

Theme Sharing

United in heart and soul to bear witness for the Risen Christ

The first reading, from the Acts of the Apostles, speaks about the early Christian community being of one heart and soul. This was exactly what Jesus expected his disciples to be doing: to bear witness of their faith in their daily lives. It is also the ideal Christian community the Church wishes to see today.

The second reading, from the first letter of John, emphasizes the value of faith.

Whoever believes in Christ becomes God's child; and his faith, manifested in love of God and his fellow human beings, can conquer the world.

Today's gospel, from John 20:19-31 and used in the mass in all three liturgical years, has been regarded by many biblical scholars as the conclusion of John's gospel. It recounts Jesus' two appearances to the apostles after his resurrection. Thomas was not there when Jesus first appeared to the apostles on Easter Sunday, but he was present when Jesus appeared to them again a week later. The gospel vividly describes how Thomas changed from a non-believer to a firm believer. It aptly teaches us from a theological point of view what faith is really about.

The message brought by today's scriptures comes to this: that the resurrection of Christ saw the start of a faith community united in heart and soul; and the faithful were convinced that they had conquered the world because Jesus had ascended into Heaven and the Holy Spirit had descended upon the Church to guide and sustain them.

Parish News & Activities

Collection on Good Friday

On Good Friday, we collected a total amount of \$4,363.55 in donation. This sum will be sent to the Holy Land through our Diocese in support of future priesthood.

Thanks for your generous support!

Fr. Joseph Nguyen's Blessings and Thank You

Blessings and Congratulations to our new members of the Church who received the Sacraments of Initiation at the Easter Vigil, in sharing the death & resurrection of Christ to newness of life!

I would like to express my heartfelt thanks to all the catechists and assistants of the Adult & Children Catechetical Team for their efforts in the faith formation of these new brothers & sisters.

I am also offering my thanks to the parishioners who assisted with all aspects of this festive celebration.

At last, I would like to thank you all godparents, who are firm believers of our Christian Faith, to sponsor their godchildren in Baptism and commit themselves to walk with their godchildren on the road to a Christian life.

May we pray to the Lord who have nourished us with His Easter Sacraments, fill us with the Spirit of His love, and make us all one in heart.

Family Rosary during the month of May

The month of May is traditionally dedicated to the Blessed Virgin Mary.

Fr. Nguyen or Sr. Chan, along with representatives from different church groups, will bring the Statue of the Blessed Virgin Mary on pilgrimage from home to home and pray family rosary in the month of May. Fr. Nguyen will also bless the home during the visit upon request by the family.

Parishioners are encouraged to invite their godchildren or godparents, friends and relatives to join the family rosary. To participate as a host family in this devotion, please call the Parish Office.

We will pray the Rosary 20 minutes before each Sunday Mass. and we will pray the Rosary and sing hymns with Choir in front of the Cove of Mary before 11:30 a.m. Mass. Parishioners are encouraged to take part in the Rosary and sing together in dedication to Mother Mary.

Together in Action

Theme is "Love Never Ends."
(1 Corinthians 13:8)

The 2012 Diocesan's Appeal campaign, "Together in Action", has commenced. Our parish's final target will remain at \$50,000. We plead for your ongoing support. Together we will help thousands within our own communities and abroad through difficult times. Donation envelopes can be picked up from both the front and the side entrances. Let's take action now to respond to Christ's love and sacrifice for the salvation of mankind.

Youth night

Youth night will be on April 28th. There will be a spiritual talk at Upper Hall at 7pm. We will conclude the evening at the Laser Quest. (9950 Macleod Trail SE Calgary, AB T2J 4L4). For further details, please contact Abigail Wong (abigailcyw@hotmail.com). Youths and Young Adults are welcome to attend.

Diocese & Other News

Office of Vocations

Informational Day on the Diocesan Priesthood. This day is for men between the ages of 17 and 35 years. It includes talks given by Bishop Henry and priests of the diocese, as well as the celebration of the Eucharist.

Location: Sacred Heart Church Hall (1307 – 14th St. S.W., Calgary)

Date: May 12th, 9:00 a.m. - 2:00p.m.

For further information and to register contact: Office of Vocations

Phone: 403-245-2753; E-mail:

mjgaffney@telusplanet.net

World Day of Prayer for Vocations: You are invited to a holy hour of prayer for vocations to the priesthood and religious life on Sunday April 29th, the World Day of Prayer for Vocations. Exposition of the Blessed Sacrament will begin at 7:30 p.m. Place: St. Anne's Parish, Calgary. For further information contact Fr. Gaffney at 403-245-2753.

News & Others

2012 Benedict XVI's Easter message

"Surrexit Christus, spes mea" – "Christ, my hope, has risen" (Easter Sequence).

May the jubilant voice of the Church reach all of you with the words which the ancient hymn puts on the lips of Mary Magdalene, the first to encounter the risen Jesus on Easter morning. She ran to the other disciples and breathlessly announced: "I have seen the Lord!" (Jn 20:18). We too, who have journeyed through the desert of Lent and the sorrowful days of the Passion, today raise the cry of victory: "He has risen! He has truly risen!"

Every Christian relives the experience of Mary Magdalene. It involves an encounter which changes our lives: the encounter with

a unique Man who lets us experience all God's goodness and truth, who frees us from evil not in a superficial and fleeting way, but sets us free radically, heals us completely and restores our dignity. This is why Mary Magdalene calls Jesus "my hope": he was the one who allowed her to be reborn, who gave her a new future, a life of goodness and freedom from evil. "Christ my hope" means that all my yearnings for goodness find in him a real possibility of fulfilment: with him I can hope for a life that is good, full and eternal, for God himself has drawn near to us, even sharing our humanity.

But Mary Magdalene, like the other disciples, was to see Jesus rejected by the leaders of the people, arrested, scourged, condemned to death and crucified. It must have been unbearable to see Goodness in person subjected to human malice, truth derided by falsehood, mercy abused by vengeance. With Jesus' death, the hope of all those who had put their trust in him seemed doomed. But that faith never completely failed: especially in the heart of the Virgin Mary, Jesus' Mother, its flame burned even in the dark of night. In this world, hope can not avoid confronting the harshness of evil. It is not thwarted by the wall of death alone, but even more by the barbs of envy and pride, falsehood and violence. Jesus passed through this mortal mesh in order to open a path to the kingdom of life.

Details at www.vatican.va

Imitating Christ

Chapter 18 : The Example Set Us By The Holy Fathers

Today, he who is not a transgressor and who can bear patiently the duties which he has taken upon himself is considered great. How lukewarm and negligent we are! We lose our original fervor very quickly and we even become weary of life from laziness! Do not you, who have seen so many examples of the devout, fall asleep in the pursuit of virtue!
To Be Continued

Weekly Activities

Mon, Wed, Fri 16,18, 20

OLPH Senior Centre

Time: 9:00a.m.-12:00 noon

Place: OLPH Church Upper Hall

Friday 20

Faith Sharing Group (Sacred Heart)

Time: 7:30p.m.-10:00p.m.

Contact: Doris Ho 403-271-6884

Saturday 21

Legion of Mary (meeting)

(Immaculate Heart of Mary Praesidium)

Time: 9: 45 a.m.

Place: K of C Room

Wing Kei Care Centre (Mass)

Time: 11:00 a.m.-12:00 noon

Place: 1212 Centre Street, NE.

Tai Chi Lesson

Time: 10:00 a.m. - 12:30p.m.

Place: OLPH Church Lower Hall

Young Adults choir practice

Time: 5:00 p.m. - 7:00p.m.

Place: OLPH Upper Hall

Sunday 22

R. C.I.A

Adult Catechumenate Class

(Cantonese, Mandarin and English)

Time: 9:30 a.m. - 12:30 p.m.

Place: OLPH Church Lower Hall

Sunday School

Time: 10:00a.m.-12:30p.m.

Place: OLPH Church Office Building
K of C Room at OLPH Church

Youth Group

Time: 11:00a.m.-12:30p.m

Place: OLPH Church, Upper Hall

RCIA monthly sharing (Mandarin group)

Time: 12:30p.m.-3:00p.m

Place: OLPH Church Lower Hall

Stories Faith Sharing

This Child of Mine

"I'll lend you for a little while

A child of mine," God said,

"For you to have the while he lives,

And mourn for when he's dead.

It may be six or seven years

Or twenty-two or three;

But will you 'till I call him back

Take care of him for me?

He'll bring his charms to gladden you

And, should his stay be brief,

You'll have his lovely memories

As a solace for your grief.

I cannot promise he will stay,

Since all from earth return;

But there are lessons taught below
I want this child to learn.

I've looked the whole world over

In search for teachers true;

And from the throngs that crowd life's land,
I have chosen you.

Now, will you give him all your love

Nor think the labor vain?

Nor hate me when I come to take

This lent child back again?"

I fancied that I heard them say:

"Dear Lord, Thy will be done.

For all the joys Thy child will bring

The risk of grief we'll run.

We'll shower him with tenderness,

We'll love him while we may.

And for the happiness we've known

Forever grateful stay.

But should Thy angel call for him

Much sooner than we've planned,

We'll brave the bitter grief that comes

And try to understand."

Read More Know More

The Obligations And Rights Of All The Christian Faithful

Can. 208 From their rebirth in Christ, there exists among all the Christian faithful a true equality regarding dignity and action by which they all cooperate in the building up of the Body of Christ according to each one's own condition and function.

Can. 209

§1. The Christian faithful, even in their own manner of acting, are always obliged to maintain communion with the Church.

§2. With great diligence they are to fulfill the duties which they owe to the universal Church and the particular church to which they belong according to the prescripts of the law.

Can. 210 All the Christian faithful must direct their efforts to lead a holy life and to promote the growth of the Church and its continual sanctification, according to their own condition.

Can. 211 All the Christian faithful have the duty and right to work so that the divine message of salvation more and more reaches all people in every age and in every land.

Can. 212

§1. Conscious of their own responsibility, the Christian faithful are bound to follow with Christian obedience those things which the sacred pastors, inasmuch as they represent

Christ, declare as teachers of the faith or establish as rulers of the Church.

§2. The Christian faithful are free to make known to the pastors of the Church their needs, especially spiritual ones, and their desires.

§3. According to the knowledge, competence, and prestige which they possess, they have the right and even at times the duty to manifest to the sacred pastors their opinion on matters which pertain to the good of the Church and to make their opinion known to the rest of the Christian faithful, without prejudice to the integrity of faith and morals, with reverence toward their pastors, and attentive to common advantage and the dignity of persons.

Can. 213 The Christian faithful have the right to receive assistance from the sacred pastors out of the spiritual goods of the Church, especially the word of God and the sacraments.

Can. 214 The Christian faithful have the right to worship God according to the prescripts of their own rite approved by the legitimate pastors of the Church and to follow their own form of spiritual life so long as it is consonant with the doctrine of the Church.

Can. 215 The Christian faithful are at liberty freely to found and direct associations for purposes of charity or piety or for the promotion of the Christian vocation in the world and to hold meetings for the common pursuit of these purposes.

Can. 216 Since they participate in the mission of the Church, all the Christian faithful have the right to promote or sustain apostolic action even by their own undertakings, according to their own state and condition. Nevertheless, no undertaking is to claim the name Catholic without the consent of competent ecclesiastical authority.

Can. 217 Since they are called by baptism to lead a life in keeping with the teaching of the gospel, the Christian faithful have the right to a Christian education by which they are to be instructed properly to strive for the maturity of the human person and at the same time to know and live the mystery of salvation.

Can. 218 Those engaged in the sacred disciplines have a just freedom of inquiry and of expressing their opinion prudently on those matters in which they possess expertise, while observing the submission due to the magisterium of the Church.

Can. 219 All the Christian faithful have the right to be free from any kind of coercion in choosing a state of life.

Can. 220 No one is permitted to harm illegitimately the good reputation which a person possesses nor to injure the right of any person to protect his or her own privacy.

Can. 221

§1. The Christian faithful can legitimately vindicate and defend the rights which they possess in the Church in the competent ecclesiastical forum according to the norm of law.

§2. If they are summoned to a trial by a competent authority, the Christian faithful also have the right to be judged according to the prescripts of the law applied with equity.

§3. The Christian faithful have the right not to be punished with canonical penalties except according to the norm of law.

Can. 222

§1. The Christian faithful are obliged to assist with the needs of the Church so that the Church has what is necessary for divine worship, for the works of the apostolate and of charity, and for the decent support of ministers.

§2. They are also obliged to promote social justice and, mindful of the precept of the Lord, to assist the poor from their own resources.

Code of Canon Law

主日分享

復活期第二主日

本主日的福音敘述了復活的耶穌在巴斯卦那一天晚上第一次顯現給聚集在晚餐廳的門徒們和八天後的另一次顯現。

儘管門戶關著，復活的耶穌來了，站在門徒們中間，祂向他們說的第一句話意義非常大。祂本來可以嚴厲責備他們，因為他們都會離棄了祂，伯多祿也會背棄了祂。耶穌對他們說的卻是：“願你們平安！”

這個平安是在勝利後得到的。耶穌戰勝了邪惡和死亡、仇恨和各種利己主義，所以能帶來修和及平安。耶穌沒有責怪門徒們，卻祝願他們平安。

然後祂重複祂的祝願：“願你們平安！”並交給門徒們一項任務：“就如父派遣了我，我也同樣派遣你們。”耶穌的復活不是個單獨事件，不只是祂一個人的事，也牽涉到我們大家。耶穌向我

們傳達了祂的新生命：一個願意改變世界，有強烈愛的生命。

第一篇讀經告訴我們基督得勝的含義。對宗徒們來說，這個勝利就是有勇氣為耶穌的復活作見證。宗徒大事錄上記載說：“宗徒們以大德能，作證主耶穌的復活。”

在第二篇讀經中，聖若望告訴我們信德就是我們的勝利。藉著信德我們參與耶穌得勝邪惡世界的勝利：“得勝世界的勝利武器，就是我們的信德。”誰真的相信耶穌，誰就是得勝者，從耶穌得到戰勝邪惡世界所需要的力量，即戰勝一切自私自利的誘惑、犯罪的誘惑、仇恨的力量。

因此我們可以說，復活的基督讓我們以兩種方式參與祂的勝利：一個是信德的見證，一個是愛德的見證。

節錄自梵蒂岡廣播電台講稿

堂區活動

阮神父的祝福及感謝

我祝福及歡迎於復活節夜間慶典的禮儀中領受入門聖事的弟兄姊妹，他們藉著基督的聖死及復活，而獲享新生命！

在此特別多謝成人及兒童慕道班各導師和助教們，對這些新弟兄姊妹在信仰培育方面所付出的努力。同時，我也衷心感謝所有為這慶典在各方面盡力幫忙的教友們。

我也祝願各位代父母，願他們懷著堅定的信德，願意為代子女的聖洗聖事作見證，並肩負培育代子女邁向基督道路的使命。

最後，願我們在聖體奧跡中與復活的基督結合，從而獲享天主子女的恩寵！

聖週奉獻

基督苦難日所收得的奉獻\$4,363.55，本堂將經教區將全數交給聖地作為支持培訓未來神父之用。

聖母月家庭玫瑰經聚會

五月是聖母月，阮神父或陳修女，及堂區善會代表，將於五月帶同聖母像探訪教友家庭，誦唸家庭玫瑰經。如有需要，阮神父會同時為教友家庭舉行聖屋儀式。

我們並鼓勵主持家庭玫瑰的家庭，邀請其代子女或代父母參與家庭玫瑰。有意邀請聖母、阮神父或陳修女到家中誦唸家庭玫瑰經的教友，請致電堂區辦事處。

我們特別恭敬聖母，並在主日每台彌撒前 20 分鐘公唸玫瑰經，並在十一時三十分彌撒前於戶外聖母岩前誦唸玫瑰經。

青少年晚會

青少年晚會將於 4 月 28 日 (星期六)，晚上 7 時於上禮堂舉行。之後會到 Laser Quest 玩樂

地址: 9950 Macleod Trail SE
Calgary, AB. T2J 4L4

現誠意邀請堂區所有青年及大專青年參加。

教區公益金，齊來獻愛心

主題是「愛永存不朽」(格林多人前書第十三章八節)

2012 年教區公益金「讓我們一起來行動」(TIA)，籌募經已展開。本堂今年的目標是 50,000 元，捐款信封可在聖堂入口處拿取。懇請各位教友繼續支持，合力幫助本土社區及國外成千上萬的勞苦大眾。

就讓我們立即行動，慷慨解囊，以回應基督捨命救贖人類的大愛。

新聞及其他

教宗本篤十六世 2012 年

復活節文告

「基督，我的期望，已經復活」(復活節繼續抒詠)。

願教會歡欣的呼聲，傳達給你們這籍著瑪利亞。瑪達肋納的口所唱出的古老聖歌，她是第一個在復活節早晨遇見復活的耶穌的人。她跑到其他門徒們那裡，氣喘吁吁地宣告：「我見了主！」(若廿 18)。在經過了四旬期的沙漠和耶穌苦難悲傷的日子後，我們今天也要高喊勝利的呼聲：「祂已復活！祂真的已經復活了！」

每一位基督徒都在重新活出瑪利亞。瑪達肋納的經驗。這是改變我們生命的一個相遇：與一位獨一無二的人的相遇，祂讓我們經驗了天主所有的善和真，從邪惡中釋放我們，不是以膚

淺和短暫的方式，而是徹底地釋放我們，完全地治癒我們並且恢復我們的尊嚴。這也就是為什麼瑪利亞。瑪達肋納稱呼耶穌為「我的期望」：因為他是使她重生的那一位，祂給了她一個新的未來，一個美善和免於罪惡的生活。「基督，我的期望」這句話意味著我所有美善的渴望，在祂內找到了成全的可能性：藉著祂，我可以期待一個美好、圓滿和永恆的生命，因為天主親自來接近我們，甚至分享了我們的人性。

但是瑪利亞。瑪達肋納也像其他門徒那樣，必須看到耶穌被人民的領袖所棄絕、被逮捕、鞭打、判死罪和釘在十字架上。看到一個人身上的善被人類的惡所征服，肯定令人十分難以忍受，真理被錯謬嘲弄、憐憫被報復所虐待。因著耶穌的死，那些信賴祂的人們好像進入了絕境，但是那信德不會永遠完全失落：尤其是在耶穌的母親，童貞瑪利亞的心中，儘管在夜晚的黑暗中，那火焰仍舊燃燒。在這世上，希望不能避免邪惡的激烈對抗。希望不只被死亡的高牆所阻撓，還有更多的嫉妒和驕傲、謊言和暴力的刺鉤。耶穌越過了這個死亡的纏結，為的是要給我們開啓一條邁向生命王國的道路。 節錄自梵蒂岡廣播電台

活動一週

星期一、三、五 16, 18, 20

永援聖母松柏軒

時間：上午 9 時至正午 12 時

地點：永援聖母堂上禮堂

星期五 20

信仰小團體 (Sacred Heart)

時間：晚上 7 時 30 分至 10 時

聯絡：Doris Ho 403-271-6884

星期六 21

聖母軍

(聖母軍聖母無玷聖心支團)

時間：上午 9 時 45 分(開會)

地點：聖堂二樓騎士會室

榮基護老中心 (彌撒)

時間：上午 11 時至正午 12 時

地點：1212 Centre Street, NE.

楊式太極班

時間上午 10 時至下午 12 時 30 分

地點：永援聖母堂下禮堂

大專青年團練習聖詩

時間：下午 5 時至 7 時

地點：永援聖母堂上禮堂

星期日 22

成人慕道班(粵語、國語及英語)

時間上午 9 時 30 分至 12 時 30 分

地點：永援聖母堂下禮堂

主日學

時間：上午 10 時至 12 時 30 分

地點：寫字樓大廈，聖堂騎士會室

青年會

時間：上午 11 時至 12 時 30 分

地點：永援聖母堂上禮堂

成人慕道班(國語)每月分享

時間：下午 12 時 30 分至 3 時

地點：永援聖母堂下禮堂

師主篇

第十八章、聖人們的善表

如今的修道人，可就大不一樣，只不犯會規，受了冤屈，能不抱怨，就算好的很了！

哎！我們修道人到了這種冷淡懈怠的地步，真是可憐！從前的熱情，剎那間，變成烏有了，我們已經困乏、煩悶得連活也不想活了。你既然常見熱心人們的善表，巴不得你前進的心，也稍稍振作一點兒。 待續

靈修小故事

蝴蝶與花朵

以前，有一個人祈求天父給他一朵花和一隻蝴蝶；但是，天父卻給了他一棵仙人掌和一隻毛毛蟲。

那人很傷心，因為，他不明白為何天父會出此差錯。

後來，他想了一想，可能天父有太多人需要照顧，所以.....

因此，他決定不再過問。

過了一些日子，他重新翻看了一下那早已被他遺忘了的禮物，他驚訝地發現，滿身是刺的仙人掌上正盛開著一朵美麗、鮮艷的花；那難看的毛毛蟲也已經變成一隻漂亮的蝴蝶。

天父從來不出差錯。

天主的方式永遠是完美的；儘管，在我們眼裏似乎是錯誤的。

如果，你向天主祈求某件事物，總得到其他的；請相信，天主絕對會在最適當的時候賦予你所需要的。

你所祈求的，不一定是你最需要的。天父從未拒絕過我們的祈求，請繼續把心願帶到祂跟前，別猜疑，也別發牢騷。

今日的荊棘，是明日的花朵！

天主把最好的賜給完全信賴祂的人。

知多一點點

基督信徒之義務與權利

208 條 - 所有基督信徒，因皆重生於基督，享有地位及行為的真正平等，眾人各按其固有的身分及職務，共同建立基督的奧體。

209 條 -

1 項 - 基督信徒皆有義務，以自己的行動方式，常與教會保持共融。

2 項 - 對普世教會或其依法規定隸屬的地方教會，應勤勉盡職。

210 條 - 基督信徒，應按個人的身分，度聖化的生活，並應提供力量促成教會的發展並使其不斷聖化。

211 條 - 基督信徒有義務及權利，努力使天主救世的福音，盡快傳給普世各時代的人。

212 條 -

1 項 - 基督信徒意識到自己的責任，應以信徒的服從追隨代表基督的牧人，有關他們以信仰導師身份所宣佈的，並以教會領導人身份，所規定的一切。

2 項 - 基督信徒有權將自己的需要，尤其精神上的需要以及期望，向教會牧人表達。

3 項 - 信徒根據自己的學識、能力及聲望，有權利而且有義務將其有關教會利益的見解表達給教會的牧人，並在顧全信仰和善良風俗的完整，對牧人的尊敬，以及大眾的利益和個人地位的前提下，有權將之告知其他信徒。

213 條 - 基督信徒有權利由教會的牧人，領受教會精神財富的幫助，尤其是天主的聖言和聖事。

214 條 - 基督信徒有權遵照教會合法牧人所審定的禮儀規定，奉行對天主

的敬禮，並遵循本有的神修生活形式，惟須與教會道理相符合。

215 條 - 基督信徒得自由地創立並管理善會，以促進愛德及虔誠為目的，以推行信徒在世的使命，並得為共同達此目的而集會。

216 條 - 基督信徒，既分享教會的使命，有權利自動自發，依照個人的身分和條件，去發展或支援使徒工作；但任何工作計劃，非經教會主管當局的同意，不得擅用教會名義。

217 條 - 基督信徒既因聖洗而蒙召，以度符合福音訓導的生活，就有權利接受天主教教育，學習培養人格使之成熟，同時並認識救贖的奧跡而度此生活。

218 條 - 從事研究聖學的人，享有合理的自由去探究，並將其所擅長者謹慎發表己見，但對教會之訓導須保持應有的順從。

219 條 - 基督信徒有選擇生活中的身份，不受任何強迫。

220 條 - 不准任何人非法損害他人既得的良好名譽，亦不得侵犯個人維護自己的隱私權。

221 條 -

1 項 - 基督信徒得依法爭取，並按法律規定向教會主管法庭，維護其在教會內享有的權利。

2 項 - 基督信徒在被主管當局傳喚應訊時，有權遵照法律之規定，接受公平審訊。

3 項 - 基督信徒除非依法律之規定，有權不受教會刑法之處罰。

222 條 -

1 項 - 基督信徒有義務支援教會的需要，以使教會具備對敬禮天主、傳教和慈善事業，以及職員的合理的生活費用。

2 項 - 信徒亦有義務推動社會公義，並應記取主的誠命，由個人的收入救濟窮人。

天主教法典