, NE.

楊式太極班

時間：上午 10 時至下午 12 時 30 分

地點：永援聖母堂下禮堂

大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

信仰小團體 (Arbour Lake)

時間：晚上 7 時 30 分至 10 時

聯絡：Grace Chan 403-208-1806

星期日 27

堅振禮儀及聚餐

時間：上午 10 時

十一時三十分彌撒將會取消

師主篇

第十九章、好修道人的神業

私行的善功，不要顯露出來，在私下做，更為妥當。但該注意，不可為公事懶惰，為私事勤謹；該等著公事做完，若有餘閒，方可隨自己的熱心，做些私自的善工。 待續

心靈小品

教宗若望廿三世的十條聖訓

一、至少在今天，我要試著活在「當下」，不用感覺到必須一次解決所有的問題。

二、至少在今天，我要試著使自己行為表現良好。適當地穿著。優雅地談話。我的態度寬容和靄，富於同情心。不挑剔批評。我能改變自己本身之前，不去改變他人。

三、至少在今天，我要試著快樂的過日子。

四、至少在今天，我要試著讓自己去適應環境，不要求所有境遇都要順我的意。

五、至少在今天，我要試著花十分鐘讀聖書，因為我的靈魂是如是的需要。

六、至少在今天，我要試著作好事，不告訴任何人。

七、至少在今天，我要試著實踐困難的事。當某人傷害我的時候，我會試

著不露出自己的傷口。

八、至少在今天，我要試著規畫自己的生涯，即使我不能跟上計畫的詳細進度，至少我已經著手去完成計畫。如此一來，我不至感到失落，也不會變得軟弱無能。

九、至少在今天，我要試著相信，儘管天地間存有萬事為物，天主卻無微不至的照料我，好似我是唯一住在塵世的人。

十、至少在今天，我要試著不讓恐懼戰勝我。我相信，這個世界是多麼美麗與美好。

本文摘自義大利「傳教雜誌」

靈修小故事

一個故事

老畫家自知在世之日不長了。但一生中沒有一件傑作，如何能甘心離去呢？

少女畫家在貧病交迫下失去生存的意志。她說牆上最後一片長春藤紅葉落下來的那天，便是她會見死神的日子。老畫家得知此事，知道他留下一生傑作的機會到了，一夜風雨交加，大家都想，明天一定看不到長春藤最後一片葉子了。但早上起來，那片紅葉一點也沒有動。少女說：「我真是壞孩子！大自然在告訴我應當怎樣活下去，我卻立志去死！」她起床打扮自己，不久，病也痊癒了。

但風雨之夜，手拿畫筆和色盤，爬上梯子，把一片紅葉畫在牆上的老畫家，卻染上嚴重的肺炎。在他斷氣的剎那，快樂的望著牆上他一生的傑作。不自私的死，換來了另一條生命，這是最偉大的藝術作品。

而楓樹枝頭那兩片僅餘的紅葉，一遍又一遍講述那美麗的故事。

知多一點點

天主聖神的名稱和標記

凡是基督信徒，都朝拜，也光榮三位一體的天主。一體的三位各有各的名稱；第一位叫聖父，第二位叫聖子，第三位就叫作聖神。聖神是聖子賜給教會的，教會的子女在領受聖洗聖事的時候都必須公開表明對聖神的信仰。

聖神的「神」這個字是從希伯來語的「氣息」，「空氣」，「風」這同義字翻譯過來的。耶穌曾用風這個可以感受到的形象來給尼苛德摩點出天主的氣息之為物。這個超越人的經驗所能認識的氣息就是天主的神本身。其實，天主聖三的每一位都是至聖的神體，但至聖的神體乃是天主聖三每一位的屬性，並不代表天主第三位聖神之所以。然而聖經、教會禮儀和神學術語把「聖」和「神」這兩個字合成一個專有名詞，用來稱呼天主三位一體的第三位為聖神。

耶穌在宣佈許下聖神的來到時，稱聖神為「護慰者」(Paracrito)。護慰者這個名詞的本意是指「被召請到身邊者」，然而習慣上被翻譯成「安慰者」(Consolatore)，因為耶穌本身就是第一位安慰者。耶穌也稱聖神為「真理之神」。當然，真理之神這不是聖神第三位的本名，而是一種通稱，一種別名，就如聖保祿宗徒在他的書信中稱聖神為「應許的神」，為「收養之神」，「基督之神」，「上主之神」，「天主之神」，聖伯多祿宗徒也稱聖神為「光榮之神」。不過，在《宗徒大事錄》和宗徒書信中，通常還是以「聖神」直稱天主第三位居多。

天主第三位除了本名「聖神」和聖經上採用的許多代名詞之外，還有很多象徵性的標記。教會新編要理列出八個，我們逐一來介紹。

第一個，水：水在聖洗聖事中象徵聖神的行動，因為施行聖洗時，在呼求聖神之後，水變成使人獲得新生的聖事記號。人在母胎中，是在水裡孕育成長的；在聖洗中，人也是在聖事的水，也就是聖神中獲得新生的。這個賦給新生命的水“聖神”乃是從被釘死在十字架上的基督身上湧出來的，它要在領洗的人身上成為湧到永生的水泉。

第二個，傳油：傳油這個標記意義之深，幾乎與聖神成了同義詞。一個人領洗時，接受傳油，以堅定他的信德。堅定信德是聖神的功能，因著傳油，聖神降臨在人身上，在舊約時代，也曾有受傳油者，他們都是司祭或君王，但他們是上主經由人的手給以傳油，使上主的神臨在他們身上的，最著名

的例子就是達味從撒慕爾先知手中接受傳油。然而，由聖神親自傳油的，而且是空前絕後的一位，是耶穌。耶穌從在母胎中受孕那一刻，就受傳油，因為聖神已臨在他身上，我們尤其應該說，耶穌的受孕完全是聖神一手的傑作，因為聖神藉著天使告訴童貞瑪利亞，她將因聖神而懷孕生子，孩子要取名耶穌。耶穌誕生後，天使告訴守夜的牧童說：「救世者誕生了，他是主默西亞」。默西亞是希伯來文的名稱，意思是受天主的神傳油者。默西亞，希臘文叫作基督。耶穌受割損禮時，義人西默盎受到聖神推動，前往聖殿一睹「上主的默西亞」的風采，以了一生最後的宿願。耶穌傳教時行奇跡，治愈病人，驅魔，這些奇特行為的力量都來自他身上的聖神。耶穌死後復活，這更是聖神的力量使然。

耶穌既然是受傳油者默西亞，祂的存在與聖神須臾不離，所以祂能大量地散發聖神，傾注到人心。

梵蒂岡天主教要理